

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1801	Jonathan	Escalante-phil lips	Male	1	MO	1	Cambridge & Coleridge AC	00:29:59	1
2	Logan	Smith	Male	2	MO	2	City Of Norwich AC	00:30:02	2
1802	Marshall	Smith	Male	3	MO	3		00:30:50	3
29	Samuel	Stevens	Male	4	MO	4	City Of Norwich AC	00:31:12	4
28	Aidan	Banfield	Male	5	MO	5	Birmingham Running Athletics & Triathlon Club (BRAT)	00:32:04	5
3	Danny	Adams	Male	6	MO	6	City Of Norwich AC	00:32:10	6
47	Tommy	Chapman	Male	7	MO	7		00:32:30	7
9	James	Senior	Male	8	MO	8	City Of Norwich AC	00:32:31	8
55	Sam	Peck	Male	9	MO	9		00:32:32	9
7	Piers	Arnold	Male	10	MO	10		00:32:32	10
5	Harry	Allcock	Male	11	MO	11	City Of Norwich AC	00:32:45	11
53	Martin	Westley	Male	12	MO	12	Harlow Running & Tri Club	00:32:46	12
58	Kim	Bowling	Male	13	MO	13	Colchester Harriers AC	00:33:12	13
63	Daisy	Glover	Female	1	FO	1	Framlingham Flyers	00:33:26	14
43	Neil	Adams	Male	14	M45	1	North Norfolk Beach Runners	00:33:50	15
41	Josh	Smith	Male	15	MO	14	Waveney Valley AC	00:34:00	16
33	John	Hudson	Male	16	M40	1	Norwich Road Runners	00:34:16	17
48	Neil	Pollard	Male	17	M45	2	Newmarket Joggers AC	00:34:16	18
1884	Jorge	Longman	Male	18	MO	15		00:34:34	19
45	Lewis	Wardale	Male	19	MO	16	Arete Run Club	00:34:37	20
65	Chad	Akili	Male	20	MO	17	City Of Norwich AC	00:34:42	21
34	Brandon	Shulver	Male	21	MO	18	Lowestoft Road Runners	00:34:45	22
183	Vincent	Willard	Male	22	MO	19		00:34:45	23
59	Martyn	Bath	Male	23	MO	20	Norwich Road Runners	00:34:47	24
90	Steven	Cannell	Male	24	MO	21		00:34:49	25
37	James	Jarmy	Male	25	MO	22	City Of Norwich AC	00:34:51	26
1370	Douglas	Beckett	Male	26	MO	23		00:34:51	27
68	Michael	Eccles	Male	27	M45	3	Bure Valley Harriers	00:34:58	28
42	Chris	Noble	Male	28	MO	24		00:35:01	29
11	Patrick	Thomas	Male	29	MO	25	City Of Norwich AC	00:35:02	30
78	Sam	Wade	Male	30	MO	26	City Of Norwich AC	00:35:03	31
1	Holly	Archer	Female	2	FO	2	Cambridge & Coleridge AC	00:35:06	32
1825	Joey	Bendall	Male	31	M40	2	Newmarket Joggers AC	00:35:08	33
30	Kevin	Holland	Male	32	M50	1	Wymondham AC	00:35:16	34
96	Owen	Smith	Male	33	MO	27		00:35:19	35
79	Adam	Bradshaw	Male	34	MO	28		00:35:22	36

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
73	Rowan	Stringer	Male	35	MO	29		00:35:25	37
50	Tom	Larner	Male	36	MO	30	Wymondham AC	00:35:27	38
31	Daniel	Simmons	Male	37	M40	3	Tri-Anglia Triathlon Club	00:35:31	39
36	George	Potter	Male	38	MO	31		00:35:31	40
14	Euan	Carrier	Male	39	MO	32		00:35:33	41
4	Ellie	Grubb	Female	3	F40	1	City Of Norwich AC	00:35:38	42
23	Calum	Dickinson	Male	40	MO	33		00:35:47	43
57	Lee	Cook	Male	41	M40	4	City Of Norwich AC	00:35:48	44
22	George	Gay	Male	42	MO	34	City Of Norwich AC	00:35:54	45
12	Nick	Marriage	Male	43	M40	5	City Of Norwich AC	00:35:57	46
56	Andrew	Soanes	Male	44	MO	35	Waveney Valley AC	00:35:58	47
92	Adam	Baker	Male	45	M55	1	Wymondham AC	00:36:01	48
77	Oliver	Thomson	Male	46	MO	36		00:36:02	49
125	Matthew	Clark	Male	47	MO	37		00:36:09	50
126	Nathan	Woods	Male	48	MO	38		00:36:10	51
101	Andrew	Horton	Male	49	M40	6		00:36:10	52
187	Jonah	Life	Male	50	MO	39	North Norfolk Harriers Athletics Club	00:36:17	53
211	Peter	Harvey	Male	51	M40	7	City Of Norwich AC	00:36:19	54
89	Shane	Morgan	Male	52	MO	40		00:36:21	55
60	Jamie	Atkins	Male	53	MO	41		00:36:23	56
134	Sebastian	Humberston	Male	54	MO	42		00:36:25	57
52	Charlie	Stringer	Male	55	M45	4	Wymondham AC	00:36:28	58
332	Freddie	Willows	Male	56	MO	43	Diss and District AC	00:36:30	59
133	Sam	Cosgrove	Male	57	MO	44	North Norfolk Beach Runners	00:36:31	60
84	William	George	Male	58	MO	45	North Norfolk Beach Runners	00:36:35	61
771	Henry	Burton	Male	59	MO	46	City Of Norwich AC	00:36:36	62
74	Mark	Goddard	Male	60	MO	47	Norfolk Gazelles AC	00:36:39	63
93	Jan	Kaiser	Male	61	M50	2	City Of Norwich AC	00:36:40	64
49	Dominic	Blake	Male	62	M45	5	Reepham Runners	00:36:40	65
191	Jamie	Porter	Male	63	MO	48		00:36:44	66
81	Tom	Galley	Male	64	MO	49	Lowestoft Road Runners	00:36:44	67
768	Stanley	Blackburn	Male	65	MO	50		00:36:49	68
64	Tyler	Reynolds	Male	66	M40	8		00:36:54	69
797	Adam	Parke	Male	67	MO	51		00:36:55	70
67	Aaron	Wright	Male	68	M40	9		00:36:55	71
269	James	Burgess	Male	69	M50	3	Eastern Masters AC	00:36:56	72
111	Jake	Pye	Male	70	MO	52		00:36:57	73
258	Finlay	Haynes	Male	71	MO	53	City Of Norwich AC	00:36:59	74
106	Ben	Hughes	Male	72	MO	54		00:37:02	75

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
115	Sam	Raven	Male	73	MO	55		00:37:06	76
32	David	Burton	Male	74	MO	56	Norwich Road Runners	00:37:06	77
27	Christopher	Coates	Male	75	M40	10	City Of Norwich AC	00:37:07	78
117	Ben	Miller	Male	76	MO	57	Norwich Road Runners	00:37:14	79
20	Tobias	Neale	Male	77	MO	58	North Norfolk Harriers Athletics Club	00:37:14	80
1812	James	Eddowes	Male	78	MO	59		00:37:15	81
118	Nicholas	Wittred	Male	79	M40	11	City Of Norwich AC	00:37:16	82
167	Andy	Duckham	Male	80	MO	60		00:37:17	83
113	Henry	Ashton	Male	81	MO	61	City Of Norwich AC	00:37:23	84
172	Paul	Suggitt	Male	82	M40	12		00:37:23	85
99	Thomas	Hill	Male	83	MO	62		00:37:24	86
381	Ben	Hampton	Male	84	MO	63		00:37:25	87
121	Justin	Burton	Male	85	M40	13		00:37:26	88
40	Thomas	Cusack	Male	86	MO	64		00:37:30	89
175	Mark	Banfield	Male	87	M50	4	Wymondham AC	00:37:30	90
782	Joshua	Morley	Male	88	MO	65		00:37:37	91
17	Gareth	Seville	Male	89	MO	66	Wymondham AC	00:37:38	92
128	Cameron	Stringer	Male	90	MO	67		00:37:40	93
116	Shannon	Moran	Male	91	MO	68		00:37:40	94
145	Max	Emerson	Male	92	MO	69		00:37:41	95
465	Joseph	Mayes	Male	93	MO	70	Norwich Road Runners	00:37:43	96
104	Marc	Coles	Male	94	M50	5	Norwich Road Runners	00:37:43	97
76	James	Pitcher	Male	95	MO	71	Norfolk Gazelles AC	00:37:46	98
38	Samuel	Coyne	Male	96	MO	72	City Of Norwich AC	00:37:50	99
581	Edward	Dooley	Male	97	M40	14		00:37:52	100
180	Ashley	Granados	Male	98	MO	73	Arete Run Club	00:37:53	101
62	Oliver	Daniel	Male	99	MO	74	Belgrave Harriers	00:37:53	102
108	Lee	Barber	Male	100	M45	6		00:37:54	103
114	Hannah	Maher	Female	4	FO	3		00:37:56	104
227	Max	Fisher	Male	101	MO	75	Bungay Black Dog RC	00:37:56	105
477	Adam	Noakes	Male	102	MO	76		00:37:56	106
352	Olly	Huggett	Male	103	MO	77		00:37:59	107
575	Thomas	Whiting	Male	104	MO	78	Vale of York Athletic Community	00:38:00	108
1572	Haydn	Davis	Male	105	MO	79		00:38:00	109
493	Andrew	Knell	Male	106	M40	15		00:38:01	110
97	Mitchell	Dann	Male	107	M50	6	City Of Norwich AC	00:38:01	111
174	Jack	Hocken	Male	108	MO	80	Waveney Valley AC	00:38:06	112
198	Oliver	Marriott	Male	109	MO	81	Herne Hill Harriers	00:38:07	113
129	Rhys	Morgan	Male	110	MO	82		00:38:09	114
186	Leon	Neeve	Male	111	M45	7	Waveney Valley AC	00:38:10	115

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1018	Julian	Bishop	Male	112	M50	7		00:38:10	116
24	Will	Dorsett	Male	113	MO	83		00:38:11	117
173	Jimmy	Ho	Male	114	MO	84	Ipswich Jaffa RC	00:38:12	118
157	Daniel	Cable	Male	115	MO	85		00:38:14	119
252	Reuben	Houghton	Male	116	MO	86		00:38:15	120
82	Charlie	Clarke	Male	117	MO	87		00:38:16	121
672	Sam	Watts	Male	118	MO	88		00:38:17	122
1834	Alex	Hamblin	Male	119	MO	89		00:38:18	123
235	Charlie	Bond	Male	120	MO	90	West Norfolk AC	00:38:18	124
229	Stephen	Wilson	Male	121	MO	91		00:38:19	125
515	Mathew	Heath	Male	122	MO	92		00:38:19	126
245	Jason	Lazare Gill	Male	123	MO	93		00:38:19	127
215	Joe	Wicks	Male	124	MO	94	Great Yarmouth Road Runners	00:38:25	128
271	Chris	Bullock	Male	125	M50	8		00:38:28	129
138	Thomas	Hill	Male	126	M45	8		00:38:29	130
282	Matthew	Cozens	Male	127	M40	16		00:38:30	131
221	Benjamin	Whitbourn	Male	128	MO	95		00:38:30	132
88	Jamie	Clarke	Male	129	MO	96		00:38:33	133
266	Tom	Hull	Male	130	MO	97		00:38:33	134
272	Naseem	Touhami	Male	131	MO	98		00:38:36	135
2825	Daniel	Henery	Male	132	MO	99		00:38:37	136
466	Dan	Edison	Male	133	MO	100		00:38:39	137
247	Bertie	Pinching	Male	134	MO	101		00:38:40	138
470	Richard	Hanson	Male	135	M60	1	Norfolk Gazelles AC	00:38:41	139
241	Lance	Escobar	Male	136	M40	17	Diss and District AC	00:38:42	140
164	Matthew	Wigg	Male	137	M40	18	Norfolk Gazelles AC	00:38:43	141
262	Adam	Leech	Male	138	MO	102		00:38:45	142
250	Ethan	Hall	Male	139	MO	103		00:38:48	143
279	Chris	Harrison	Male	140	M40	19		00:38:49	144
442	Jack	Keeble	Male	141	MO	104		00:38:50	145
224	Tom	Jordan	Male	142	M40	20	Bure Valley Harriers	00:38:50	146
142	Tony	Gowing	Male	143	M40	21		00:38:51	147
95	Adam	Hill	Male	144	MO	105		00:38:55	148
85	Lindell	Saint-d'angelo	Male	145	MO	106		00:38:55	149
168	Sam	Barker	Male	146	MO	107	Wymondham AC	00:38:57	150
289	Jack	Haynes	Male	147	MO	108		00:38:59	151
330	Andy	Blackman	Male	148	MO	109	Norwich Road Runners	00:38:59	152
170	Danny	Ramsbottom	Male	149	MO	110		00:39:00	153
135	Grace	Buchanan	Female	5	FO	4	North Norfolk Beach Runners	00:39:00	154
286	Ernie	Castillo	Male	150	MO	111		00:39:01	155
107	Matt	Webster	Male	151	M40	22	Wymondham AC	00:39:02	156
273	Shay	Walpole	Male	152	MO	112	Norwich Road Runners	00:39:02	157
153	James	Slater	Male	153	MO	113		00:39:04	158

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
213	Troy	Douglas-collow	Male	154	MO	114		00:39:05	159
54	Franklyn	Plume	Male	155	MO	115	Coltishall Jaguars RC	00:39:05	160
162	Barry	Lynn	Male	156	MO	116		00:39:08	161
440	Garry	Smith	Male	157	M40	23		00:39:08	162
350	Daniel	Guest	Male	158	MO	117		00:39:09	163
270	Nicky	Waller	Male	159	MO	118		00:39:13	164
131	Harriet	Carr	Female	6	F40	2		00:39:14	165
324	Lee	Oakley	Male	160	M40	24		00:39:14	166
336	Ashley	Smith	Male	161	MO	119		00:39:14	167
396	Simon	Wright	Male	162	M45	9	Norfolk Gazelles AC	00:39:14	168
15	Samuel	Beardmore	Male	163	MO	120	Great Yarmouth & District AC	00:39:14	169
785	Ryan	Halloway-churchill	Male	164	MO	121		00:39:16	170
228	James	Ashton	Male	165	MO	122	City Of Norwich AC	00:39:17	171
143	Byron	Mcgill	Male	166	M45	10	Bungay Black Dog RC	00:39:18	172
483	Alex	Bale	Male	167	MO	123		00:39:19	173
582	Alexander	Clemmett	Male	168	MO	124		00:39:20	174
132	Chris	Parker	Male	169	M40	25	North Norfolk Beach Runners	00:39:21	175
209	John	Hoffman	Male	170	MO	125	Bungay Black Dog RC	00:39:22	176
264	Oliver	Shephard	Male	171	MO	126		00:39:23	177
312	Andrew	Piff	Male	172	MO	127		00:39:23	178
385	Kyle	Moore	Male	173	MO	128		00:39:24	179
487	Calum	Woods	Male	174	MO	129		00:39:24	180
889	Adam	Jones	Male	175	MO	130		00:39:26	181
627	Chris	Moss	Male	176	M45	11		00:39:26	182
377	Joe	Peek	Male	177	MO	131		00:39:27	183
353	Shaun	Long	Male	178	MO	132		00:39:28	184
182	Sam	Applegate	Male	179	MO	133		00:39:28	185
388	Robert	Duncan	Male	180	M40	26		00:39:29	186
278	Patrick	Kavanagh	Male	181	M40	27		00:39:30	187
154	Jamie	Chui	Male	182	MO	134	Norfolk Gazelles AC	00:39:30	188
158	Luke	Ashford	Male	183	MO	135		00:39:30	189
267	Patrick	Matthews	Male	184	MO	136		00:39:31	190
379	Tom	Charles	Male	185	MO	137		00:39:32	191
540	Joseph	Munro	Male	186	MO	138		00:39:32	192
202	George	Medhurst	Male	187	MO	139		00:39:33	193
155	Kane	St Quintin	Male	188	MO	140	City Of Norwich AC	00:39:33	194
291	Ethan	Mills	Male	189	MO	141		00:39:33	195
75	Aaron	Francis	Male	190	M40	28	Steel City Striders RC	00:39:34	196
281	Scott	Breakenridge	Male	191	MO	142		00:39:34	197
208	Beau	Race	Male	192	MO	143	Great Yarmouth & District AC	00:39:35	198
436	Louise	Juby	Female	7	F45	1	Orion Harriers	00:39:35	199
1837	Harvey	Wade	Male	193	MO	144		00:39:36	200

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
274	Henry	Levell	Male	194	MO	145		00:39:36	201
326	Tom	Smith	Male	195	MO	146		00:39:36	202
578	Ben	Jones	Male	196	MO	147		00:39:36	203
261	Mark	Armstrong	Male	197	M40	29	Wymondham AC	00:39:36	204
299	Zac	Sowter	Male	198	MO	148	Wymondham AC	00:39:38	205
992	Lucinda	Robinson	Female	8	FO	5		00:39:39	206
444	Adam	Brown	Male	199	MO	149	Lowestoft Road Runners	00:39:39	207
189	Barney	Houghton	Male	200	MO	150		00:39:42	208
303	Chris	Vernon	Male	201	MO	151		00:39:42	209
242	Andrew	Carrier	Male	202	MO	152		00:39:42	210
123	Peter	Lowther	Male	203	MO	153	Bungay Black Dog RC	00:39:44	211
595	John	Moore	Male	204	M65	1	Norfolk Gazelles AC	00:39:44	212
137	Oliver	Peters	Male	205	MO	154		00:39:46	213
623	Jonathan	Abbs	Male	206	MO	155		00:39:49	214
152	Ross	Durrant	Male	207	MO	156		00:39:49	215
179	Chris	Chaplen	Male	208	MO	157		00:39:49	216
491	William	Humphrey	Male	209	MO	158		00:39:51	217
232	Archie	George	Male	210	MO	159		00:39:51	218
169	Ross	Shaw	Male	211	MO	160	Colchester Harriers AC	00:39:51	219
780	Jack	Betts	Male	212	MO	161		00:39:52	220
13	James	Cain	Male	213	MO	162		00:39:55	221
295	Ryan	Pack	Male	214	MO	163		00:39:55	222
219	Adam	Baker	Male	215	M40	30		00:39:55	223
66	Luke	Hubbard	Male	216	MO	164		00:39:59	224
360	Aaron	O'driscoll	Male	217	MO	165		00:39:59	225
216	Max	Lamb	Male	218	MO	166	Saint Edmund Pacers	00:39:59	226
171	Thomas	Watkinson	Male	219	MO	167		00:39:59	227
165	Ethan	Thompson	Male	220	MO	168	Saint Edmund Pacers	00:40:01	228
598	Philip	Whiting	Male	221	M50	9		00:40:02	229
176	Oliver	Dack	Male	222	M40	31		00:40:02	230
348	Megan	Platten	Female	9	FO	6		00:40:04	231
205	Jacob	Storey	Male	223	MO	169		00:40:04	232
489	Thomas	Veira	Male	224	MO	170	Norwich Road Runners	00:40:04	233
178	Carl	Weathers	Male	225	MO	171		00:40:04	234
502	Charles	Jones	Male	226	MO	172		00:40:05	235
238	Maia	Simpson-Iloyd	Female	10	FO	7	Team Derby Runner	00:40:08	236
514	Bolaji	Adekunle	Male	227	MO	173		00:40:08	237
2103	Darren	Medlar	Male	228	M40	32		00:40:09	238
70	Michael	Steward	Male	229	M55	2		00:40:09	239
455	Kelvin	Willimott	Male	230	M40	33		00:40:10	240
769	Simon	Blackburn	Male	231	M50	10		00:40:10	241
407	Jamie	Harris	Male	232	MO	174	Wymondham AC	00:40:11	242
2710	Rebecca	Emery	Female	11	FO	8		00:40:11	243
413	Martin	Merryweather	Male	233	MO	175	Norwich Road Runners	00:40:11	244

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
862	Ewan	Bishop	Male	234	MO	176		00:40:12	245
1137	Ben	Sinar	Male	235	MO	177		00:40:16	246
1829	Oli	Rix	Male	236	MO	178	City Of Norwich AC	00:40:17	247
471	Lee	Devlin	Male	237	M40	34		00:40:18	248
345	Kai	Berry	Male	238	MO	179		00:40:19	249
881	Emma	Turley	Female	12	FO	9		00:40:21	250
468	Alex	De-moore	Male	239	M40	35	Saint Edmund Pacers	00:40:21	251
375	Mark	Oliver	Male	240	M50	11		00:40:21	252
230	Steven	Garland	Male	241	M40	36		00:40:22	253
226	Alison	Moore	Female	13	FO	10	Eastbourne Rovers AC	00:40:22	254
725	Matthew	Pontifex	Male	242	MO	180		00:40:22	255
320	Brandon	Pickess	Male	243	MO	181		00:40:23	256
603	Ashley	Grote	Male	244	M40	37		00:40:25	257
1469	Joe	Racey	Male	245	MO	182		00:40:26	258
188	Jack	Shreeve	Male	246	MO	183		00:40:28	259
161	Danny	Knights	Male	247	M40	38		00:40:28	260
2155	Nicholas	Conway	Male	248	MO	184		00:40:30	261
718	Alan	Duncan	Male	249	M45	12		00:40:31	262
565	Daniel	Giblett	Male	250	MO	185	Arete Run Club	00:40:31	263
197	Lewis	Stebbing	Male	251	MO	186		00:40:31	264
1224	Stanley	Hodds	Male	252	MO	187		00:40:32	265
322	Mark	Robinson	Male	253	M55	3		00:40:33	266
467	Robert	Goldsmith	Male	254	M55	4		00:40:33	267
434	Chris	Leek	Male	255	M50	12	Framlingham Flyers	00:40:34	268
338	Tom	Read	Male	256	MO	188		00:40:35	269
112	Kevin	Watkinson	Male	257	M45	13	Wymondham AC	00:40:36	270
233	Zach	Taylor	Male	258	MO	189		00:40:37	271
10	Juliette	Watkinson	Female	14	F40	3	Wymondham AC	00:40:37	272
1808	Tyler	Rolfe	Male	259	MO	190		00:40:37	273
39	Billy	Wheeler	Male	260	M50	13	Wymondham AC	00:40:38	274
839	Pete	Goodman	Male	261	M45	14		00:40:38	275
243	Paul	Bulling	Male	262	M40	39	Norwich Road Runners	00:40:39	276
148	Christopher	Mickleburgh	Male	263	MO	191		00:40:39	277
492	Connor	Laskey	Male	264	MO	192		00:40:39	278
459	Beau	Archer	Male	265	MO	193		00:40:40	279
445	Tom	Downs	Male	266	M40	40		00:40:42	280
374	Cy	Culpin	Male	267	M45	15		00:40:42	281
543	Paul	Jones	Male	268	M45	16	Norfolk Gazelles AC	00:40:42	282
570	Adam	Pearce	Male	269	MO	194		00:40:43	283
698	Matthew	Naidu	Male	270	MO	195		00:40:43	284
1042	Fraser	Steggles	Male	271	MO	196		00:40:44	285
1100	Lewis	Batch	Male	272	MO	197		00:40:49	286
102	Alabama	Thompson	Female	15	FO	11		00:40:50	287
676	Joe	Allen-aldus	Male	273	MO	198		00:40:50	288
409	Jason	Wing	Male	274	M55	5	Thetford AC	00:40:51	289

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1045	Blake	Hall	Male	275	MO	199	Saint Edmund Pacers	00:40:51	290
591	Louis	Prangnell	Male	276	M40	41		00:40:51	291
877	Stuart	Wardle	Male	277	M40	42		00:40:51	292
251	Stephen	Crockett	Male	278	MO	200		00:40:51	293
329	Adam	Hendry	Male	279	MO	201		00:40:52	294
587	Ryan	Higgins	Male	280	MO	202		00:40:52	295
499	Shane	Hall	Male	281	MO	203		00:40:53	296
301	Richard	Turner	Male	282	M40	43		00:40:53	297
384	Haydn	Lyon	Male	283	MO	204		00:40:54	298
463	Matt	Smith	Male	284	MO	205	Diss and District AC	00:40:54	299
284	Robert	Thornton	Male	285	M40	44		00:40:54	300
2742	Douglas	Crampton	Male	286	MO	206		00:40:56	301
501	Billy	Mulligan	Male	287	MO	207		00:40:57	302
244	Andy	Green	Male	288	M45	17		00:40:58	303
307	Hugo	Persad	Male	289	MO	208		00:40:58	304
354	Christopher	Rice	Male	290	MO	209		00:40:58	305
634	Sam	Mackinnon	Male	291	MO	210		00:41:00	306
325	Oliver	Burton	Male	292	MO	211		00:41:01	307
557	Kris	Abraham	Male	293	M40	45	Attleborough Athletics Academy	00:41:03	308
590	Edd	Forster	Male	294	M40	46	Aycliffe Running Club	00:41:03	309
536	Elliot	Mccurley	Male	295	MO	212		00:41:03	310
401	Peter	Graveling	Male	296	MO	213		00:41:03	311
239	Kurtis	Williams	Male	297	MO	214		00:41:05	312
342	Joe	Wilkinson	Male	298	MO	215		00:41:05	313
550	Christian	Ellis	Male	299	MO	216	Great Yarmouth Road Runners	00:41:06	314
1381	Alex	Hall	Male	300	MO	217		00:41:07	315
146	Shaun	Rose	Male	301	M40	47		00:41:08	316
139	Mark	Roome	Male	302	MO	218		00:41:09	317
673	Sam	Evans	Male	303	M50	14		00:41:09	318
494	Daniel	Tarr	Male	304	M45	18		00:41:10	319
346	Josh	Goddard	Male	305	MO	219		00:41:10	320
454	Milo	Debbage	Male	306	MO	220	North Norfolk Harriers Athletics Club	00:41:11	321
484	Samuel	Groves	Male	307	MO	221		00:41:11	322
577	Kevin	Knights	Male	308	M40	48		00:41:11	323
378	Jonathan	Cordle	Male	309	M60	2		00:41:12	324
87	Aaron	Briggs	Male	310	MO	222		00:41:12	325
504	Matt	Walker	Male	311	M40	49		00:41:13	326
766	Terry	Hubbard	Male	312	M50	15	Great Yarmouth Road Runners	00:41:13	327
2287	Ross	Barrett	Male	313	MO	223		00:41:13	328
328	Reece	Williams	Male	314	MO	224	Tri-Anglia Triathlon Club	00:41:13	329
359	Samuel	Leigh	Male	315	MO	225		00:41:13	330
749	George	Brockhouse	Male	316	MO	226		00:41:14	331
870	Isabelle	Pendleton	Female	16	FO	12		00:41:15	332
562	Tom	Anstiss	Male	317	MO	227		00:41:15	333

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
588	Dan	Gould	Male	318	MO	228		00:41:16	334
1826	Syd	Mason	Male	319	MO	229		00:41:16	335
231	Lewis	Flatt	Male	320	M40	50		00:41:16	336
602	Martin	Cobb	Male	321	MO	230		00:41:17	337
257	Michael	Burris	Male	322	MO	231	Thetford AC	00:41:17	338
592	Kane	Horne	Male	323	MO	232		00:41:17	339
404	Nathan	Gardiner	Male	324	MO	233		00:41:18	340
220	Andrew	Williamson	Male	325	MO	234	Ryston Runners	00:41:18	341
393	Ben	Allison	Male	326	MO	235		00:41:19	342
461	Lee	Knights	Male	327	M45	19		00:41:19	343
706	James	Watson	Male	328	M45	20		00:41:19	344
1621	Will	Dye	Male	329	MO	236		00:41:19	345
428	Peter	Clarke	Male	330	M60	3	Diss and District AC	00:41:21	346
370	Sam	Burrows	Male	331	MO	237	Wymondham AC	00:41:21	347
752	Christopher	Gibb	Male	332	MO	238		00:41:21	348
144	Wiktor	Puk	Male	333	MO	239		00:41:22	349
647	Matt	Daniels	Male	334	MO	240		00:41:23	350
1050	Samuel	Grimmer	Male	335	MO	241		00:41:24	351
567	Jonathan	Brasnett	Male	336	M40	51		00:41:25	352
201	Millie	Bradfield	Female	17	FO	13		00:41:25	353
9049	Natalie	Lightfoot	Female	18	F40	4		00:41:25	354
520	Westley	Byford	Male	337	M45	21		00:41:25	355
949	Luke	Burchett	Male	338	MO	242		00:41:25	356
2030	Harry	Cook	Male	339	MO	243		00:41:26	357
783	Ritchie	Philo	Male	340	M40	52		00:41:26	358
438	Jake	Stagg	Male	341	MO	244	Dereham Runners AC	00:41:26	359
260	Jordan	Curl-roper	Male	342	MO	245		00:41:26	360
1258	George	Lewis	Male	343	MO	246		00:41:26	361
156	Marc	Evans	Male	344	M45	22		00:41:27	362
323	Rob	Harlow	Male	345	MO	247		00:41:27	363
343	Michael	Fisher	Male	346	MO	248		00:41:28	364
265	Matthew	Fretwell	Male	347	MO	249		00:41:29	365
653	Stephen	Shaw	Male	348	M45	23		00:41:30	366
419	Vinny	Baker	Male	349	MO	250		00:41:30	367
464	Oscar	Gent	Male	350	MO	251	Norwich Road Runners	00:41:30	368
509	William	Tew	Male	351	MO	252		00:41:31	369
693	Lydia	Randles	Female	19	FO	14	Herne Hill Harriers	00:41:32	370
605	Joe	Denton	Male	352	M55	6	Harling Athletic Club	00:41:33	371
874	Andrew	Jackson	Male	353	M40	53		00:41:33	372
690	Daniel	Green	Male	354	MO	253		00:41:34	373
1326	Jake	Sheridan	Male	355	MO	254		00:41:34	374
776	James	Boagey	Male	356	MO	255		00:41:35	375
426	Mel	Barrett	Female	20	FO	15		00:41:35	376
606	Mark	Garrett	Male	357	M60	4	Norwich Road Runners	00:41:35	377
344	Jack	Alfaraj-carter	Male	358	MO	256		00:41:36	378
1280	Matthew	Meston	Male	359	MO	257		00:41:36	379

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
929	Callum	Davenport	Male	360	MO	258		00:41:37	380
268	Jamie	Sheehan	Male	361	MO	259		00:41:37	381
420	Mark	Robinson	Male	362	MO	260		00:41:37	382
681	Ciaran	Strike	Male	363	MO	261	Bungay Black Dog RC	00:41:38	383
517	Stuart	Allerton	Male	364	M45	24		00:41:39	384
196	Torben	Jessen	Male	365	M60	5	Folkestone Running & Athletics Club	00:41:39	385
382	Kieran	Barrett	Male	366	MO	262		00:41:40	386
356	Christopher	Carter	Male	367	M50	16	Norfolk Gazelles AC	00:41:40	387
778	George	Crane	Male	368	MO	263		00:41:41	388
306	Marcus	Sladden	Male	369	MO	264	City Of Norwich AC	00:41:42	389
19	Charli	Smith	Female	21	F40	5		00:41:42	390
803	Luke	Last	Male	370	MO	265		00:41:43	391
911	Charlie	Huggett	Male	371	MO	266		00:41:43	392
888	Jamie	Houghton	Male	372	MO	267		00:41:43	393
507	Phoenix	Tashlin Clifford	Male	373	MO	268		00:41:44	394
340	James	Fullam	Male	374	M40	54		00:41:45	395
691	Abi	Cossey	Female	22	FO	16		00:41:47	396
3130	James	Hannah	Male	375	MO	269		00:41:47	397
638	Andrew	Broadley	Male	376	MO	270		00:41:48	398
349	Oliver	Baxter	Male	377	MO	271	Norwich Road Runners	00:41:48	399
999	Tom	Spurgeon	Male	378	MO	272		00:41:48	400
166	Simon	Bales	Male	379	M50	17	Bure Valley Harriers	00:41:48	401
2636	Harry	Stannard	Male	380	MO	273		00:41:48	402
7056	Ricardo	Leguía Berg	Male	381	M40	55		00:41:52	403
2419	Gareth	Henton	Male	382	MO	274		00:41:54	404
954	Nick	Cleaver	Male	383	M40	56		00:41:54	405
367	Harley	Peek	Male	384	MO	275		00:41:55	406
639	Abbey	Platten	Female	23	FO	17		00:41:55	407
194	Jordan	Hipperson	Male	385	MO	276		00:41:55	408
584	Tom	Hepburn	Male	386	MO	277		00:41:56	409
586	Cameron	Wing	Male	387	MO	278		00:41:56	410
809	Remi	Waring	Male	388	MO	279		00:41:57	411
416	Will	Gosling	Male	389	MO	280		00:41:58	412
462	George	Rivett	Male	390	MO	281		00:41:58	413
490	Mark	Hurren	Male	391	M40	57		00:41:58	414
488	Stewart	Curson	Male	392	M40	58		00:41:58	415
583	Todd	Lake	Male	393	M60	6	Wymondham AC	00:41:59	416
1278	Sam	Keeley	Male	394	MO	282		00:42:00	417
707	Edward	Sampson	Male	395	MO	283		00:42:01	418
400	Michael	Bell	Male	396	M40	59		00:42:02	419
313	Danny	Sweatman	Male	397	M40	60		00:42:02	420
779	Aaron	Sanderson	Male	398	MO	284		00:42:02	421
184	Monty	Mulholland	Male	399	MO	285		00:42:03	422
702	Adam	Goodman	Male	400	MO	286		00:42:04	423
523	Matthew	Tye	Male	401	M45	25	Harleston Running Club	00:42:04	424

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
518	Tristen	Read	Male	402	MO	287		00:42:05	425
806	William	Robb	Male	403	MO	288		00:42:05	426
100	Paul	Spooner	Male	404	MO	289		00:42:06	427
333	Paul	Scott	Male	405	M45	26		00:42:06	428
715	Jack	Smith	Male	406	MO	290		00:42:07	429
1434	Kieran	Mellet	Male	407	MO	291		00:42:07	430
745	Charlie	Hutchinson	Male	408	MO	292		00:42:08	431
285	Lee	Forder	Male	409	M45	27	Norwich Road Runners	00:42:08	432
898	Francesca	Gray	Female	24	FO	18		00:42:08	433
687	Harry	Stanton	Male	410	MO	293		00:42:09	434
811	Hamish	Muir	Male	411	MO	294	Norwich Road Runners	00:42:09	435
699	Gav	Smith	Male	412	M45	28	Norfolk Gazelles AC	00:42:10	436
644	Matt	Stokes	Male	413	MO	295		00:42:10	437
971	Joe	Morel	Male	414	MO	296		00:42:11	438
1494	Fergus	Barber	Male	415	MO	297		00:42:11	439
1268	Andrew	Dormer	Male	416	M55	7		00:42:11	440
337	Daniel	Long	Male	417	MO	298		00:42:12	441
1008	William	Blake	Male	418	MO	299		00:42:12	442
2046	Neil	Hurren	Male	419	M40	61		00:42:12	443
710	Jack	Jillings	Male	420	MO	300		00:42:13	444
622	Sam	Ely	Male	421	MO	301		00:42:14	445
4163	Kell	Tisdall	Male	422	MO	302		00:42:14	446
406	William	Parker	Male	423	MO	303	Wymondham AC	00:42:14	447
373	Harry	Morrissey	Male	424	MO	304		00:42:15	448
563	Lacey	Bareham	Female	25	FO	19		00:42:15	449
630	Harvey	Mackay	Male	425	MO	305		00:42:15	450
645	James	Loughlin	Male	426	MO	306		00:42:16	451
572	Ben	Aldrich	Male	427	MO	307		00:42:16	452
418	Jon	Wiles	Male	428	M50	18	Harleston Running Club	00:42:16	453
1242	Sean	Donoghue	Male	429	M50	19		00:42:16	454
1186	Luke	Channell	Male	430	MO	308		00:42:17	455
3982	Simon	Cook	Male	431	M45	29	Lowestoft Road Runners	00:42:17	456
4371	Jonny	Baker	Male	432	MO	309		00:42:17	457
2824	Danny	Grix	Male	433	MO	310		00:42:18	458
601	Shaun	Taylor	Male	434	MO	311		00:42:18	459
549	Charlie	Carter	Male	435	MO	312		00:42:18	460
503	Clare	Slorach	Female	26	FO	20		00:42:19	461
91	Kareana	Symonds	Female	27	F45	2		00:42:19	462
130	Matthew	Plane	Male	436	MO	313		00:42:20	463
1610	Ben	Backhouse	Male	437	MO	314		00:42:20	464
619	Conall	Woolstenholmes	Male	438	MO	315		00:42:20	465
410	Chris	Ellis	Male	439	MO	316	Great Yarmouth Road Runners	00:42:20	466
826	Carl	Hammond	Male	440	M40	62		00:42:21	467
538	Alan	Kyle	Male	441	M40	63		00:42:22	468
838	James	Scott	Male	442	MO	317		00:42:23	469

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
969	Steve	Woolston	Male	443	M40	64		00:42:24	470
593	Lewis	Bryant	Male	444	MO	318	Thetford AC	00:42:24	471
185	Wayne	Ramsbottom	Male	445	M55	8	Dereham Runners AC	00:42:24	472
2002	Daniel	Brady	Male	446	MO	319		00:42:24	473
760	Jim	Lowe	Male	447	M45	30	Lindley Running Club	00:42:25	474
398	Clive	Cartner	Male	448	M45	31	Norfolk Gazelles AC	00:42:26	475
943	Matt	Smith	Male	449	MO	320		00:42:27	476
427	Casey	Barrett	Male	450	MO	321		00:42:28	477
447	Nick	Kent	Male	451	MO	322	Diss and District AC	00:42:28	478
1236	Sam	Percy	Male	452	MO	323		00:42:28	479
430	Jacob	Conner	Male	453	MO	324		00:42:29	480
1548	Daniel	Nicholson	Male	454	MO	325		00:42:29	481
1806	Ian	Howes	Male	455	M40	65		00:42:30	482
44	Sam	Rutterford	Male	456	MO	326		00:42:30	483
334	Joe	Preston	Male	457	MO	327		00:42:31	484
2555	Harry	Rudman	Male	458	MO	328		00:42:31	485
763	Archie	Fiddy	Male	459	MO	329		00:42:32	486
423	Myles	Hague	Male	460	M45	32	City Of Norwich AC	00:42:33	487
319	Matt	Goode	Male	461	MO	330	Wymondham AC	00:42:33	488
853	Pete	Brooks	Male	462	M40	66	Norwich Road Runners	00:42:33	489
223	Ian	Bray	Male	463	M40	67	Norwich Road Runners	00:42:34	490
857	Keane	Pye	Male	464	MO	331		00:42:35	491
294	Nick	Gurney	Male	465	MO	332	Norwich Road Runners	00:42:35	492
2932	Simon	Baxter	Male	466	M40	68		00:42:35	493
424	Ethan	Hutchings	Male	467	MO	333		00:42:36	494
495	Keenan	Hutchings	Male	468	MO	334		00:42:36	495
486	Marc	Bicker	Male	469	MO	335		00:42:36	496
740	Steve	Newman	Male	470	M55	9	Bungay Black Dog RC	00:42:36	497
686	Tom	Askew	Male	471	M40	69		00:42:37	498
685	Liam	Frost	Male	472	M40	70		00:42:38	499
1189	Harrison	Reeve	Male	473	MO	336		00:42:38	500
457	Will	Bond	Male	474	MO	337		00:42:38	501
246	Matthew	Cheung	Male	475	MO	338	Norwich Road Runners	00:42:39	502
556	Adrian	Slattery	Male	476	M45	33	Great Yarmouth Road Runners	00:42:39	503
207	William	Potter	Male	477	MO	339		00:42:41	504
177	Paul	Fairchild	Male	478	M45	34		00:42:41	505
711	Matthew	Quick	Male	479	MO	340		00:42:43	506
757	Alfred	Day	Male	480	MO	341		00:42:44	507
435	Rocco	Rizzo-waters	Male	481	MO	342		00:42:44	508
604	Nathan	Shoesmith	Male	482	MO	343	Manchester Road Runners	00:42:44	509
160	Ollie	Frary	Male	483	MO	344	Manchester Road Runners	00:42:44	510
609	Ben	Edwards	Male	484	MO	345		00:42:44	511
934	Matthew	Wardle	Male	485	MO	346		00:42:46	512

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
380	Richard	Strange	Male	486	MO	347		00:42:46	513
369	David	Stevens	Male	487	M40	71		00:42:47	514
791	Daisy	Green	Female	28	FO	21		00:42:48	515
1987	Matthew	Steward	Male	488	MO	348		00:42:49	516
845	James	Pedley	Male	489	MO	349		00:42:50	517
792	Julie	Green	Female	29	F45	3		00:42:50	518
4444	Edward	Garrard	Male	490	MO	350		00:42:50	519
1033	Andrew	Howes	Male	491	MO	351		00:42:50	520
905	Bronwen	Brown	Female	30	FO	22		00:42:50	521
754	Owen	Hudson	Male	492	M55	10		00:42:51	522
818	Liam	Howes	Male	493	MO	352		00:42:51	523
386	William	Gibbs	Male	494	MO	353		00:42:52	524
476	Michael	Wilce	Male	495	MO	354		00:42:53	525
2869	Elliot	Penn-cerro	Male	496	MO	355		00:42:54	526
829	Blake	Kesic	Male	497	MO	356		00:42:55	527
2099	Soren	Royds	Male	498	MO	357		00:42:55	528
1271	Will	Waddingham	Male	499	MO	358		00:42:56	529
432	Ross	Lenton	Male	500	M40	72		00:42:57	530
485	Hannah	Colby	Female	31	FO	23	City Of Norwich AC	00:42:58	531
716	Graham	O'hara	Male	501	M50	20		00:43:00	532
566	Matthew	Brown	Male	502	M45	35		00:43:01	533
327	Adam	Gusterson	Male	503	MO	359		00:43:01	534
579	Matthew	Samson	Male	504	MO	360		00:43:02	535
909	Richard	Brown	Male	505	MO	361		00:43:03	536
558	Steve	Ely	Male	506	M55	11	City Of Norwich AC	00:43:03	537
659	Dean	Bain	Male	507	MO	362		00:43:03	538
1614	Shane	Eke	Male	508	M45	36		00:43:03	539
861	Monty	Parker	Male	509	MO	363		00:43:04	540
599	Daniel	Yallop	Male	510	M40	73		00:43:04	541
750	Steven	Young	Male	511	M55	12		00:43:05	542
608	Iain	Hill	Male	512	M40	74		00:43:05	543
421	Georgia	Delaney	Female	32	FO	24	Royal Sutton Coldfield Athletics Club	00:43:07	544
955	Harry	Waye-barker	Male	513	MO	364		00:43:08	545
1017	Jack	Bye	Male	514	MO	365		00:43:08	546
986	Alex	Snow	Male	515	MO	366		00:43:08	547
736	Edward	Atkins	Male	516	M40	75	City Of Norwich AC	00:43:08	548
351	Lewis	Wilkins	Male	517	MO	367		00:43:09	549
709	Gary	Cuthbert	Male	518	M50	21		00:43:09	550
448	Claire	Kent	Female	33	FO	25	Wymondham AC	00:43:10	551
628	Chloe	Webb	Female	34	FO	26		00:43:10	552
789	James	Ireland	Male	519	MO	368		00:43:10	553
1169	Stephen	Harrison	Male	520	M50	22		00:43:10	554
812	Grant	Bradfield	Male	521	MO	369		00:43:11	555
1660	Mark	Rodulfo	Male	522	M45	37		00:43:11	556
321	Will	Honeybone	Male	523	M55	13	Ryston Runners	00:43:11	557
1376	Neil	Dobson	Male	524	M45	38		00:43:12	558

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1192	Ben	Snowling	Male	525	MO	370		00:43:12	559
1089	Andrew	Green	Male	526	M40	76		00:43:12	560
651	Tom	Hunt	Male	527	MO	371		00:43:13	561
305	Will	Barker	Male	528	MO	372		00:43:13	562
1223	Charlie	Moss	Male	529	MO	373		00:43:13	563
506	Harrison	Death	Male	530	MO	374		00:43:13	564
309	Harry	Crowe	Male	531	MO	375		00:43:14	565
1151	Paul	Pearce	Male	532	M55	14	Aylsham Runners	00:43:14	566
2042	Arran	Hicks	Male	533	MO	376		00:43:14	567
316	Jason	Brunt	Male	534	M50	23	Norfolk Gazelles AC	00:43:16	568
695	Hannah	Barnett	Female	35	FO	27		00:43:17	569
758	Michael	Brouse	Male	535	M40	77		00:43:17	570
886	Shane	West	Male	536	MO	377		00:43:17	571
756	Darren	Moore	Male	537	M50	24		00:43:17	572
1266	Calvin	Smith	Male	538	MO	378		00:43:17	573
371	Andrew	Johns	Male	539	M40	78		00:43:18	574
1063	Andre	Bolster	Male	540	M40	79		00:43:18	575
788	Luke	Dell	Male	541	MO	379		00:43:18	576
2107	George	Boldero	Male	542	MO	380		00:43:19	577
831	Tim	Seville	Male	543	M65	2	Wymondham AC	00:43:19	578
804	Joshua	Kirby	Male	544	MO	381		00:43:19	579
402	Connor	Woodhouse	Male	545	MO	382	Arete Run Club	00:43:19	580
830	Mark	Matless	Male	546	M40	80		00:43:20	581
907	Olivia	Butler	Female	36	FO	28	Arete Run Club	00:43:20	582
275	Jonny	Hodges	Male	547	M45	39		00:43:20	583
473	Charlie	Potter	Male	548	MO	383		00:43:20	584
948	Harry	Cowper Johnson	Male	549	MO	384		00:43:20	585
665	Adam	Gent	Male	550	MO	385		00:43:20	586
1257	Oliver	Mccormack	Male	551	MO	386		00:43:23	587
843	Dean	Howard	Male	552	M50	25	North Norfolk Beach Runners	00:43:23	588
1101	Mark	Brown	Male	553	M55	15		00:43:23	589
765	Susheel	Gokarakonda	Male	554	MO	387		00:43:24	590
1667	Tom	Durrell	Male	555	M40	81		00:43:24	591
777	Jay	Smith	Male	556	MO	388		00:43:24	592
263	Jordan	Hitch	Male	557	MO	389		00:43:24	593
2654	Oliver	Gardiner	Male	558	MO	390		00:43:24	594
1152	Noel	Hinton	Male	559	M50	26		00:43:25	595
646	Marcus	Westgate	Male	560	M50	27	Great Yarmouth Road Runners	00:43:25	596
1412	Scott	Mcginness	Male	561	MO	391		00:43:25	597
516	Rob	Blackman	Male	562	MO	392	Saint Edmund Pacers	00:43:26	598
700	Joseph	Bird	Male	563	MO	393		00:43:26	599
674	Edward	Brisley	Male	564	MO	394		00:43:27	600
854	Peter	Court	Male	565	MO	395		00:43:27	601
654	Charlie	Woodcock	Male	566	MO	396		00:43:29	602

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
852	Brett	Steggles	Male	567	MO	397	Norfolk Gazelles AC	00:43:29	603
1102	Oliver	Durrant	Male	568	MO	398		00:43:29	604
1816	Adam	Warr	Male	569	MO	399		00:43:30	605
218	Spencer	Gray	Male	570	MO	400		00:43:31	606
787	Toby	Blyth	Male	571	MO	401		00:43:31	607
6335	William	Byrne	Male	572	MO	402	Bungay Black Dog RC	00:43:31	608
733	Lewis	Webster	Male	573	MO	403		00:43:32	609
1809	Richard	Stanley	Male	574	M40	82		00:43:32	610
1828	Sam	Phoenix	Male	575	MO	404		00:43:32	611
2973	Kurt	Bish	Male	576	MO	405		00:43:32	612
3304	Mark	Mardell	Male	577	M45	40	Great Yarmouth Road Runners	00:43:32	613
873	Philip	Brockington	Male	578	M50	28		00:43:33	614
6352	Daniel	Bonura	Male	579	MO	406		00:43:33	615
2465	Scott	Prentice	Male	580	MO	407		00:43:33	616
753	Andrew	Battle	Male	581	M40	83		00:43:34	617
613	James	Boulton	Male	582	MO	408	Harling Athletic Club	00:43:35	618
389	George	Tarr	Male	583	MO	409		00:43:36	619
662	Alan	Diaper	Male	584	M50	29		00:43:36	620
967	Matt	Powell	Male	585	MO	410		00:43:36	621
841	Maryanne	Peters	Female	37	F45	4		00:43:37	622
616	Stephen	Ambrose	Male	586	MO	411	Norwich Road Runners	00:43:38	623
1312	Paul	Wheeler	Male	587	M40	84		00:43:39	624
1655	Farrukh	Makhamadjonov	Male	588	MO	412		00:43:39	625
1661	Harrison	Yaxley	Male	589	MO	413		00:43:40	626
1140	Nicholas	Navarro	Male	590	MO	414		00:43:41	627
883	John	Axtell	Male	591	M40	85	Holland Sports AC	00:43:41	628
4861	Em	Whiting	Female	38	F45	5		00:43:41	629
1580	Mike	Dewbery	Male	592	MO	415		00:43:42	630
1154	George	Webster	Male	593	MO	416		00:43:42	631
856	Henry	Doe	Male	594	MO	417		00:43:43	632
1499	Grace	Ellis	Female	39	FO	29		00:43:43	633
1270	Euan	Gates	Male	595	M40	86		00:43:44	634
1648	Eddie	Chipperfield	Male	596	MO	418		00:43:44	635
529	Liam	Tompson Whyte	Male	597	MO	419		00:43:44	636
864	Joseph	Rothwell	Male	598	M45	41		00:43:44	637
664	Mark	Griffin	Male	599	M60	7		00:43:44	638
735	Andrew	Cornish	Male	600	M60	8		00:43:44	639
1253	Bradley	Stansbury	Male	601	MO	420		00:43:45	640
1188	Jack	Blandy	Male	602	MO	421		00:43:46	641
1230	Howard	Duff	Male	603	M45	42		00:43:46	642
283	Dominic	Barnard	Male	604	M40	87		00:43:46	643
1076	Christine	Faulkner	Female	40	F45	6		00:43:48	644
892	Harvey	Bloomfield	Male	605	MO	422		00:43:50	645
1417	Joshua	Goodwin	Male	606	MO	423		00:43:50	646
703	Clive	Parkerson	Male	607	M50	30		00:43:50	647

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
670	Patrick	Swinley	Male	608	MO	424		00:43:51	648
1245	Harry	Green	Male	609	MO	425		00:43:52	649
640	Brandon	Woodhouse	Male	610	MO	426		00:43:53	650
449	Mark	Aldridge	Male	611	MO	427		00:43:54	651
866	Finn	Lewis	Male	612	MO	428		00:43:56	652
825	Philip	Walker	Male	613	MO	429		00:43:56	653
1125	William	Smithson	Male	614	MO	430		00:43:57	654
2145	Ian	Jermy	Male	615	M50	31		00:43:57	655
546	Miles	Dhawan-foster	Male	616	MO	431		00:43:57	656
1024	Nathaniel	Tolmie	Male	617	MO	432		00:43:58	657
559	Alexandra	Ely	Female	41	F50	1	Wymondham AC	00:43:59	658
679	Neil	Weston-stokes	Male	618	M45	43		00:44:00	659
1601	Jack	Cator	Male	619	MO	433		00:44:00	660
1836	Lauren	Davidson	Female	42	FO	30		00:44:01	661
666	Kevin	Waterman	Male	620	M40	88		00:44:02	662
212	Stephen	Jessop	Male	621	MO	434		00:44:02	663
450	James	Robertson	Male	622	MO	435		00:44:03	664
315	Freddie	Mowforth	Male	623	MO	436		00:44:03	665
869	Marcus	Lubbock	Male	624	MO	437		00:44:03	666
920	James	Kendall	Male	625	MO	438		00:44:03	667
1569	Jacob	Mccabe	Male	626	MO	439		00:44:03	668
293	Jake	Kerr	Male	627	MO	440		00:44:04	669
970	Hollie	Mahood	Female	43	FO	31		00:44:04	670
2383	Ben	Kennedy	Male	628	MO	441		00:44:04	671
764	Thomas	Galer	Male	629	MO	442		00:44:04	672
747	Chris	Skipper	Male	630	MO	443		00:44:05	673
222	Toby	Grainger	Male	631	M40	89		00:44:05	674
553	Sam	Bence	Male	632	MO	444		00:44:05	675
755	Alice	Bamber	Female	44	FO	32		00:44:05	676
762	Sarah	Neeve-raynsford	Female	45	F45	7	Waveney Valley AC	00:44:06	677
2652	Matthew	Boulter	Male	633	MO	445		00:44:06	678
885	Paul	Smith	Male	634	M50	32		00:44:06	679
680	Stephen	Knock	Male	635	M40	90		00:44:06	680
300	Tristan James	Smith	Male	636	MO	446	City Of Norwich AC	00:44:06	681
952	Matt	Kirkham	Male	637	MO	447		00:44:07	682
1206	Mark	Robbins	Male	638	M45	44	Kenilworth Runners	00:44:07	683
519	Luke	Bailey	Male	639	MO	448		00:44:08	684
1550	Christopher	Curtis	Male	640	MO	449		00:44:08	685
773	Ross	Ashton	Male	641	M50	33	City Of Norwich AC	00:44:09	686
930	Joshua	Bird	Male	642	MO	450		00:44:09	687
1040	Neil	Park	Male	643	M45	45	Norwich Road Runners	00:44:11	688
1368	Connor	Marrison	Male	644	MO	451		00:44:11	689
1537	Warren	Tutt	Male	645	MO	452		00:44:11	690
880	Chris	Drake	Male	646	MO	453		00:44:11	691
560	Jason	Scott	Male	647	MO	454		00:44:12	692
980	Ava	Field	Female	46	FO	33		00:44:13	693

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
965	Toby	Wellard	Male	648	MO	455	Arete Run Club	00:44:13	694
1149	Chris	Johnson	Male	649	M40	91	Reepham Runners	00:44:15	695
1818	Sam	Crowther	Male	650	M40	92	TTT Run Club	00:44:15	696
498	Harry	Gidney	Male	651	MO	456		00:44:15	697
1833	Marley	Symonds	Male	652	MO	457		00:44:16	698
1205	Eden	Simmonds	Female	47	FO	34		00:44:16	699
1111	Lewis	Palmer	Male	653	MO	458		00:44:16	700
1338	Christian	Cornell	Male	654	MO	459		00:44:17	701
799	Sam	Poulter	Male	655	MO	460		00:44:17	702
6094	Georgia	Hammond	Female	48	FO	35		00:44:17	703
2181	Michael	London	Male	656	MO	461		00:44:17	704
571	Malachi	Adams	Male	657	MO	462		00:44:18	705
717	Ben	Moore	Male	658	MO	463		00:44:18	706
497	Alex	Piper	Male	659	MO	464		00:44:18	707
2531	Cathal	Daly	Male	660	M55	16	Norwich Road Runners	00:44:19	708
1219	Lloyd	Cossey	Male	661	MO	465		00:44:19	709
1005	Julia	Parsley	Female	49	F40	6		00:44:19	710
1182	Mark	Ollett	Male	662	M55	17		00:44:20	711
5506	Michael	Bone	Male	663	M40	93		00:44:21	712
982	Ellen	Sitton	Female	50	FO	36	Harwich Runners	00:44:21	713
1264	Bill	Battams	Male	664	MO	466		00:44:22	714
1694	Tommy	Butler	Male	665	MO	467		00:44:22	715
1493	Peter	Elliott	Male	666	M55	18	Thetford AC	00:44:23	716
1022	Ronan	Carter	Male	667	MO	468		00:44:23	717
150	Lorimar	Hipperson	Male	668	MO	469		00:44:23	718
1968	Chris	Aldred	Male	669	MO	470	Waveney Valley AC	00:44:24	719
1617	Jason	Hawkins	Male	670	M55	19	Aylsham Runners	00:44:24	720
696	Nathan	Postma	Male	671	MO	471		00:44:25	721
193	Daniel	Luedke	Male	672	MO	472		00:44:25	722
1142	Tomasz	Pendleton	Male	673	M40	94		00:44:26	723
1477	Luke	Morfitt	Male	674	M45	46		00:44:27	724
951	Phil	Beecher	Male	675	M40	95		00:44:27	725
714	Charlie	Church	Male	676	MO	473		00:44:28	726
1051	Bruce	Sigrist	Male	677	MO	474		00:44:29	727
1163	Tom	Pullinger	Male	678	M55	20	Harleston Running Club	00:44:30	728
790	Jake	Mowatt	Male	679	MO	475		00:44:30	729
1091	Milly	Chalcraft	Female	51	FO	37		00:44:31	730
1249	Chris	Woodcock	Male	680	M40	96	Lowestoft Road Runners	00:44:31	731
636	Mark	Sargeant	Male	681	MO	476		00:44:31	732
1241	Tom	Cole	Male	682	MO	477		00:44:31	733
1004	James	Cook	Male	683	MO	478		00:44:32	734
475	Cormac	O'driscoll	Male	684	MO	479		00:44:33	735
1693	Chris	Folkard	Male	685	M40	97	Norwich Road Runners	00:44:33	736
1072	Amy	Hanner	Female	52	F40	7	Bungay Black Dog RC	00:44:34	737
1533	Adam	Mills	Male	686	MO	480		00:44:35	738

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2102	Tom	O'donoghue	Male	687	M40	98		00:44:36	739
1165	Matthew	Cole	Male	688	M50	34		00:44:37	740
1495	Jasper	Barber	Male	689	MO	481		00:44:37	741
511	Simon	Franklin	Male	690	M40	99		00:44:37	742
737	Lucie	Herwin	Female	53	FO	38	Dereham Runners AC	00:44:37	743
456	Ben	Churchman	Male	691	M40	100	Diss and District AC	00:44:37	744
1126	Justin	Pearce	Male	692	M50	35		00:44:37	745
1632	Greg	Hindry	Male	693	MO	482		00:44:37	746
1805	Aidan	Genery	Male	694	MO	483		00:44:38	747
840	Jonathan	Walley	Male	695	MO	484		00:44:38	748
71	Richard	Lee	Male	696	M40	101	Ely Runners	00:44:40	749
903	Reuben	Barnard	Male	697	M45	47		00:44:40	750
8380	Callum	Blanchard	Male	698	MO	485		00:44:41	751
528	Richard	Thomson	Male	699	MO	486		00:44:41	752
397	Peter	Minns	Male	700	MO	487		00:44:41	753
574	Anthony	Whiteside	Male	701	M45	48		00:44:42	754
621	Thomas	Annable	Male	702	M40	102		00:44:42	755
1358	Mike	Stolworthy	Male	703	MO	488		00:44:42	756
361	Paul	Knights	Male	704	M50	36	City Of Norwich AC	00:44:43	757
414	Ronaldo	Sanchez	Male	705	MO	489		00:44:43	758
3766	Serena	Willmore	Female	54	FO	39		00:44:43	759
547	Jason	Kent	Male	706	MO	490		00:44:43	760
1582	Sam	Loaker	Male	707	MO	491		00:44:44	761
3073	Bradley	Hill	Male	708	MO	492		00:44:45	762
784	Liam	Harvey-cooper	Male	709	MO	493		00:44:45	763
774	Tom	Nichols	Male	710	M40	103		00:44:46	764
298	Reece	Prentice	Male	711	MO	494	City Of Norwich AC	00:44:46	765
1128	Richard	Donovan	Male	712	M40	104		00:44:46	766
1086	Chris	Jackson	Male	713	MO	495		00:44:47	767
7999	Jimmy	Campbell	Male	714	MO	496		00:44:47	768
1221	Bob	Lightowler	Male	715	MO	497	Tri-Anglia Triathlon Club	00:44:48	769
1363	Tom	Brooks	Male	716	MO	498		00:44:48	770
1233	Joss	Grant	Male	717	MO	499		00:44:48	771
2022	Robert	Clarke	Female	55	F45	8	Waveney Valley AC	00:44:48	772
2306	David	Horne	Male	718	M40	105		00:44:48	773
1402	Martin	Westgate	Male	719	MO	500	Norfolk Gazelles AC	00:44:49	774
1529	Nick	Custance	Male	720	M45	49		00:44:49	775
1054	Jamie	Shanahan	Male	721	M40	106		00:44:50	776
1212	Isabelle	Temple	Female	56	FO	40	City Of Norwich AC	00:44:50	777
539	Jason	Elrick	Male	722	M55	21	Thetford AC	00:44:50	778
1093	Marcus	Betts	Male	723	MO	501		00:44:50	779
615	Sam	Webb	Male	724	MO	502		00:44:51	780
429	Evan	Simpson	Male	725	MO	503		00:44:51	781
835	James	Byrne	Male	726	MO	504	Norwich Road Runners	00:44:51	782
956	Paul	Freestone	Male	727	M50	37		00:44:52	783

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1030	Declan	Nicol	Male	728	MO	505	Bure Valley Harriers	00:44:52	784
1470	Dane	Boyle-smith	Male	729	MO	506		00:44:52	785
1340	Tim	Foo	Male	730	MO	507		00:44:52	786
408	Benjamin	Fry	Male	731	MO	508		00:44:53	787
141	Austin	Henderson	Male	732	MO	509		00:44:54	788
712	David	Asker	Male	733	M40	107		00:44:54	789
1041	Ben	Phelps	Male	734	MO	510		00:44:55	790
1259	Bevan	Mills	Male	735	MO	511		00:44:55	791
915	Lloyd	Reeve	Male	736	MO	512		00:44:55	792
1336	Tim	Powis	Male	737	M45	50		00:44:56	793
1725	Luke	Seaman	Male	738	MO	513		00:44:56	794
1536	Karl	Harper	Male	739	M55	22		00:44:56	795
4257	Henry	Shere	Male	740	MO	514		00:44:56	796
1272	Harvey	Cozens	Male	741	MO	515		00:44:56	797
1464	Reece	Lanchester	Male	742	MO	516		00:44:56	798
890	Paul	Guille	Male	743	MO	517		00:44:57	799
1771	Evie	Bateman	Female	57	FO	41		00:44:57	800
823	Joshua	Landles	Male	744	MO	518		00:44:57	801
1256	Rob	Daniels	Male	745	M50	38		00:44:58	802
1055	Andrew	Barrett	Male	746	M55	23	City Of Norwich AC	00:44:58	803
500	Chris	Wells	Male	747	M45	51		00:44:59	804
728	Ryan	Hills	Male	748	MO	519		00:44:59	805
918	Josh	Wyard	Male	749	MO	520		00:44:59	806
1393	Will	Nixon	Male	750	MO	521		00:45:00	807
2485	Leo	Osborne	Male	751	MO	522		00:45:01	808
807	Will	Mcdaniel	Male	752	MO	523		00:45:01	809
614	Coner	Murphy	Male	753	MO	524	Tri-Anglia Triathlon Club	00:45:01	810
1686	Angelo	Bonandi	Male	754	M45	52		00:45:01	811
1975	Jake	Currell	Male	755	MO	525		00:45:02	812
998	Shannon	Brown	Female	58	FO	42		00:45:02	813
1787	Nicholas	Parry	Male	756	MO	526		00:45:02	814
2323	Kyle	Marrison	Male	757	MO	527		00:45:02	815
793	Jamie	Tidswell	Male	758	MO	528		00:45:02	816
545	David	Thomson	Male	759	MO	529		00:45:02	817
1486	Shane	Kelly	Male	760	M45	53		00:45:02	818
794	Nathan	Race	Male	761	M45	54		00:45:02	819
660	Steven	Worsey	Male	762	M45	55		00:45:02	820
362	James	Lucas	Male	763	M50	39		00:45:03	821
585	Fiona	Cressy-roberts	Female	59	F45	9	City Of Norwich AC	00:45:03	822
1254	Danielle	Gilbert	Female	60	FO	43		00:45:04	823
1112	Tim	Dixon	Male	764	MO	530		00:45:04	824
1026	Peter	Brewster	Male	765	M45	56		00:45:05	825
1331	Bradley	Maguire	Male	766	MO	531		00:45:05	826
798	Isabella	Williams	Female	61	FO	44	City Of Norwich AC	00:45:05	827
1113	Beth	Boucher	Female	62	FO	45		00:45:05	828
478	Nick	Wells	Male	767	MO	532		00:45:05	829
721	Allan	Claydon	Male	768	MO	533		00:45:06	830

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1104	Hamish	Mcnicol	Male	769	MO	534		00:45:06	831
1155	Andy	Clitheroe	Male	770	M40	108		00:45:06	832
411	Richard	Lovett	Male	771	M40	109		00:45:06	833
1035	Justin	Dicks	Male	772	M55	24	Tri-Anglia Triathlon Club	00:45:06	834
963	Jonny	Ray	Male	773	M40	110		00:45:06	835
1114	Daniel	Boucher	Male	774	MO	535		00:45:07	836
692	Jason	Peck	Male	775	M50	40	Norfolk Gazelles AC	00:45:07	837
2281	Jason	Goodrum	Male	776	MO	536		00:45:07	838
5433	Chloe	Mcintosh	Female	63	FO	46		00:45:07	839
1283	Mark	Yaxley	Male	777	M40	111		00:45:07	840
1078	Michael	Joyner	Male	778	MO	537		00:45:07	841
1275	Thomas	Brown	Male	779	MO	538		00:45:08	842
972	Robert	Groves	Male	780	M40	112	Reepham Runners	00:45:08	843
1893	Sean	Hall	Male	781	MO	539		00:45:09	844
453	Craig	Davies	Male	782	MO	540		00:45:09	845
1023	Georgie	Manly	Female	64	F40	8	Norfolk Gazelles AC	00:45:10	846
399	Percy	Brown	Male	783	MO	541		00:45:11	847
795	Jonathan	Parfitt	Male	784	MO	542		00:45:11	848
939	James	Clarkson	Male	785	M40	113		00:45:11	849
1285	Mark	Smith	Male	786	M50	41	Wymondham AC	00:45:12	850
891	Matthew	Parkes	Male	787	MO	543		00:45:12	851
2701	Calum	Kerrison	Male	788	MO	544		00:45:13	852
394	James	Grapes	Male	789	MO	545		00:45:14	853
1321	Tom	Livermore	Male	790	MO	546		00:45:15	854
217	Jacob	Wardrop	Male	791	MO	547		00:45:15	855
1564	Graham	Wise	Male	792	MO	548		00:45:16	856
1615	Matthew	Woodrow	Male	793	MO	549		00:45:16	857
80	David	Hinton	Male	794	MO	550		00:45:16	858
1135	Simon	Smith	Male	795	M50	42	North Norfolk Beach Runners	00:45:16	859
2968	Taylor	Anderson	Male	796	MO	551		00:45:17	860
1199	Clare	Sampson	Female	65	FO	47		00:45:17	861
1791	Jordan	Burrage	Male	797	MO	552		00:45:18	862
4159	Aimee	Brosche	Female	66	FO	48		00:45:18	863
452	Lily	Churchyard	Female	67	FO	49		00:45:18	864
1343	Eric	Caasi	Male	798	MO	553		00:45:18	865
1333	Joseph	Gilman	Male	799	M45	57		00:45:18	866
1200	Dan	Hubbard	Male	800	MO	554		00:45:18	867
940	Rich	Lyth	Male	801	MO	555		00:45:19	868
1156	Claire	Mccormick	Female	68	F55	1	City Of Norwich AC	00:45:19	869
1324	Daryl	Earl	Male	802	MO	556		00:45:20	870
1513	Edgar	Fernandez	Male	803	M50	43		00:45:21	871
1559	Patrick	Lloyd	Male	804	MO	557		00:45:21	872
1191	David	Wright	Male	805	M40	114		00:45:22	873
833	Glenn	Orford	Male	806	M55	25	Bungay Black Dog RC	00:45:22	874
1627	Pierre	Delhougne	Male	807	M45	58	Tri-Anglia Triathlon Club	00:45:22	875

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1604	Mal	Hant	Male	808	M45	59		00:45:24	876
390	Matt	Richardson	Male	809	MO	558		00:45:24	877
719	Georgia	Gittins	Female	69	FO	50		00:45:25	878
1918	Jason	Reynolds	Male	810	MO	559		00:45:25	879
618	Joshua	Hill	Male	811	MO	560		00:45:25	880
1430	Alexandra	French	Female	70	F50	2	Norfolk Gazelles AC	00:45:25	881
1138	James	Brown	Male	812	MO	561		00:45:25	882
1345	Joshua	Finch	Male	813	MO	562		00:45:26	883
1665	Brad	Warwick	Male	814	MO	563		00:45:26	884
1099	Lee	Duneclift	Male	815	M45	60		00:45:26	885
822	Christopher	Howard	Male	816	MO	564		00:45:27	886
1009	Gavin	Small	Male	817	M45	61		00:45:27	887
2089	Jonathan	Dingle	Male	818	M40	115		00:45:27	888
472	Will	Alexander	Male	819	MO	565		00:45:28	889
1702	Sinead	Taylor	Female	71	FO	51		00:45:29	890
2886	David	Dickens	Male	820	MO	566		00:45:29	891
1203	Megan	Ward	Female	72	FO	52		00:45:30	892
1386	John	Lee	Male	821	MO	567		00:45:30	893
1057	Ryan	Davenport	Male	822	MO	568		00:45:30	894
1339	Mark	Harper	Male	823	M40	116		00:45:31	895
2711	Craig	Skells	Male	824	MO	569		00:45:31	896
441	Toby	Vendy	Male	825	MO	570	Thetford AC	00:45:31	897
1157	Kevin	Fuller	Male	826	M40	117	Great Yarmouth Road Runners	00:45:32	898
844	Matt	Baldry	Male	827	M50	44	Lowestoft Road Runners	00:45:32	899
895	Matt	Philpot	Male	828	M40	118		00:45:32	900
1129	Skye	Birch	Male	829	M40	119		00:45:32	901
1159	Mossie	Abeysekera	Male	830	MO	571		00:45:33	902
1991	Louis	Turrell	Male	831	MO	572		00:45:33	903
1263	Annie	Draper	Female	73	FO	53		00:45:33	904
1218	Sam	Warren	Male	832	MO	573		00:45:33	905
2643	Dan	White	Male	833	MO	574	Norfolk Gazelles AC	00:45:33	906
1553	Jack	Lain	Male	834	MO	575		00:45:33	907
850	George	Hewkin	Male	835	MO	576		00:45:33	908
837	Paul	Gallop	Male	836	M45	62		00:45:34	909
847	Adam	Bunting	Female	74	F40	9		00:45:34	910
1628	James	Bates	Male	837	M40	120		00:45:34	911
1174	Edward	Gill	Male	838	M50	45		00:45:34	912
1404	Joshua	Woolnough	Male	839	M40	121		00:45:35	913
1541	Michael	Quantrill	Male	840	M55	26	Saint Edmund Pacers	00:45:35	914
474	Sophia	Smith	Female	75	FO	54	City Of Norwich AC	00:45:35	915
1992	Josh	Williamson	Male	841	MO	577		00:45:35	916
1415	Rachel	Jackson	Female	76	F45	10		00:45:35	917
1472	Jonathan	Dickens	Male	842	M65	3		00:45:35	918
1150	Ollie	Wales	Male	843	MO	578		00:45:36	919
1576	Craig	Osben	Male	844	MO	579		00:45:36	920
996	Laura	Parry	Female	77	FO	55	City Of Norwich AC	00:45:37	921

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1674	James	Kennedy Walsh	Male	845	MO	580		00:45:37	922
1542	Thomas	Butler	Male	846	MO	581		00:45:38	923
2420	Will	Quinn	Male	847	MO	582		00:45:38	924
2455	Jake	Amies	Male	848	MO	583		00:45:38	925
2305	Jack	Northwood	Male	849	M40	122		00:45:38	926
808	Christopher	Cann	Male	850	M40	123	Ryston Runners	00:45:39	927
6250	Emily	Ball	Female	78	FO	56		00:45:39	928
637	Murray	Mclennan	Male	851	MO	584		00:45:40	929
991	Melissa	Goodall	Female	79	F40	10	Norwich Road Runners	00:45:40	930
984	Richard	Palmer	Male	852	M40	124		00:45:41	931
729	Craig	Brown	Male	853	MO	585	Waveney Valley AC	00:45:41	932
2056	William	Stoner	Male	854	MO	586		00:45:41	933
786	Paul	Price	Male	855	M60	9	City Of Norwich AC	00:45:42	934
767	Mark	Ogden	Male	856	M55	27		00:45:43	935
119	Gary	Saggers	Male	857	M50	46	Lowestoft Road Runners	00:45:43	936
1172	Frankie	Evans	Male	858	MO	587		00:45:43	937
2090	Maiya	Greenwood	Female	80	FO	57		00:45:43	938
417	David	Crotch	Male	859	M60	10	Norwich Road Runners	00:45:43	939
1217	Eva	Eccles	Female	81	FO	58	Bure Valley Harriers	00:45:44	940
1547	Tom	Bezance	Male	860	M40	125		00:45:45	941
1669	Angela	Ransome	Female	82	F60	1		00:45:45	942
941	Daniel	Lorne	Male	861	M40	126	Lonely Goat RC	00:45:45	943
1198	Ruth	Elsworth	Female	83	FO	59	Norwich Road Runners	00:45:46	944
318	Alex	Brady	Male	862	MO	588		00:45:47	945
1001	Helen	Harper	Female	84	FO	60		00:45:47	946
1123	Terry	Hunter	Male	863	M40	127		00:45:48	947
1807	Clive	Mardon	Male	864	M45	63		00:45:49	948
415	Dan	Goodwin	Male	865	M45	64		00:45:49	949
1620	Benjamin	Burgess	Male	866	M45	65		00:45:50	950
677	Will	Johnson	Male	867	M45	66		00:45:51	951
5012	Timothy	Bartram	Male	868	MO	589		00:45:51	952
1642	Tyrone	Young	Male	869	M40	128		00:45:52	953
1027	Joe	Jackson	Male	870	MO	590		00:45:53	954
1678	Sophie	James	Female	85	FO	61		00:45:53	955
708	Eddie	Warren	Male	871	MO	591		00:45:54	956
2553	Sophie	West	Female	86	F40	11		00:45:54	957
668	Nathan	Ackroyd	Male	872	MO	592		00:45:54	958
1653	Hayden	Marjoram	Male	873	MO	593		00:45:54	959
1407	Craig	Edwards	Male	874	M40	129		00:45:55	960
2700	Eve	Chadwick	Female	87	FO	62		00:45:56	961
2297	Richard	Cornelius	Male	875	M50	47		00:45:57	962
925	James	Buckingham	Male	876	MO	594		00:45:57	963
641	Felicity	Quinn	Female	88	FO	63		00:45:57	964
724	Oliver	Forkes	Male	877	MO	595		00:45:58	965
1059	Andrew	Buck	Male	878	M45	67		00:45:58	966

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
871	Alison	Armstrong	Female	89	F40	12	Wymondham AC	00:45:58	967
1676	Colin	Fish	Male	879	M60	11	Norfolk Gazelles AC	00:45:59	968
1167	Leo	Whitmore	Male	880	MO	596		00:46:00	969
720	Catriona	Bowen	Female	90	FO	64		00:46:00	970
1364	Alex	Jaffrey	Male	881	MO	597		00:46:00	971
2235	Katie	Lingwood	Female	91	FO	65		00:46:00	972
1645	Antony	Fairclough	Male	882	M40	130		00:46:01	973
2761	Robert	Chappel	Male	883	M40	131		00:46:02	974
1759	Liam	Payne	Male	884	M40	132		00:46:04	975
1424	Sarah	Stubbs	Female	92	F50	3	City Of Norwich AC	00:46:04	976
921	Mark	Bircham	Male	885	M40	133		00:46:05	977
2139	Archie	Harris-joy	Male	886	MO	598		00:46:05	978
1047	Lisa	Greengrass	Female	93	F45	11	Wymondham AC	00:46:05	979
1578	Tom	Howe	Male	887	MO	599		00:46:06	980
1274	Michael	Fleckney	Male	888	MO	600		00:46:06	981
287	Minnie	Andrews	Female	94	FO	66	City Of Norwich AC	00:46:06	982
1006	James	Chaplin	Male	889	M40	134		00:46:06	983
989	Sam	Patterson	Male	890	MO	601		00:46:07	984
834	Kate	Gooding	Female	95	F45	12	Wymondham AC	00:46:07	985
942	Scott	Bemment	Male	891	M50	48	Clapham Chasers	00:46:07	986
1029	Mark	Bloomfield	Male	892	M55	28		00:46:08	987
3061	George	Couzens	Male	893	MO	602		00:46:09	988
2779	Eve	Williams	Female	96	FO	67		00:46:09	989
1291	Mark	Willeard	Male	894	M55	29		00:46:09	990
820	Joe	Forshaw	Male	895	MO	603		00:46:09	991
1539	Jack	Gibson	Male	896	MO	604		00:46:10	992
1065	Benjamin	Smither	Male	897	M45	68		00:46:10	993
376	Shaun	Braybrook	Male	898	M40	135	Wymondham AC	00:46:10	994
2094	Edward	Brown	Male	899	MO	605		00:46:10	995
1924	Thomas	Clements	Male	900	MO	606		00:46:11	996
2471	George	Shiplee	Male	901	MO	607		00:46:11	997
1384	Ian	Parsons	Male	902	M40	136		00:46:11	998
624	George	Trett	Male	903	MO	608	Arete Run Club	00:46:13	999
1565	Peter	Aldred	Male	904	M50	49		00:46:13	1000
912	Rob	Feast	Male	905	M50	50		00:46:13	1001
928	Aaron	Roberts	Male	906	MO	609		00:46:13	1002
1528	Josh	Moore	Male	907	MO	610		00:46:13	1003
1626	Tom	Worley	Male	908	MO	611		00:46:14	1004
772	Daniel	Stocks	Male	909	MO	612	Saint Edmund Pacers	00:46:14	1005
1999	Helen	Allman	Female	97	F50	4	Harleston Running Club	00:46:14	1006
1664	Robbie	Seaman	Male	910	M50	51		00:46:14	1007
1244	Jonny	Wilson	Male	911	M45	69		00:46:14	1008
1562	Michael	Woods	Male	912	M40	137		00:46:14	1009
2148	Thomas	Brown	Male	913	MO	613		00:46:15	1010
1269	Sam	Chick	Male	914	MO	614		00:46:15	1011

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1190	Rowland	Holmes	Male	915	M55	30		00:46:16	1012
1463	Sevara	Marshall	Female	98	FO	68		00:46:17	1013
256	Scottie	Bruce	Male	916	M40	138	Lowestoft Road Runners	00:46:19	1014
4507	David	Thomas	Male	917	M40	139	Reepham Runners	00:46:19	1015
882	Matt	Wickham	Male	918	M40	140		00:46:19	1016
1175	Sacha	Thomas	Female	99	FO	69	City Of Norwich AC	00:46:20	1017
1538	Sam	Hodgson	Male	919	M40	141		00:46:20	1018
195	Aston	Martin	Male	920	MO	615		00:46:22	1019
689	Benjamin	Rout	Male	921	MO	616		00:46:22	1020
1625	James	Hodgson	Male	922	MO	617		00:46:22	1021
2819	Callum	Taylor	Male	923	MO	618		00:46:22	1022
2729	Chris	Carman	Male	924	MO	619		00:46:22	1023
1410	Dominic	Dozier	Male	925	MO	620	Arete Run Club	00:46:22	1024
2110	James	Brown	Male	926	M40	142		00:46:23	1025
2845	Rebecca	Willis	Female	100	FO	70		00:46:23	1026
1179	Matt	Watts	Male	927	MO	621		00:46:24	1027
2905	Neil	Osborne	Male	928	M45	70		00:46:24	1028
1824	Greg	Sharples	Male	929	M40	143		00:46:24	1029
1162	Ben	Liddiard	Male	930	MO	622		00:46:25	1030
1507	Lewis	Long	Male	931	MO	623	Alchester Running Club	00:46:25	1031
1327	Thomas	English	Male	932	M40	144		00:46:25	1032
1673	Ed	Carman	Male	933	M55	31		00:46:25	1033
1411	Daniel	Haselwood	Male	934	MO	624		00:46:25	1034
964	Johnathan	Lincoln	Male	935	M50	52		00:46:26	1035
655	Jamie	Wood	Male	936	MO	625		00:46:26	1036
1176	Jordon	King	Male	937	MO	626		00:46:26	1037
938	Mark	Theobald	Male	938	MO	627		00:46:26	1038
2183	Matt	Windle	Male	939	M55	32		00:46:27	1039
1998	Catherine	Henery	Female	101	F60	2	City Of Norwich AC	00:46:27	1040
732	Jack	Sutton	Male	940	MO	628		00:46:27	1041
855	James	Hill	Male	941	M40	145	Bure Valley Harriers	00:46:27	1042
460	Matt	Grix	Male	942	MO	629		00:46:28	1043
181	Marcus	Jolly	Male	943	MO	630		00:46:28	1044
3244	Matthew	Wilson	Male	944	MO	631		00:46:29	1045
1080	Tim	Smith	Male	945	M65	4		00:46:29	1046
1567	Jon	Shooter	Male	946	M50	53	Norwich Road Runners	00:46:29	1047
304	Rob	Riley	Male	947	MO	632		00:46:30	1048
1977	Ian	Arrowsmith	Male	948	M40	146		00:46:30	1049
1440	Kayley	Boreham	Female	102	FO	71	Road Runners Club	00:46:31	1050
1568	Patrick	Oldman	Male	949	MO	633		00:46:31	1051
867	Tommy	Salmon	Male	950	MO	634		00:46:31	1052
1196	Sean	Reeve	Male	951	M55	33	Harleston Running Club	00:46:31	1053
2342	Sam	Palmer	Male	952	MO	635		00:46:32	1054
1681	Camilla	Hardy	Female	103	FO	72		00:46:32	1055
1250	Ross	Gill	Male	953	MO	636		00:46:33	1056

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1450	Adam	Mcphee	Male	954	M40	147		00:46:33	1057
1390	Ross	Catchpole	Male	955	MO	637		00:46:33	1058
2354	Ben	Wall	Male	956	MO	638		00:46:34	1059
2587	Mark	Cooper	Male	957	MO	639		00:46:35	1060
311	David	Tayler	Male	958	MO	640		00:46:35	1061
1751	Oliver	Harman-howes	Male	959	MO	641		00:46:36	1062
412	Sebastian	Lambert	Male	960	MO	642		00:46:36	1063
1557	Andrew	Douglas	Male	961	MO	643		00:46:36	1064
1967	Barnaby	Macdonald	Male	962	MO	644		00:46:36	1065
1180	Jack	Cheung	Male	963	M50	54		00:46:36	1066
1512	Mark	Andrews	Male	964	M55	34	Lonely Goat RC	00:46:37	1067
1531	Eloise	Peek	Female	104	FO	73	Wymondham AC	00:46:37	1068
1038	Liam	Clews	Male	965	MO	645		00:46:37	1069
1177	Dick	Cheung	Male	966	M50	55		00:46:37	1070
910	Jack	Taylor	Male	967	MO	646		00:46:37	1071
1002	Daniel	Lubbock	Male	968	MO	647		00:46:38	1072
1262	Mike	Hawkes	Male	969	MO	648		00:46:38	1073
922	Alfred	Tyrrell	Male	970	MO	649		00:46:39	1074
1616	Oliver	Whitehouse	Male	971	MO	650		00:46:39	1075
2172	Lauren	Hilton-taylor	Female	105	FO	74		00:46:39	1076
906	Philip	Caley	Male	972	M45	71	Norfolk Gazelles AC	00:46:40	1077
1373	Marc	Grady	Male	973	M40	148	Norwich Road Runners	00:46:40	1078
2073	Ben	Bussens	Male	974	MO	651		00:46:40	1079
3173	Shaun	Crane	Male	975	MO	652		00:46:40	1080
2712	Jake	Canning	Male	976	MO	653		00:46:40	1081
1522	Jamie	Schweigart	Male	977	MO	654		00:46:41	1082
1506	Nicky	Long	Female	106	FO	75	Alchester Running Club	00:46:41	1083
3233	Kirsty	Daniels	Female	107	FO	76		00:46:41	1084
544	Gavin	Symonds	Male	978	M40	149		00:46:41	1085
1687	Emily	Savage	Female	108	F40	13		00:46:42	1086
701	Matthew	Tungate	Male	979	MO	655		00:46:42	1087
1441	Karl	Steward	Male	980	M50	56		00:46:44	1088
1365	Joe	Palmer	Male	981	M45	72		00:46:44	1089
1740	David	Saunders	Male	982	MO	656		00:46:44	1090
1228	Emma	Wilcock	Female	109	FO	77		00:46:44	1091
1021	Matthew	Rowe	Male	983	M40	150		00:46:45	1092
1010	Mark	Townsend	Male	984	M55	35	Norwich Road Runners	00:46:45	1093
919	Brendan	Scott	Male	985	MO	657		00:46:45	1094
913	Gary	Collins	Male	986	M45	73		00:46:45	1095
1663	Ian	Minns	Male	987	M45	74		00:46:46	1096
1299	Nigel	Smith	Male	988	M55	36		00:46:47	1097
1372	Carlos	Nodar	Male	989	M50	57		00:46:47	1098
1898	Lily	Tayler	Female	110	FO	78		00:46:47	1099
1832	Duane	Thompson	Male	990	M40	151		00:46:47	1100
1456	Farin	Deeba	Male	991	M40	152		00:46:48	1101
3405	Morgan	Laskey	Male	992	MO	658		00:46:48	1102

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1153	Daren	Peacock	Male	993	M55	37	Brandon Fern Hoppers	00:46:48	1103
997	Tim	Seely	Male	994	M40	153		00:46:49	1104
569	Matthew	Hosier	Male	995	MO	659		00:46:49	1105
2976	Tom	Dunning	Male	996	MO	660		00:46:50	1106
1641	Stephen	Drake	Male	997	MO	661		00:46:50	1107
3301	Aidan	Taylor	Male	998	MO	662		00:46:50	1108
3331	Luis	Wilkinson	Male	999	MO	663		00:46:51	1109
1705	Joe	Shailes	Male	1000	M40	154		00:46:51	1110
1624	Oliver	Higham	Male	1001	MO	664		00:46:52	1111
2624	Zoe	Pruce	Female	111	FO	79		00:46:52	1112
1316	Laurence	Hinton	Male	1002	MO	665	Norwich Road Runners	00:46:53	1113
1555	Liam	Wilson	Male	1003	MO	666		00:46:53	1114
1831	Kahlan	Sannerude	Male	1004	MO	667		00:46:53	1115
2496	Elliott	Dawes	Male	1005	M40	155		00:46:54	1116
1981	Christopher	Parsons	Male	1006	M40	156		00:46:54	1117
1081	Andy	Palmer	Male	1007	M60	12	Norwich Road Runners	00:46:54	1118
814	Richard	Crewe	Male	1008	M50	58	Thetford AC	00:46:55	1119
959	Shaun	Conway	Male	1009	M60	13		00:46:55	1120
935	Katherine	Woods	Female	112	FO	80	Norwich Road Runners	00:46:55	1121
1449	Iain	Scofield	Male	1010	M45	75		00:46:56	1122
2048	Danny	Saunders	Male	1011	M50	59	Bungay Black Dog RC	00:46:57	1123
896	Kevin	Powles	Male	1012	M55	38	Wymondham AC	00:46:58	1124
469	Christian	Harding	Male	1013	MO	668		00:46:58	1125
2676	Dylan	Nicholson	Male	1014	MO	669		00:46:58	1126
1356	Stuart	Hardy	Male	1015	M45	76		00:46:59	1127
443	Lee	Frost	Male	1016	MO	670		00:46:59	1128
1639	Jon	Dodds	Male	1017	M45	77		00:47:00	1129
904	Robyn	Macrae	Female	113	FO	81		00:47:00	1130
1194	Sam	Skitttrall	Male	1018	MO	671		00:47:01	1131
1144	Jamie	Carter	Male	1019	MO	672		00:47:01	1132
1723	Tom	Mayes	Male	1020	M40	157		00:47:02	1133
661	Dillon	Alexander	Male	1021	MO	673		00:47:02	1134
364	David	Grealy	Male	1022	MO	674	Hyde Park Harriers	00:47:02	1135
5014	Neil	Green	Male	1023	MO	675		00:47:02	1136
1460	Richard	Manington	Male	1024	MO	676		00:47:02	1137
1214	Daniel	Mitchelmore	Male	1025	MO	677		00:47:02	1138
2741	Brett	Hadley	Male	1026	M40	158		00:47:03	1139
977	Adam	Northcut	Male	1027	M40	159		00:47:03	1140
947	Paul	Doswell	Male	1028	M45	78		00:47:04	1141
3191	Nick	Marsham	Male	1029	M45	79		00:47:04	1142
526	Gary	Etherington	Male	1030	M40	160		00:47:04	1143
946	Jason	Sparkes	Male	1031	M45	80	Lonely Goat RC	00:47:05	1144
3582	Gary	Peek	Male	1032	M60	14		00:47:05	1145
1609	Jacob	Malone	Male	1033	M45	81		00:47:05	1146
1894	James	Beech	Male	1034	MO	678		00:47:06	1147
1552	Gill	Wigley	Female	114	F50	5		00:47:07	1148

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1588	Scott	Allen	Male	1035	M40	161		00:47:07	1149
815	Spencer	Hunt	Male	1036	MO	679		00:47:08	1150
3879	Dan	Doherty	Male	1037	MO	680		00:47:08	1151
5047	Chelsea	Scothern	Female	115	FO	82		00:47:08	1152
2179	Carly	Meiszner	Female	116	FO	83		00:47:09	1153
2800	James	Kent	Male	1038	M40	162		00:47:09	1154
1755	Gemma	Johnson	Female	117	FO	84		00:47:10	1155
3400	Jack	Paternoster	Male	1039	MO	681		00:47:10	1156
2175	Andrew	Small	Male	1040	M40	163		00:47:11	1157
203	Dan	Seagrove	Male	1041	MO	682		00:47:11	1158
1455	Holly	Hudson	Female	118	FO	85		00:47:11	1159
713	Georgia	Dale	Female	119	FO	86		00:47:11	1160
1383	Jack	Edwards	Male	1042	MO	683		00:47:13	1161
1761	Jessica	Hood	Female	120	FO	87		00:47:13	1162
1594	Marcus	Wiseman	Male	1043	MO	684		00:47:14	1163
2104	Adam	Waters	Male	1044	MO	685		00:47:14	1164
4653	Carl	Barron	Male	1045	MO	686		00:47:14	1165
2821	Lee	Cardnell	Male	1046	MO	687		00:47:14	1166
1680	Patryk	Golebiowski	Male	1047	MO	688		00:47:15	1167
2200	Max	Jeffery	Male	1048	MO	689		00:47:16	1168
1052	Matt	Bradshaw	Male	1049	MO	690		00:47:16	1169
72	Rory	Adams	Male	1050	MO	691		00:47:16	1170
968	Gareth	Thomas	Male	1051	MO	692		00:47:16	1171
993	Mark	Rutterford	Male	1052	M40	164		00:47:16	1172
1783	Kerrie	Lingwood	Female	121	FO	88	Aylsham Runners	00:47:17	1173
1715	Luke	Townshend	Male	1053	M45	82		00:47:17	1174
1414	Chris	Paris	Male	1054	M45	83		00:47:17	1175
1602	Callum	Cooper	Male	1055	MO	693		00:47:18	1176
3749	Hannah	De Selincourt	Female	122	FO	89		00:47:18	1177
1039	Alex	Mills	Male	1056	M40	165		00:47:18	1178
1670	Simon	Hawken	Male	1057	M45	84		00:47:18	1179
1466	James	Steer	Male	1058	MO	694		00:47:18	1180
2475	Christopher	Blowers	Male	1059	MO	695		00:47:19	1181
1497	David	Cowcher	Male	1060	MO	696		00:47:19	1182
1185	Jayden	Lews	Male	1061	MO	697		00:47:19	1183
4987	Milan	Palmer	Male	1062	MO	698		00:47:19	1184
2486	Lloyd	Douglas	Male	1063	M40	166		00:47:19	1185
2565	Charlotte	Powell	Female	123	FO	90	Waveney Valley AC	00:47:20	1186
1350	Ben	Tungate	Male	1064	MO	699		00:47:20	1187
1060	Emma	Hewkin	Female	124	FO	91		00:47:20	1188
1532	Steve	Barkey	Male	1065	M60	15		00:47:20	1189
3718	Jody	Lawrence	Male	1066	MO	700		00:47:21	1190
2772	Ben	Olive	Male	1067	MO	701		00:47:21	1191
3229	Brandon	Abel	Male	1068	MO	702		00:47:21	1192
848	Charles	Ohsten	Male	1069	MO	703	Stowmarket Striders RC	00:47:21	1193
1700	Alex	New	Male	1070	M50	60		00:47:21	1194
1408	Nick	Smith	Male	1071	MO	704		00:47:22	1195
1046	Ralph	Cox	Male	1072	M40	167	Arete Run Club	00:47:22	1196

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1019	Chloe	Webster	Female	125	FO	92	Norwich Road Runners	00:47:22	1197
248	Alex	Chapman	Male	1073	MO	705	Diss and District AC	00:47:22	1198
2095	Shaun	Wright	Male	1074	MO	706		00:47:23	1199
2578	Robin	Clarke	Male	1075	MO	707		00:47:23	1200
1354	Chris	Gill	Male	1076	MO	708		00:47:23	1201
1591	Justin	Gray	Male	1077	M50	61		00:47:23	1202
3346	Cameron	Shropshire	Male	1078	MO	709		00:47:23	1203
635	Sarah	Crockett	Female	126	FO	93	Fulham Running Club	00:47:24	1204
1096	Sacha	Hill	Female	127	F40	14		00:47:24	1205
2357	Katie	Allan	Female	128	F40	15		00:47:24	1206
1490	Liam	Scorer	Male	1079	MO	710	Thetford AC	00:47:24	1207
1335	Adam	Bevington	Male	1080	M45	85	Norfolk Gazelles AC	00:47:25	1208
2902	Sam	Hubbard	Male	1081	MO	711		00:47:25	1209
1295	Maximus	Sargeant	Male	1082	MO	712		00:47:25	1210
2625	Francis	Turner	Male	1083	M40	168		00:47:25	1211
1556	Brett	Cornish	Male	1084	M50	62		00:47:26	1212
4275	Oran	Smith	Male	1085	MO	713		00:47:26	1213
2205	Dom	Copping	Male	1086	M50	63		00:47:26	1214
1777	Austin	Spence	Male	1087	M45	86		00:47:26	1215
1007	Zachary	Alexander	Male	1088	MO	714		00:47:27	1216
3742	Daniel	Littleboy	Male	1089	M45	87		00:47:27	1217
1028	Ben	Gowing	Male	1090	MO	715		00:47:27	1218
2237	Miles	Riches	Male	1091	MO	716		00:47:27	1219
6331	Charly	Willis	Female	129	FO	94		00:47:27	1220
1293	Keith	Walpole	Male	1092	M50	64	Lonely Goat RC	00:47:27	1221
1374	Steve	Blomfield	Male	1093	M60	16		00:47:28	1222
4378	Tom	Kelly	Male	1094	MO	717		00:47:28	1223
936	Olly	Farrow	Male	1095	M40	169	Norfolk Harriers RC	00:47:28	1224
288	Neil	Walpole	Male	1096	M55	39	City Of Norwich AC	00:47:28	1225
2378	Matt	Baisley	Male	1097	MO	718		00:47:28	1226
1311	Olivia	Button	Female	130	FO	95		00:47:28	1227
2024	Ian	Hawkes	Male	1098	M65	5	Waveney Valley AC	00:47:29	1228
1148	Richard	Huggins	Male	1099	M45	88		00:47:29	1229
3596	Jack	Williams Dodd	Male	1100	M45	89		00:47:29	1230
1020	Jack	Camplin	Male	1101	M45	90		00:47:29	1231
2045	Leo	Blyth	Male	1102	M45	91	Norfolk Harriers RC	00:47:29	1232
2301	Hazel	Saddington	Female	131	FO	96		00:47:30	1233
7812	James	Taylor-jansens	Male	1103	MO	719		00:47:32	1234
1133	David	Siddall	Male	1104	MO	720		00:47:33	1235
1074	Jon	Rowden	Male	1105	M55	40		00:47:33	1236
3746	Lucy	Brazier	Female	132	FO	97	City Of Norwich AC	00:47:33	1237
2144	Alex	Jarvis	Male	1106	MO	721		00:47:33	1238
2813	Scott	Smerdon	Male	1107	MO	722		00:47:33	1239
277	Nathan	Mason	Male	1108	MO	723		00:47:34	1240

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2693	Lucy	Mcdowie	Female	133	F45	13	Ryston Runners	00:47:34	1241
446	Adam	Paice	Male	1109	MO	724		00:47:35	1242
2198	Ross	Chapman	Male	1110	M40	170		00:47:35	1243
554	Stephen	Hough	Male	1111	M40	171		00:47:35	1244
3739	Hansa	Tote	Female	134	FO	98		00:47:36	1245
1720	Matthew	White	Male	1112	M40	172		00:47:36	1246
759	Jodhie	Mccourt	Female	135	FO	99	Norwich Road Runners	00:47:36	1247
2202	Luke	Croucher	Male	1113	MO	725		00:47:36	1248
1239	Amelia	Whiting	Female	136	F45	14		00:47:37	1249
1318	John	Mcilroy	Male	1114	MO	726		00:47:37	1250
1767	Andrew	Charge	Male	1115	M50	65	Great Yarmouth Road Runners	00:47:37	1251
2468	Matt	Westbury-jones	Male	1116	MO	727		00:47:37	1252
3295	Ian	Archer	Male	1117	M55	41		00:47:37	1253
1315	Paul	Pitcher	Male	1118	M60	17	Waveney Valley AC	00:47:38	1254
3035	Alex	George	Male	1119	M40	173		00:47:38	1255
1352	Lewis	Rodgers	Male	1120	MO	728		00:47:39	1256
1265	Joel	Shippey	Male	1121	M45	92		00:47:39	1257
1558	Matthew	Stocks	Male	1122	MO	729		00:47:39	1258
2136	Tim	Downs	Male	1123	MO	730		00:47:39	1259
727	Harry	Burwood	Male	1124	MO	731		00:47:40	1260
1419	Ellie	Glover	Female	137	FO	100		00:47:40	1261
957	Marc	Huggins	Male	1125	M55	42		00:47:40	1262
734	Teddy	Philippo	Male	1126	MO	732	Chichester Runners & AC	00:47:40	1263
1484	Rhys	Vertigans	Male	1127	MO	733		00:47:41	1264
1068	Hayley	Knights	Female	138	FO	101		00:47:41	1265
2572	James	Whelan	Male	1128	MO	734		00:47:42	1266
1170	Louis	Brown	Male	1129	MO	735		00:47:42	1267
1631	Matthew	Wright	Male	1130	MO	736		00:47:42	1268
1069	Lewis	Fowler	Male	1131	MO	737		00:47:43	1269
1309	Mark	Adams	Male	1132	M50	66	Norwich Road Runners	00:47:43	1270
2190	Lucinda	Bullimore	Female	139	F40	16	Norfolk Harriers RC	00:47:43	1271
704	Nathan	Oldman	Male	1133	MO	738		00:47:43	1272
3199	Tony	Beales	Male	1134	M60	18	Wymondham AC	00:47:44	1273
658	Dean	Burrage	Male	1135	MO	739	City Of Norwich AC	00:47:44	1274
894	E E Manuel	Nicolaus	Male	1136	M40	174	Lowestoft Road Runners	00:47:44	1275
2218	Iain	Hill	Male	1137	M45	93		00:47:44	1276
4880	Charlotte	Ives	Female	140	FO	102		00:47:45	1277
1734	Tom	Moore	Male	1138	MO	740		00:47:45	1278
897	Nathan	West	Male	1139	MO	741		00:47:45	1279
2169	Rich	Knight	Male	1140	M45	94		00:47:45	1280
2125	Max	Storer	Male	1141	MO	742		00:47:46	1281
387	Sam	Drane	Male	1142	MO	743		00:47:46	1282
9413	Philip	Quantrill	Male	1143	M50	67	Great Yarmouth Road Runners	00:47:46	1283

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1439	Andrew	Leggett	Male	1144	M45	95		00:47:46	1284
667	Katy	Dickinson	Female	141	FO	103		00:47:46	1285
1382	Maisie	Chadwick	Female	142	FO	104		00:47:47	1286
1584	Benjamin	Mccabe	Male	1145	MO	744		00:47:48	1287
358	Kraig	Cole	Male	1146	MO	745	Tri-Anglia Triathlon Club	00:47:48	1288
1071	Millie	Hanner	Female	143	FO	105	Bungay Black Dog RC	00:47:48	1289
2366	Finn	Mcdonnell	Male	1147	MO	746		00:47:49	1290
4821	Andy	Wolfe	Male	1148	M50	68	Norwich Road Runners	00:47:49	1291
5136	Claire	Wiggs	Female	144	FO	106		00:47:49	1292
1785	Ed	Clough	Male	1149	MO	747		00:47:49	1293
1765	Sam	Morton	Male	1150	MO	748		00:47:50	1294
3209	Ami	Reynolds	Female	145	FO	107		00:47:50	1295
4704	Holly	Hayward	Female	146	FO	108		00:47:51	1296
1534	Jake	Lawrence	Male	1151	MO	749		00:47:52	1297
1090	Craig	Rush	Male	1152	MO	750		00:47:52	1298
1922	Andy	Pomfret	Male	1153	M45	96		00:47:52	1299
2684	Paul	Smith	Male	1154	M55	43		00:47:52	1300
1714	Luke	Brewer	Male	1155	MO	751		00:47:52	1301
1770	George	Pigott	Male	1156	MO	752		00:47:53	1302
884	Kris	Hart	Male	1157	M40	175		00:47:53	1303
926	Rory	Hill	Male	1158	MO	753	Norfolk Gazelles AC	00:47:53	1304
1462	Sam	Nicholls	Male	1159	MO	754		00:47:53	1305
1830	Joel	English	Male	1160	MO	755		00:47:54	1306
1701	Emma	Bolderstone	Female	147	FO	109		00:47:54	1307
4276	Callum	Perry	Male	1161	MO	756		00:47:54	1308
1225	Darrell	Oldman	Male	1162	M60	19	Bungay Black Dog RC	00:47:54	1309
1209	Nathan	Edwards	Male	1163	MO	757		00:47:54	1310
1970	Paul	Lilburn	Male	1164	MO	758		00:47:55	1311
2776	Billy	Monsey	Male	1165	MO	759		00:47:55	1312
1732	Billy	Ledain	Male	1166	MO	760		00:47:55	1313
522	Jordan	Grodecki	Male	1167	MO	761		00:47:55	1314
2832	Kieran	Locke	Male	1168	MO	762		00:47:55	1315
395	Alistair	Shearer	Male	1169	M40	176		00:47:55	1316
4015	Jordan	Horne	Male	1170	MO	763		00:47:56	1317
1657	Gregory	Day	Male	1171	MO	764		00:47:56	1318
1633	Tom	Betts	Male	1172	MO	765		00:47:56	1319
2410	Ruby	Greenhalf	Female	148	FO	110		00:47:56	1320
6182	Jordan	Rose	Male	1173	MO	766		00:47:56	1321
596	Nick	Richards	Male	1174	M50	69		00:47:56	1322
2266	Patrick	Croghan	Male	1175	MO	767		00:47:57	1323
2355	Tom	Bailey	Male	1176	M45	97		00:47:57	1324
2130	Neil John	Cadang	Male	1177	MO	768		00:47:57	1325
1736	Mark	Appleton	Male	1178	MO	769		00:47:57	1326
5143	Kerry	Ecroyd	Female	149	FO	111		00:47:57	1327
875	Andrew	Woods	Male	1179	M45	98		00:47:58	1328
1438	Carl	Sitch	Male	1180	MO	770		00:47:58	1329
2617	Hannah	Lane	Female	150	FO	112		00:47:58	1330

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2817	Will	Tregay	Male	1181	MO	771		00:47:58	1331
975	Craig	Mccann	Male	1182	M40	177		00:47:58	1332
2680	Ashley	Neave	Male	1183	MO	772		00:47:59	1333
1900	Zak	Martin	Male	1184	MO	773		00:47:59	1334
2816	Aaron	Williams	Male	1185	MO	774		00:47:59	1335
2259	Jordan	English	Male	1186	MO	775		00:47:59	1336
1003	Liam	O'reilly	Male	1187	MO	776		00:47:59	1337
1016	James	Tinsey	Male	1188	MO	777		00:47:59	1338
597	Nathan	Moore	Male	1189	MO	778		00:47:59	1339
1251	Kerry	Robertson	Female	151	FO	113		00:48:00	1340
2059	Tom	Butler	Male	1190	M50	70		00:48:01	1341
976	Chris	Linehan	Male	1191	M40	178		00:48:01	1342
1139	Stuart	Thompson	Male	1192	M50	71		00:48:01	1343
761	Danny	Burton	Male	1193	M40	179		00:48:01	1344
2250	Jake	Tuley	Male	1194	MO	779		00:48:01	1345
3584	Brad	Butler	Male	1195	MO	780		00:48:02	1346
5228	Scott	Hansen	Male	1196	MO	781		00:48:02	1347
3672	Chris	Rockett	Male	1197	M60	20		00:48:02	1348
1960	John	Durrant	Male	1198	M50	72	FORDY RUNS Running Club	00:48:03	1349
2719	Emily	Evans	Female	152	F45	15		00:48:03	1350
3283	Luke	Marden	Male	1199	MO	782		00:48:03	1351
2300	James	Reeve	Male	1200	MO	783		00:48:03	1352
237	Tom	Leeder	Male	1201	MO	784		00:48:03	1353
1644	Luke	Gibson	Male	1202	MO	785		00:48:03	1354
1630	Samuel James Michael	Betts	Male	1203	MO	786		00:48:04	1355
1618	Gareth	Joubert	Male	1204	MO	787		00:48:04	1356
3176	Daniel	Jackman	Male	1205	M45	99		00:48:04	1357
2629	Timothy	Nutting	Male	1206	MO	788		00:48:04	1358
1769	Elli	Gipson	Female	153	FO	114		00:48:04	1359
1656	Ray	Hunt	Male	1207	MO	789		00:48:05	1360
2340	Sharna	Tate	Female	154	FO	115		00:48:06	1361
620	Tom	Barker	Male	1208	MO	790		00:48:06	1362
2864	Steven	Cory	Male	1209	MO	791		00:48:06	1363
1511	Matthew	Taylor	Male	1210	M40	180		00:48:06	1364
236	Alex	Walpole	Male	1211	MO	792	North Norfolk Beach Runners	00:48:06	1365
1822	Emma	Jay	Female	155	F40	17		00:48:07	1366
932	Lloyd	Perfitt	Male	1212	MO	793		00:48:07	1367
1793	Robert	Fenn	Male	1213	MO	794		00:48:07	1368
908	Tom	Larby	Male	1214	MO	795		00:48:08	1369
2566	Lindsey	Kane	Female	156	FO	116		00:48:08	1370
1521	Rob	Hall	Male	1215	M60	21	Bungay Black Dog RC	00:48:08	1371
2086	Chrissy	Bulling	Female	157	F40	18		00:48:08	1372
2796	Craig	Blakemore	Male	1216	M40	181		00:48:08	1373
2554	Peter	Fox	Male	1217	M65	6		00:48:09	1374
2018	Max	Rumsey	Male	1218	MO	796		00:48:09	1375
2261	Matthew	Smith-howell	Male	1219	MO	797		00:48:09	1376
2251	Chris	Goreham	Male	1220	M40	182		00:48:09	1377

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
292	Brendan	Burke	Male	1221	MO	798		00:48:09	1378
1328	Macaulay	King	Male	1222	MO	799		00:48:09	1379
1592	Rhys	Medlar	Male	1223	MO	800		00:48:10	1380
192	Scip	Lowson	Male	1224	MO	801		00:48:10	1381
801	Ruth	Chadwick	Female	158	F55	2	Ryston Runners	00:48:10	1382
1480	Richard	Hazleton	Male	1225	M40	183		00:48:10	1383
1481	Andrew	Weston	Male	1226	MO	802		00:48:10	1384
2717	William	Durrant	Male	1227	M40	184		00:48:10	1385
2826	Camille	Davila	Female	159	F45	16		00:48:10	1386
1501	Paul	Durrant	Male	1228	M50	73	Norfolk Gazelles AC	00:48:10	1387
1953	Robert	Banford	Male	1229	M40	185		00:48:10	1388
961	Louis	Moore	Male	1230	MO	803		00:48:11	1389
2051	Chris	Parke	Male	1231	M55	44		00:48:11	1390
2642	Michel	Bolaboto	Male	1232	MO	804		00:48:11	1391
810	Kelly	Burchett	Female	160	FO	117	Great Yarmouth Road Runners	00:48:11	1392
683	Martin	Scothern	Male	1233	M60	22	Dereham Runners AC	00:48:12	1393
1442	Daniel	Cornish	Male	1234	M40	186		00:48:12	1394
1677	Emily	Woodfield	Female	161	F45	17		00:48:12	1395
2943	Jake	Champion	Male	1235	MO	805	City Of Norwich AC	00:48:12	1396
2904	Tom	Cowan	Male	1236	MO	806	City Of Norwich AC	00:48:12	1397
1500	Reuben	Noller	Male	1237	MO	807		00:48:12	1398
1683	Rhianna	Robinson	Female	162	FO	118		00:48:13	1399
1334	Paolo	De Marco	Male	1238	M65	7	Norfolk Gazelles AC	00:48:13	1400
2010	Jake	Elliott	Male	1239	MO	808		00:48:14	1401
688	Samuel	Sadd	Male	1240	MO	809		00:48:14	1402
2448	Ed	Orchin	Male	1241	M40	187		00:48:14	1403
6968	Jasper	Valpied	Male	1242	MO	810		00:48:16	1404
2740	Erin	Chapman	Female	163	FO	119		00:48:16	1405
2805	Lewis	Hambly	Male	1243	MO	811		00:48:16	1406
437	Kal	Hussain	Male	1244	MO	812		00:48:16	1407
1094	Kirsten	Trenavin-bod y	Female	164	FO	120		00:48:17	1408
4472	Michael	Bullimore	Male	1245	MO	813		00:48:17	1409
2225	James	Smith	Male	1246	M45	100		00:48:18	1410
1083	James	Cooper	Male	1247	M40	188		00:48:18	1411
259	Jason	Corner	Male	1248	M50	74	City Of Norwich AC	00:48:20	1412
1811	Edward	Brightwell	Male	1249	MO	814		00:48:20	1413
86	James	Howes	Male	1250	M50	75		00:48:20	1414
1607	James	Rayner	Male	1251	M40	189	Norwich Road Runners	00:48:20	1415
1289	Carl	Shipee	Male	1252	MO	815		00:48:20	1416
1489	David	Graham	Male	1253	M50	76		00:48:21	1417
1778	Dean	Hawkins	Male	1254	M40	190	Bure Valley Harriers	00:48:21	1418
1058	Greg	Ward	Male	1255	M55	45	Norwich Road Runners	00:48:21	1419
629	Daryl	London	Male	1256	M45	101		00:48:21	1420

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1073	Neil	Bunnage	Male	1257	M60	23	Norwich Road Runners	00:48:21	1421
1647	Heidi	Teixeira	Female	165	FO	121		00:48:21	1422
2082	Richard	Moulson	Male	1258	M55	46		00:48:22	1423
1635	Megan	Bale	Female	166	FO	122		00:48:22	1424
1608	Duncan	Hayward-smith	Male	1259	M65	8	Reepham Runners	00:48:22	1425
1095	Thomas	Hunnisett	Male	1260	MO	816	Saxmundham Sports Running & Fitness Club	00:48:23	1426
1969	Paul	Storey	Male	1261	M50	77		00:48:24	1427
1595	Adam	Kobylecki	Male	1262	M40	191		00:48:24	1428
3436	Mitchell	Smith	Male	1263	MO	817		00:48:25	1429
1344	Robert	Stevens	Male	1264	M50	78		00:48:26	1430
3702	John	Bennett-reilly	Male	1265	M40	192		00:48:26	1431
1764	Tom	Morgan	Male	1266	M40	193		00:48:26	1432
2184	Stuart	Gollands	Male	1267	M45	102	Lowestoft Road Runners	00:48:26	1433
978	Sarah	MacIennan	Female	167	FO	123		00:48:26	1434
1461	David	Ward	Male	1268	M45	103	Wymondham AC	00:48:26	1435
2021	Emma	Sturman	Female	168	FO	124		00:48:27	1436
1821	Mark	O'Neill	Male	1269	M40	194		00:48:27	1437
865	Poppy	Thorpe	Female	169	FO	125		00:48:27	1438
1540	Leo	Dudley	Male	1270	M40	195	Norwich Road Runners	00:48:27	1439
1932	Stuart	Baldry	Male	1271	M45	104		00:48:27	1440
1815	James	Winter-whitaker	Male	1272	M40	196		00:48:27	1441
1108	Kiera	Renaut-buttle	Female	170	FO	126	City Of Norwich AC	00:48:28	1442
1130	Dave	Hill	Male	1273	M40	197		00:48:28	1443
5824	William	Marriott	Male	1274	MO	818		00:48:28	1444
3256	Taylor	Hindry	Male	1275	MO	819		00:48:28	1445
537	Daniel	Maskell	Male	1276	M40	198		00:48:29	1446
2128	Adrian	Lyne	Male	1277	M40	199		00:48:29	1447
1292	Liam	Catchpole	Male	1278	MO	820		00:48:30	1448
1235	James	Montgomery	Male	1279	MO	821		00:48:30	1449
1916	Ruby	Shepperson	Female	171	FO	127		00:48:30	1450
723	Grant	King	Male	1280	M45	105	Dereham Runners AC	00:48:30	1451
1227	Morris Tsz Chung	Lai	Male	1281	M45	106		00:48:32	1452
4625	Jonathan	Batchelor	Male	1282	M45	107		00:48:33	1453
2165	Robert	Knights	Male	1283	M50	79		00:48:33	1454
1392	Gary	Ridgeon	Male	1284	M55	47		00:48:33	1455
652	Karolis	Petkus	Male	1285	MO	822		00:48:33	1456
1662	Matthew	Brady	Male	1286	MO	823		00:48:33	1457
1032	Tim	Key	Male	1287	MO	824		00:48:33	1458
564	Gina	Briggs	Female	172	FO	128		00:48:34	1459
2985	Pete	Marron	Male	1288	M55	48		00:48:34	1460
2129	Ryan	Clarke	Male	1289	MO	825		00:48:34	1461
2275	Aaeron	Moss	Male	1290	MO	826		00:48:34	1462
1738	Joe	Howard	Male	1291	MO	827		00:48:34	1463
5310	Stephen	Hutchinson	Male	1292	M60	24		00:48:34	1464

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1590	Grainne	Purvis	Female	173	F55	3	Waveney Valley AC	00:48:34	1465
2015	Lucy	Morton	Female	174	FO	129		00:48:34	1466
1406	Blue	Clarke	Male	1293	MO	828		00:48:34	1467
527	Daisy	Mattless	Female	175	FO	130		00:48:34	1468
2166	Adam	Mott	Male	1294	MO	829		00:48:34	1469
1261	Warren	Bryant	Male	1295	MO	830		00:48:34	1470
1317	Jovin	Mulloor	Male	1296	M40	200		00:48:35	1471
4305	Joanna	Burdett	Female	176	FO	131		00:48:35	1472
1488	Jude	Mtonga	Male	1297	MO	831		00:48:35	1473
4532	Billy	Hackford	Male	1298	MO	832	Wymondham AC	00:48:35	1474
2377	Jordan	Wardle	Male	1299	MO	833		00:48:35	1475
3299	James	Kennedy	Male	1300	M65	9		00:48:35	1476
2503	Lien	Lavell	Male	1301	MO	834		00:48:36	1477
2803	David	Gough	Male	1302	M50	80		00:48:36	1478
1798	Matt	Hendry	Male	1303	MO	835		00:48:37	1479
4773	Mark	Circuit	Male	1304	M45	108		00:48:37	1480
914	George	Hilton	Male	1305	MO	836		00:48:38	1481
1049	Matthew	Metcalf	Male	1306	M45	109		00:48:38	1482
3833	Darren	Crisp	Male	1307	M55	49		00:48:38	1483
1213	George	Brine	Male	1308	MO	837		00:48:38	1484
1613	Toby	Seymour	Male	1309	MO	838		00:48:38	1485
2146	Joe	Trafankowski	Male	1310	MO	839		00:48:39	1486
3399	Ollie	Warne	Male	1311	MO	840		00:48:39	1487
1146	Matthew	Cox	Male	1312	MO	841		00:48:39	1488
1730	Andrew	Devoy	Male	1313	MO	842		00:48:39	1489
612	Fred	Withers	Male	1314	MO	843		00:48:39	1490
2252	Aaron	Blowers	Male	1315	MO	844		00:48:39	1491
800	Martin	Falkingham	Male	1316	M40	201	Norwich Road Runners	00:48:39	1492
2610	Thomas	Brinded	Male	1317	MO	845		00:48:40	1493
3479	Cameron	Rudd	Male	1318	MO	846		00:48:40	1494
1563	Ryan	Britcher	Male	1319	MO	847		00:48:41	1495
1935	Tom	Colman	Male	1320	M40	202		00:48:41	1496
5447	James	Greenacre	Male	1321	MO	848		00:48:41	1497
1739	Jak	Hume	Male	1322	MO	849		00:48:42	1498
5539	Sam	Johnson	Male	1323	MO	850		00:48:42	1499
4291	Jack	Bartram	Male	1324	MO	851		00:48:42	1500
2091	Ruth	Gaunt	Female	177	F55	4	Norwich Road Runners	00:48:43	1501
3736	Tom	Tillett	Male	1325	MO	852		00:48:43	1502
3885	Alex	Collier	Male	1326	MO	853		00:48:44	1503
2605	Charlotte	Waters	Female	178	FO	132		00:48:44	1504
2162	Adam	Jeffries	Male	1327	MO	854		00:48:44	1505
3013	Peter	Sixsmith	Male	1328	M45	110		00:48:44	1506
3392	Ellie- Marie	Keeler	Female	179	FO	133		00:48:45	1507
781	David	Riglar	Male	1329	M55	50	Dereham Runners AC	00:48:45	1508
1405	Jack	Tarrant	Male	1330	MO	855		00:48:45	1509
2835	Reece	Tillett	Male	1331	MO	856		00:48:45	1510
1911	Michael	Austin	Male	1332	M55	51		00:48:45	1511

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4184	Ellie	Sutton	Female	180	FO	134		00:48:45	1512
5911	Shaun	Earl	Male	1333	MO	857		00:48:46	1513
1243	Richard	Moore	Male	1334	M40	203		00:48:46	1514
1703	Charlotte	Bunting	Female	181	FO	135		00:48:46	1515
1921	Philip	Beck	Male	1335	M45	111		00:48:46	1516
524	Cobi	Parratt	Male	1336	MO	858		00:48:46	1517
1371	Mark	Jones	Male	1337	M45	112	Dereham Runners AC	00:48:47	1518
3733	James	Hyde	Male	1338	MO	859		00:48:48	1519
1325	Sean	Cockrell	Male	1339	M55	52		00:48:48	1520
5244	John	Gibbons	Male	1340	M50	81		00:48:49	1521
2084	Johnny	Smith	Male	1341	M50	82		00:48:49	1522
849	Andrew	Anthony	Male	1342	M50	83		00:48:49	1523
2657	Sam	Gandy	Male	1343	M40	204		00:48:50	1524
2457	Darius	Rustom	Male	1344	MO	860		00:48:50	1525
2193	Rory	Baker	Male	1345	MO	861		00:48:51	1526
1944	James	Bradfield	Male	1346	M55	53		00:48:51	1527
1649	Carl	Thompson	Male	1347	MO	862		00:48:51	1528
1446	Victoria	Lynskey	Female	182	FO	136		00:48:52	1529
1422	Michael	Balls	Male	1348	M40	205		00:48:52	1530
3102	Oli	Clark	Male	1349	MO	863		00:48:52	1531
1810	Oliver	Sampson	Male	1350	MO	864		00:48:52	1532
1685	James	Shreeve	Male	1351	M45	113		00:48:52	1533
2414	Jordan	Staff	Male	1352	MO	865		00:48:52	1534
1353	James	Rigby	Male	1353	MO	866		00:48:53	1535
1573	Steven	Tuttle	Male	1354	M65	10		00:48:53	1536
1782	Craig	Walker	Male	1355	MO	867		00:48:53	1537
3303	Rachael	Winters	Female	183	F40	19		00:48:53	1538
372	Daniel	Critoph	Male	1356	MO	868	Waveney Valley AC	00:48:54	1539
1399	Erin	Jennis	Female	184	FO	137	Arete Run Club	00:48:54	1540
2891	Amy	Webb	Female	185	F40	20		00:48:54	1541
2699	Charlotte	Simon	Female	186	FO	138		00:48:54	1542
1207	Tom	Miller	Male	1357	MO	869		00:48:54	1543
983	Harry	March	Male	1358	MO	870		00:48:55	1544
3673	Corin	Thoday	Male	1359	M50	84		00:48:55	1545
1966	Joshua	Mickelburgh	Male	1360	MO	871		00:48:55	1546
2812	Joe	Gilbert	Male	1361	MO	872		00:48:56	1547
2447	Toyah	Ward	Female	187	F40	21		00:48:56	1548
1349	Kai	Gibbon	Male	1362	M55	54	Bungay Black Dog RC	00:48:57	1549
3735	Juliette	Somers	Female	188	FO	139		00:48:57	1550
2064	Connor	Johnson	Male	1363	MO	873		00:48:58	1551
2238	Jack	Garrett	Male	1364	MO	874		00:48:59	1552
832	Phillip	Bray	Male	1365	M40	206		00:48:59	1553
607	Richard	Calver	Male	1366	MO	875		00:48:59	1554
1471	Cristóbal	Uauy	Male	1367	M45	114		00:48:59	1555
2751	Glen	Robinson	Male	1368	M50	85	Norwich Road Runners	00:48:59	1556
1666	Beth	Van Melsen	Female	189	FO	140		00:48:59	1557
1951	Martyn	Riches	Male	1369	MO	876		00:49:00	1558

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1989	Neil	Clark	Male	1370	M55	55		00:49:00	1559
2105	Perry	Moore	Male	1371	MO	877		00:49:00	1560
2679	Claire	Childs	Female	190	FO	141		00:49:00	1561
2490	John	Wright	Male	1372	M40	207		00:49:00	1562
2180	Nicola	Grimes	Female	191	F45	18		00:49:00	1563
682	Tom	Knight	Male	1373	MO	878		00:49:00	1564
1320	Kat	Todd	Female	192	FO	142	City Of Norwich AC	00:49:00	1565
1487	Jimmy	Farrow	Male	1374	MO	879		00:49:00	1566
1403	Cora	O'mahony	Female	193	FO	143	Norfolk Gazelles AC	00:49:00	1567
1988	Sam	Clark	Male	1375	MO	880		00:49:01	1568
2895	Shane	Riches	Male	1376	MO	881		00:49:02	1569
1695	Robert	Sharp	Male	1377	MO	882		00:49:02	1570
2262	Anthony	Isaacs	Male	1378	M45	115		00:49:02	1571
1516	Emma	Smith	Female	194	FO	144		00:49:02	1572
2187	Laurence	York	Male	1379	MO	883		00:49:02	1573
3509	Graham	Dale	Male	1380	MO	884		00:49:03	1574
3476	Alex	Taylor	Male	1381	MO	885		00:49:03	1575
140	Gary	Penn	Male	1382	M45	116	City Of Norwich AC	00:49:04	1576
5454	Megan	Penson	Female	195	FO	145		00:49:04	1577
1961	Agne	Sellers	Female	196	F45	19		00:49:04	1578
3347	Tim	Merchant	Male	1383	MO	886		00:49:05	1579
1668	Elin	Anderson	Female	197	FO	146	City Of Norwich AC	00:49:05	1580
308	Maria	Marsh	Female	198	FO	147		00:49:05	1581
3358	Oliver	Everitt	Male	1384	M45	117		00:49:05	1582
1286	Harrison	Moore	Male	1385	MO	887		00:49:06	1583
2255	Samuel	Jenkins	Male	1386	M45	118		00:49:06	1584
817	Amber	Dunne	Female	199	FO	148		00:49:06	1585
1355	Neil	Batchelor	Male	1387	M45	119		00:49:06	1586
3323	Phillip	Palmer	Male	1388	M40	208		00:49:06	1587
1827	Joseph	Thompson	Male	1389	MO	888		00:49:07	1588
3040	Simon	Greenfield	Male	1390	M60	25		00:49:07	1589
3800	Harry	Southwell	Male	1391	MO	889		00:49:07	1590
3147	Michael	Fairhead	Male	1392	MO	890		00:49:07	1591
2703	Gavin	Kerrison	Male	1393	M45	120		00:49:08	1592
2454	Sam	Ashford-thomas	Female	200	F55	5		00:49:08	1593
83	Filip	Schubert	Male	1394	MO	891		00:49:08	1594
3455	Gary	Hindle	Male	1395	M45	121		00:49:08	1595
2509	Richard	Eldridge	Male	1396	MO	892		00:49:08	1596
1444	Charlotte	Bell	Female	201	F40	22		00:49:08	1597
2834	Jimmy	Seymour	Male	1397	M40	209		00:49:08	1598
1445	Nicholas	Hitchins	Male	1398	MO	893		00:49:09	1599
746	Dominic	Smith	Male	1399	MO	894		00:49:09	1600
1784	Symon	Sims	Male	1400	M55	56	Norwich Road Runners	00:49:09	1601
1654	Caitlin	Bunn	Female	202	FO	149		00:49:10	1602
1011	Ben	Howes	Male	1401	MO	895	Norfolk Gazelles AC	00:49:10	1603
6738	Erin	Wilson	Female	203	FO	150		00:49:10	1604

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6095	Rosie	Armes	Female	204	FO	151	Norwich Road Runners	00:49:11	1605
1255	Chris	Kidd	Male	1402	MO	896		00:49:11	1606
1679	Daniel	Read	Male	1403	MO	897		00:49:11	1607
1728	Kevin	Raisborough	Male	1404	M60	26		00:49:12	1608
1388	Simon	Bransby	Male	1405	M55	57		00:49:12	1609
2709	Daniel	Emery	Male	1406	MO	898		00:49:12	1610
2189	Lauren	Nickerson	Female	205	FO	152		00:49:12	1611
1234	Danny	Loftus	Male	1407	MO	899		00:49:12	1612
1722	Elliot	Hurren	Male	1408	MO	900		00:49:12	1613
2479	Benjiman	Needs	Male	1409	MO	901		00:49:12	1614
1498	Craig	Johnson	Male	1410	MO	902	Attleborough Athletics Academy	00:49:13	1615
1508	Gavin	Butler	Male	1411	M40	210		00:49:13	1616
3592	Daniel	Smith	Male	1412	M40	211		00:49:13	1617
743	Jack	Weatherley	Male	1413	MO	903		00:49:14	1618
648	Dan	Deag	Male	1414	MO	904		00:49:14	1619
2517	Tom	Evennett	Male	1415	MO	905		00:49:14	1620
2854	Edward	Lawrence	Male	1416	MO	906		00:49:14	1621
1741	Christopher	Watkins	Male	1417	M40	212		00:49:14	1622
2151	Kate	Hodds	Female	206	F45	20		00:49:14	1623
3203	Darren	Abbott-wells	Male	1418	MO	907		00:49:14	1624
1458	Simon	Wardale	Male	1419	M60	27		00:49:15	1625
1416	Libby	West	Female	207	FO	153		00:49:15	1626
1910	Ben	Broadley	Male	1420	MO	908		00:49:15	1627
1160	Vikki	George	Female	208	FO	154		00:49:15	1628
751	Aaron	Leverett	Male	1421	M40	213		00:49:15	1629
2171	Ashley	Judd	Male	1422	M60	28		00:49:16	1630
1166	Colin	Galer	Male	1423	M40	214		00:49:16	1631
6464	Jonathan	Cole	Male	1424	M40	215		00:49:16	1632
2720	John	Baxter	Male	1425	M65	11		00:49:16	1633
3755	Matthew	Griffin	Male	1426	MO	909		00:49:16	1634
124	Jolyon	Ferrier	Male	1427	MO	910		00:49:16	1635
5811	Connor	Jones	Male	1428	MO	911		00:49:16	1636
1906	Hannah	Daniel	Female	209	FO	155		00:49:16	1637
2533	Robert	Hardman	Male	1429	M50	86		00:49:16	1638
5336	Victoria	Hall	Female	210	F45	21		00:49:17	1639
2254	James	Quinn	Male	1430	MO	912		00:49:17	1640
3734	James	Ridgeon	Male	1431	MO	913		00:49:17	1641
988	Jude	Chapman	Male	1432	M40	216		00:49:17	1642
2547	Sacha	Downs	Female	211	FO	156		00:49:17	1643
4989	Jack	Welham	Male	1433	MO	914		00:49:17	1644
2452	Matthew	Cooke	Male	1434	MO	915		00:49:17	1645
1391	James	Kettley	Male	1435	MO	916		00:49:17	1646
1193	Neil	Holmes	Male	1436	M40	217		00:49:18	1647
2830	Josh	Buckley	Male	1437	MO	917		00:49:18	1648
3093	Rhys	Howard	Male	1438	MO	918		00:49:18	1649
937	Caroline	Chapman	Female	212	F40	23		00:49:18	1650
1962	Gil	Sumagpao	Male	1439	MO	919		00:49:18	1651
2801	Thomas	Spelman	Male	1440	MO	920		00:49:18	1652

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1514	Geordie	Watson	Male	1441	MO	921		00:49:19	1653
2633	Morgan	Saunders	Male	1442	MO	922		00:49:19	1654
1103	Chris	Chorley	Male	1443	M60	29	Bungay Black Dog RC	00:49:19	1655
1915	Jon	Goodson	Male	1444	M50	87		00:49:19	1656
2291	Daniel	Richmond	Male	1445	M40	218		00:49:20	1657
1429	Paul	Marshall	Male	1446	M60	30		00:49:20	1658
985	Winston	Sanders	Male	1447	M45	122		00:49:20	1659
1719	Thomas	Ramsay	Male	1448	MO	923	Diss and District AC	00:49:21	1660
2524	Steven	Marshall	Male	1449	M60	31		00:49:21	1661
1301	Chris	Goldsmith	Male	1450	MO	924		00:49:21	1662
1201	Joanna	Killingworth	Female	213	F50	6	Norwich Road Runners	00:49:21	1663
1819	James	Bygrave	Male	1451	MO	925		00:49:21	1664
1570	Robert	Barnes	Male	1452	MO	926		00:49:22	1665
2863	Calvin	Shaw	Male	1453	MO	927	Waveney Valley AC	00:49:22	1666
594	Paul	Bliss	Male	1454	M40	219		00:49:22	1667
8566	Kian	Smith	Male	1455	MO	928		00:49:22	1668
1025	Roisin	Marks	Female	214	FO	157		00:49:22	1669
2645	Darren	Beard	Male	1456	M50	88		00:49:22	1670
1931	Laura	Postlethwaite	Female	215	FO	158		00:49:22	1671
2797	Hannah	Taylor	Female	216	FO	159		00:49:23	1672
1423	Jurgen	Long	Male	1457	M40	220		00:49:24	1673
2028	Thomas	Grimshaw	Male	1458	MO	929		00:49:24	1674
1432	Adam	Wigley	Male	1459	M45	123		00:49:24	1675
2286	Beth	Whitrod	Female	217	FO	160		00:49:24	1676
3561	Andrea Carolina	Olave Achury	Female	218	FO	161		00:49:24	1677
2402	William	Ayley-dodd	Male	1460	M45	124	Runners-Next-the-Sea	00:49:24	1678
1105	Bradford	Robertson-pye	Male	1461	MO	930		00:49:25	1679
3298	Jon	Dicks	Male	1462	M40	221		00:49:25	1680
2948	Trafford	Burrell	Male	1463	MO	931		00:49:27	1681
2142	Paul	Harris	Male	1464	M45	125		00:49:27	1682
1436	Jacob	Briggs	Male	1465	MO	932		00:49:27	1683
1925	Liz	Highton	Female	219	F60	3		00:49:28	1684
851	Luke	Coyte-mckenzie	Male	1466	MO	933		00:49:28	1685
2469	Paul	Seabrook	Male	1467	MO	934	Leighton Buzzard Athletic Club	00:49:28	1686
1780	Sarah	Meehan	Female	220	F40	24	Norfolk Gazelles AC	00:49:28	1687
3565	Ted	Davies	Male	1468	MO	935		00:49:28	1688
1561	Matthew	Webb	Male	1469	MO	936		00:49:28	1689
2058	Nickolas	Goodge	Male	1470	M55	58	Bungay Black Dog RC	00:49:29	1690
1979	Lewis	Gant	Male	1471	MO	937		00:49:29	1691
1696	David	Brailey	Male	1472	M50	89		00:49:29	1692
1930	Joseph	Meades	Male	1473	MO	938		00:49:29	1693
2276	Jordan	Reid	Male	1474	MO	939		00:49:29	1694
2631	Tom	Wadlow	Male	1475	MO	940		00:49:29	1695
2270	Adam	Davidson	Male	1476	MO	941		00:49:30	1696

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3398	Liam	Davison	Male	1477	MO	942		00:49:30	1697
3947	Daniel	Stammers	Male	1478	MO	943		00:49:30	1698
2732	Corrado	Di Maria	Male	1479	M50	90		00:49:30	1699
3257	Josh	Kirk	Male	1480	MO	944		00:49:30	1700
3803	Ashley	Watson	Male	1481	M40	222		00:49:31	1701
7433	Thomas	Jacob	Male	1482	MO	945		00:49:31	1702
901	Graham	Tracy	Male	1483	M40	223		00:49:31	1703
2986	Zek	Meadows	Male	1484	M45	126		00:49:31	1704
1955	Stuart	Brewer	Male	1485	M40	224		00:49:31	1705
4337	Scott	West	Male	1486	MO	946		00:49:31	1706
2403	Sam	Harbrow	Male	1487	M40	225		00:49:31	1707
4975	Owen	Blakely	Male	1488	MO	947		00:49:32	1708
1297	Andrew	Drake	Male	1489	M55	59		00:49:33	1709
2339	Freya	Mccurdy-ken ny	Female	221	FO	162		00:49:33	1710
4268	Kyran Thomas	Thomas	Male	1490	MO	948		00:49:33	1711
697	James	Hoskins	Male	1491	M45	127		00:49:33	1712
1238	Joshua	Taylor	Male	1492	MO	949		00:49:33	1713
1161	Gregory	Allan	Male	1493	M45	128		00:49:34	1714
2106	Lucy	Richardson	Female	222	FO	163	Norwich Road Runners	00:49:34	1715
2466	Robert	Dyke	Male	1494	M45	129		00:49:34	1716
1574	Darren	Tame	Male	1495	M40	226		00:49:34	1717
4183	Alex	Tutt	Female	223	FO	164		00:49:35	1718
1754	Chris	Fisher	Male	1496	MO	950		00:49:35	1719
3505	Liam	Hobdell	Male	1497	MO	951		00:49:35	1720
2914	Esther	Rodwell	Female	224	FO	165		00:49:35	1721
214	Mikey	Saul	Male	1498	M40	227		00:49:35	1722
3149	Jeremy	Lo	Male	1499	MO	952		00:49:36	1723
4602	Daniel	Rush	Male	1500	MO	953		00:49:36	1724
2353	Toby	Bardwell	Male	1501	MO	954		00:49:36	1725
663	Richard	Nobes	Male	1502	M40	228		00:49:37	1726
2444	Felicity	Dugdale	Female	225	FO	166		00:49:37	1727
3131	Howard	Hannah	Male	1503	M50	91		00:49:37	1728
2602	Melissa	Welton	Female	226	FO	167		00:49:37	1729
2569	Anna	Moore	Female	227	F50	7		00:49:37	1730
1583	Nathan	Welton	Male	1504	MO	955		00:49:37	1731
3001	Daniel	Charles	Male	1505	MO	956		00:49:38	1732
2770	James	Heaney	Male	1506	M40	229	Wymondham AC	00:49:38	1733
684	Christian	Lingley	Male	1507	M45	130		00:49:38	1734
3313	Paul	Quadling	Male	1508	M50	92		00:49:38	1735
3027	Connor	Stoker	Male	1509	MO	957		00:49:39	1736
1294	Ryan	Bradley	Male	1510	M40	230		00:49:39	1737
2362	Nathan	Austin	Male	1511	MO	958		00:49:39	1738
1634	Oliver	Crocker	Male	1512	M45	131		00:49:39	1739
2702	Kirsty	Winter	Female	228	F50	8		00:49:40	1740
2581	David	Bartram	Male	1513	M45	132		00:49:40	1741
2141	Annalese	Pitt	Female	229	FO	168		00:49:40	1742
2529	Grzegorz	Kaczmariski	Male	1514	M55	60	Norfolk Gazelles AC	00:49:40	1743

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2820	Steph	Harrison	Female	230	FO	169		00:49:40	1744
2866	Alex	Loan	Male	1515	MO	959		00:49:41	1745
2173	Richard	Miller	Male	1516	MO	960		00:49:42	1746
1804	Anthony	Richens	Male	1517	MO	961		00:49:42	1747
1252	Luke	Blackman	Male	1518	MO	962		00:49:42	1748
2618	Lisa	Williamson	Female	231	FO	170		00:49:42	1749
1418	Matththew	Northcott	Male	1519	MO	963		00:49:43	1750
2393	Miles	Forman	Male	1520	MO	964		00:49:43	1751
2442	Fraser	Tuttle	Male	1521	MO	965		00:49:43	1752
3151	Amblin	Candaza	Male	1522	MO	966		00:49:43	1753
1385	Chloe	Tovell	Female	232	FO	171		00:49:43	1754
4572	Dom	Edington	Male	1523	MO	967		00:49:43	1755
3120	Benjamin	Balfour	Male	1524	M40	231		00:49:44	1756
1530	Venus	Morgan	Female	233	FO	172		00:49:44	1757
2217	Richard	Sage	Male	1525	M45	133		00:49:44	1758
2862	Phil	Wright	Male	1526	M45	134		00:49:44	1759
4485	William	Stephenson	Male	1527	MO	968		00:49:45	1760
151	Perry	Kelf	Male	1528	MO	969		00:49:45	1761
3232	Bruce	Daniels	Male	1529	MO	970		00:49:46	1762
2372	Richard	Underhill	Male	1530	M45	135		00:49:46	1763
1337	Chris	Hill	Male	1531	M50	93		00:49:46	1764
2294	Harvey	Crane	Male	1532	MO	971		00:49:46	1765
16	Thomas	Plane	Male	1533	MO	972		00:49:46	1766
3403	Jacob	Desborough	Male	1534	M40	232		00:49:46	1767
1181	Robert	Organ	Male	1535	MO	973	Arete Run Club	00:49:46	1768
1947	Matt	Woolner	Male	1536	MO	974		00:49:47	1769
2043	Tom	Fisher	Male	1537	MO	975		00:49:47	1770
2054	Kay	Midlane	Female	234	FO	173		00:49:47	1771
2020	Robert	Bullyment	Male	1538	M50	94		00:49:47	1772
2507	Adam	Short	Male	1539	MO	976	Great Yarmouth Road Runners	00:49:48	1773
2623	Ellie	Burton	Female	235	FO	174		00:49:49	1774
2841	David	Ball	Male	1540	M55	61		00:49:49	1775
2111	Greg	Rogers	Male	1541	M50	95	Norwich Road Runners	00:49:49	1776
3671	Joe	Kendrick-eriksen	Male	1542	MO	977		00:49:49	1777
1279	Chris	Weeks	Male	1543	M45	136		00:49:49	1778
1945	Lauren	Harris	Female	236	FO	175	Wymondham AC	00:49:49	1779
1747	Nick	Loades	Male	1544	M55	62	Runners-Next-the-Sea	00:49:49	1780
7257	Greg	Rowland	Male	1545	M45	137		00:49:50	1781
1491	Louis	Tidswell	Male	1546	MO	978		00:49:50	1782
2158	Daniel	Carter	Male	1547	M40	233		00:49:50	1783
2848	Kevin	Jones	Male	1548	M40	234	Other	00:49:50	1784
872	Danny	Sharpe	Male	1549	M40	235		00:49:50	1785
3332	George	Harrison	Male	1550	MO	979		00:49:50	1786
1959	Sam	Coulthard	Male	1551	MO	980		00:49:50	1787
2399	Scott	Laws	Male	1552	MO	981		00:49:50	1788
2167	Olivia	Powers	Female	237	FO	176		00:49:51	1789

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2580	George	Briscoe	Male	1553	MO	982		00:49:51	1790
2815	Megan	Nunn	Female	238	FO	177		00:49:51	1791
2838	Jacob	Knights	Male	1554	MO	983		00:49:52	1792
2783	Hollie	East	Female	239	FO	178		00:49:52	1793
4482	Zoe	Morgan	Female	240	FO	179		00:49:52	1794
1413	Heather	Bush	Female	241	F50	9		00:49:52	1795
4935	Adam	Barker	Male	1555	M45	138		00:49:53	1796
1087	Angela	Cole	Female	242	F45	22		00:49:53	1797
2040	David	Hatfield	Male	1556	M45	139		00:49:53	1798
1124	Laura	Southcott	Female	243	F40	25		00:49:54	1799
1596	Luke	Callaghan	Male	1557	MO	984		00:49:54	1800
8899	Bobby	Self	Male	1558	M40	236		00:49:54	1801
2690	Lewis	Evans	Male	1559	M40	237		00:49:54	1802
2214	Andrew	Hacon	Male	1560	MO	985	Great Yarmouth Road Runners	00:49:54	1803
1597	Thomas	Alexander	Male	1561	MO	986		00:49:55	1804
533	Tomasz	Kwiatkowski	Male	1562	M45	140		00:49:55	1805
1939	Alexxandra	Tills	Female	244	FO	180		00:49:55	1806
3653	Connor	Suttuon	Male	1563	MO	987		00:49:55	1807
2784	Katie	Smalley	Female	245	FO	181		00:49:56	1808
1037	Sophie	Redgrave	Female	246	FO	182	North Derbyshire RC	00:49:56	1809
2808	David	Lane	Male	1564	MO	988		00:49:56	1810
3874	Callan	Rumsby	Male	1565	MO	989		00:49:57	1811
2096	Jamie	Stone	Male	1566	MO	990		00:49:58	1812
2118	Harry	Copping	Male	1567	MO	991		00:49:58	1813
1957	Melanie	Widdows	Female	247	F55	6		00:49:58	1814
1796	Joshua	Turner	Male	1568	MO	992		00:49:58	1815
2850	Edward	Sanderson	Male	1569	MO	993		00:49:59	1816
3865	Thomas	Yaxley	Male	1570	MO	994		00:49:59	1817
2017	Chris	Mahoney	Male	1571	M55	63		00:49:59	1818
1923	Oliver	Shorthose	Male	1572	MO	995		00:50:00	1819
2196	Paul	Parker	Male	1573	M60	32	Coltishall Jaguars RC	00:50:00	1820
1637	Billy	Simmons	Male	1574	MO	996		00:50:00	1821
1948	David	Welsh	Male	1575	M60	33	Norwich Road Runners	00:50:01	1822
2025	Joel	Hann	Male	1576	M40	238		00:50:01	1823
2593	Harry	Miller	Male	1577	MO	997		00:50:01	1824
1978	Lauren	Hadjkura	Female	248	FO	183		00:50:02	1825
1305	Tim	Campbell	Male	1578	MO	998		00:50:02	1826
3626	Fred	Chapman	Male	1579	MO	999		00:50:02	1827
2438	Samantha	Crosswell	Female	249	FO	184		00:50:02	1828
7356	Lewis	Mckerell	Male	1580	MO	1000		00:50:03	1829
3880	Christopher	Kemp	Male	1581	MO	1001		00:50:03	1830
1109	William	Rogers	Male	1582	M45	141		00:50:03	1831
2409	Glynn	White	Male	1583	M65	12		00:50:03	1832
2143	Luke	Pedley	Male	1584	MO	1002		00:50:03	1833
1210	Sam	Gabriel	Male	1585	MO	1003		00:50:04	1834
1459	Lauren	Symonds	Female	250	FO	185		00:50:04	1835

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1425	Liam	Buffin	Male	1586	MO	1004		00:50:04	1836
1690	Marc	Holl	Male	1587	M40	239		00:50:05	1837
1323	Martin	Law	Male	1588	M55	64	Reepham Runners	00:50:05	1838
1717	Jonathan	Hatton	Male	1589	MO	1005		00:50:05	1839
2029	Lilia	Halstein	Female	251	FO	186		00:50:07	1840
2374	Eleanor	Wigginton	Female	252	FO	187		00:50:07	1841
1448	Holly	Hunt	Female	253	FO	188		00:50:07	1842
2910	Gary	Mann	Male	1590	M50	96		00:50:08	1843
1757	Emily	Goodrich	Female	254	FO	189	Norfolk Gazelles AC	00:50:08	1844
1934	Jack	Wright	Male	1591	MO	1006		00:50:09	1845
2856	Tatiana	Matthews	Female	255	FO	190	Coltishall Jaguars RC	00:50:09	1846
2673	Iain	Inglis	Male	1592	M40	240		00:50:10	1847
4461	Kamran	Uddin	Male	1593	MO	1007		00:50:10	1848
2600	Mark	Bagnall	Male	1594	M50	97		00:50:10	1849
2076	Jessica	Swain	Female	256	FO	191		00:50:11	1850
739	Robbie	Starling	Male	1595	M55	65	Wymondham AC	00:50:11	1851
1013	Jack	Blowers	Male	1596	MO	1008		00:50:11	1852
2616	William	Anderson	Male	1597	M55	66	Diss and District AC	00:50:11	1853
770	Keith	Blake	Male	1598	M65	13	Wymondham AC	00:50:11	1854
1545	Paul	Clist	Male	1599	M40	241		00:50:11	1855
4336	Darren	Savage	Male	1600	M45	142		00:50:12	1856
1220	Glen	Squire	Male	1601	M50	98		00:50:12	1857
3521	Jonathan	Griffiths	Male	1602	MO	1009		00:50:12	1858
3315	Adam	Brown	Male	1603	MO	1010		00:50:13	1859
2839	James	Brighton	Male	1604	MO	1011		00:50:13	1860
2799	Alex	Ware	Male	1605	MO	1012		00:50:13	1861
1743	Shane	Woods	Male	1606	MO	1013		00:50:14	1862
1119	Adam	Towfighi	Male	1607	M40	242		00:50:14	1863
479	Stuart	Main	Male	1608	M40	243		00:50:14	1864
1084	Robert	Flack	Male	1609	MO	1014		00:50:14	1865
5142	Harrison	Holmes	Male	1610	MO	1015		00:50:14	1866
990	Neil	Boyce	Male	1611	M50	99	Norwich Road Runners	00:50:15	1867
2753	Ilona	Utting	Female	257	FO	192		00:50:15	1868
4486	Richard	Beck	Male	1612	M45	143	Lonely Goat RC	00:50:15	1869
2333	Ben	Parker	Male	1613	MO	1016		00:50:15	1870
2574	Jourdan	Palmer	Male	1614	MO	1017		00:50:15	1871
1398	Daren	Harvey	Male	1615	M50	100		00:50:15	1872
1053	Joe	Champness	Male	1616	MO	1018		00:50:16	1873
2877	Mark	Holroyd	Male	1617	M55	67		00:50:16	1874
2036	Lisa	Smith	Female	258	FO	193		00:50:16	1875
2324	Gabriel	Leung	Male	1618	MO	1019		00:50:17	1876
2161	Morgan	Rowley-hill	Female	259	FO	194		00:50:17	1877
2431	Sam	Gooderham	Male	1619	M45	144		00:50:17	1878
1097	Charlie	Brooks	Male	1620	MO	1020		00:50:17	1879
1689	Cat	Wardell	Female	260	F50	10		00:50:17	1880
1904	Thomas	Lacey	Male	1621	M40	244		00:50:17	1881

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3694	Thea	Hackney	Female	261	FO	195		00:50:17	1882
4709	Benjamin	Soper	Male	1622	M40	245		00:50:18	1883
1306	Liam	Dougal	Male	1623	MO	1021		00:50:18	1884
1762	Andrew	Shorter	Male	1624	M40	246		00:50:18	1885
2389	Jim	Flatt	Male	1625	M40	247		00:50:18	1886
1504	Rachel	Harvey	Female	262	FO	196		00:50:19	1887
1505	Tom	Mcconway	Male	1626	MO	1022		00:50:19	1888
2258	Mark	Willis	Male	1627	M50	101	Lonely Goat RC	00:50:20	1889
2401	Scott	Evans	Male	1628	M50	102		00:50:20	1890
3087	Lewis	Burrows	Male	1629	MO	1023		00:50:20	1891
2936	Lucy	Ring	Female	263	FO	197	Norwich Road Runners	00:50:21	1892
2822	Aaron	Protheroe	Male	1630	MO	1024		00:50:21	1893
1942	Dan	Spurling	Male	1631	M45	145		00:50:21	1894
2477	Peter	Mccarthy	Male	1632	MO	1025		00:50:21	1895
2071	John	Fensom	Male	1633	M45	146		00:50:21	1896
2846	Peter	Laddiman	Male	1634	M65	14		00:50:22	1897
1779	Callum	Rhodes	Male	1635	MO	1026		00:50:22	1898
1281	David	Sizer	Male	1636	M45	147		00:50:22	1899
2760	Andrew	Gibbins	Male	1637	M40	248		00:50:22	1900
3562	Joshua	Wharton	Male	1638	MO	1027		00:50:22	1901
2264	Shane	Smith	Male	1639	M50	103		00:50:23	1902
1817	Charlie	Payne	Male	1640	MO	1028		00:50:23	1903
731	Matthew	Smith	Male	1641	MO	1029	Bungay Black Dog RC	00:50:24	1904
2562	Alec	Hiscox	Male	1642	MO	1030		00:50:24	1905
4306	Rosie	Bradley	Female	264	FO	198	North Norfolk Beach Runners	00:50:24	1906
2405	Hannah	Drane	Female	265	FO	199		00:50:25	1907
3022	Jack	Bartle	Male	1643	MO	1031		00:50:25	1908
1395	Keita	Vilka	Female	266	FO	200		00:50:25	1909
2006	Bruce	Lyons	Male	1644	M70	1		00:50:25	1910
1638	Joe	Dixon	Male	1645	M40	249		00:50:25	1911
730	Barry	Smith	Male	1646	M55	68	Bungay Black Dog RC	00:50:25	1912
2557	William	Abbs	Male	1647	M40	250		00:50:25	1913
2176	Barrie	Franklin	Male	1648	MO	1032		00:50:26	1914
1775	Sarah	Lowery	Female	267	F40	26		00:50:26	1915
1792	Nick	Dowell	Male	1649	M50	104		00:50:26	1916
1237	Paul	Russell	Male	1650	M50	105		00:50:26	1917
2601	Andy	Sparrow	Male	1651	M45	148		00:50:27	1918
1171	Gio Angelo	Fernandez	Male	1652	MO	1033		00:50:27	1919
3887	Jonathan	Fernandes	Male	1653	MO	1034		00:50:28	1920
4764	Chris	Hill	Male	1654	M45	149		00:50:28	1921
1525	Ben	Shepherd	Male	1655	MO	1035		00:50:28	1922
2119	Ian	Pope-gardner	Male	1656	MO	1036		00:50:29	1923
4342	Ryan	Newton	Male	1657	MO	1037		00:50:29	1924
3266	James	Applegate	Male	1658	MO	1038		00:50:29	1925
1781	James	Knibb	Male	1659	MO	1039		00:50:29	1926
1606	Steve	Kersey	Male	1660	M40	251		00:50:29	1927
625	James	Halls	Male	1661	M40	252		00:50:29	1928

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2621	Jake	Hanson	Male	1662	M45	150		00:50:29	1929
5092	Christine	Ryding	Female	268	F50	11		00:50:29	1930
8034	Charlotte	Palmer	Female	269	FO	201		00:50:29	1931
1341	Joanne	Cox	Female	270	F50	12	Bungay Black Dog RC	00:50:30	1932
2331	Stuart	Higgins	Male	1663	M50	106		00:50:30	1933
4641	Mackenzie	Gosling	Male	1664	MO	1040		00:50:31	1934
2773	Tom	Knibb	Male	1665	MO	1041		00:50:31	1935
1773	Alistair	Laidlaw	Male	1666	M40	253		00:50:31	1936
3302	Dennis	English	Male	1667	M50	107		00:50:31	1937
1452	Carly	Grimmer	Female	271	FO	202		00:50:32	1938
1322	Ben	Abbott	Male	1668	MO	1042		00:50:32	1939
945	Edward	Seaman	Male	1669	MO	1043		00:50:33	1940
1277	Lewis	Renaldy	Male	1670	M40	254		00:50:33	1941
4616	Alex	Guest	Male	1671	MO	1044		00:50:33	1942
2501	Alexander	Read	Male	1672	M40	255		00:50:33	1943
2785	Andrew	Corlett	Male	1673	M40	256		00:50:33	1944
2016	Chris	Browne	Male	1674	M50	108		00:50:34	1945
341	Wayne	Clough	Male	1675	M40	257		00:50:34	1946
2303	Craig	Knowles	Male	1676	M40	258		00:50:35	1947
3418	Luke	Chesworth	Male	1677	MO	1045		00:50:35	1948
1659	Andy	Bayliss	Male	1678	M60	34		00:50:36	1949
2876	Joshua	Jordan	Male	1679	MO	1046		00:50:36	1950
2345	Simon	Parker	Male	1680	M50	109		00:50:36	1951
4581	Katie	Knowlden	Female	272	FO	203		00:50:37	1952
1303	Nathan	Saunders	Male	1681	MO	1047		00:50:37	1953
2232	Sam	Leslie	Male	1682	MO	1048		00:50:37	1954
1437	Guy	Culpin	Male	1683	M40	259		00:50:37	1955
1034	David	Collier	Male	1684	MO	1049	Maidstone Harriers	00:50:37	1956
1474	Matthew	Seaman	Male	1685	M55	69		00:50:37	1957
611	Jamie	Davey	Male	1686	MO	1050		00:50:38	1958
6266	Barry	Payne	Male	1687	M40	260		00:50:38	1959
2108	Mitchell	Wesley	Male	1688	M60	35		00:50:38	1960
3305	Kevin	Dade	Male	1689	M45	151		00:50:38	1961
2961	Matt	Watts	Male	1690	MO	1051		00:50:38	1962
2647	Dan	Brocklehurst	Male	1691	M40	261	Wymondham AC	00:50:39	1963
2999	Joe	Tomato	Male	1692	M55	70		00:50:39	1964
4979	Samuel	Parsons	Male	1693	MO	1052		00:50:39	1965
1672	Rachel	Birrell	Female	273	F40	27	Wymondham AC	00:50:39	1966
2211	Adam	Harpin	Male	1694	M55	71	Norfolk Gazelles AC	00:50:39	1967
1247	Jo	Delf	Female	274	F40	28		00:50:40	1968
2890	Marc	Lyons	Male	1695	MO	1053		00:50:40	1969
2918	James	Wright	Male	1696	MO	1054		00:50:40	1970
4192	Luca	Ciarleglio	Male	1697	MO	1055		00:50:40	1971
2041	Stuart	Roberts	Male	1698	M60	36		00:50:41	1972
4430	Oliver	Rowland	Male	1699	MO	1056		00:50:41	1973
3246	Matthew	Goodfellow	Male	1700	MO	1057		00:50:41	1974
2956	Lewis	Caplin	Male	1701	MO	1058		00:50:41	1975

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2609	Libby	Masters	Female	275	FO	204		00:50:41	1976
2406	Sam	Boon	Male	1702	MO	1059		00:50:42	1977
3572	Emma	Evans	Female	276	F45	23		00:50:42	1978
1587	Lindsay	Black	Female	277	F45	24	Harleston Running Club	00:50:42	1979
2564	Richy	Fisher	Male	1703	M40	262		00:50:42	1980
3492	Harvey	Sapsed	Male	1704	MO	1060		00:50:42	1981
7099	Amy	Hurst	Female	278	FO	205		00:50:43	1982
1964	Thu	Millsted	Female	279	F40	29		00:50:43	1983
1048	Natasha	Moore	Female	280	F40	30		00:50:44	1984
1671	Lisa	Hall	Female	281	F45	25	Norwich Road Runners	00:50:44	1985
1132	Tyler	Warman	Male	1705	MO	1061		00:50:44	1986
4422	Louis	Preston	Male	1706	MO	1062		00:50:45	1987
2549	Kristin	Hailes	Female	282	F45	26	Waveney Valley AC	00:50:45	1988
3224	Richard	Looney	Male	1707	M50	110		00:50:45	1989
1158	Andrew	Goodchild	Male	1708	M55	72		00:50:46	1990
2480	Daniel	Crowder	Male	1709	M40	263		00:50:46	1991
2855	Andy	Bailey	Male	1710	MO	1063		00:50:46	1992
2635	Tom	Chant	Male	1711	MO	1064		00:50:46	1993
2278	Carl	Marjoram	Male	1712	M50	111		00:50:47	1994
3825	Joshua	Fiske	Male	1713	MO	1065		00:50:47	1995
4038	Georgia	Hothersall	Female	283	FO	206		00:50:48	1996
4279	Stephen	Warncken	Male	1714	M65	15		00:50:48	1997
3118	Ellie	Dixon	Female	284	FO	207		00:50:49	1998
1389	Stuart	Coe	Male	1715	M45	152		00:50:49	1999
2009	Chris	Ward	Male	1716	MO	1066		00:50:49	2000
3605	Gary	Linder	Male	1717	M70	2	North Norfolk Beach Runners	00:50:49	2001
1064	Alex	Morris	Male	1718	MO	1067	City Of Norwich AC	00:50:49	2002
1640	Philip	Websdale	Male	1719	M50	112		00:50:49	2003
1351	Helen	Scothern	Female	285	F55	7	Dereham Runners AC	00:50:50	2004
2031	Ellie	Willis	Female	286	FO	208		00:50:50	2005
3712	Richard	Sistern	Male	1720	M45	153		00:50:50	2006
4783	Chase	Davis	Male	1721	MO	1068		00:50:50	2007
1079	Barry	Stocks	Male	1722	M55	73		00:50:52	2008
2317	Emily	Linnell	Female	287	FO	209		00:50:52	2009
1012	John	Woodrow	Male	1723	M40	264		00:50:52	2010
3316	Tommy	Bullingham	Male	1724	MO	1069		00:50:52	2011
5915	Chloe	Green	Female	288	FO	210		00:50:52	2012
4588	Laura	Tuddenham	Female	289	FO	211		00:50:53	2013
1593	William	Tasker-brown	Male	1725	MO	1070		00:50:53	2014
2603	Stuart	Maher	Male	1726	M60	37		00:50:53	2015
3856	Jordan	Beales	Male	1727	MO	1071		00:50:53	2016
240	Lee	Wilson	Male	1728	M50	113		00:50:54	2017
2541	Nigel	Stallard-mulford	Male	1729	M40	265	Coltishall Jaguars RC	00:50:54	2018
2307	Michael	Blythe	Male	1730	M45	154		00:50:54	2019
1803	Max	Harrison	Male	1731	MO	1072		00:50:55	2020
1629	Lucian	Iftimie Hau	Male	1732	M45	155		00:50:55	2021

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1917	Joe	Munro	Male	1733	M40	266	Bungay Black Dog RC	00:50:55	2022
2013	Ollie	Hindry	Male	1734	MO	1073		00:50:55	2023
6713	Nicole	Douglas	Female	290	FO	212		00:50:55	2024
1082	Glenn	Clark	Male	1735	MO	1074		00:50:55	2025
805	Mark	Moffat	Male	1736	M45	156		00:50:56	2026
3045	Ian	Davison	Male	1737	M55	74	Norwich Road Runners	00:50:56	2027
3009	Mark	Gaskin	Male	1738	MO	1075		00:50:56	2028
1571	Lloyd	Davis	Male	1739	MO	1076		00:50:57	2029
2873	Andrew	Spencer	Male	1740	M55	75		00:50:57	2030
2011	Fiona	Laskey	Female	291	F60	4		00:50:57	2031
1946	Bethany	Gaskin	Female	292	FO	213	Dereham Runners AC	00:50:58	2032
3117	Josh	Dixon	Male	1741	MO	1077		00:50:58	2033
2274	Christie	Williamson	Female	293	FO	214		00:50:58	2034
2828	William	Amev	Male	1742	MO	1078		00:50:58	2035
2361	Ryan	Meyer	Male	1743	MO	1079		00:50:59	2036
2081	Alison	Riches	Female	294	F50	13	Norwich Road Runners	00:50:59	2037
2283	Angus	Mackie	Male	1744	MO	1080		00:50:59	2038
2422	Daniel	Hawking	Male	1745	M45	157		00:51:00	2039
2735	Amy	Attew	Female	295	FO	215		00:51:00	2040
1941	Ana	Gomez Clarke	Female	296	FO	216		00:51:00	2041
3395	Sunny	Winter	Male	1746	MO	1081	Norfolk Harriers RC	00:51:00	2042
3703	David	Mills	Male	1747	M40	267		00:51:01	2043
3877	Blake	Robinson	Male	1748	MO	1082		00:51:01	2044
4213	Jodie	Jennings	Female	297	FO	217		00:51:01	2045
642	Luke	Davis	Male	1749	M40	268		00:51:01	2046
3333	Steve	Nichols	Male	1750	M55	76	Coltishall Jaguars RC	00:51:01	2047
2683	Simon	Coleman	Male	1751	M55	77		00:51:02	2048
2489	Richard	Woods	Male	1752	M55	78		00:51:02	2049
1733	Michael	Lefevre	Male	1753	M40	269		00:51:03	2050
2034	Iosif	Zafeiropoulos	Male	1754	MO	1083		00:51:03	2051
1729	Amy	Thornton	Female	298	F45	27	Coltishall Jaguars RC	00:51:03	2052
3383	Keira Kai	Harvey	Female	299	FO	218		00:51:04	2053
2185	Sonja	White	Female	300	F50	14		00:51:06	2054
2487	Lewis	Cook	Male	1755	MO	1084		00:51:06	2055
4214	Jody	Rowland	Female	301	F50	15		00:51:06	2056
3777	Christopher	Long	Male	1756	M40	270	Coltishall Jaguars RC	00:51:06	2057
1709	Adam	Higgs	Male	1757	MO	1085		00:51:06	2058
2039	Jade	Anderson	Female	302	FO	219		00:51:07	2059
8604	Thea	Evans	Female	303	F40	31		00:51:07	2060
6163	Andy	Glover	Male	1758	M45	158		00:51:07	2061
2870	Juliet	Broster	Female	304	FO	220	Coltishall Jaguars RC	00:51:07	2062
4550	Euan	Lassoued	Male	1759	MO	1086		00:51:07	2063
2520	Scott	Guyton	Male	1760	MO	1087		00:51:07	2064
2311	Steven	Leunis	Male	1761	MO	1088		00:51:08	2065
2995	Sam	Platt	Male	1762	MO	1089		00:51:08	2066
2521	Andrew	Parfitt	Male	1763	MO	1090	Coltishall Jaguars RC	00:51:09	2067
3281	Emily	Cuthell	Female	305	FO	221		00:51:09	2068

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1710	Sam	Kind	Male	1764	MO	1091		00:51:09	2069
3776	Ryan	Maund	Male	1765	MO	1092		00:51:10	2070
2363	Natalia	Zielonka	Female	306	FO	222		00:51:10	2071
3682	Lee	Forkes	Male	1766	MO	1093		00:51:10	2072
4296	Carey	Briggs	Female	307	F50	16	Norfolk Gazelles AC	00:51:10	2073
3106	Edward	Loveday	Male	1767	MO	1094		00:51:11	2074
4700	Robert	Sudlow	Male	1768	MO	1095		00:51:11	2075
3404	Wes	Mcintosh	Male	1769	M45	159		00:51:11	2076
1651	Daniel	Staples	Male	1770	MO	1096		00:51:12	2077
5967	Ian	Woolston	Male	1771	MO	1097		00:51:12	2078
3180	Sean	Garrihy	Male	1772	M45	160		00:51:12	2079
2114	Tracy	Williamson	Female	308	F50	17		00:51:12	2080
4561	Lindsay	Pendle	Female	309	FO	223	Great Yarmouth Road Runners	00:51:12	2081
2746	Alison	Smith	Female	310	F55	8	Great Yarmouth Road Runners	00:51:12	2082
2453	Phil	Henry	Male	1773	M60	38		00:51:12	2083
2472	Rachel	Southgate	Female	311	F40	32		00:51:12	2084
3077	Helen	Holmes	Female	312	F45	28	Dereham Runners AC	00:51:12	2085
3254	John	Saggers	Male	1774	MO	1098	Great Yarmouth Road Runners	00:51:13	2086
2561	Matt	Johnson	Male	1775	M50	114		00:51:13	2087
2829	Greg	Rostron	Male	1776	MO	1099		00:51:13	2088
2497	Steve	Bird	Male	1777	M55	79	Wymondham AC	00:51:14	2089
3032	Rick	Bisset	Male	1778	M45	161		00:51:14	2090
2935	Christopher	Downs	Male	1779	M40	271		00:51:14	2091
1401	Matt	Scoular	Male	1780	MO	1100		00:51:14	2092
3275	Andy	Bartelsmeier	Male	1781	M40	272		00:51:15	2093
3884	Andrew	Haine	Male	1782	MO	1101		00:51:15	2094
3282	Kevin	Denmark	Male	1783	M65	16	Wymondham AC	00:51:15	2095
3146	Seb	Symonds	Male	1784	MO	1102		00:51:15	2096
5460	Callum	Lindsay	Male	1785	MO	1103		00:51:16	2097
2152	Carl	Eastick	Male	1786	M50	115		00:51:16	2098
3167	Matthew	Blanch	Male	1787	MO	1104		00:51:16	2099
3630	Daniel	Walpole	Male	1788	M40	273		00:51:17	2100
2246	Matt	Walker	Male	1789	M45	162		00:51:17	2101
1708	Sam	Smith	Male	1790	M50	116	Bure Valley Harriers	00:51:17	2102
1835	Bryn	Snelson	Male	1791	M40	274		00:51:17	2103
3818	Kieran	Harding	Male	1792	MO	1105		00:51:17	2104
2807	Sam	Dack	Male	1793	MO	1106		00:51:18	2105
3171	Tom	Nurse	Male	1794	MO	1107		00:51:18	2106
2637	Julian	Blake	Male	1795	M65	17	Harling Athletic Club	00:51:18	2107
2330	David	Stubley	Male	1796	MO	1108		00:51:18	2108
1479	Neil	Dennis	Male	1797	M40	275	Stowmarket Striders RC	00:51:18	2109
3471	Nicolas	Trenk	Male	1798	MO	1109		00:51:19	2110
1187	Tom	Holmes	Male	1799	MO	1110		00:51:19	2111

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1332	Christopher	Playford	Male	1800	MO	1111	Norfolk Harriers RC	00:51:19	2112
2706	Stu	Hillman	Male	1801	MO	1112		00:51:19	2113
1222	Craig	Bill	Male	1802	M40	276		00:51:19	2114
2050	Craig	Parke	Male	1803	MO	1113		00:51:19	2115
5955	Samson	Bridge	Male	1804	MO	1114		00:51:20	2116
1909	Joshua	Davies	Male	1805	MO	1115		00:51:20	2117
3615	Fizan	Tuzemen	Female	313	FO	224		00:51:20	2118
2685	James	Hipperson	Male	1806	MO	1116	Harling Athletic Club	00:51:21	2119
4598	Fred	Stanford	Male	1807	MO	1117		00:51:21	2120
4002	Joshua	Riding	Male	1808	MO	1118		00:51:21	2121
3759	Olivia	Forth	Female	314	FO	225		00:51:21	2122
3695	Christopher	Hanson	Male	1809	M40	277		00:51:21	2123
819	Dale	Hurren	Male	1810	M65	18		00:51:21	2124
2233	Jamie	Peacock	Male	1811	MO	1119		00:51:22	2125
1726	Imogen	Needham	Female	315	FO	226	Wymondham AC	00:51:23	2126
4273	Ben	Jackson	Male	1812	M45	163		00:51:23	2127
2248	Sam	Roberts	Male	1813	MO	1120		00:51:24	2128
2439	Rebecca	Crosswell	Female	316	FO	227		00:51:24	2129
953	Liam	Burlingham	Male	1814	MO	1121		00:51:25	2130
2916	Salma	El-deek	Female	317	FO	228		00:51:25	2131
5533	Samantha	Flanagan	Female	318	F40	33		00:51:25	2132
2450	Christopher	Dent	Male	1815	M60	39	Wymondham AC	00:51:25	2133
3011	Emilie	Clarke	Female	319	FO	229		00:51:25	2134
2210	Tom	Fiske	Male	1816	MO	1122		00:51:25	2135
3312	Leon	Mcnab	Male	1817	MO	1123		00:51:25	2136
2607	Adam	Cook	Male	1818	M40	278		00:51:25	2137
7954	Ronan	Smyth	Male	1819	MO	1124		00:51:25	2138
2853	Jonny	Paim	Male	1820	MO	1125		00:51:26	2139
2004	James	Gilbert	Male	1821	MO	1126	Wymondham AC	00:51:26	2140
1560	Stuart	Cutting	Male	1822	M45	164		00:51:27	2141
1581	Jacob	Curtis	Male	1823	MO	1127		00:51:27	2142
3280	Megan	Norry	Female	320	FO	230		00:51:27	2143
2591	Chloe	Walters	Female	321	FO	231		00:51:28	2144
3516	Iain	Barratt	Male	1824	M45	165		00:51:28	2145
3307	Steve	Hopkins	Male	1825	M40	279		00:51:28	2146
4707	John	Gallagher	Male	1826	M65	19	Wymondham AC	00:51:29	2147
3335	Ludovico	Iaccarino	Male	1827	M50	117		00:51:29	2148
1118	Hannah	Halsey	Female	322	F40	34		00:51:29	2149
3784	Emily	Dack	Female	323	FO	232		00:51:29	2150
3772	Derek	Jackson	Male	1828	M45	166		00:51:30	2151
4450	Tom	Curl-roper	Male	1829	MO	1128		00:51:30	2152
3058	Russell	Petersen	Male	1830	M40	280		00:51:30	2153
1776	Gary	Carruthers	Male	1831	M55	80	Wymondham AC	00:51:30	2154
2234	Richard	Taylor	Male	1832	MO	1129		00:51:31	2155
3570	Simon	Little	Male	1833	M55	81		00:51:31	2156
3033	Shane	Stratford	Male	1834	MO	1130		00:51:31	2157
5286	Joseph	Ryan	Male	1835	MO	1131		00:51:31	2158
2240	Ben	Huish	Male	1836	MO	1132		00:51:32	2159

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5089	Steve	Brockes	Male	1837	M40	281		00:51:32	2160
2665	Bella	Tew	Female	324	FO	233		00:51:32	2161
3279	Kat	Norry	Female	325	FO	234		00:51:32	2162
3086	Neve	Burrows	Female	326	FO	235		00:51:32	2163
2101	Ben	Julian	Male	1838	MO	1133		00:51:32	2164
2126	Karan	Kakkar	Male	1839	MO	1134		00:51:33	2165
3663	Leo	Stead	Male	1840	M45	167		00:51:33	2166
2798	Rebecca	Matthews	Female	327	FO	236		00:51:33	2167
1457	James	Larnder	Male	1841	M45	168		00:51:33	2168
2078	Madeleine	Newton	Female	328	FO	237		00:51:33	2169
1684	Oliver	White	Male	1842	MO	1135		00:51:33	2170
1290	Sam	White	Male	1843	MO	1136		00:51:33	2171
1753	Matthew	Pummell	Male	1844	MO	1137		00:51:34	2172
1535	Michael	Mason	Male	1845	MO	1138		00:51:34	2173
5243	Beth	Mckay	Female	329	FO	238		00:51:34	2174
2440	Simon	Chilvers	Male	1846	M40	282	Lonely Goat RC	00:51:34	2175
2351	Kerry	Bridgford	Female	330	FO	239		00:51:34	2176
1748	Gary	Cheesman	Male	1847	M40	283		00:51:34	2177
1085	William	Foster	Male	1848	MO	1139		00:51:35	2178
2576	Luke	Allison	Male	1849	MO	1140		00:51:35	2179
136	Louis	Payne	Male	1850	MO	1141	North Norfolk Beach Runners	00:51:36	2180
3273	Ben	Warminger	Male	1851	M40	284		00:51:36	2181
2994	Arpit	Kaushik	Male	1852	MO	1142		00:51:37	2182
2823	Jack	Mills	Male	1853	MO	1143		00:51:37	2183
6689	Roshni	Thakkar	Female	331	FO	240		00:51:38	2184
1426	Frank	Menke	Male	1854	M55	82		00:51:38	2185
4063	William	Bryant	Male	1855	MO	1144		00:51:38	2186
2775	Sophia	Horton-jones	Female	332	FO	241	Dereham Runners AC Diss and District AC	00:51:39	2187
2113	Darren	Orves	Male	1856	M50	118		00:51:39	2188
4489	Ciaran	Coupland	Male	1857	MO	1145		00:51:40	2189
4915	Muhammed	Faisal	Male	1858	MO	1146		00:51:40	2190
1691	Kieran	Brookes	Male	1859	M40	285		00:51:40	2191
2441	Andrew	Allen	Male	1860	M55	83		00:51:40	2192
3156	Ross	Lomax	Male	1861	MO	1147		00:51:41	2193
1646	Stuart	Chapman	Male	1862	M50	119		00:51:41	2194
6764	Seb	Adams-orme	Male	1863	MO	1148		00:51:41	2195
3730	Megan	Swain	Female	333	FO	242	Coltishall Jaguars RC	00:51:41	2196
2098	Richard	Avery	Male	1864	M60	40		00:51:41	2197
3183	David	Brown	Male	1865	M40	286		00:51:42	2198
4454	Adam	Ellis	Male	1866	MO	1149		00:51:42	2199
2513	Eleanor	Watters	Female	334	F40	35		00:51:42	2200
2733	Joshua	Hinds	Male	1867	MO	1150		00:51:43	2201
4331	Ricky	Fenn	Male	1868	MO	1151		00:51:43	2202
633	Brendan	Edwards	Male	1869	MO	1152		00:51:43	2203
3269	Gareth	Nicholls	Male	1870	M45	169		00:51:43	2204
6969	Magnus	Valpied	Male	1871	MO	1153		00:51:43	2205
2778	Stuart	Odell	Male	1872	M50	120		00:51:44	2206

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3850	Amy	Freeman	Female	335	FO	243		00:51:44	2207
973	Rachel	Lambert	Female	336	FO	244		00:51:44	2208
2188	Riasa	Longworth	Female	337	FO	245		00:51:44	2209
1468	Julian	Smith	Male	1873	M55	84		00:51:44	2210
3178	Daniel	Rix	Male	1874	M50	121		00:51:45	2211
4162	Matthew	Cornish	Male	1875	MO	1154		00:51:45	2212
2768	Matt	Meynell	Male	1876	MO	1155		00:51:45	2213
2197	Will	Coulson	Male	1877	MO	1156		00:51:45	2214
4397	Evie	De Belgeonne	Female	338	FO	246		00:51:46	2215
253	Rikki	James	Male	1878	MO	1157		00:51:46	2216
580	Levi	De Belgeonni	Male	1879	MO	1158		00:51:46	2217
2360	John	Norton	Male	1880	M50	122		00:51:47	2218
2656	Jack	Goddard	Male	1881	MO	1159		00:51:47	2219
3511	Samantha	Barry	Female	339	F55	9	Wymondham AC	00:51:47	2220
2072	Stuart	Sadler	Male	1882	MO	1160		00:51:47	2221
2093	Philip	Semmence	Male	1883	M50	123		00:51:47	2222
2756	Shaun	Brinded	Male	1884	M55	85		00:51:47	2223
2204	Sarah	Johnson	Female	340	F40	36	Three Counties Running Club	00:51:47	2224
5258	Charlie	Bartram	Male	1885	MO	1161		00:51:47	2225
2385	Matthew	Jermy	Male	1886	M45	170		00:51:49	2226
2674	Hannah	Howard	Female	341	FO	247		00:51:49	2227
3834	Jake	Crisp	Male	1887	MO	1162		00:51:49	2228
4362	Joseph	Wicks	Male	1888	MO	1163		00:51:49	2229
4026	James	Nash	Male	1889	MO	1164		00:51:49	2230
3514	Graham	Wall	Male	1890	M55	86		00:51:50	2231
3541	Rosy	Dive	Female	342	FO	248		00:51:50	2232
2194	Haydn	Orford	Male	1891	M55	87		00:51:50	2233
5329	Megan	Brown	Female	343	FO	249		00:51:50	2234
3888	Simon	Parkinson	Male	1892	M50	124		00:51:50	2235
2519	Lauren	Basham	Female	344	FO	250		00:51:51	2236
4578	Maria	Garavand	Female	345	F40	37		00:51:51	2237
2388	Nicky	Fuller	Female	346	F45	29	Norfolk Harriers RC	00:51:51	2238
1502	Ben	Houldsworth	Male	1893	M40	287		00:51:52	2239
3524	Chloe	Stuteley	Female	347	FO	251		00:51:52	2240
2231	Dan	Archer	Male	1894	M55	88		00:51:53	2241
3291	Cathy	Tyrrell	Female	348	F45	30	Diss and District AC	00:51:53	2242
3089	Tom	Skoyles	Male	1895	M40	288		00:51:53	2243
7344	Nicole	Cole	Female	349	F50	18		00:51:54	2244
2137	Neil	Bullen	Male	1896	M45	171		00:51:54	2245
3100	Tina	Sherwood	Female	350	F50	19		00:51:54	2246
7235	William	Eaves	Male	1897	M40	289		00:51:54	2247
2245	Andrew	Kettlewell	Male	1898	M40	290		00:51:55	2248
3576	Narasimha Rao	Kollipara	Male	1899	M50	125		00:51:56	2249
2150	Peter	Stillings	Male	1900	M40	291		00:51:57	2250
2836	Mariana	Rocha	Female	351	FO	252		00:51:57	2251
8278	Paul	Walsingham	Male	1901	M60	41		00:51:58	2252
5583	Rishi	Shah	Male	1902	MO	1165		00:51:58	2253

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1518	Lou	Busby	Female	352	F55	10		00:51:59	2254
3491	Luke	Drinkwater	Male	1903	MO	1166		00:51:59	2255
2313	Andrew	Gooch	Male	1904	M45	172		00:51:59	2256
4536	Steven	Rix	Male	1905	M40	292	Dereham Runners AC	00:51:59	2257
3377	Nina	Dalziel	Female	353	FO	253		00:51:59	2258
3465	Arun	Brockie	Male	1906	MO	1167		00:51:59	2259
3448	Susie	Goodman	Female	354	F45	31		00:51:59	2260
3711	James	Dewbery	Male	1907	MO	1168		00:51:59	2261
2840	Barny	Hewett	Male	1908	MO	1169	Great Yarmouth Road Runners	00:52:00	2262
1519	Shane	Smith	Male	1909	M55	89		00:52:00	2263
4301	James	Roberts	Male	1910	M45	173		00:52:00	2264
4833	Jason	Cleaver	Male	1911	MO	1170		00:52:00	2265
4563	Finley	Batson	Male	1912	MO	1171		00:52:00	2266
2692	Ryan	Best	Male	1913	MO	1172		00:52:01	2267
1704	Seth	Sannick	Male	1914	M40	293		00:52:02	2268
3442	Louise	Skoyles	Female	355	FO	254		00:52:02	2269
3378	Max	Hanton	Male	1915	MO	1173		00:52:02	2270
2337	Laura	Moorhouse	Female	356	F45	32	Norwich Road Runners	00:52:02	2271
3467	Sam	Lincoln	Male	1916	MO	1174		00:52:03	2272
2049	Kirsty	Parke	Female	357	FO	255		00:52:03	2273
7281	Lizzie	Glover	Female	358	FO	256		00:52:03	2274
2668	Rosie	Teer	Female	359	FO	257		00:52:03	2275
3268	Llewelyn	Vann	Male	1917	MO	1175		00:52:03	2276
2640	Michael	Yates	Male	1918	MO	1176		00:52:04	2277
2831	Christopher	Leeper	Male	1919	M60	42	Thetford AC	00:52:04	2278
109	Declan	Mcallister	Male	1920	MO	1177		00:52:06	2279
2424	Becca	Testa	Female	360	FO	258		00:52:06	2280
3327	Andrew	March	Male	1921	MO	1178		00:52:06	2281
1427	Charlie	Cole	Male	1922	MO	1179		00:52:06	2282
2972	Dominik	Drzymala	Male	1923	M45	174	Norwich Road Runners	00:52:06	2283
2425	Will	Tuttle	Male	1924	MO	1180	Lonely Goat RC	00:52:06	2284
2861	George	Staff	Male	1925	MO	1181		00:52:06	2285
2860	Lucy	Staff	Female	361	FO	259		00:52:06	2286
3665	Jens	Schweigart	Male	1926	M50	126		00:52:07	2287
4278	Zachary	Thoday	Male	1927	M40	294		00:52:07	2288
4574	Rebecca	Philpott	Female	362	F40	38		00:52:07	2289
2849	Kyran	Shackleton	Male	1928	MO	1182		00:52:07	2290
2847	Brian	Wilson	Male	1929	MO	1183		00:52:08	2291
902	Harley	Evans	Male	1930	MO	1184		00:52:08	2292
2334	Alex	Martin	Male	1931	M40	295		00:52:08	2293
5493	Viv	Warnes	Female	363	F45	33		00:52:08	2294
3162	Elliott	Lythgoe	Male	1932	MO	1185		00:52:09	2295
2842	Matthew	Deane	Male	1933	MO	1186		00:52:09	2296
5580	Chris	Scarfe	Male	1934	M40	296		00:52:10	2297
8544	Alison	Norton	Male	1935	M55	90		00:52:10	2298
3997	Amie	Curtis	Female	364	F40	39		00:52:11	2299
1752	David	Shirley	Male	1936	M65	20		00:52:12	2300

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3140	Finlay	Vincent	Male	1937	MO	1187	Wymondham AC	00:52:12	2301
4497	Dave	Gardner	Male	1938	MO	1188		00:52:12	2302
3153	Thomas	Richards	Male	1939	MO	1189		00:52:12	2303
5261	Lian	Penson	Female	365	F40	40		00:52:13	2304
2322	Joni	Lambert	Female	366	F40	41		00:52:14	2305
3078	Paul	Southwood	Male	1940	M50	127	Norfolk Gazelles AC	00:52:14	2306
3764	Adrian	Jones	Male	1941	M40	297		00:52:14	2307
3317	Michael	Strefford	Male	1942	MO	1190		00:52:14	2308
2061	Jason	Black	Male	1943	M55	91		00:52:14	2309
1296	Luke	Shacklock	Male	1944	MO	1191		00:52:14	2310
802	Chris	Chadwick	Male	1945	M50	128	Ryston Runners	00:52:14	2311
3188	James	Welham	Male	1946	M45	175		00:52:14	2312
2888	Rebecca	Spencer	Female	367	FO	260		00:52:15	2313
3882	Will	Mitchell	Male	1947	M40	298		00:52:15	2314
3105	Philip	Gentle	Male	1948	M60	43		00:52:15	2315
828	Chris	Johnson	Male	1949	MO	1192		00:52:15	2316
1788	Charles	Graham-wood	Male	1950	MO	1193		00:52:15	2317
1141	Nelson	Navarro	Male	1951	M50	129		00:52:16	2318
3860	Ria	Bush	Female	368	FO	261		00:52:16	2319
2203	Lee	Wicks	Male	1952	MO	1194		00:52:16	2320
2793	Richard	Wade	Male	1953	M45	176		00:52:16	2321
3169	Nicole	O'malley	Female	369	FO	262		00:52:16	2322
2309	Tom	Alabaster	Male	1954	MO	1195		00:52:16	2323
5352	Robin	Lubach	Male	1955	MO	1196		00:52:17	2324
859	Edward	Adams	Male	1956	MO	1197		00:52:17	2325
2387	Michael	Skazick	Male	1957	MO	1198		00:52:17	2326
2133	Stuart	Ringwood	Male	1958	M40	299		00:52:18	2327
4060	Susannah	Edwards	Female	370	F40	42		00:52:18	2328
2571	Ollie	Wright	Male	1959	MO	1199		00:52:18	2329
3042	Jonathan	Pearson	Male	1960	M50	130		00:52:18	2330
3661	Connie	Hodgkinson-Lahiff	Female	371	FO	263	Lonely Goat RC	00:52:18	2331
2007	Melissa	Sampson	Female	372	F55	11		00:52:19	2332
2063	Andrew	Warner	Male	1961	M40	300		00:52:19	2333
3201	Tony	Mohammed	Male	1962	MO	1200		00:52:19	2334
2467	Amy	Howe	Female	373	FO	264		00:52:19	2335
2067	Sam	Kent	Male	1963	MO	1201	East Cornwall Harriers	00:52:20	2336
2314	Steve	Genders	Male	1964	M60	44		00:52:20	2337
1031	Armin	Palmer	Male	1965	M60	45		00:52:21	2338
3842	Connor	Tansley	Male	1966	MO	1202		00:52:21	2339
6262	Joshua	Brockhouse-Smith	Male	1967	MO	1203		00:52:21	2340
3441	Veronica	Slade	Female	374	FO	265	Lonely Goat RC	00:52:21	2341
2077	Warren	Newell	Male	1968	M60	46		00:52:22	2342
2951	Helen	Richardson-hulme	Female	375	F45	34		00:52:22	2343
2201	Rhori	Chenery	Male	1969	MO	1204		00:52:22	2344
744	Summer	Simmons	Female	376	FO	266		00:52:22	2345

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3793	Rosie	Beavor	Female	377	F40	43		00:52:22	2346
7860	Lauren	Davy	Female	378	FO	267		00:52:23	2347
3002	Abbie	Bevan	Female	379	FO	268		00:52:23	2348
2960	Estelle	Corner	Female	380	F50	20		00:52:23	2349
3359	Jason	Ray	Male	1970	M45	177		00:52:23	2350
2743	Faye	Crampton	Female	381	FO	269		00:52:23	2351
2744	Mark	Palmer	Male	1971	M55	92		00:52:23	2352
3235	Haydn	Orford	Male	1972	M45	178		00:52:24	2353
3681	Rebekah	Elphick	Female	382	FO	270		00:52:24	2354
3052	Jack	Barrett-knowles	Male	1973	MO	1205		00:52:24	2355
2858	James	Moncur-brown	Male	1974	MO	1206		00:52:24	2356
3955	Daniel	Farrow	Male	1975	MO	1207		00:52:25	2357
3250	Jamie	Read	Male	1976	MO	1208		00:52:26	2358
3247	Nick	Howell	Male	1977	M40	301		00:52:26	2359
2885	James	Upton-hill	Male	1978	MO	1209		00:52:26	2360
1984	Andrew	Smith	Male	1979	M55	93	Thetford AC	00:52:26	2361
3371	Laura	Cathersides	Female	383	FO	271		00:52:26	2362
3852	Emma	Seager	Female	384	FO	272	Unknown Runner	00:52:27	2363
2833	Matthew	Mcgechie	Male	1980	MO	1210		00:52:27	2364
3113	Daniel	Keenan	Male	1981	MO	1211		00:52:27	2365
2391	Oliver	Burnett-kiernan	Male	1982	MO	1212		00:52:28	2366
4395	Sarah	Proudfoot	Female	385	F40	44		00:52:28	2367
1546	Genya	Edwards	Female	386	F50	21		00:52:28	2368
5263	Aaron	Nazar	Male	1983	MO	1213		00:52:29	2369
3494	Joe	Liddament	Male	1984	M60	47	Great Yarmouth Road Runners	00:52:29	2370
4011	Dave	Matthews	Male	1985	M50	131		00:52:29	2371
4768	Jade	Barry	Female	387	FO	273		00:52:29	2372
2595	Tony	Harrison	Male	1986	M40	302		00:52:30	2373
3542	John	Stares	Male	1987	M60	48	North Norfolk Beach Runners	00:52:30	2374
2795	Jack	Wright	Male	1988	MO	1214		00:52:30	2375
2131	Phillip	Gardner	Male	1989	M50	132		00:52:31	2376
1963	Ben	Snelling	Male	1990	M55	94	FORDY RUNS Running Club	00:52:31	2377
2528	Jamie	Underwood	Male	1991	MO	1215		00:52:31	2378
2384	Ella	Rowe	Female	388	FO	274		00:52:31	2379
2755	John	Fair	Male	1992	M60	49		00:52:31	2380
4984	Samuel	Crowe	Male	1993	MO	1216		00:52:32	2381
3594	Samantha	Beales	Female	389	F40	45		00:52:32	2382
3701	Melissa	Bartram	Female	390	FO	275		00:52:32	2383
4426	Mike	Freeman	Male	1994	M40	303		00:52:32	2384
3848	Martin	Porter	Male	1995	M65	21		00:52:32	2385
1965	Christopher	Stones	Male	1996	MO	1217		00:52:32	2386
4434	Mike	Jones	Male	1997	M40	304		00:52:32	2387
3914	Cleveland	Bennett	Male	1998	M55	95		00:52:32	2388
3573	Andrew	Longhurst	Male	1999	M45	179		00:52:33	2389
2100	Natasha	Eagle	Female	391	F40	46	Wymondham AC	00:52:34	2390

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2182	Adrian	Leddy	Male	2000	M45	180		00:52:34	2391
3057	Ollie	Burton	Male	2001	MO	1218		00:52:35	2392
3223	Peter	Buxton	Male	2002	M60	50		00:52:36	2393
4258	Freya	Tooley	Female	392	FO	276		00:52:36	2394
3985	Joshua	Ball	Male	2003	MO	1219		00:52:36	2395
2308	Riley	Weston	Male	2004	MO	1220		00:52:36	2396
368	Matt	Tomlinson	Male	2005	M50	133	City Of Norwich AC	00:52:36	2397
383	Richard	Dade	Male	2006	M55	96		00:52:37	2398
2695	Alexander	Fitzgerald	Male	2007	M50	134		00:52:37	2399
8393	Lloyd	King	Male	2008	MO	1221		00:52:37	2400
4538	Danielle	Reeve	Female	393	FO	277		00:52:37	2401
2777	John	Hooper	Male	2009	M50	135		00:52:37	2402
7642	Juste	Panavaite	Female	394	FO	278		00:52:38	2403
3020	Ollie	Whyte	Male	2010	M40	305		00:52:38	2404
1260	Adam	Oldfield	Male	2011	M40	306		00:52:38	2405
7415	Stacy	Morris	Female	395	FO	279		00:52:38	2406
2722	Richard	Belton	Male	2012	MO	1222		00:52:39	2407
2053	James	Slater	Male	2013	MO	1223		00:52:39	2408
2667	Mark	Stone	Male	2014	M50	136	Great Yarmouth Road Runners	00:52:39	2409
3434	Felicity	Parker	Female	396	FO	280		00:52:39	2410
2677	Christian	Taylor	Male	2015	MO	1224		00:52:40	2411
4580	Ruben	Paulo	Male	2016	MO	1225		00:52:40	2412
3520	Harvey	Watson	Male	2017	MO	1226		00:52:40	2413
3620	Andrew	Biggs	Male	2018	M50	137	Norwich Road Runners	00:52:40	2414
2913	Stephen	Masters	Male	2019	M40	307		00:52:41	2415
3076	Jonathan	Ward	Male	2020	MO	1227		00:52:41	2416
2721	Ramsay	Gashut	Male	2021	M40	308		00:52:41	2417
2689	Adam	French	Male	2022	MO	1228		00:52:41	2418
1902	Becky	Pick	Female	397	FO	281		00:52:41	2419
3294	Abbi	Catterall	Female	398	FO	282		00:52:41	2420
3545	Dawn	Mcarthur	Female	399	F40	47		00:52:41	2421
4508	Saskia	Mak-pearce	Female	400	FO	283		00:52:42	2422
3050	Anne-marie	King	Female	401	F45	35	Dereham Runners AC	00:52:42	2423
3551	Jonathan	Keymer	Male	2023	M40	309		00:52:42	2424
2027	Harry	Webster	Male	2024	MO	1229		00:52:43	2425
1476	Robert	Quinlan	Male	2025	M55	97		00:52:43	2426
4194	Kai	Hewitt	Male	2026	MO	1230		00:52:43	2427
2458	Christopher	Burt	Male	2027	MO	1231		00:52:44	2428
1799	Mark	Collins	Male	2028	M55	98	Great Yarmouth Road Runners	00:52:44	2429
1377	Ed	Bell	Male	2029	MO	1232		00:52:45	2430
1789	Ben	Margason	Male	2030	MO	1233		00:52:45	2431
8299	Dwayne	Powley	Male	2031	MO	1234		00:52:46	2432
2987	Chris	Shearing	Male	2032	M40	310		00:52:46	2433
2432	Elizabeth	Johnson	Female	402	F45	36	North Norfolk Beach Runners	00:52:46	2434
2730	Alex	Coburn	Male	2033	M50	138		00:52:46	2435

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5220	Leanna	Leonard	Female	403	F40	48		00:52:46	2436
2979	Ben	Law	Male	2034	M40	311		00:52:46	2437
4070	Roxanne	Ames	Female	404	FO	284		00:52:47	2438
1107	Ceri	Theobald	Male	2035	M50	139	Norfolk Gazelles AC	00:52:47	2439
2810	Robin	Cleave	Male	2036	MO	1235		00:52:47	2440
2087	Kieran	Hester	Male	2037	MO	1236		00:52:47	2441
1619	Jonathan	Sapsford	Male	2038	M40	312		00:52:48	2442
1361	Jonathan	Burton	Male	2039	M55	99	Dereham Runners AC	00:52:48	2443
2115	Iain	Wood	Male	2040	M45	181	Savvy Park Runrz	00:52:48	2444
5309	Bradley	Butler	Male	2041	M50	140		00:52:49	2445
2488	Desmond	Michael	Male	2042	M75+	1	Barnet & District AC	00:52:49	2446
2369	Andrew	Tibble	Male	2043	M60	51	Norwich Road Runners	00:52:50	2447
5314	Alex	Obrien	Male	2044	MO	1237		00:52:50	2448
4076	Max	Avery	Male	2045	MO	1238		00:52:50	2449
3349	David	De Tarrier	Male	2046	M45	182		00:52:50	2450
2149	Rebecca	Bond	Female	405	FO	285		00:52:51	2451
3410	Jonathan	Smith	Male	2047	MO	1239		00:52:51	2452
2594	John	Miller	Male	2048	M60	52	Norwich Road Runners	00:52:51	2453
3379	Zoe	Baynes	Female	406	FO	286		00:52:51	2454
3098	Lindsey	Tashlin	Female	407	F55	12		00:52:51	2455
1523	Ben	Aylmer	Male	2049	MO	1240		00:52:52	2456
3339	James	Tully	Male	2050	M50	141	Tri-Anglia Triathlon Club	00:52:53	2457
3659	Emily	Rivett	Female	408	FO	287		00:52:53	2458
2789	Lucy	Hart	Female	409	FO	288		00:52:53	2459
3074	Jasmine	Nabarro	Female	410	FO	289		00:52:53	2460
1579	Ben	Howe	Male	2051	MO	1241		00:52:53	2461
3326	Graham	Bruty	Male	2052	M55	100	Harleston Running Club	00:52:53	2462
4419	Daniel	Vallecillo Reeve	Male	2053	MO	1242		00:52:54	2463
2573	Robert	Whelan	Male	2054	M60	53		00:52:54	2464
5128	Shannon	O'sullivan	Female	411	F45	37	Norfolk Gazelles AC	00:52:54	2465
2544	Matthew	Need	Male	2055	MO	1243		00:52:55	2466
1551	Aidan	Wigley	Male	2056	MO	1244		00:52:55	2467
3204	Jonathan	Nichols	Male	2057	M60	54		00:52:55	2468
2997	Claire	Forkes	Female	412	FO	290		00:52:55	2469
4502	Max	Woodcock	Male	2058	MO	1245		00:52:55	2470
3265	Fiona	Williams	Female	413	F50	22	Great Yarmouth Road Runners	00:52:55	2471
1933	Dylan	Powley	Male	2059	MO	1246		00:52:56	2472
738	Callum	Boulter	Male	2060	MO	1247	Arete Run Club	00:52:56	2473
2608	Simon	Chamberlin	Male	2061	M50	142		00:52:56	2474
3238	Oliver	Pritchard	Male	2062	M55	101		00:52:56	2475
2280	Kieran	Brady	Male	2063	MO	1248		00:52:57	2476
3495	Winston	Freeman	Male	2064	M45	183		00:52:57	2477
2925	Sam	Mcallister	Male	2065	M40	313		00:52:57	2478
2984	Chelsea	Pennell	Female	414	FO	291		00:52:57	2479

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2909	Kimberley	Brewer	Female	415	FO	292		00:52:57	2480
4530	Dylan	Skitmore	Male	2066	MO	1249		00:52:57	2481
1950	Amy	Tovell	Female	416	FO	293		00:52:57	2482
2135	Mark	Hedges	Male	2067	M50	143		00:52:57	2483
2894	Matthew	Hinchliffe	Male	2068	M45	184		00:52:57	2484
9385	Billy	Linehan	Male	2069	MO	1250		00:52:57	2485
1496	Jamie	Stringer	Male	2070	MO	1251		00:52:57	2486
4523	Carlton	Skitmore	Male	2071	MO	1252		00:52:57	2487
2638	Lee	Peters	Male	2072	MO	1253		00:52:58	2488
2470	Javier	Gonzalez Castro	Male	2073	M40	314		00:52:58	2489
3890	Mathilda	Notley	Female	417	FO	294		00:52:58	2490
3892	Morgan	Crane	Male	2074	M50	144		00:52:59	2491
4332	Lisa	Kiddell	Female	418	F45	38		00:52:59	2492
3172	Felicity	Bamber	Female	419	FO	295		00:52:59	2493
4639	Chris	Scott	Male	2075	M45	185		00:52:59	2494
1485	David	Doddington	Male	2076	M65	22	Waveney Valley AC	00:52:59	2495
3629	Emma	Stringer	Female	420	FO	296		00:52:59	2496
6410	Zoe	Hyam	Female	421	FO	297		00:52:59	2497
3231	Sally	Hutchison	Female	422	F60	5	Hillsborough & Rivelin RC	00:52:59	2498
2543	Esther	Harrod	Female	423	F50	23		00:53:00	2499
2944	Mike	Fox	Male	2077	M60	55		00:53:01	2500
2542	Georgia	Harrod	Female	424	FO	298		00:53:01	2501
2980	Andrew	Bush	Male	2078	M45	186		00:53:02	2502
3160	Camilla	Stanton	Female	425	FO	299		00:53:02	2503
1688	Mary	Pinching	Female	426	FO	300		00:53:02	2504
1204	Nikki	Watson	Female	427	FO	301		00:53:02	2505
3631	William	Corner	Male	2079	M45	187		00:53:02	2506
3387	Catalina	Ruane	Female	428	FO	302		00:53:03	2507
8877	Samuel	Roberts	Male	2080	MO	1254		00:53:03	2508
1549	Thomas	Rowley	Male	2081	M40	315		00:53:03	2509
3981	Marcus	Rowland	Male	2082	M50	145		00:53:03	2510
1431	Dave	Hyam	Male	2083	M40	316		00:53:04	2511
2614	Ethan	Rundle	Male	2084	MO	1255		00:53:04	2512
5159	Lee	Pavett	Male	2085	M55	102		00:53:04	2513
4047	Thomas	Wells	Male	2086	MO	1256		00:53:05	2514
4501	Ian	Sadd	Male	2087	M55	103	Norfolk Gazelles AC	00:53:05	2515
1147	Kathryn	Wilce	Female	429	F40	49		00:53:05	2516
1790	Matthew	Townsend	Male	2088	M45	188		00:53:05	2517
3484	Graham	Jackson	Male	2089	M50	146		00:53:06	2518
2990	Molly	Hopgood	Female	430	FO	303	Ryston Runners	00:53:06	2519
1713	Scott	Williams	Male	2090	MO	1257		00:53:06	2520
3450	Alison	Maguire	Female	431	F45	39		00:53:06	2521
2653	Liam	Hastings	Male	2091	MO	1258		00:53:06	2522
1958	George	Garrod	Male	2092	MO	1259		00:53:07	2523
1526	Matthew	Wilkinson	Male	2093	M45	189		00:53:07	2524
2358	Antonia	Nash	Female	432	FO	304		00:53:07	2525
6232	Nathanael	Sparrow	Male	2094	MO	1260		00:53:07	2526

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3679	Mark	Blunsten	Male	2095	M50	147	Tri-Anglia Triathlon Club	00:53:08	2527
2463	Sean	Murray	Male	2096	MO	1261		00:53:08	2528
4008	Immi	Langley	Female	433	FO	305		00:53:08	2529
4372	Matthew	Smith	Male	2097	M50	148		00:53:08	2530
6217	Christian	Croft	Male	2098	MO	1262		00:53:09	2531
2263	Colin	Lockwood	Male	2099	MO	1263		00:53:09	2532
2265	Danielle	Howes	Female	434	F40	50		00:53:09	2533
3781	Stephen	Sweatman-wright	Male	2100	M40	317	Norfolk Gazelles AC	00:53:09	2534
2843	Ingrida	Juskaite	Female	435	FO	306		00:53:09	2535
2226	Benjamin	Rollinson	Male	2101	MO	1264		00:53:09	2536
3306	Mark	Smith	Male	2102	M50	149		00:53:09	2537
1774	Brian	Elliott	Male	2103	M55	104		00:53:09	2538
3092	Shimmy	Ptak	Male	2104	MO	1265		00:53:10	2539
2588	Frederick	Bate	Male	2105	MO	1266		00:53:11	2540
4158	Charlotte	Bowden	Female	436	FO	307		00:53:11	2541
3354	Richard	Morford	Male	2106	M45	190		00:53:11	2542
4558	Demi	Colk	Female	437	FO	308		00:53:11	2543
2537	Ben	Kensdale	Male	2107	MO	1267		00:53:11	2544
3044	Kevin	Bull	Male	2108	M55	105		00:53:11	2545
2088	Jason	Buckley	Male	2109	M40	318		00:53:11	2546
3059	Lydia	Petersen	Female	438	FO	309		00:53:12	2547
3949	Reece	Loates	Male	2110	MO	1268		00:53:12	2548
5537	Samantha	Faulkner	Female	439	F45	40		00:53:12	2549
2293	Spencer	Ellis	Male	2111	MO	1269		00:53:12	2550
2164	Ashley	Sale	Male	2112	MO	1270		00:53:12	2551
4784	Hannah	Dagless	Female	440	FO	310		00:53:12	2552
3329	Simon	Youngs	Male	2113	M40	319		00:53:13	2553
2408	Niki	Summers	Male	2114	MO	1271		00:53:13	2554
3697	Robbie	Hisgrove	Male	2115	MO	1272		00:53:13	2555
3642	Alison	Pendle	Female	441	F65	1		00:53:13	2556
2433	Chris	Belcher	Male	2116	M45	191		00:53:13	2557
3007	Adam	Mullin	Male	2117	M40	320		00:53:13	2558
2532	Nicky	Savage	Female	442	F45	41		00:53:14	2559
6471	Samuel	Wheeler	Male	2118	MO	1273		00:53:14	2560
2883	Lee	Copeman	Male	2119	MO	1274		00:53:14	2561
3489	Lee	Blackett	Male	2120	MO	1275		00:53:14	2562
2769	Isabella	Clarke	Female	443	FO	311		00:53:14	2563
2568	Gemma	Garland	Female	444	FO	312		00:53:14	2564
5723	Philippa	Salvoni	Female	445	F50	24		00:53:15	2565
1982	Garri	Davies	Male	2121	MO	1276		00:53:15	2566
7018	Sophie	Rees	Female	446	FO	313		00:53:15	2567
5989	Ethan	Basham	Male	2122	MO	1277		00:53:15	2568
4088	Martin	Barmby	Male	2123	M45	192		00:53:15	2569
8364	Alex	Warren	Female	447	F55	13		00:53:15	2570
6061	Fiona	Barrs	Female	448	FO	314		00:53:15	2571
1712	James	Richmond	Male	2124	MO	1278		00:53:16	2572
3771	Helen	Mian	Female	449	F55	14		00:53:16	2573
1605	Lucy	Temple	Female	450	FO	315		00:53:16	2574

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2413	Hannah	Colson	Female	451	FO	316		00:53:16	2575
6218	Emma	Bond	Female	452	FO	317		00:53:16	2576
2336	Keiran	Dalton	Male	2125	MO	1279		00:53:16	2577
2170	Adam	Crick	Male	2126	M55	106		00:53:17	2578
2788	Stuart	Cox	Male	2127	M50	150		00:53:17	2579
1211	Dominic	W	Male	2128	MO	1280		00:53:17	2580
3132	Megan	Claxton	Female	453	FO	318		00:53:18	2581
2035	Mark	Leaford	Male	2129	M45	193	Ely Runners	00:53:18	2582
2802	Tyler	Slater	Male	2130	MO	1281		00:53:18	2583
3757	James	Greaves	Male	2131	MO	1282		00:53:18	2584
4541	Chris	Routs	Male	2132	M50	151		00:53:18	2585
4746	James	Kidd	Male	2133	M50	152		00:53:19	2586
5513	Stephen	Huish	Male	2134	M55	107		00:53:19	2587
1972	Stephen	Jones	Male	2135	M45	194		00:53:19	2588
2416	Jeff	Trace	Male	2136	M55	108		00:53:19	2589
2880	Laura	Howard	Female	454	FO	319		00:53:19	2590
3813	Tom	Dare	Male	2137	MO	1283		00:53:20	2591
3787	Emiliya	Lazarova	Female	455	F45	42		00:53:20	2592
1308	Jake	Edwards	Male	2138	MO	1284		00:53:20	2593
6087	Michael	Clay	Male	2139	M50	153		00:53:20	2594
4009	Sarah	Cantin	Female	456	FO	320		00:53:21	2595
4340	Chris	Amos	Male	2140	M50	154		00:53:21	2596
2341	James	Pallant	Male	2141	M45	195	Lonely Goat RC	00:53:21	2597
6681	Eleanor	Gillard	Female	457	F40	51		00:53:21	2598
6347	Clare	Campbell	Female	458	F45	43		00:53:21	2599
4977	Iris	Palmer	Female	459	FO	321	Beccles & Bungay Harriers	00:53:22	2600
3806	Simon	Fogg	Male	2142	M40	321		00:53:22	2601
626	James	Bruce	Male	2143	MO	1285		00:53:22	2602
4261	Josh	Leaford	Male	2144	MO	1286	Ely Runners	00:53:22	2603
4097	Addison	Pattison	Male	2145	MO	1287		00:53:23	2604
3993	Alistair	Beavis	Male	2146	M45	196		00:53:23	2605
1768	Thomas	Sandy	Male	2147	MO	1288	Wymondham AC	00:53:24	2606
2319	Sarah	Ballsdon	Female	460	FO	322		00:53:24	2607
3451	Shaun	Walton	Male	2148	M50	155		00:53:24	2608
4307	Emily	Francis	Female	461	FO	323		00:53:24	2609
2577	Jacob	Smith	Male	2149	MO	1289		00:53:24	2610
3644	Tom	Musgrove	Male	2150	MO	1290		00:53:24	2611
2417	Joseph	Hemmings	Male	2151	M40	322		00:53:24	2612
1749	Sophie	Baxter	Female	462	FO	324		00:53:25	2613
2516	Rachael	Hutchinson	Female	463	F55	15		00:53:25	2614
4373	Stephanie	Plume	Female	464	FO	325	Coltishall Jaguars RC	00:53:25	2615
2134	Stephen	Michael	Male	2152	M50	156		00:53:25	2616
2992	Victoria	Bowen	Female	465	F40	52	Bungay Black Dog RC	00:53:25	2617
3270	Dale	Cooper	Male	2153	M65	23		00:53:25	2618
3587	Kelly	Pick	Female	466	F45	44		00:53:26	2619
4443	Anna	Latham	Female	467	FO	326		00:53:26	2620
5124	Daniel	James	Male	2154	MO	1291		00:53:26	2621

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5476	Matthew	Davy	Male	2155	MO	1292	City Of Norwich AC	00:53:26	2622
2670	Stephen	Faragher	Male	2156	M40	323		00:53:27	2623
3745	Jo	Hipperson	Female	468	F50	25		00:53:27	2624
1794	Dylan	Sweeby	Male	2157	MO	1293		00:53:27	2625
4992	Scott	Wilkin	Male	2158	M45	197		00:53:28	2626
4352	James	Davey	Male	2159	M45	198	City Of Norwich AC	00:53:28	2627
3475	Steven	Wells	Male	2160	MO	1294		00:53:28	2628
4384	Andrew	Groom	Male	2161	MO	1295		00:53:28	2629
2983	Jane	Clarke	Female	469	F65	2		00:53:28	2630
1577	Matt	Isherwood	Male	2162	M45	199		00:53:29	2631
2312	Abigail	Clarke	Female	470	FO	327	Attleborough Athletics Academy	00:53:29	2632
3994	Ben	Nichols	Male	2163	MO	1296		00:53:30	2633
2070	Joshua	Johnson	Male	2164	MO	1297		00:53:30	2634
3488	Will	Symonds	Male	2165	MO	1298		00:53:30	2635
2882	Peter	Holgate	Male	2166	M45	200		00:53:30	2636
3277	Scott	Aldridge	Male	2167	MO	1299	Waveney Valley AC	00:53:31	2637
2349	Steven	Keegan	Male	2168	M45	201		00:53:31	2638
2138	Sarah	Harris	Female	471	F45	45		00:53:31	2639
8092	Laura	Nicolas I Gayola	Female	472	FO	328		00:53:32	2640
5058	Claire	Boyer	Female	473	F40	53		00:53:32	2641
3182	Chris	Howard	Male	2169	M45	202	Great Yarmouth Road Runners	00:53:32	2642
3217	Liam	Thetford	Male	2170	MO	1300		00:53:32	2643
3889	Lee	Hall	Male	2171	M45	203		00:53:33	2644
2430	Claire	Nobbs	Female	474	FO	329		00:53:33	2645
3604	Alice	Gooch	Female	475	FO	330		00:53:33	2646
1675	Corbin	Griffen	Male	2172	MO	1301	Waveney Valley AC	00:53:33	2647
3108	Vernon	Lindon	Male	2173	M50	157		00:53:33	2648
2446	Kieran	Smith	Male	2174	MO	1302		00:53:34	2649
1288	Kalle	Shearer	Male	2175	MO	1303		00:53:34	2650
3678	Amber	Harvey	Female	476	FO	331		00:53:34	2651
4061	Reece	Baston	Male	2176	MO	1304	Great Yarmouth Road Runners	00:53:35	2652
5602	Paul	Taylor	Male	2177	M60	56		00:53:35	2653
3063	Paul	Strowger	Male	2178	M50	158		00:53:35	2654
2590	Harry	Madden	Male	2179	MO	1305		00:53:36	2655
2844	Thomas	Clapp	Male	2180	MO	1306		00:53:36	2656
3139	Meadhbh	Flynn	Female	477	FO	332	Great Yarmouth Road Runners	00:53:36	2657
6725	Lana	Turner	Female	478	FO	333		00:53:36	2658
3177	Stefan	Galasky	Male	2181	MO	1307		00:53:36	2659
2315	Alain	Elsley Medina	Male	2182	MO	1308		00:53:37	2660
5308	Steven	Cole	Male	2183	MO	1309		00:53:37	2661
1067	Luke	Smith	Male	2184	M40	324	Great Yarmouth Road Runners	00:53:37	2662
2570	Martin	Trick	Male	2185	M65	24		00:53:37	2663
2365	Matthew	Hunton	Male	2186	MO	1310		00:53:37	2664
3606	Paul	Steward	Male	2187	M50	159		00:53:38	2665
3350	Ben	Blewitt	Male	2188	MO	1311		00:53:38	2666
2504	Oliver	Self	Male	2189	MO	1312		00:53:38	2667

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1929	Elliot	Chapman	Male	2190	MO	1313		00:53:39	2668
3959	Ned	Mead	Male	2191	MO	1314		00:53:39	2669
3026	Michael	Merryweather	Male	2192	M55	109		00:53:39	2670
2464	Sam	Woods	Male	2193	MO	1315		00:53:39	2671
525	Tom	Huckle	Male	2194	M40	325		00:53:39	2672
3930	Jessica	Moore	Female	479	FO	334		00:53:39	2673
4796	Will	Wright	Male	2195	M40	326		00:53:40	2674
3452	George	Hall	Male	2196	MO	1316		00:53:40	2675
5437	Freddie	Lackford	Male	2197	MO	1317		00:53:41	2676
1814	Max	Lister	Male	2198	MO	1318		00:53:41	2677
2851	Meg	Robson	Female	480	FO	335		00:53:41	2678
4069	Pawel	Lukaszewicz	Male	2199	M45	204		00:53:41	2679
3083	Richard	Gill	Male	2200	M60	57		00:53:42	2680
2428	Jonathan	Russell	Male	2201	MO	1319		00:53:42	2681
1820	Jim	Tubb	Male	2202	MO	1320		00:53:42	2682
4359	Jacob	Cole	Male	2203	MO	1321		00:53:43	2683
2120	Oliver	Medler	Male	2204	MO	1322		00:53:43	2684
6896	Matt	Kimber	Male	2205	MO	1323		00:53:43	2685
2426	Macey	Grange	Female	481	FO	336		00:53:43	2686
742	James	Hyde	Male	2206	MO	1324		00:53:43	2687
1908	Tom	Clark	Male	2207	MO	1325		00:53:44	2688
3274	Kierron	Rose	Male	2208	MO	1326		00:53:44	2689
2938	Kelly	Powis	Female	482	FO	337		00:53:44	2690
1727	William	Pinch	Male	2209	MO	1327		00:53:44	2691
4117	David	Knott	Male	2210	MO	1328		00:53:44	2692
2920	Amy	Culham	Female	483	F40	54	Lonely Goat RC	00:53:44	2693
2765	Harry	Durant	Male	2211	MO	1329		00:53:45	2694
3907	Darren	Hopkins	Male	2212	M55	110	FORDY RUNS Running Club	00:53:45	2695
2615	Libby	Highe	Female	484	FO	338		00:53:45	2696
2370	Harry	Reilly	Male	2213	MO	1330		00:53:45	2697
1307	Ryan	Roberts	Male	2214	MO	1331		00:53:45	2698
4591	Michael	Jones	Male	2215	MO	1332		00:53:46	2699
4752	Thomas	Oakes	Male	2216	M40	327		00:53:46	2700
2112	Jason	Day	Male	2217	M50	160		00:53:46	2701
4955	Lee	Goodwin	Male	2218	M65	25		00:53:47	2702
3513	James	Hardy	Male	2219	M40	328		00:53:48	2703
6422	Natasha	Christoforou	Female	485	FO	339	Bournville Harriers	00:53:48	2704
3322	Kyle	Stiff	Male	2220	MO	1333		00:53:48	2705
4295	Adam	Knight	Male	2221	M50	161		00:53:48	2706
4229	Faith	Bradbury	Female	486	F55	16		00:53:49	2707
7503	Ellie	Casey	Male	2222	MO	1334		00:53:49	2708
3210	Stevie	White	Male	2223	MO	1335		00:53:49	2709
5417	Emma	Harris	Female	487	FO	340		00:53:50	2710
1330	Danny	Gibson	Male	2224	MO	1336		00:53:50	2711
3748	Catherine	White	Female	488	F55	17		00:53:51	2712
4237	James	Hunt	Male	2225	MO	1337		00:53:51	2713
6859	Lauren	Yates	Female	489	FO	341		00:53:51	2714
3389	Aston	Murphy	Male	2226	MO	1338		00:53:51	2715

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3928	Vicky	Gooda	Female	490	FO	342		00:53:51	2716
4490	Andrew	Fish	Male	2227	M45	205		00:53:52	2717
6858	Tom	Sanderson	Male	2228	MO	1339		00:53:52	2718
5834	Kieran	Goffin	Male	2229	MO	1340		00:53:52	2719
2922	Lisa	Wilson	Female	491	F40	55		00:53:52	2720
2493	Harrison	English	Male	2230	MO	1341		00:53:52	2721
6483	Georgie	Holiday	Female	492	FO	343		00:53:53	2722
3796	James	Quilter	Male	2231	MO	1342		00:53:53	2723
2279	Jemima	Malcolm	Female	493	FO	344		00:53:53	2724
2271	Caitlin	Fox	Female	494	FO	345		00:53:54	2725
995	David	Tilsley	Male	2232	MO	1343		00:53:54	2726
4590	Mark	Winterbottom	Male	2233	MO	1344		00:53:54	2727
1482	Mark	Fryers	Male	2234	M45	206		00:53:54	2728
2752	Lauren	Rawlings	Female	495	FO	346		00:53:54	2729
4847	Nicola	Kaye	Female	496	F50	26	Norfolk Gazelles AC	00:53:54	2730
3366	Rhianna-lily	Smith	Female	497	FO	347		00:53:55	2731
5278	Freddy	Goymer	Male	2235	MO	1345		00:53:55	2732
3654	Mark	Jolly	Male	2236	M60	58		00:53:55	2733
2686	Ethan	Simpson	Male	2237	MO	1346		00:53:55	2734
5229	Joe	Toel	Male	2238	MO	1347		00:53:55	2735
5285	Lee	Kiddell	Male	2239	MO	1348		00:53:56	2736
4822	Adam	Ward	Male	2240	MO	1349		00:53:56	2737
5093	Sam	Walker	Female	498	FO	348		00:53:56	2738
4124	Andzelika	Abbs	Female	499	FO	349		00:53:56	2739
4774	Faye	Ames	Female	500	FO	350		00:53:56	2740
2451	Emma	Deeba	Female	501	F40	56		00:53:57	2741
6758	Poppy	Mowle	Female	502	FO	351		00:53:57	2742
576	Billy	Life	Male	2241	MO	1350		00:53:57	2743
3095	John	Shippey	Male	2242	M75+	2		00:53:57	2744
3112	Matthew	Wicks	Male	2243	MO	1351		00:53:57	2745
4046	Teresa	Futter	Female	503	F50	27	Runners-Next-the-Sea	00:53:57	2746
2806	Tom	Fooks-bale	Male	2244	MO	1352		00:53:57	2747
2116	Ben	Warrent	Male	2245	MO	1353		00:53:58	2748
3744	Nick	Asker	Male	2246	M65	26		00:53:58	2749
3085	Finola	Macaulay	Female	504	FO	352		00:53:58	2750
4006	Simon	Sinfield	Male	2247	M45	207		00:53:58	2751
4937	Marie	Russell	Female	505	F50	28		00:53:58	2752
5010	Tasha	Phayre	Female	506	FO	353		00:53:59	2753
2583	Liam	Bannon	Male	2248	MO	1354		00:53:59	2754
4106	Edgars	Petersons	Male	2249	MO	1355		00:53:59	2755
7307	Peter	Cutting	Male	2250	M40	329		00:53:59	2756
3064	Brett	Alexander	Male	2251	M55	111		00:54:00	2757
3286	Shane	Robinson	Male	2252	MO	1356		00:54:00	2758
3675	Amie	Cushing	Female	507	F40	57		00:54:00	2759
3419	Victoria	Chadwick	Female	508	FO	354		00:54:00	2760
3461	Douggie	Pye	Male	2253	MO	1357		00:54:00	2761
4528	Lizzy	Cantwell	Female	509	F45	46		00:54:01	2762
3109	Liz	Gibson	Female	510	FO	355		00:54:01	2763

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4547	Chris	Woodhouse	Male	2254	M55	112		00:54:01	2764
2223	Jason	Howes	Male	2255	M55	113		00:54:01	2765
2747	Rachel	Nelson	Female	511	FO	356		00:54:01	2766
7084	Albert	Blandy	Male	2256	MO	1358		00:54:02	2767
2739	James	Plunkett	Male	2257	M45	208		00:54:02	2768
4698	Tom	Rosby	Male	2258	MO	1359		00:54:02	2769
3432	Laura	Hawes	Female	512	FO	357		00:54:02	2770
3577	Paul	Murray	Male	2259	M65	27	Meltham AC	00:54:02	2771
4421	Michelle	Sales	Female	513	FO	358	Norwich Road Runners	00:54:03	2772
3581	Beverley	Luckins	Female	514	F55	18		00:54:03	2773
1786	Ryan	Sadler	Male	2260	MO	1360		00:54:04	2774
2012	George	Wheeler	Male	2261	MO	1361		00:54:04	2775
2659	Robert	Smith	Male	2262	MO	1362		00:54:04	2776
4568	Andrew	Biss	Male	2263	M50	162		00:54:04	2777
3575	Peter	English	Male	2264	M55	114	Daventry Road Runners	00:54:04	2778
3838	Lalaine	Davey	Female	515	FO	359		00:54:04	2779
2671	David	Buck	Male	2265	M60	59	Coltishall Jaguars RC	00:54:04	2780
4382	Christine	Barnett	Female	516	F60	6	Coltishall Jaguars RC	00:54:05	2781
3709	Alice	Wakeley	Female	517	FO	360		00:54:05	2782
4936	Alan	Russell	Male	2266	M55	115		00:54:05	2783
4012	Lizzie	Hook	Female	518	FO	361		00:54:05	2784
3222	Faye	Buxton	Female	519	FO	362		00:54:06	2785
2596	Madeleine	Smith	Female	520	FO	363		00:54:06	2786
3097	Stephen	Harris	Male	2267	M60	60		00:54:07	2787
3875	Paul	Frarey	Male	2268	M50	163		00:54:07	2788
3822	Lee	Shuardson	Male	2269	M45	209		00:54:07	2789
4717	Stephen	Houghton	Male	2270	M40	330	Wymondham AC	00:54:07	2790
1907	Stephen	Reed	Male	2271	M45	210		00:54:07	2791
1357	Ollie	Watkins	Male	2272	MO	1363		00:54:08	2792
3121	Anthony	Ray	Male	2273	M55	116		00:54:08	2793
7861	Reece	May	Male	2274	MO	1364		00:54:08	2794
3553	Denise	Ewart	Female	521	F40	58		00:54:08	2795
3552	Stuart	Matheson	Male	2275	M55	117		00:54:09	2796
4333	Lizzie	Escobar	Female	522	FO	364	Diss and District AC	00:54:09	2797
3574	Gemma	Bond	Female	523	FO	365		00:54:09	2798
6252	James	Cressey	Male	2276	MO	1365		00:54:09	2799
3084	Louise	Anderson	Female	524	FO	366		00:54:10	2800
3028	Paul	Richardson	Male	2277	M65	28	Norwich Road Runners	00:54:10	2801
2443	Stephanie	Leak	Female	525	FO	367		00:54:10	2802
1760	Tim	Smith	Male	2278	MO	1366		00:54:12	2803
1745	Nick	Caley	Male	2279	M45	211		00:54:12	2804
4549	Joe	Moorhouse	Male	2280	MO	1367		00:54:12	2805
3646	Lucy	Clark	Female	526	F55	19		00:54:12	2806
4766	Katie	Mayer	Female	527	F40	59		00:54:12	2807
4432	Harrison	Jowett	Male	2281	MO	1368		00:54:13	2808
2991	Camilla	Shepherd	Female	528	FO	368		00:54:13	2809

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3115	David	Owen	Male	2282	M60	61		00:54:13	2810
3271	Ben	Dewhurst	Male	2283	M50	164		00:54:13	2811
3893	Sarah	Binks	Female	529	FO	369		00:54:13	2812
5864	Chiara	Bond	Female	530	FO	370		00:54:13	2813
2658	Anna	Russell	Female	531	FO	371		00:54:14	2814
2964	Neil	Garrett	Male	2284	M40	331		00:54:14	2815
9319	Eve	Lawson	Female	532	FO	372		00:54:14	2816
3110	Daren	Maeer	Male	2285	M45	212		00:54:14	2817
4096	Jamie	Mcdonald	Male	2286	M45	213		00:54:14	2818
4825	Kierstan	Foreman	Male	2287	M40	332	Stowmarket Striders RC	00:54:14	2819
3636	Luke	Rhodes	Male	2288	MO	1369		00:54:14	2820
2216	Gareth	Williams	Male	2289	M45	214		00:54:15	2821
3704	Carl	Jones	Male	2290	M40	333		00:54:15	2822
5277	John	Taylor	Male	2291	MO	1370		00:54:15	2823
5322	Matt	Blake	Male	2292	MO	1371		00:54:15	2824
3633	Lucy	Mccabe	Female	533	FO	373		00:54:15	2825
3425	Thomas	Marjoram	Male	2293	MO	1372		00:54:15	2826
2599	Oliver	Smith	Male	2294	MO	1373		00:54:15	2827
3428	Archie	Wade-briggs	Male	2295	MO	1374		00:54:16	2828
3591	Judith	Berry	Female	534	F50	29	Ryston Runners	00:54:18	2829
2737	Benedict	Woodings	Male	2296	M50	165		00:54:18	2830
7221	Brandon	Carter	Male	2297	MO	1375		00:54:18	2831
331	Adam	Smith	Male	2298	M45	215		00:54:18	2832
5494	Gabriel	Marchant	Male	2299	MO	1376		00:54:19	2833
2650	Toby	Hadlow	Male	2300	MO	1377		00:54:19	2834
3522	Matt	Knight	Male	2301	MO	1378		00:54:19	2835
4255	Rebecca	Ellis	Female	535	FO	374		00:54:19	2836
3714	Jessica	Parry	Female	536	FO	375		00:54:19	2837
3945	Daniel	Burrell-smith	Male	2302	MO	1379		00:54:19	2838
7336	Phoebe	Mowle	Female	537	FO	376		00:54:19	2839
4387	Simon	Page	Male	2303	M55	118	Great Yarmouth Road Runners	00:54:20	2840
2316	Steve	Batt	Male	2304	MO	1380		00:54:20	2841
2762	Neil	Linford Hazell	Male	2305	M45	216		00:54:20	2842
3272	Joanne	Dewhurst	Female	538	F45	47		00:54:21	2843
2919	Rachel	Matthews	Female	539	F50	30		00:54:21	2844
4370	Dianne	Bird	Female	540	F60	7	Aylsham Runners	00:54:21	2845
2241	Matthew	Tinkler	Male	2306	MO	1381		00:54:21	2846
944	Toby	Lane	Male	2307	MO	1382		00:54:21	2847
3424	Laura	Bullimore	Female	541	F40	60		00:54:21	2848
2696	Daniel	Godbolt	Male	2308	M45	217		00:54:21	2849
3761	Adam	Evans	Male	2309	MO	1383		00:54:21	2850
1986	Peter	Sharpe	Male	2310	M50	166	Wymondham AC	00:54:21	2851
3729	Hollie	Hare	Female	542	FO	377		00:54:21	2852
2535	Mark	Whiting	Male	2311	M65	29		00:54:22	2853
2545	Laurence	Fenn	Male	2312	MO	1384		00:54:22	2854
2939	William	Shipley	Male	2313	MO	1385		00:54:22	2855
2364	Ian	Dallain	Male	2314	M50	167		00:54:22	2856

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4618	Simon	Goram	Male	2315	M50	168		00:54:23	2857
4864	Amy	Hubbard	Female	543	FO	378		00:54:23	2858
2491	Ben	Docwra	Male	2316	MO	1386		00:54:23	2859
657	Shane	Cable	Male	2317	MO	1387		00:54:23	2860
5184	Kel	Norton	Male	2318	M60	62		00:54:23	2861
2867	Edward	Savage	Male	2319	M45	218		00:54:23	2862
508	Jojo	Wilkinson	Male	2320	MO	1388		00:54:24	2863
4794	James	Brumhead	Male	2321	MO	1389		00:54:24	2864
3447	Scarlett	Cushing	Female	544	FO	379		00:54:24	2865
6627	Niall	Burr	Male	2322	MO	1390		00:54:25	2866
4521	Amy	Driver	Female	545	FO	380	Great Yarmouth Road Runners	00:54:25	2867
4414	Alice	Harvey	Female	546	FO	381		00:54:26	2868
4321	Jim	Davidson	Male	2323	M75+	3		00:54:26	2869
3024	Lily	Ewin	Female	547	FO	382		00:54:26	2870
3025	Sam	Wilson	Male	2324	MO	1391		00:54:27	2871
425	Maca	Margetson	Male	2325	MO	1392		00:54:27	2872
7057	Beatrix	Collett	Female	548	FO	383		00:54:27	2873
6940	Joe	Rutland	Male	2326	MO	1393		00:54:27	2874
3942	Jo	Silver	Female	549	F55	20		00:54:27	2875
1901	Kaion	Rankin-ebanks	Male	2327	MO	1394		00:54:27	2876
3426	Tom	Gooda	Male	2328	MO	1395		00:54:27	2877
4705	George	Mills	Male	2329	MO	1396		00:54:28	2878
3390	Luke	Edwards	Male	2330	MO	1397		00:54:28	2879
3705	Amy	Barker	Female	550	FO	384		00:54:29	2880
2875	Marcus	Jennings	Male	2331	M60	63	Tri-Anglia Triathlon Club	00:54:29	2881
3205	Briony	Chandler	Female	551	FO	385		00:54:29	2882
3168	Marian	Costello	Female	552	F60	8	Coltishall Jaguars RC	00:54:29	2883
5787	Morgan	Settle	Male	2332	MO	1398		00:54:29	2884
2178	Stephen	White	Male	2333	M55	119	Coltishall Jaguars RC	00:54:29	2885
2347	Amy	Roberts	Female	553	F40	61		00:54:29	2886
147	George	Sanders	Male	2334	MO	1399		00:54:30	2887
5162	Eleanor	Soddy	Female	554	FO	386		00:54:30	2888
3760	Richard	Garlick	Male	2335	MO	1400		00:54:30	2889
5604	Charlotte	Gray	Female	555	FO	387		00:54:30	2890
3164	David	Thorpe	Male	2336	M65	30		00:54:31	2891
3829	Bethany	Hinchliffe	Female	556	FO	388		00:54:31	2892
6488	Gavin	Green	Male	2337	M40	334		00:54:31	2893
4534	Alice	Collins	Female	557	FO	389		00:54:31	2894
3775	Rosemary	Cooke	Female	558	FO	390		00:54:32	2895
3070	Jane	Evans	Female	559	F50	31		00:54:32	2896
3309	Yasmin	Dodd	Female	560	FO	391	xxx Didsbury Northern	00:54:32	2897
3649	Gary	Jones	Male	2338	M70	3	Waveney Valley AC	00:54:33	2898
1575	Wayne	Halam	Male	2339	M45	219	FORDY RUNS Running Club	00:54:33	2899
3792	Deirdre	Lynch	Female	561	FO	392		00:54:34	2900

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4259	Tom	Rivett	Male	2340	M50	169	North Norfolk Beach Runners	00:54:34	2901
6828	Geoffrey	Smith	Male	2341	MO	1401		00:54:34	2902
3055	Ben	Green	Male	2342	M50	170		00:54:34	2903
9315	Alice	Godden	Female	562	FO	393		00:54:35	2904
3662	Michelle	Crane	Female	563	F60	9		00:54:35	2905
3566	Alistair	James	Male	2343	M55	120		00:54:35	2906
2075	Georgie	Bramble	Female	564	FO	394		00:54:36	2907
3445	Laura	Allen	Female	565	F45	48		00:54:36	2908
4455	Nick	Jones	Male	2344	MO	1402		00:54:36	2909
2560	Oliver	Williamson	Male	2345	MO	1403		00:54:37	2910
3284	Louise	Farr	Female	566	F40	62	Norfolk Harriers RC	00:54:37	2911
4045	Charlotte	Room	Female	567	FO	395		00:54:37	2912
4044	Katie	Room	Female	568	FO	396		00:54:37	2913
9214	Mat	Gibson	Male	2346	M40	335		00:54:37	2914
2889	Joseph	Barrow	Male	2347	MO	1404		00:54:37	2915
2392	Amis	Clifford	Male	2348	MO	1405		00:54:38	2916
2435	Abby	Hutchin	Female	569	FO	397		00:54:38	2917
3710	Sophie	Getley	Female	570	F45	49		00:54:38	2918
1478	Lucy	Hutchin	Female	571	FO	398		00:54:38	2919
3258	Anne	Ellen	Female	572	F70	1	Bure Valley Harriers	00:54:38	2920
2395	Holly	Bamford	Female	573	F40	63		00:54:39	2921
4986	Kim	Blazer	Female	574	F55	21		00:54:39	2922
3643	Jessica	Tait	Female	575	FO	399		00:54:39	2923
4985	Annie	Hughes	Female	576	F50	32		00:54:39	2924
3142	Olivia	Gray	Female	577	FO	400		00:54:39	2925
5273	Chris	Waller	Male	2349	M55	121		00:54:39	2926
2859	Elizabeth	Taylor	Female	578	F50	33		00:54:39	2927
3103	Karl	Moore	Male	2350	MO	1406		00:54:39	2928
2514	Edward	Wharton	Male	2351	M60	64		00:54:39	2929
5216	Martin	Wood	Male	2352	M55	122	Attleborough Athletics Academy Lonely Goat RC	00:54:39	2930
2500	Hayley	Gall	Female	579	F50	34		00:54:40	2931
6292	Keith	Cottrell	Male	2353	MO	1407		00:54:40	2932
5732	Adam	Howes	Male	2354	MO	1408		00:54:40	2933
1599	Stephen	Billington	Male	2355	M65	31		00:54:40	2934
2900	Chris	Grogan	Male	2356	M40	336		00:54:40	2935
1927	Chloe	Green	Female	580	FO	401	Great Yarmouth & District AC	00:54:41	2936
3444	Jackie	Brand	Female	581	F50	35		00:54:41	2937
3510	Adrian	Dyde	Male	2357	M65	32		00:54:41	2938
3376	Karl	Ottolangui	Male	2358	M45	220		00:54:41	2939
4018	Chloe	Morales	Female	582	F45	50		00:54:41	2940
2942	Georgia	Murawa	Female	583	FO	402		00:54:41	2941
3846	Leslie	Hill	Male	2359	M65	33	Bure Valley Harriers	00:54:42	2942
3216	Kirsty	Parker	Female	584	F40	64		00:54:42	2943
3248	Alex	Riseborough	Male	2360	MO	1409		00:54:42	2944
3391	Rachel	Ryan	Female	585	F40	65		00:54:42	2945

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8260	Keri	Ford	Female	586	F50	36		00:54:43	2946
8381	Chris	Taylor	Male	2361	MO	1410		00:54:43	2947
3373	Lee	Spencer	Male	2362	MO	1411		00:54:43	2948
3926	Charlotte	Wickham	Female	587	F50	37		00:54:43	2949
1453	Ron	Bloomfield	Male	2363	M50	171		00:54:45	2950
1697	Mick	Spinks	Male	2364	M45	221		00:54:45	2951
2436	Michael	Earrye	Male	2365	M60	65		00:54:45	2952
1905	Konnar	Smith	Male	2366	MO	1412		00:54:45	2953
5037	Molly	Carroll	Female	588	FO	403		00:54:45	2954
8577	Kieron	Neave	Male	2367	MO	1413		00:54:45	2955
1731	Naomi	Bowditch	Female	589	F45	51		00:54:46	2956
5003	Graham	Kemp	Male	2368	M45	222	Bungay Black Dog RC	00:54:46	2957
610	Briony	Dawes	Female	590	FO	404		00:54:46	2958
3841	Tom	Burdett	Male	2369	M40	337		00:54:47	2959
1131	Craig	David	Male	2370	MO	1414		00:54:48	2960
2917	Damian	Artherton	Male	2371	MO	1415		00:54:48	2961
1036	Lee	Boswell	Male	2372	M55	123		00:54:48	2962
2421	Chrissie	Boswell	Female	591	F45	52	Tri-Anglia Triathlon Club	00:54:48	2963
3634	Ryan	Westrop	Male	2373	MO	1416		00:54:49	2964
3438	Bethany	St John-clarke	Female	592	FO	405		00:54:49	2965
3481	Dominic	Dennis	Male	2374	MO	1417		00:54:49	2966
5796	Justin	Watson	Male	2375	M45	223		00:54:49	2967
2663	Camilla	Camila Molinari	Female	593	FO	406		00:54:49	2968
3517	Dana	Smith	Female	594	FO	407		00:54:49	2969
4084	Josh	Williams	Male	2376	MO	1418		00:54:49	2970
3439	Dominic	St John-clarke	Male	2377	M55	124		00:54:49	2971
4083	Ellie	Rix	Female	595	FO	408		00:54:49	2972
3293	Saphire	Shaw	Female	596	FO	409	Wymondham AC	00:54:50	2973
2290	Luke	Gorman	Male	2378	MO	1419		00:54:50	2974
3618	Alex	Moir	Male	2379	MO	1420		00:54:50	2975
3003	Daniel	Baron	Male	2380	M50	172		00:54:50	2976
4320	Nathan	May	Male	2381	M40	338	City Of Norwich AC	00:54:50	2977
3364	Tom	Stynes	Male	2382	M40	339		00:54:51	2978
3200	Oliver	Stone	Male	2383	MO	1421		00:54:51	2979
4053	Ryan	Downing	Male	2384	MO	1422		00:54:51	2980
2857	Chloe	Higenbottam	Female	597	FO	410		00:54:52	2981
4922	Sophia	Rees	Female	598	FO	411		00:54:52	2982
3051	Hayley	Fowler	Female	599	FO	412		00:54:52	2983
3871	Antonio	Baiao	Male	2385	M40	340		00:54:52	2984
8766	Dotts	Reeves	Female	600	FO	413		00:54:52	2985
4708	Jack	Barnett	Male	2386	MO	1423		00:54:52	2986
3215	Gavin	Mckee	Male	2387	M55	125	Coltishall Jaguars RC	00:54:53	2987
7287	Andrea	Hacon	Female	601	FO	414		00:54:53	2988
4024	Hannah	Barrett	Female	602	FO	415		00:54:54	2989
3214	Isla	Mckee	Female	603	FO	416		00:54:54	2990
2903	Matt	Sharp	Male	2388	MO	1424	Arete Run Club	00:54:55	2991

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3104	Stephen	Cunningham	Male	2389	M65	34		00:54:55	2992
4269	Ben	Thomas	Male	2390	M50	173		00:54:56	2993
4974	Mark	Dunkin	Male	2391	M45	224		00:54:56	2994
3202	Ryan	Mcdonagh	Male	2392	MO	1425		00:54:56	2995
3340	Chris	Lower	Male	2393	M40	341		00:54:56	2996
3655	Edward	Whall	Male	2394	M45	225		00:54:57	2997
2715	Stu	Mattless	Male	2395	M50	174		00:54:57	2998
2367	David	Hender	Male	2396	M50	175		00:54:57	2999
4605	Aaron	Wardell	Male	2397	MO	1426		00:54:57	3000
5762	Daniella	Sitch	Female	604	FO	417		00:54:57	3001
4527	Mark	Harrison	Male	2398	M65	35		00:54:58	3002
3241	Richard	Cator	Male	2399	M65	36		00:54:58	3003
6682	Joe	Simon	Male	2400	MO	1427		00:54:58	3004
6150	Andy	Scott	Male	2401	M55	126		00:54:58	3005
5198	Emma	Cornish	Female	605	F40	66	Norfolk Gazelles AC	00:54:58	3006
2548	Harvey	Brown	Male	2402	MO	1428		00:54:58	3007
3227	Vincent	Ho	Male	2403	M45	226		00:54:59	3008
4964	Cameron	Woodcock	Male	2404	MO	1429		00:55:00	3009
2837	Raimonda	Drevinskaite	Female	606	FO	418		00:55:00	3010
2745	Theodore	Jones	Male	2405	MO	1430		00:55:00	3011
8862	Ray	Outing	Male	2406	MO	1431		00:55:01	3012
2368	Sam	Lincoln	Male	2407	M40	342		00:55:01	3013
4741	Sara	Santillo	Female	607	F45	53	Thetford AC	00:55:01	3014
2429	Matt	Roberts	Male	2408	M40	343		00:55:01	3015
4404	Millie	Pankhurst	Female	608	FO	419		00:55:01	3016
6090	Martin	Nicholson	Male	2409	M45	227		00:55:01	3017
4565	Glenn	Barkell	Male	2410	M45	228		00:55:01	3018
5555	Manfred	Elsasser	Male	2411	MO	1432		00:55:01	3019
4032	Sebastian	Atkinson	Male	2412	MO	1433		00:55:01	3020
4170	Luke	Harrison	Male	2413	MO	1434		00:55:01	3021
6384	Victoria	Marfleet	Female	609	FO	420		00:55:02	3022
4457	Sally	Higgins	Female	610	F45	54		00:55:02	3023
4325	Vicky	Wardrope	Female	611	F50	38	Coltishall Jaguars RC	00:55:02	3024
6454	Sarah	Nacmanson	Female	612	FO	421		00:55:02	3025
3069	Luke	Evans	Male	2414	M45	229		00:55:02	3026
4844	Matthew	Armiger	Male	2415	M55	127	Aylsham Runners	00:55:02	3027
4800	Bethany	Genery	Female	613	FO	422		00:55:03	3028
3285	Simon	Howard	Male	2416	M50	176		00:55:03	3029
3348	Stephen	Higgs	Male	2417	M70	4	Lonely Goat RC	00:55:03	3030
3185	Angela	Ocal	Female	614	F50	39		00:55:03	3031
6083	Tom	Halkyard	Male	2418	MO	1435		00:55:03	3032
3138	Laura	Loveland	Female	615	FO	423		00:55:03	3033
3839	Oliver	Russell	Male	2419	M45	230		00:55:04	3034
3600	Stanley	Dunn	Male	2420	MO	1436		00:55:04	3035
2962	Simon	Best	Male	2421	M50	177	Attleborough Athletics Academy	00:55:04	3036
2284	Peter	Welch	Male	2422	M50	178		00:55:04	3037
2282	Chris	Goldsmith	Male	2423	M40	344		00:55:05	3038

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1314	Naomi	Cooper	Female	616	FO	424		00:55:05	3039
5048	Daniel	Warford	Male	2424	M45	231		00:55:05	3040
3021	Wil	Holman	Male	2425	M40	345		00:55:05	3041
2651	Barry	Stearman	Male	2426	MO	1437		00:55:06	3042
357	Jonny	Slater	Male	2427	MO	1438		00:55:07	3043
6803	Pat	Wallace	Male	2428	M55	128		00:55:07	3044
4897	Alexander	Horth	Male	2429	MO	1439		00:55:07	3045
3453	Lewis	Baister	Male	2430	MO	1440		00:55:07	3046
3290	Gavin	Flood	Male	2431	M55	129		00:55:07	3047
2998	Anna	Paterson	Female	617	FO	425		00:55:07	3048
5004	Robert	Butler	Male	2432	M55	130		00:55:08	3049
3650	Angela	Blakey	Female	618	F50	40	Great Yarmouth Road Runners	00:55:08	3050
2026	Billie	Wilkinson	Male	2433	MO	1441		00:55:08	3051
6418	Rosey	Halvey	Female	619	F45	55	Norwich Road Runners	00:55:08	3052
2604	Damon	Woo	Male	2434	M50	179		00:55:08	3053
4122	Simon	Carroll	Male	2435	M60	66		00:55:08	3054
5294	Simon	Skinner	Male	2436	M50	180		00:55:08	3055
3186	Caroline	Nunn	Female	620	F55	22		00:55:09	3056
5196	James	Jonas	Male	2437	MO	1442		00:55:09	3057
199	Matt	Nelson	Male	2438	MO	1443		00:55:10	3058
2626	James	Wilkins	Male	2439	MO	1444		00:55:10	3059
6134	Grady	Woods	Male	2440	MO	1445		00:55:10	3060
3012	Emily	Skeet	Female	621	F40	67		00:55:10	3061
5552	Emma	Blower	Female	622	FO	426		00:55:10	3062
9208	Anna-marie	Woodward	Female	623	F45	56		00:55:11	3063
4227	Kevin	Ames	Male	2441	M55	131		00:55:11	3064
1698	Edward	Pinch	Male	2442	M55	132	Tri-Anglia Triathlon Club	00:55:11	3065
3563	Neil	Flaxman	Male	2443	M55	133		00:55:12	3066
4102	Alice	Potter	Female	624	FO	427		00:55:13	3067
4324	Nick	Burman	Male	2444	M45	232		00:55:13	3068
2209	Maia	Brett	Female	625	FO	428		00:55:13	3069
4294	Dean	Gray	Male	2445	M65	37	Norwich Road Runners	00:55:14	3070
2304	Ben	Kendall	Male	2446	M45	233		00:55:15	3071
2014	Fiona	Smith	Female	626	F45	57	Ipswich Jaffa RC	00:55:15	3072
2289	Lewis	Wrightson	Male	2447	MO	1446		00:55:16	3073
5011	Marcus	Lekerman	Male	2448	MO	1447		00:55:16	3074
3707	Leona	Broughton	Female	627	F45	58	Reepham Runners	00:55:16	3075
6175	Peter	Butler	Male	2449	M45	234		00:55:16	3076
2809	Julie	Gowland	Female	628	F45	59		00:55:17	3077
2019	Linda	Cusack	Female	629	F70	2	Thetford AC	00:55:17	3078
4745	Jonathan	Pett	Male	2450	M50	181		00:55:18	3079
5057	Joyston	Miranda	Male	2451	MO	1448		00:55:18	3080
6435	Emma	Mickleborough	Female	630	FO	429		00:55:18	3081
3597	Dylan	Warnes	Male	2452	MO	1449		00:55:19	3082
2906	Perdita	Dafforn	Female	631	F45	60		00:55:19	3083
3532	Gary	Snelling	Male	2453	M65	38		00:55:19	3084

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5893	George	Woods	Male	2454	MO	1450		00:55:19	3085
2243	Kate	Andrews	Female	632	F45	61		00:55:19	3086
5291	Lauren	Flannery	Female	633	F40	68		00:55:20	3087
5331	Charlotte	Strachan	Female	634	FO	430		00:55:20	3088
2390	Sophie	Chapman	Female	635	FO	431		00:55:20	3089
3344	Lawrence	Dibden	Male	2455	MO	1451		00:55:20	3090
5768	Tim	Ratcliffe	Male	2456	M40	346		00:55:20	3091
3538	Karl	Thurston	Male	2457	M45	235		00:55:21	3092
1737	Glen	Allott	Male	2458	M45	236		00:55:21	3093
3193	Lee	Taylor	Male	2459	M45	237		00:55:21	3094
4208	Ben	Thorpe	Male	2460	MO	1452		00:55:22	3095
4113	Ben	Rawsthorne	Male	2461	MO	1453		00:55:22	3096
4552	Mark	Elms	Male	2462	MO	1454		00:55:22	3097
4260	Al	Bailey	Male	2463	M45	238		00:55:23	3098
2461	Tom	Mansfield	Male	2464	MO	1455		00:55:23	3099
3352	Mark	Clenshaw	Male	2465	M60	67		00:55:23	3100
5342	Craig	Farr	Male	2466	M50	182		00:55:23	3101
5341	Danielle	Rackham	Female	636	F40	69		00:55:23	3102
2338	Jonathan	Sellex	Male	2467	M40	347		00:55:24	3103
2379	Graham	Fryer	Male	2468	M50	183	Coltishall Jaguars RC	00:55:24	3104
5609	Marc	Brett	Male	2469	MO	1456		00:55:24	3105
2713	Thomas	Canning	Male	2470	MO	1457		00:55:24	3106
4886	Naomi	Harte	Female	637	FO	432		00:55:24	3107
5052	Sam	Mitchell	Male	2471	M40	348		00:55:24	3108
3878	Alison	Dickens	Female	638	FO	433		00:55:25	3109
3801	Cameron	Roote-low	Male	2472	MO	1458		00:55:25	3110
7326	Sam	Woodruff	Male	2473	MO	1459		00:55:25	3111
5766	William	King	Male	2474	MO	1460		00:55:25	3112
4683	Alex	Wooderson	Female	639	F45	62		00:55:26	3113
3732	Kathleen	Chillingworth	Female	640	FO	434		00:55:26	3114
3292	Richard	Fallaize	Male	2475	M40	349		00:55:26	3115
8811	Bradley	Jinkerson	Male	2476	MO	1461		00:55:26	3116
5025	Andrew	Hinde	Male	2477	M45	239		00:55:26	3117
5036	Chris	Burgoyne	Male	2478	M45	240		00:55:26	3118
1503	Guy	Houldsworth	Male	2479	M40	350		00:55:26	3119
5164	Freya	Hartshorn	Female	641	FO	435		00:55:26	3120
7297	Matt	Noble	Male	2480	MO	1462		00:55:27	3121
2462	Luke	Mansfield	Male	2481	MO	1463		00:55:27	3122
3170	Justin	Smith	Male	2482	M45	241		00:55:27	3123
3501	Ajay	Jadhav	Male	2483	MO	1464		00:55:27	3124
4221	Alistair	Wardale	Male	2484	M65	39		00:55:27	3125
5118	Paul	Woodrow	Male	2485	M45	242		00:55:27	3126
4263	Nick	Cook	Male	2486	M45	243		00:55:28	3127
4136	Adam	Harding	Male	2487	M40	351		00:55:28	3128
6333	Sarah	Robertson	Female	642	FO	436		00:55:28	3129
3446	Andrew	Mccormack	Male	2488	M45	244		00:55:28	3130
3362	Martin	Taylor	Male	2489	M45	245		00:55:28	3131
3314	Jordan	Fulcher	Male	2490	MO	1465		00:55:28	3132
3690	Louise	Newson	Female	643	FO	437		00:55:28	3133

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2359	Dave	Foulkes	Male	2491	M60	68		00:55:29	3134
5888	Tom	O'dowd	Male	2492	M40	352		00:55:29	3135
4892	Richard	Waterfield	Male	2493	M60	69		00:55:30	3136
4410	Sam	Baker	Male	2494	MO	1466		00:55:30	3137
2552	Jacob	Sinkins	Male	2495	MO	1467		00:55:31	3138
2288	Benjamin	Nelson	Male	2496	MO	1468		00:55:31	3139
6700	Stuart	Ellis	Male	2497	MO	1469		00:55:31	3140
1742	Theresa	Dooley	Female	644	F55	23	Norfolk Gazelles AC	00:55:31	3141
2567	Ken	O'regan	Male	2498	M55	134		00:55:31	3142
3334	Max	Lowe	Male	2499	MO	1470		00:55:31	3143
3713	Nicky	Morley	Female	645	F40	70		00:55:31	3144
5085	Eirrin	Thompson	Male	2500	M55	135	Great Yarmouth Road Runners	00:55:32	3145
2887	George	Hine	Male	2501	MO	1471		00:55:32	3146
2726	Jessie	Cheesman	Female	646	FO	438		00:55:32	3147
3262	Sophie	Dawson	Female	647	FO	439		00:55:32	3148
5117	Martha	Frosdick	Female	648	FO	440		00:55:32	3149
8149	Liam	Bloe	Male	2502	MO	1472		00:55:32	3150
4753	Charlotte	Eastell	Female	649	FO	441		00:55:33	3151
4959	Beth	Rye	Female	650	F40	71		00:55:33	3152
3192	Gavin	Chillingworth	Male	2503	M40	353		00:55:33	3153
3579	Michelle	Gardiner	Female	651	F55	24		00:55:33	3154
3588	James	Broughton	Male	2504	MO	1473		00:55:34	3155
5758	David	Burroughes	Male	2505	M65	40		00:55:34	3156
4539	Greg	Floyd	Male	2506	M40	354	Coltishall Jaguars RC	00:55:34	3157
3991	Lucie	Durrant	Female	652	FO	442	Norfolk Gazelles AC	00:55:34	3158
4316	Evie	Chatten	Female	653	FO	443		00:55:34	3159
5345	Grace	Reid	Female	654	FO	444		00:55:34	3160
5383	Adrian	Zabicki	Male	2507	MO	1474		00:55:34	3161
4178	Nina	Avery	Female	655	FO	445		00:55:35	3162
4772	Sarah	Circuit	Female	656	F45	63	Coltishall Jaguars RC	00:55:35	3163
4248	Amelia	Young	Female	657	FO	446		00:55:35	3164
4535	Liam	Powers	Male	2508	MO	1475		00:55:35	3165
2123	Oskar	Pluck	Male	2509	MO	1476		00:55:35	3166
3534	Vicky	Bailey	Female	658	F45	64		00:55:36	3167
3788	Joe	Laskey	Male	2510	MO	1477		00:55:36	3168
1014	Chanice	Jasinski	Female	659	FO	447		00:55:36	3169
2412	Ross	Mcintosh	Male	2511	M50	184		00:55:36	3170
3194	Mark	Tayler	Male	2512	M70	5	Norwich Road Runners	00:55:36	3171
4172	Melissa	Beck	Female	660	FO	448		00:55:36	3172
1716	Holly	Montagnon	Female	661	FO	449		00:55:37	3173
3916	Karen	Dunnett	Female	662	F50	41		00:55:37	3174
5015	Martin	Crowe	Male	2513	M60	70		00:55:37	3175
5074	Lee	Keable	Male	2514	MO	1478		00:55:37	3176
4749	Jack	Casey	Male	2515	M40	355		00:55:38	3177
4447	Mark	Bullimore	Male	2516	MO	1479		00:55:38	3178
3568	Martin	Mcguinness	Male	2517	M55	136		00:55:38	3179

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2386	Kirstie	Stockell	Female	663	FO	450	Dereham Runners AC	00:55:38	3180
4769	Simon	Hubbard	Male	2518	M55	137		00:55:38	3181
4544	Chloe	Millington	Female	664	FO	451	Great Yarmouth Road Runners	00:55:38	3182
3881	Darren	Collison	Male	2519	M55	138		00:55:38	3183
5726	Rachel	Gregory	Female	665	FO	452	Lowestoft Road Runners	00:55:38	3184
2356	Ben	Woodruff	Male	2520	MO	1480		00:55:38	3185
3126	Sam	Weller	Male	2521	M75+	4	North Norfolk Beach Runners	00:55:39	3186
916	Martin	Colley	Male	2522	MO	1481		00:55:39	3187
4132	Chris	Poll	Male	2523	MO	1482		00:55:39	3188
4435	Alexander	Jay	Male	2524	M40	356		00:55:39	3189
3004	Alison	Brister	Female	666	F55	25		00:55:39	3190
2249	Olivia	Maguire	Female	667	FO	453		00:55:39	3191
5253	Carla	Gilman	Female	668	F40	72		00:55:40	3192
4436	Megan	Barnes	Female	669	FO	454		00:55:40	3193
3016	James	Vanstone	Male	2525	M40	357		00:55:40	3194
2456	Paul	Davis	Male	2526	M50	185		00:55:40	3195
5337	Annabelle	Burt	Female	670	FO	455	Wymondham AC	00:55:40	3196
5765	Natasha	King	Female	671	FO	456		00:55:40	3197
2382	Amy	Maguire	Female	672	FO	457		00:55:40	3198
4815	Tom	Ramm	Male	2527	MO	1483		00:55:40	3199
5773	Joe	Steward	Male	2528	MO	1484		00:55:40	3200
3979	Charlotte	Fisher	Female	673	FO	458		00:55:40	3201
1183	Pete	Ward	Male	2529	M45	246		00:55:40	3202
1184	Kristina	Fisher	Female	674	F45	65		00:55:41	3203
2794	Dean	Jacobs	Male	2530	M45	247		00:55:41	3204
7423	Kieran	Hills	Male	2531	MO	1485		00:55:41	3205
6017	Juliette	Samson	Female	675	FO	459		00:55:41	3206
3096	Alex	Goodall	Male	2532	MO	1486		00:55:42	3207
3159	Jordan	Baldry	Male	2533	M40	358		00:55:42	3208
3406	Tom	Dique	Male	2534	MO	1487		00:55:42	3209
1692	Selica	Sevigny	Female	676	F40	73	Ely Runners	00:55:43	3210
4135	Megan	Lunness	Female	677	FO	460		00:55:43	3211
3457	Andrew	Slattery	Male	2535	MO	1488		00:55:43	3212
2483	Laura	Hammerton	Female	678	F40	74		00:55:43	3213
3585	Robert	Matthews	Male	2536	MO	1489		00:55:43	3214
4179	Michael	Gooding	Male	2537	MO	1490		00:55:43	3215
2757	George	Kerrison	Male	2538	MO	1491		00:55:43	3216
4878	Kurt	Cooper	Male	2539	MO	1492		00:55:43	3217
3676	Clare	Bradbury	Female	679	F50	42	Norfolk Harriers RC	00:55:43	3218
2911	Lily	Bensley	Female	680	FO	461		00:55:43	3219
5080	Fiona	Searson	Female	681	F50	43		00:55:44	3220
4169	Simon	Pitkin	Male	2540	M55	139		00:55:44	3221
632	James	Conley	Male	2541	MO	1493		00:55:44	3222
3240	Trevor	Hutchinson	Male	2542	M45	248		00:55:44	3223
3506	Emma	Williams	Female	682	FO	462		00:55:44	3224
2371	Sarah	Fish	Female	683	FO	463		00:55:44	3225

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6873	Stuart	Govey	Male	2543	M50	186		00:55:44	3226
2038	Jason	Thoday	Male	2544	M40	359		00:55:45	3227
2478	Andrew	Hardy	Male	2545	M70	6		00:55:45	3228
2037	Mark	Bond	Male	2546	M45	249		00:55:45	3229
2097	Carly	Holmes	Female	684	F45	66		00:55:45	3230
3190	Kaleb	Stephenson	Male	2547	MO	1494		00:55:45	3231
1428	Josef	Konieczny	Male	2548	MO	1495		00:55:45	3232
726	Daniel	Colk	Male	2549	MO	1496		00:55:46	3233
3289	Richard	Ossitt	Male	2550	MO	1497		00:55:46	3234
2678	Eddie	Lamb	Male	2551	MO	1498		00:55:46	3235
3962	Bryony	Sturman	Female	685	FO	464		00:55:46	3236
5300	Lauren	Spink	Female	686	FO	465		00:55:46	3237
4193	Emily	Rudkin	Female	687	FO	466		00:55:47	3238
3883	Ciara	Glennon	Female	688	F40	75		00:55:47	3239
1300	Katie	Calver	Female	689	F40	76		00:55:47	3240
3767	Ryan	Searle	Male	2552	MO	1499		00:55:47	3241
5236	Daniel	Shanks	Male	2553	M45	250		00:55:48	3242
4798	Gareth	Davies	Male	2554	M60	71		00:55:48	3243
4351	Stacey	Hall	Female	690	FO	467		00:55:48	3244
3111	Adam	Mcgregor	Male	2555	MO	1500		00:55:48	3245
3255	Kieran	Murphy	Male	2556	MO	1501		00:55:48	3246
1483	Rachel	Miller	Female	691	F50	44	Norwich Road Runners	00:55:48	3247
2957	Jordan	Palmer	Male	2557	M40	360		00:55:49	3248
3844	Andrew	Menin	Male	2558	M65	41		00:55:49	3249
3721	Alex	Gresham-scott	Male	2559	MO	1502		00:55:49	3250
2157	Hannah	Conway	Female	692	FO	468		00:55:49	3251
4433	Robin	Taylor	Male	2560	M55	140		00:55:50	3252
5233	Andrew	Aalders-dunt horne	Male	2561	M55	141	Harleston Running Club	00:55:50	3253
3412	Luke	Farrow	Male	2562	MO	1503		00:55:50	3254
1329	Martin	Mcconnell	Male	2563	M40	361		00:55:50	3255
8904	Ian	Collins	Female	693	FO	469		00:55:50	3256
2540	Michaela	Larter	Female	694	FO	470		00:55:50	3257
4871	Anna	Wilson	Female	695	F50	45		00:55:51	3258
3578	Anna	Terrington	Female	696	F40	77		00:55:51	3259
5802	Ross	Henderson	Male	2564	M60	72		00:55:51	3260
3937	Shauna	Cunningham	Female	697	FO	471		00:55:51	3261
5175	Connor	Southwell	Male	2565	MO	1504		00:55:51	3262
2327	Andrew	Oldridge	Male	2566	M40	362		00:55:52	3263
3906	Rachel	Dance	Female	698	FO	472		00:55:52	3264
6525	Paul	Henery	Male	2567	M65	42		00:55:52	3265
4249	Jamie	Mcnab	Male	2568	MO	1505		00:55:52	3266
1890	Chris	Newby	Male	2569	M40	363		00:55:52	3267
2934	David	Knight	Male	2570	M45	251	Norwich Road Runners	00:55:52	3268
5160	Maria	Gamboa	Female	699	FO	473		00:55:52	3269
3747	Antony	Gouldstone	Male	2571	M40	364	Great Yarmouth Road Runners	00:55:53	3270
5035	Ryan	Barling	Male	2572	MO	1506		00:55:53	3271
5708	Robyn	Byfield	Female	700	FO	474		00:55:53	3272

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1985	Christina	Sharpe	Female	701	F45	67	Wymondham AC	00:55:53	3273
3189	Beverley	Read	Female	702	F50	46		00:55:53	3274
4152	Ethan	Webster	Male	2573	MO	1507		00:55:54	3275
8363	Olivia	Miller	Female	703	FO	475		00:55:54	3276
2160	Tom	Sawyer	Male	2574	M60	73		00:55:54	3277
6974	Bob	Bradshaw	Male	2575	M60	74		00:55:55	3278
3527	Harish	Reddy	Male	2576	M50	187		00:55:55	3279
3336	Tom	Steadman	Male	2577	MO	1508		00:55:55	3280
4515	Martyn	Bond	Male	2578	M40	365		00:55:55	3281
6456	Jamie	Mordecai	Male	2579	M45	252		00:55:56	3282
3458	Jordan	Reed	Male	2580	MO	1509		00:55:56	3283
4699	Gary	Kennedy	Male	2581	M50	188		00:55:57	3284
5262	Hannah	Betts	Female	704	FO	476		00:55:57	3285
5529	Gail	Barnard	Female	705	F50	47		00:55:57	3286
2001	Mark	Tanti	Male	2582	M40	366		00:55:57	3287
4526	Sarah	Reynolds	Female	706	FO	477	Great Yarmouth Road Runners	00:55:57	3288
4885	Lindsay	Cooper	Female	707	F45	68		00:55:58	3289
4576	Paul	Westgate	Male	2583	M65	43		00:55:58	3290
6021	Kayleigh	Holloway	Female	708	FO	478		00:55:59	3291
5042	Lily	Stagg	Female	709	FO	479		00:55:59	3292
5426	Ryan	Ward	Male	2584	MO	1510		00:55:59	3293
7515	Neil	Rogers	Male	2585	M65	44		00:55:59	3294
3720	Richard	Loughe	Male	2586	MO	1511		00:55:59	3295
2585	Anne	Johnston	Female	710	F55	26		00:56:00	3296
5752	Santa	Cuhnova	Female	711	FO	480		00:56:00	3297
2584	Alan	Bell	Male	2587	M60	75		00:56:00	3298
3507	Danielle	Collard	Female	712	FO	481		00:56:00	3299
3666	Bevin	Currie	Male	2588	M45	253		00:56:00	3300
5605	Tim	Day	Male	2589	M50	189	Aylsham Runners	00:56:00	3301
6523	Hayley	Preston	Female	713	F50	48		00:56:00	3302
9209	Simon	Woodward	Male	2590	M45	254		00:56:01	3303
4571	Toby	Sargeant	Male	2591	MO	1512		00:56:01	3304
4001	Adam	Seaman	Male	2592	MO	1513		00:56:01	3305
2666	Kevin	Adcock	Male	2593	M60	76		00:56:01	3306
3869	Nigel	Cooper	Male	2594	M60	77		00:56:01	3307
2556	Amy	Richards	Female	714	FO	482		00:56:01	3308
4448	Gia	Luong	Male	2595	MO	1514		00:56:02	3309
4425	Jake	Weight	Male	2596	MO	1515		00:56:02	3310
3855	Rhys	Bussey	Male	2597	MO	1516		00:56:02	3311
5724	Reece	Goffin	Male	2598	MO	1517		00:56:02	3312
5201	Matthew	Keogh	Male	2599	M55	142		00:56:03	3313
5597	Claire	Johnson	Female	715	F45	69	Ryston Runners	00:56:03	3314
1756	Hannah	Chapman	Female	716	F40	78		00:56:03	3315
3624	James	Hollis	Male	2600	MO	1518		00:56:03	3316
4972	Nathan	Henry	Male	2601	MO	1519		00:56:03	3317
2335	Jack	Thomas	Male	2602	MO	1520		00:56:03	3318
2191	Quinton	Houston	Male	2603	MO	1521		00:56:03	3319

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3952	Jonathan	Boucher	Male	2604	M45	255		00:56:04	3320
4978	Bella	Capps	Female	717	FO	483		00:56:04	3321
5517	Matt	Williamson	Male	2605	MO	1522		00:56:04	3322
3847	Martin	Tropman	Male	2606	M40	367		00:56:04	3323
7067	Thomas	Hall	Male	2607	MO	1523		00:56:05	3324
4458	Federico	Alfano	Male	2608	MO	1524		00:56:05	3325
4995	Richard	South	Male	2609	M45	256		00:56:05	3326
2865	Paul	Johnson	Male	2610	M55	143		00:56:06	3327
3135	Jamie	Bunting	Male	2611	M45	257		00:56:06	3328
3815	Stuart	Bedford	Male	2612	MO	1525		00:56:06	3329
3136	Nicola	Wade	Female	718	F50	49		00:56:06	3330
4408	Robert	Bulley	Male	2613	M55	144		00:56:08	3331
4626	Stephen	Todd	Male	2614	MO	1526		00:56:08	3332
2728	Joe	Sayce	Male	2615	MO	1527		00:56:08	3333
4824	Martin	Scent	Male	2616	M45	258		00:56:08	3334
5282	Chris	Fuller	Male	2617	MO	1528		00:56:09	3335
2750	Toby	Moy	Male	2618	MO	1529		00:56:09	3336
3922	Daniel	Martin	Male	2619	M45	259		00:56:09	3337
3990	Richard	Mercer	Male	2620	M50	190		00:56:09	3338
3807	Aaron	Byford	Male	2621	MO	1530		00:56:10	3339
3944	Richard	King	Male	2622	M50	191		00:56:10	3340
3674	Andrew	Thorpe	Male	2623	M65	45	Dereham Runners AC	00:56:10	3341
5550	George	Beacock	Male	2624	MO	1531		00:56:12	3342
6006	Danielle	Lay	Female	719	FO	484		00:56:12	3343
3396	Tahsin	Zeki	Male	2625	M40	368		00:56:12	3344
9326	Eddie	Greenland	Male	2626	M60	78	Great Yarmouth Road Runners	00:56:12	3345
9282	Georgina	Tooth	Female	720	FO	485		00:56:12	3346
1823	Jessica	Tuttle	Female	721	F40	79		00:56:13	3347
4909	Chloe	Eldridge	Female	722	FO	486		00:56:13	3348
3555	Sinead	Poskitt	Female	723	FO	487		00:56:13	3349
5384	Rosa	Hopper	Female	724	FO	488		00:56:13	3350
3196	Eileen	Gallacher	Female	725	F40	80		00:56:13	3351
5174	Stephanie	Gilliver	Female	726	F45	70		00:56:14	3352
5237	Anthony	Bellinger	Male	2627	M40	369		00:56:14	3353
4931	Alex	Bowler	Male	2628	MO	1532		00:56:14	3354
4228	Kevin	Bellamy	Male	2629	M65	46		00:56:14	3355
3689	Sarah	Hanson	Female	727	F60	10		00:56:14	3356
4010	Kate	Basey-fisher	Female	728	FO	489		00:56:15	3357
2065	Martyn	Payne	Male	2630	M45	260		00:56:15	3358
1000	Ashley	Cooper	Female	729	FO	490		00:56:15	3359
2373	Jack	Crisp	Male	2631	M40	370		00:56:15	3360
4471	Paige	Dey	Female	730	FO	491		00:56:15	3361
3212	Harrison	Harper	Male	2632	MO	1533		00:56:16	3362
4513	Emily	Wei	Female	731	F45	71		00:56:16	3363
2763	Tom	Page	Male	2633	MO	1534		00:56:16	3364
4368	Tom	Ablett	Male	2634	M45	261	Waveney Valley AC	00:56:16	3365
5956	Matthew	Duncan	Male	2635	M40	371		00:56:16	3366

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4281	Edward	Knights	Male	2636	MO	1535		00:56:16	3367
6457	Samantha	Harris	Female	732	F40	81		00:56:16	3368
3197	Lorna	Botwright	Female	733	F40	82		00:56:16	3369
2780	Bethany	Coe	Female	734	FO	492		00:56:17	3370
6729	Chris	Eve	Male	2637	M55	145		00:56:17	3371
5355	Amos	Fongang	Male	2638	MO	1536		00:56:17	3372
4505	Emily	Moorhouse	Female	735	FO	493		00:56:18	3373
5171	Belinda	Ballantyne	Female	736	FO	494		00:56:18	3374
3422	James	Carroll	Male	2639	MO	1537		00:56:18	3375
2630	Olivia	Porter	Female	737	FO	495		00:56:18	3376
3931	Fay	Spencer	Female	738	FO	496		00:56:18	3377
4900	Stephanie	Mitchell	Female	739	FO	497		00:56:18	3378
3155	Deborah	Blackwell	Female	740	F45	72	Norwich Road Runners	00:56:18	3379
2928	Scott	Maryan	Male	2640	M50	192		00:56:18	3380
2912	Ryan	Marsh	Male	2641	MO	1538		00:56:18	3381
3685	Mark	Godfrey	Male	2642	M60	79		00:56:19	3382
3904	Elena	Hewett	Female	741	F40	83		00:56:19	3383
1797	Adam	Cory	Male	2643	M40	372		00:56:19	3384
9409	Ashley	Eudo-mitchell	Male	2644	MO	1539		00:56:19	3385
6146	Chelsea	Collison	Female	742	FO	498		00:56:19	3386
3107	Steven	Andrews	Male	2645	M50	193		00:56:20	3387
4064	Hannah	Carthy	Female	743	FO	499		00:56:20	3388
2397	Joel	Mcallister	Male	2646	MO	1540		00:56:20	3389
1800	Maisie	Lake	Female	744	FO	500		00:56:21	3390
4051	Gareth	Ducker	Male	2647	M45	262		00:56:21	3391
2641	Hattie	Swain	Female	745	FO	501		00:56:21	3392
5574	Charlotte	Hancock	Female	746	FO	502		00:56:21	3393
3657	Ella	Powell	Female	747	FO	503		00:56:21	3394
3898	Debra	Bennetts	Female	748	F45	73		00:56:21	3395
3641	Jo	Skinner	Female	749	F50	50		00:56:22	3396
5608	Jacob	Gilroy	Male	2648	MO	1541		00:56:22	3397
4327	Ruth	Howes	Female	750	F45	74		00:56:23	3398
4981	Dominic	West	Male	2649	M50	194		00:56:23	3399
4468	Andrew	Grey	Male	2650	M60	80		00:56:23	3400
2930	Ben	Driver	Male	2651	MO	1542		00:56:23	3401
1990	Oliver	Smith	Male	2652	M40	373		00:56:24	3402
5340	Richard	Pollard	Male	2653	M65	47		00:56:24	3403
6425	Laura	Bonner	Female	751	F40	84		00:56:24	3404
4767	Kerry	Hopper	Male	2654	M50	195		00:56:25	3405
4123	Andrew	Hayton	Male	2655	M50	196		00:56:26	3406
1912	Stephen	Dye	Male	2656	M50	197		00:56:26	3407
4211	Martin	Hanner	Male	2657	M70	7		00:56:26	3408
4976	Georgina	Fellas	Female	752	FO	504		00:56:27	3409
3308	Nick	Warnes	Male	2658	M55	146		00:56:27	3410
4416	Abygail	Hadley	Female	753	FO	505		00:56:27	3411
6612	Sophie	Stott	Female	754	FO	506		00:56:27	3412
6132	Howard	Clarke	Male	2659	M50	198		00:56:27	3413
1134	Martin	Farrimond	Male	2660	M60	81		00:56:27	3414
3198	Paul	Corina	Male	2661	M65	48		00:56:27	3415

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5041	Thom	Partridge	Male	2662	MO	1543		00:56:28	3416
8985	Howard	Newport	Male	2663	M60	82	Coltishall Jaguars RC	00:56:28	3417
9039	Cat	Sturman	Female	755	FO	507		00:56:28	3418
2969	Jonathan	Bygrave	Male	2664	MO	1544		00:56:28	3419
8986	Hayden	Newport	Male	2665	MO	1545	Coltishall Jaguars RC	00:56:29	3420
3716	Henry	Hunter Swann	Male	2666	MO	1546		00:56:29	3421
4586	Nick	Taylor	Male	2667	MO	1547		00:56:29	3422
4322	Clare Millie	Carter	Female	756	FO	508		00:56:29	3423
2804	Matias	Espinoza	Male	2668	MO	1548		00:56:29	3424
7333	Ria	Markwell	Female	757	FO	509		00:56:30	3425
2239	Lewis	Markwell	Male	2669	MO	1549		00:56:30	3426
3940	Eleanor	Huggett	Female	758	FO	510		00:56:30	3427
1974	Jade	Gardiner	Female	759	FO	511		00:56:30	3428
4553	Rommulluss	Caraiman	Mixed	1	Mixed	1		00:56:30	3429
4154	Samantha	Cross	Female	760	FO	512		00:56:30	3430
3601	Bethany	Clarry	Female	761	FO	513		00:56:30	3431
3150	Elizabeth	Shaw	Female	762	F45	75		00:56:31	3432
3480	Vicki	Tarrant	Female	763	FO	514		00:56:31	3433
3589	Francesca	Goldsmith	Female	764	FO	515		00:56:31	3434
4697	Gary	Fuller	Male	2670	M55	147		00:56:31	3435
5496	Leah	Davies	Female	765	F45	76		00:56:31	3436
3337	Daniel	Place	Male	2671	M45	263		00:56:32	3437
3836	Allan	Taylor	Male	2672	M55	148		00:56:32	3438
6777	Christopher	Wickham	Male	2673	M45	264		00:56:32	3439
3917	Chris	Nichols	Male	2674	MO	1550		00:56:33	3440
3249	Donna	Lofty	Female	766	FO	516		00:56:33	3441
5344	James	Howard	Male	2675	MO	1551		00:56:33	3442
5326	Max	Stone	Male	2676	MO	1552		00:56:33	3443
4498	Danielle	Manthorpe	Female	767	FO	517		00:56:33	3444
4367	Katie	Whitmore	Female	768	F50	51	Wymondham AC	00:56:33	3445
5968	Olly	Standley	Male	2677	MO	1553		00:56:33	3446
5481	Megan	Rivett	Female	769	FO	518		00:56:33	3447
4282	Jenna	Lord	Female	770	F40	85		00:56:33	3448
5562	Andrew	Hudson	Male	2678	M55	149		00:56:34	3449
3923	Julia	Bosworth	Female	771	FO	519		00:56:34	3450
3094	Kevin	Dwyer	Male	2679	M55	150		00:56:34	3451
3356	Josh	Hubbard	Male	2680	MO	1554		00:56:34	3452
2539	Sean	Higginbotham	Male	2681	M40	374		00:56:34	3453
5376	Grahame	Starling	Male	2682	M65	49		00:56:35	3454
4231	Paul	Gifford	Male	2683	M40	375		00:56:35	3455
3864	James	Pegg	Male	2684	MO	1555		00:56:35	3456
3669	Leanne	Gibson	Female	772	FO	520		00:56:35	3457
4254	Kathlen	Sumagpao	Female	773	FO	521		00:56:36	3458
3670	Calvin	Gibson	Male	2685	MO	1556		00:56:36	3459
3357	Ellie	Hubbard	Female	774	FO	522		00:56:36	3460
5306	Matthew	Lindley	Male	2686	MO	1557		00:56:36	3461
2344	Charlotte	Tabit	Female	775	FO	523		00:56:37	3462
4074	Matthew	Wooldridge	Male	2687	MO	1558		00:56:37	3463

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2299	Helen	Gerrard	Female	776	F40	86		00:56:37	3464
6306	Georgianna	Lacey-scane	Female	777	FO	524		00:56:38	3465
3088	James	Hawkins	Male	2688	MO	1559		00:56:38	3466
8197	Rhiannon	Dack	Female	778	FO	525		00:56:39	3467
3075	Stuart	Rumble	Male	2689	MO	1560		00:56:39	3468
7033	Imogen	Mole	Female	779	F45	77		00:56:39	3469
3687	Andrea	Enriquez-men doza	Female	780	FO	526		00:56:39	3470
5181	David	Winch	Male	2690	M55	151		00:56:39	3471
4311	Emma	Sharples	Female	781	F40	87		00:56:40	3472
4983	Lilly	Dowe	Female	782	FO	527		00:56:40	3473
7650	Amy	Foster	Female	783	FO	528		00:56:40	3474
1838	James	Medler	Male	2691	MO	1561		00:56:40	3475
6233	Yash	Bancil	Male	2692	MO	1562		00:56:40	3476
4021	Stevie	Ward	Female	784	FO	529		00:56:41	3477
2872	Nigel Lee	Sharpin	Male	2693	M45	265		00:56:41	3478
5541	Joe	Siggins	Male	2694	MO	1563		00:56:41	3479
5317	Matt	Cooper	Male	2695	M50	199	Attleborough Athletics Academy	00:56:41	3480
4788	John	Jennings	Male	2696	M70	8		00:56:41	3481
3533	Mark	Lambert	Male	2697	M60	83		00:56:42	3482
8426	Lluna	Sanglas	Female	785	FO	530		00:56:42	3483
3163	Georgie	Thorpe	Female	786	FO	531		00:56:43	3484
5591	Vicky	Ellis	Female	787	F40	88		00:56:43	3485
5295	Claire	Green	Female	788	F50	52		00:56:43	3486
3915	Steven	Miller	Male	2698	M50	200		00:56:43	3487
2818	Monty	Chamberlain	Male	2699	MO	1564		00:56:43	3488
4350	Dawn	Gibson	Female	789	F45	78		00:56:44	3489
5135	Oliver	Egmore	Male	2700	MO	1565		00:56:44	3490
5478	Ben	Allen	Male	2701	MO	1566		00:56:44	3491
1110	John	Jarvis	Male	2702	MO	1567		00:56:44	3492
2257	Rachael	Forton	Female	790	F50	53		00:56:44	3493
4146	Hannah	Blowers	Female	791	FO	532		00:56:44	3494
3143	James	Doggett	Male	2703	M45	266		00:56:44	3495
775	Victoria	Littlewood	Female	792	FO	533		00:56:44	3496
9215	Henry	Gribble	Male	2704	MO	1568		00:56:44	3497
6336	William	Seago	Male	2705	MO	1569		00:56:45	3498
5821	Duncan	Macdonald	Male	2706	M45	267		00:56:45	3499
5822	Ted	Macdonald	Male	2707	MO	1570		00:56:45	3500
2952	Louie	Watts	Male	2708	MO	1571		00:56:45	3501
4040	Cassie	Long	Female	793	FO	534		00:56:45	3502
5733	Mark	Pecher	Male	2709	M50	201		00:56:45	3503
6281	Pippa	Wiltshire	Female	794	F45	79	Tri-Anglia Triathlon Club	00:56:45	3504
3023	Paul	Baker	Male	2710	M45	268		00:56:45	3505
3372	Linzi	Gray	Female	795	F40	89		00:56:45	3506
1015	Daniel	Bean	Male	2711	M45	269		00:56:46	3507
4688	Kevin	Southwell	Male	2712	M50	202		00:56:46	3508
6139	Kirstina	Standley	Female	796	F55	27		00:56:46	3509
7274	Rowena	Cove	Female	797	F45	80		00:56:47	3510

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1937	Gary	Aldred	Male	2713	M55	152	Great Yarmouth Road Runners	00:56:47	3511
4560	Ami	Russell	Female	798	FO	535	Wymondham AC	00:56:47	3512
2563	Andrew	Nelson	Male	2714	M50	203		00:56:47	3513
3015	Denis	Tuttle	Male	2715	M70	9	Lonely Goat RC	00:56:47	3514
3123	Samantha	Ralph	Female	799	F40	90		00:56:47	3515
4575	Ellie-rose	Lees	Female	800	FO	536		00:56:47	3516
3782	Emma	Cadley	Female	801	FO	537		00:56:48	3517
3490	Christopher	Caldwell	Male	2716	MO	1572		00:56:48	3518
7353	Jamie	Sutton	Male	2717	MO	1573		00:56:48	3519
4039	Iris	Yee	Female	802	F50	54		00:56:48	3520
2748	Beth	Nelson	Female	803	F60	11		00:56:48	3521
2526	Reiss	Laskey	Male	2718	MO	1574		00:56:48	3522
5271	Abigail	Grand	Female	804	F45	81		00:56:48	3523
3677	Julie	Price	Female	805	F60	12	City Of Norwich AC	00:56:49	3524
5920	Becky	Palmer	Female	806	FO	538	Lowestoft Road Runners	00:56:49	3525
7831	Ian	Richards	Male	2719	M60	84		00:56:49	3526
2954	Matt	Howes	Male	2720	M50	204	Norwich Road Runners	00:56:49	3527
4171	Abigail	Langley	Female	807	FO	539		00:56:50	3528
2062	Robert	McLennon	Male	2721	M40	376		00:56:50	3529
4302	Nicola	Byford	Female	808	F45	82	Thetford AC	00:56:50	3530
4125	Tim	Linstead	Male	2722	M60	85		00:56:51	3531
1346	James	Hickman	Male	2723	MO	1575		00:56:51	3532
8377	Scott	Codling	Male	2724	M50	205		00:56:51	3533
3927	Elijah	Britton	Female	809	FO	540		00:56:51	3534
7076	Bronya	Brown	Female	810	F40	91		00:56:51	3535
3485	Zaneta	Gruca	Female	811	F40	92		00:56:51	3536
9020	Joshua	Arter-taylor	Male	2725	MO	1576		00:56:52	3537
8468	Glen	Bloom	Male	2726	M55	153		00:56:52	3538
8441	Colin	Swaep	Male	2727	M55	154		00:56:52	3539
4086	Rachael	Wakefield	Female	812	F45	83		00:56:52	3540
2672	Robert	Deacon	Male	2728	M55	155	Wymondham AC	00:56:52	3541
5547	Rosie	Gibson	Female	813	FO	541		00:56:52	3542
3899	Stuart	Goodhew	Male	2729	M45	270		00:56:52	3543
4062	Chelsea	Reynolds	Female	814	FO	542		00:56:52	3544
4690	Jazmine	Rennie	Female	815	FO	543		00:56:53	3545
4098	Hilary	Harmer-jones	Female	816	F40	93	Reepham Runners	00:56:53	3546
3261	Hannah	Galey	Female	817	FO	544		00:56:54	3547
6039	Gordon	Mcateer	Male	2730	M60	86	Reepham Runners	00:56:54	3548
2731	Anne	Millett	Female	818	F70	3	Norwich Road Runners	00:56:54	3549
3114	Donna	Leaford	Female	819	F45	84	Ely Runners	00:56:54	3550
8357	Clare	Howcroft	Female	820	F50	55		00:56:54	3551
5303	Alan	Mickleburgh	Male	2731	M70	10		00:56:54	3552
4504	Joshua	Allsop	Male	2732	MO	1577		00:56:54	3553
3127	Matthew	Barker	Male	2733	M40	377		00:56:55	3554
4923	Lily	Brockhouse	Female	821	FO	545		00:56:55	3555

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2949	Victoria	Mulcahy	Female	822	F40	94		00:56:56	3556
7195	Alex	Hatcher	Male	2734	MO	1578		00:56:56	3557
5191	Madeline	Gennerly	Female	823	FO	546		00:56:56	3558
4506	Simon	Medler	Male	2735	M55	156		00:56:56	3559
4791	Simone	Stolworthy	Female	824	F55	28		00:56:57	3560
3637	Gary	Smith	Male	2736	M55	157		00:56:57	3561
5503	Melissa	Whitworth	Female	825	FO	547		00:56:57	3562
4081	Dennis	Rogers	Male	2737	M55	158		00:56:58	3563
2318	Sarah	Bird	Female	826	FO	548		00:56:58	3564
2926	Lisa	Stoner	Female	827	F40	95		00:56:58	3565
6111	Rachel	Yallop	Female	828	FO	549		00:56:58	3566
846	Lewis	Chilvers	Male	2738	MO	1579		00:56:59	3567
3134	Jo	Sinar	Female	829	F50	56		00:56:59	3568
8425	Paul	Maskall	Male	2739	MO	1580		00:56:59	3569
2295	Nico	Paganini	Male	2740	M55	159		00:56:59	3570
5347	Ben	Lambert	Male	2741	MO	1581		00:56:59	3571
8346	Tanne	Heathershaw	Female	830	FO	550		00:56:59	3572
3901	James	Matthews	Male	2742	M40	378		00:56:59	3573
4401	Thomas	Dugdale	Male	2743	M40	379		00:57:00	3574
3625	Daniela	Reeves	Female	831	F45	85		00:57:00	3575
3540	Sam	Jones	Male	2744	MO	1582	Norwich Road Runners	00:57:00	3576
6563	Kelvin	Colbourn	Male	2745	M45	271		00:57:00	3577
5581	Ethan	Jones	Male	2746	MO	1583		00:57:01	3578
5173	Georgia	Whitehead	Female	832	FO	551		00:57:01	3579
3912	Frederick	Cook	Male	2747	M40	380		00:57:01	3580
4241	Kyle	Robinson	Male	2748	M40	381		00:57:02	3581
4151	Angie	Pelling	Female	833	F55	29		00:57:02	3582
3036	Lisa	Potter	Female	834	F50	57		00:57:02	3583
4509	Jo	Ruggles	Female	835	F40	96		00:57:02	3584
5797	Lou	Boyce	Female	836	F55	30		00:57:02	3585
3900	Liam	Corrigan	Male	2749	MO	1584		00:57:02	3586
5187	Philippa	Rudd	Female	837	F60	13	Vegan Runners UK	00:57:03	3587
3857	Martin	Yaxley	Male	2750	MO	1585		00:57:03	3588
7822	Ella	Marsham	Female	838	FO	552		00:57:03	3589
7107	Danny	Page	Male	2751	MO	1586		00:57:04	3590
4542	Richard	Greenwood	Male	2752	M50	206		00:57:04	3591
7316	Gareth	Fabbro	Male	2753	MO	1587		00:57:04	3592
2396	Emily	Rose	Female	839	FO	553		00:57:04	3593
3181	Jeremy	Burton	Male	2754	MO	1588		00:57:05	3594
4112	Maureen	Rumsby	Female	840	F50	58	Runners-Next-the-Sea	00:57:05	3595
7283	Ed	Hodges	Male	2755	MO	1589		00:57:05	3596
2350	Jim	Winter	Male	2756	M60	87	Harleston Running Club	00:57:05	3597
4902	Lydia	Hyde	Female	841	FO	554		00:57:05	3598
2505	Sarah	Smedley	Female	842	FO	555		00:57:05	3599
4215	Billy	Coughlin	Male	2757	MO	1590		00:57:06	3600
3737	Matthew	Mesmer	Male	2758	M40	382		00:57:06	3601
4604	Neil	Henery	Male	2759	M65	50		00:57:06	3602
3375	Rocio	Salado	Female	843	F50	59		00:57:06	3603

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6117	Adam	Haddock	Male	2760	MO	1591		00:57:06	3604
5119	Jimmy	Gascoigne	Male	2761	M40	383		00:57:07	3605
4927	Cristina	Lemus	Female	844	F40	97		00:57:07	3606
3365	Alastair	Codling	Male	2762	MO	1592		00:57:08	3607
4360	Jacob	Stone	Male	2763	MO	1593		00:57:08	3608
3726	Ellie	Hall	Female	845	FO	556		00:57:08	3609
3861	Kevin	Johnson	Male	2764	M50	207		00:57:08	3610
3752	Oliver	Dyke	Male	2765	MO	1594		00:57:08	3611
4388	Kieran	Harrington-ba ll	Male	2766	M45	272		00:57:08	3612
2473	Leah	Newcombe	Female	846	FO	557		00:57:09	3613
3504	Krystian	Okupniak	Male	2767	M45	273		00:57:09	3614
7756	Wayne	Easlea	Male	2768	M50	208		00:57:09	3615
4659	Adam	Brown	Male	2769	MO	1595		00:57:09	3616
7755	Molly	Easlea	Female	847	FO	558		00:57:10	3617
7016	Angela	King	Female	848	F55	31		00:57:10	3618
4309	Emma	Saxton	Female	849	F55	32	Coltishall Jaguars RC	00:57:10	3619
4134	Lisa	Kemp	Female	850	F45	86	Wymondham AC	00:57:11	3620
6162	Andrew	Kelk	Male	2770	M40	384		00:57:11	3621
4210	Emily	Paice	Female	851	FO	559		00:57:12	3622
5178	Ben	Hawkins	Male	2771	MO	1596		00:57:12	3623
3859	Jamie	Goose	Male	2772	MO	1597		00:57:12	3624
4412	Sarah	Harris	Female	852	F45	87		00:57:13	3625
3849	Owen	Spooner	Male	2773	MO	1598		00:57:13	3626
3006	Amy	Mullin	Female	853	FO	560		00:57:14	3627
5395	Simon	Giles	Male	2774	MO	1599		00:57:15	3628
5301	Indy	Evans	Female	854	FO	561		00:57:15	3629
6079	Emma	Guyton	Female	855	FO	562		00:57:15	3630
8869	Stephen	Robinson	Male	2775	M60	88		00:57:16	3631
4555	Adam	Banham	Male	2776	M45	274	TTT Run Club	00:57:16	3632
3325	Andrew	Spinks	Male	2777	MO	1600		00:57:16	3633
3762	Darren	Kent	Male	2778	M40	385		00:57:16	3634
3648	Michael	Antill	Male	2779	M60	89		00:57:16	3635
5590	Luke	Gardiner	Male	2780	MO	1601		00:57:16	3636
5334	Bhargav	Trivedi	Male	2781	M40	386		00:57:16	3637
3724	Alasdair	Rowlands	Male	2782	MO	1602		00:57:17	3638
3498	Mark	Wilsher	Male	2783	M55	160		00:57:17	3639
4147	Brendan	Audis	Male	2784	MO	1603		00:57:17	3640
4870	Ross	Chadney	Male	2785	MO	1604		00:57:17	3641
4654	Nick	Smith	Male	2786	M55	161		00:57:18	3642
4119	Stephen	Gaffer	Male	2787	M55	162		00:57:18	3643
2525	Emily	Cooper	Female	856	FO	563		00:57:18	3644
5157	Nagilla	Santos	Female	857	FO	564		00:57:19	3645
1589	Lucas	Bull-anthony	Male	2788	MO	1605		00:57:19	3646
2328	Sarah	Cole	Female	858	F40	98		00:57:19	3647
5325	Kyle	Locke	Male	2789	MO	1606		00:57:19	3648
3145	Joss	Ball	Male	2790	MO	1607		00:57:20	3649
2109	Simon	Daniels	Male	2791	MO	1608		00:57:20	3650
7324	Kurt	Alibusa	Male	2792	MO	1609		00:57:20	3651

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4328	Lucy	Caswell-dodd	Female	859	FO	565		00:57:20	3652
5419	Matthew	Lyon	Male	2793	MO	1610		00:57:20	3653
4226	Jonathan	Foot	Male	2794	M65	51	Bure Valley Harriers	00:57:20	3654
3610	Jon	Holt	Male	2795	M50	209	Lonely Goat RC	00:57:20	3655
3770	Laura	Grixti	Male	2796	MO	1611		00:57:21	3656
5091	Charlotte	Cork	Female	860	FO	566		00:57:21	3657
4805	Hugo	Stevenson	Male	2797	M50	210		00:57:21	3658
5615	Max	Ryles	Male	2798	MO	1612		00:57:21	3659
4670	Abbie	Collins	Female	861	FO	567		00:57:21	3660
3242	Kimberley	Broom	Female	862	FO	568		00:57:22	3661
3973	Carla	Webb	Female	863	FO	569		00:57:22	3662
3437	Dane	Whiteley	Male	2799	M40	387		00:57:22	3663
4462	Alison	Draper	Female	864	F55	33		00:57:23	3664
3382	Ben	Beardon	Male	2800	MO	1613		00:57:23	3665
3321	Kelly	Betts	Female	865	FO	570	Dereham Runners AC	00:57:23	3666
4160	Andrew	Smith	Male	2801	M55	163		00:57:23	3667
6767	William	Graham	Male	2802	MO	1614		00:57:23	3668
6461	Luisa	Hausleithner	Female	866	FO	571		00:57:23	3669
6776	Stephanie	Townsend	Female	867	FO	572		00:57:23	3670
5815	Lewis	Rutterford	Male	2803	MO	1615		00:57:24	3671
3423	Jonny	Elliott	Male	2804	M40	388		00:57:24	3672
1721	Serena	Abbott	Female	868	FO	573		00:57:24	3673
5146	Jessica	Smith	Female	869	FO	574		00:57:24	3674
5734	Leanne	Eastick-biggin s	Female	870	FO	575		00:57:25	3675
2310	Amanda	Hards	Female	871	F55	34		00:57:25	3676
4593	Andrew	Britton	Male	2805	M40	389		00:57:25	3677
7473	Simon	Gooch	Male	2806	MO	1616		00:57:25	3678
4623	Hugo	Donnelly	Male	2807	MO	1617		00:57:25	3679
4150	Becky	Ottaway	Female	872	F40	99		00:57:26	3680
3381	Alex	Poll	Male	2808	MO	1618		00:57:27	3681
4703	Jordan	Peck	Male	2809	MO	1619		00:57:27	3682
2921	Nadine	Bunn	Female	873	F40	100		00:57:27	3683
1724	Leanne	Heavens-hunt	Female	874	FO	576		00:57:27	3684
7081	Amber	Staaf	Female	875	FO	577		00:57:27	3685
4488	Georgia	Murphy	Female	876	FO	578		00:57:28	3686
1117	Paige	Raven	Female	877	FO	579		00:57:28	3687
4004	Nick	Longstaff	Male	2810	M40	390		00:57:28	3688
2978	Gareth	Lince	Male	2811	M45	275		00:57:29	3689
3443	Megan	Brand	Female	878	FO	580		00:57:29	3690
8523	David	Lewiss	Male	2812	M60	90		00:57:29	3691
4807	Emily	Woodhouse	Female	879	FO	581		00:57:29	3692
3967	Ilena	Everett	Female	880	F40	101		00:57:30	3693
4738	Ieva	Nash	Female	881	FO	582		00:57:30	3694
3355	Matthew	Lord	Male	2813	M40	391		00:57:30	3695
4751	Jordan	Redhead	Male	2814	MO	1620		00:57:31	3696
2727	Anna	Austin	Female	882	FO	583		00:57:31	3697
7753	Caroline	Router	Female	883	FO	584		00:57:31	3698
3693	Kay	Cresswell	Female	884	F60	14		00:57:31	3699

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3905	Jo	Hazle	Female	885	FO	585	Norwich Road Runners	00:57:31	3700
2222	Colin	Foreman	Male	2815	M60	91	Waveney Valley AC	00:57:32	3701
225	Ben	Moore	Male	2816	MO	1621		00:57:33	3702
5145	Daniel	Minister	Male	2817	MO	1622		00:57:33	3703
2332	Pierce	Badger	Male	2818	MO	1623		00:57:33	3704
1127	Harry	Wilson	Male	2819	MO	1624		00:57:33	3705
6811	Crystal	Stanley	Female	886	F40	102		00:57:33	3706
4756	Anthony	Nowacki	Male	2820	MO	1625		00:57:33	3707
5854	Thomas	Miller	Male	2821	M40	392		00:57:33	3708
4264	Duncan	Potter	Male	2822	M55	164		00:57:33	3709
4583	Hannah	Tough	Female	887	F40	103		00:57:33	3710
4175	Oliver	Ayers	Male	2823	MO	1626		00:57:33	3711
552	Chris	Greenslade	Male	2824	MO	1627		00:57:33	3712
4181	Mark	Herwin	Male	2825	M50	211	Dereham Runners AC	00:57:34	3713
3530	David	Ward	Male	2826	MO	1628		00:57:34	3714
4289	Ben	Howlett-cobb	Male	2827	MO	1629		00:57:34	3715
6615	Lauren	Talford	Female	888	FO	586		00:57:34	3716
2766	Millie	Durant	Female	889	FO	587		00:57:34	3717
5266	Lilliana	Brannan	Female	890	FO	588		00:57:34	3718
5736	Michael	Robinson	Male	2828	MO	1630		00:57:35	3719
7308	James	Pelham	Male	2829	MO	1631		00:57:35	3720
6176	Emily	Butler	Female	891	FO	589		00:57:35	3721
3253	Nathan	Wicks	Male	2830	MO	1632		00:57:35	3722
5830	Lucy	Barker	Female	892	FO	590		00:57:35	3723
4895	Glynis	Bennett	Female	893	F50	60		00:57:35	3724
5716	Heloise	Vinette	Female	894	FO	591		00:57:35	3725
2764	Zachery	Harvey	Male	2831	MO	1633		00:57:36	3726
7129	Charlie	Stangroom	Male	2832	MO	1634		00:57:36	3727
3602	Sophie	Thomas	Female	895	FO	592		00:57:36	3728
6179	Donna	Wilkins	Female	896	F55	35		00:57:37	3729
5021	Neil	Thrush	Male	2833	M70	11		00:57:37	3730
3397	Ellie	Moore	Female	897	FO	593		00:57:37	3731
4191	Cindy	Beynon	Female	898	FO	594	Wymondham AC	00:57:37	3732
3868	Simon	Lee	Male	2834	M55	165	Ryston Runners	00:57:37	3733
1706	Rachel	Paterson	Female	899	FO	595		00:57:37	3734
6446	Nathan	Moore	Male	2835	MO	1635		00:57:37	3735
2272	Laurie	Mcallister	Female	900	FO	596		00:57:38	3736
8955	Sadie	Cookson	Female	901	FO	597		00:57:38	3737
3421	Mark	Quadling	Male	2836	M55	166		00:57:38	3738
4245	Robert	Barnard	Male	2837	M45	276		00:57:38	3739
2523	Thomas	Ginn	Male	2838	M40	393		00:57:38	3740
6397	Rebecca	Savage	Female	902	F50	61		00:57:38	3741
4456	Paul	Gooch	Male	2839	M55	167		00:57:38	3742
5027	Edward	Briggs	Male	2840	MO	1636		00:57:39	3743
2898	Christopher	Cook	Male	2841	MO	1637		00:57:39	3744
1066	Belle	Watkins	Female	903	FO	598	Bure Valley Harriers	00:57:39	3745
5600	Kathryn	Hoare	Female	904	FO	599		00:57:39	3746

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3369	Victoria	Warren	Female	905	FO	600		00:57:39	3747
5231	Thomas	Marsden	Male	2842	M40	394		00:57:39	3748
3429	Matthew	Gill	Male	2843	M40	395		00:57:39	3749
2996	Salman	Toheed	Male	2844	MO	1638		00:57:39	3750
4771	Lauren	Hoare	Female	906	FO	601		00:57:39	3751
4007	Bradley	Armstrong	Male	2845	MO	1639		00:57:39	3752
3472	Jeremy	Howard	Male	2846	M50	212		00:57:40	3753
3230	Max	Walker	Male	2847	MO	1640		00:57:40	3754
3789	Robert	Marshall-nichols	Male	2848	M40	396		00:57:40	3755
6259	Thomas	Sweeden	Male	2849	MO	1641		00:57:40	3756
4731	David	Skinner	Male	2850	MO	1642		00:57:40	3757
4953	Barry	Clare	Male	2851	M40	397		00:57:40	3758
8010	Ollie	Pickering	Male	2852	MO	1643		00:57:41	3759
4319	Jenny	Boyle	Female	907	F40	104		00:57:41	3760
5039	Kamil	Lewandowski	Male	2853	MO	1644		00:57:41	3761
3463	Jonny	Scott	Male	2854	MO	1645		00:57:41	3762
3895	Hannah	Brown	Female	908	FO	602		00:57:41	3763
4317	Neil	Saunders	Male	2855	M45	277		00:57:41	3764
7088	Isobel	Webster	Female	909	FO	603		00:57:41	3765
4417	Chris	Boyle	Male	2856	M40	398		00:57:41	3766
6071	Lucy	Fagan	Female	910	F45	88		00:57:42	3767
4579	Ruby	Wells	Female	911	FO	604		00:57:42	3768
5483	James	Heath	Male	2857	MO	1646		00:57:42	3769
6364	Hannah	Cole	Female	912	FO	605	Wymondham AC	00:57:42	3770
8372	Edward	Chamberlain	Male	2858	MO	1647		00:57:43	3771
5839	Philippe	Radlovic	Male	2859	M40	399		00:57:43	3772
3166	Tom	Richardson	Male	2860	MO	1648		00:57:43	3773
8900	Sadie	Self	Female	913	F40	105		00:57:43	3774
4559	Andrew	Fenn	Male	2861	M55	168		00:57:43	3775
4037	Chris	Hartley	Male	2862	M40	400		00:57:43	3776
4592	Rachel	Beavis	Female	914	F50	62		00:57:44	3777
3876	Phil	Harvey	Male	2863	M55	169		00:57:44	3778
6186	Finley	Robertson	Male	2864	MO	1649		00:57:44	3779
2718	Dylan	Smith	Male	2865	MO	1650		00:57:44	3780
6415	William	Treleaven	Male	2866	M45	278		00:57:44	3781
4274	Louise	Jackson	Female	915	F40	106		00:57:44	3782
3469	Will	Brar	Male	2867	MO	1651		00:57:45	3783
4522	Nick	Grocott	Male	2868	M50	213		00:57:45	3784
5079	Jenny	Pulford	Female	916	F40	107		00:57:45	3785
3995	Stuart	Canwell	Male	2869	M50	214		00:57:46	3786
5598	Shaun	Haylett	Male	2870	MO	1652		00:57:46	3787
3799	Declan	Jermy	Male	2871	MO	1653		00:57:46	3788
4966	Anna	Cooper	Female	917	FO	606		00:57:47	3789
4967	Eleanor	Cooper	Female	918	FO	607		00:57:47	3790
4068	Clive	Pearson	Male	2872	MO	1654		00:57:47	3791
7122	Ian	Walker	Male	2873	M45	279		00:57:47	3792
3872	Richard	Todd	Male	2874	M60	92		00:57:47	3793
7627	Alfie	Farrell	Male	2875	MO	1655		00:57:48	3794

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4611	Richard	Crosby	Male	2876	M65	52		00:57:48	3795
4612	Pete	Debenham	Male	2877	MO	1656		00:57:48	3796
3969	Rebecca	Davis	Female	919	F50	63		00:57:49	3797
2484	Lily	Searle	Female	920	FO	608		00:57:49	3798
2628	Sophie	Ward	Female	921	FO	609		00:57:49	3799
3571	Nikita	Greenacre	Female	922	FO	610		00:57:49	3800
4888	Katie	Dobbs	Female	923	FO	611		00:57:49	3801
1379	Luke	Baxter	Male	2878	MO	1657		00:57:49	3802
5870	Glen	Scott	Male	2879	M45	280		00:57:49	3803
3996	Shona	Matthews	Female	924	FO	612		00:57:50	3804
4682	Edward	Notley	Male	2880	MO	1658		00:57:50	3805
4943	Matthew	Carter	Male	2881	MO	1659		00:57:50	3806
3482	James	Aylett	Male	2882	M45	281		00:57:50	3807
4379	Jordan	Baston	Male	2883	MO	1660		00:57:51	3808
3867	Kaily	Keenaghan	Female	925	FO	613		00:57:51	3809
4942	Charlotte	Quinn	Female	926	FO	614		00:57:51	3810
2634	James	Buchan	Male	2884	M40	401		00:57:51	3811
3598	Zoe	Warnes	Female	927	F40	108		00:57:52	3812
4795	Gareth	Williams	Male	2885	M50	215		00:57:52	3813
4901	Jason	Jeary	Male	2886	M55	170	Runners-Next -the-Sea	00:57:52	3814
6438	Laurence	Clark	Male	2887	MO	1661		00:57:52	3815
7155	Mark	Loader	Male	2888	M55	171		00:57:52	3816
4696	Daniel	Osborne-bishop	Male	2889	MO	1662		00:57:53	3817
4385	Richard	Watson	Male	2890	M55	172		00:57:53	3818
7659	Joe	Maguire	Male	2891	MO	1663		00:57:53	3819
5152	Matt	Sampson	Male	2892	M50	216		00:57:53	3820
2897	Joshua	Moore	Male	2893	MO	1664		00:57:53	3821
3071	Peter	Harcourt	Male	2894	M60	93		00:57:53	3822
5218	Emily	Rayner	Female	928	F45	89		00:57:54	3823
4882	Ruth	Sellex	Female	929	FO	615		00:57:54	3824
2375	Callum	Barnard	Male	2895	MO	1665		00:57:54	3825
5711	Lynsey	Hannant	Female	930	F40	109		00:57:54	3826
4173	Zoe	Sanders	Female	931	F40	110		00:57:54	3827
4174	Peter	Nester	Male	2896	M45	282		00:57:54	3828
5084	Lindsay	Matthews	Female	932	F50	64		00:57:55	3829
6640	Shaun	Sadler	Male	2897	MO	1666		00:57:55	3830
5219	Katie	Higenbottam	Female	933	F45	90		00:57:55	3831
4420	Peter	Keen	Male	2898	M60	94		00:57:56	3832
1795	Carla	Da Silva	Female	934	F40	111		00:57:57	3833
3939	Fi	Tyas	Female	935	F40	112		00:57:57	3834
4398	Claire	Beraud	Female	936	F40	113		00:57:57	3835
3835	Lauren	Cunningham	Female	937	FO	616		00:57:57	3836
7488	Trevor	Holden	Male	2899	M60	95		00:57:57	3837
5045	Matthew	Nichols	Male	2900	MO	1667		00:57:58	3838
3827	Dennis	Simpson	Male	2901	M65	53	Norwich Road Runners	00:57:58	3839
4059	Jason	Emons	Male	2902	M40	402	Great Yarmouth Road Runners	00:57:58	3840
2958	Richard	Holland	Male	2903	M40	403		00:57:58	3841

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8540	Sam	Gosney	Male	2904	MO	1668		00:57:59	3842
6795	Caitlin	Tuttle	Female	938	FO	617		00:57:59	3843
8109	Adam	Cumbers	Male	2905	MO	1669		00:57:59	3844
7103	Carly	Fryman	Female	939	FO	618		00:58:00	3845
4219	Louis	Green	Male	2906	MO	1670		00:58:00	3846
3925	John	Norman	Male	2907	M50	217		00:58:00	3847
5137	Nicola	Weldon	Female	940	F55	36	Wymondham AC	00:58:00	3848
4366	Lizzie	Johnson	Female	941	FO	619		00:58:00	3849
4235	Della	Brown	Female	942	F55	37		00:58:00	3850
5871	Lisa	Stickells	Female	943	F45	91		00:58:00	3851
2955	Paul	Ellis	Male	2908	M55	173		00:58:00	3852
5972	Martin	Jacobs	Male	2909	M50	218		00:58:00	3853
4747	Abbie	Lyon	Female	944	FO	620		00:58:01	3854
6445	Hazel	Beazley	Female	945	F45	92		00:58:01	3855
2122	Thomas	Holt	Male	2910	MO	1671		00:58:01	3856
8658	Andrew	Kindleysides	Male	2911	M40	404		00:58:01	3857
4620	Anna	Cutting	Female	946	FO	621		00:58:01	3858
5026	Paul	Hurren	Male	2912	M65	54		00:58:01	3859
3549	Beth	Underwood	Female	947	FO	622		00:58:02	3860
3550	Edie	Wright	Female	948	FO	623		00:58:02	3861
2989	Rebecca	Plater	Female	949	F40	114		00:58:02	3862
5867	Isabel	Hurren	Female	950	FO	624		00:58:02	3863
3756	Caroline	Flello	Female	951	F45	93		00:58:02	3864
5169	Alex	Crowley	Male	2913	MO	1672		00:58:02	3865
4364	Holly	Earl	Female	952	F40	115		00:58:03	3866
5327	Kayley	Campling	Female	953	FO	625		00:58:03	3867
3338	Laura	Mulley	Female	954	F40	116		00:58:03	3868
5356	Lottie	Porter	Female	955	FO	626		00:58:03	3869
2868	Joshua	Day	Male	2914	MO	1673		00:58:04	3870
2975	Lloyd	Johnson	Male	2915	M40	405		00:58:04	3871
4514	Jessica	Frost	Female	956	FO	627		00:58:04	3872
3493	Andrew	Sutton	Male	2916	M45	283		00:58:04	3873
4400	Katie	Huggins	Female	957	FO	628		00:58:04	3874
249	Natisha	Ramsbottom	Female	958	FO	629	Dereham Runners AC	00:58:04	3875
4842	Tom	Bailey	Male	2917	MO	1674		00:58:04	3876
2326	Dean	Mooney	Male	2918	M40	406		00:58:04	3877
3638	Joanna	Durrant	Female	959	F45	94	Norfolk Gazelles AC	00:58:04	3878
6581	Tim	Jones	Male	2919	M55	174		00:58:04	3879
3583	John	Kirkum	Male	2920	M55	175		00:58:05	3880
4941	Suzanne	Nurse	Female	960	F50	65		00:58:05	3881
3854	Paula	Mayes	Female	961	F50	66	North Norfolk Beach Runners	00:58:05	3882
2705	Max	Haddon	Male	2921	MO	1675		00:58:05	3883
4155	Declan	Bačić	Male	2922	MO	1676		00:58:06	3884
6983	Sophie	Briggs	Female	962	FO	630	Norfolk Gazelles AC	00:58:07	3885
6430	Chris	McRobert	Male	2923	M40	407		00:58:07	3886
4326	Karl	Munnings	Male	2924	MO	1677		00:58:07	3887
8127	Julie	Folkard	Female	963	F60	15		00:58:07	3888

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3158	Susanna	Johns	Female	964	F50	67		00:58:07	3889
6792	Naomi	Pearson	Female	965	F45	95		00:58:08	3890
5227	Fay	Wheeler	Female	966	F50	68		00:58:08	3891
4233	Matthew	Newson	Male	2925	MO	1678		00:58:08	3892
4735	Molly	Wones	Female	967	FO	631	Norwich Road Runners	00:58:08	3893
4067	Laura	Goddard	Female	968	FO	632		00:58:08	3894
4952	Anne	Nash	Female	969	F55	38		00:58:08	3895
5835	Zak	Goffin	Male	2926	MO	1679		00:58:08	3896
5589	Suzy	Horth	Female	970	F50	69	Norfolk Harriers RC	00:58:09	3897
3318	Lily	Johns	Female	971	FO	633		00:58:09	3898
4723	Laura	Easter	Female	972	F40	117		00:58:09	3899
5504	Lauren	Barber	Female	973	FO	634		00:58:09	3900
2632	Kai	Ward	Male	2927	MO	1680		00:58:10	3901
4851	Dominic	Rust	Male	2928	M40	408	North Norfolk Beach Runners	00:58:10	3902
4828	Summer	Blazey	Female	974	FO	635		00:58:10	3903
4531	Clara	Fernandez	Female	975	FO	636		00:58:10	3904
3048	Rebecca	Harvey	Female	976	FO	637		00:58:11	3905
2627	Joe	Matthews	Male	2929	MO	1681		00:58:11	3906
7352	Lydia	Jones	Female	977	FO	638		00:58:11	3907
4891	Tanya	Johnson	Female	978	F40	118		00:58:11	3908
5346	Abi	Wilkinson	Female	979	FO	639		00:58:11	3909
4220	Jane	Cadman	Female	980	F60	16	Reepham Runners	00:58:11	3910
5305	Caitlin	Nicholson	Female	981	FO	640		00:58:12	3911
4566	Jordan	Patterson	Male	2930	MO	1682		00:58:12	3912
4180	Beatrice	Lovell	Female	982	FO	641		00:58:13	3913
5421	Stacey	Small	Female	983	FO	642		00:58:13	3914
3030	Jez	Barnes	Male	2931	M55	176		00:58:13	3915
1319	Philip	Nicholson	Male	2932	M50	219	Norwich Road Runners	00:58:13	3916
5141	Jersey	Holmes	Female	984	FO	643		00:58:13	3917
7379	Alfie	Tink	Male	2933	MO	1683		00:58:13	3918
3259	Matthew	Freezer	Male	2934	MO	1684	Runners-Next-the-Sea	00:58:13	3919
5260	Fenella	Roberts	Female	985	F55	39		00:58:13	3920
6610	Rachael	Bull	Female	986	FO	644		00:58:14	3921
3918	Peter	Morris	Male	2935	MO	1685		00:58:14	3922
2320	Liam	Rumsby	Male	2936	MO	1686		00:58:14	3923
4484	Mark	Keenan	Male	2937	M45	284		00:58:15	3924
2646	Katie	Forshaw	Female	987	FO	645		00:58:15	3925
3845	Theo	David	Male	2938	MO	1687		00:58:16	3926
3832	Emma	Ward	Female	988	F50	70	Norwich Road Runners	00:58:16	3927
3632	Matthew	Buller	Male	2939	MO	1688		00:58:16	3928
4056	Paul	Malcolm	Male	2940	M60	96		00:58:16	3929
6460	John	Guest	Male	2941	M45	285		00:58:16	3930
5350	Maurice	Williams	Male	2942	M40	409		00:58:17	3931
4100	Gracey	Rye	Female	989	FO	646		00:58:17	3932
4551	Martin	Munn	Male	2943	MO	1689	Coltishall Jaguars RC	00:58:17	3933

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5492	James	Roberts	Male	2944	MO	1690	Norwich Road Runners	00:58:17	3934
631	Chloe	Ward	Female	990	FO	647		00:58:17	3935
6408	Zoe	Cavendish	Female	991	FO	648		00:58:17	3936
5754	Steve	Keeble	Male	2945	M65	55		00:58:17	3937
4480	Sophie	Saunders	Female	992	FO	649		00:58:18	3938
8434	Tom	Butterworth	Male	2946	M45	286		00:58:18	3939
5739	Abby	Wardlow	Female	993	FO	650		00:58:18	3940
5064	Emma	Pells	Female	994	F45	96		00:58:18	3941
3342	Hayley	Stokes	Female	995	FO	651		00:58:19	3942
5378	Flora	Andrews	Female	996	F50	71		00:58:19	3943
4529	Martin	Nicholson	Male	2947	M50	220	Attleborough Athletics Academy	00:58:19	3944
4545	Daniel	De Lucchi	Male	2948	MO	1691		00:58:19	3945
4473	James	Andrews	Male	2949	M50	221		00:58:19	3946
5083	Richard	Allsworth	Male	2950	M50	222		00:58:19	3947
8285	Ella	Arter-taylor	Female	997	FO	652		00:58:19	3948
4474	Steve	Marsh	Male	2951	M60	97		00:58:19	3949
4573	Matt	Skilton	Male	2952	MO	1692		00:58:19	3950
3124	Stuart	Wainwright	Male	2953	M50	223		00:58:20	3951
5269	Peter	Hayes	Male	2954	M55	177		00:58:20	3952
4199	Ben	Walker	Male	2955	M45	287		00:58:20	3953
2551	Dawn	Protheroe	Female	998	F55	40	Dereham Runners AC	00:58:20	3954
4200	Wayne	Fincham	Male	2956	M40	410		00:58:20	3955
6835	Emily	Miller	Female	999	F50	72		00:58:20	3956
7851	Russell	Dick	Male	2957	M40	411		00:58:21	3957
542	Malgorzata	Grucelska	Female	1000	F40	119		00:58:21	3958
6185	Tylah	Nunes	Male	2958	MO	1693		00:58:21	3959
4848	Mia	Wighton	Female	1001	FO	653		00:58:21	3960
7997	Maria	Buck	Female	1002	FO	654		00:58:22	3961
532	Michal	Grucelski	Male	2959	M45	288		00:58:22	3962
5412	Emily	Warner	Female	1003	FO	655		00:58:22	3963
7310	Deborah	Cutting	Female	1004	F45	97		00:58:22	3964
4300	Peter	Vrabec	Male	2960	M45	289		00:58:22	3965
3692	Harvey	Vincent	Male	2961	MO	1694		00:58:22	3966
1369	Matthew	Elsey	Male	2962	MO	1695		00:58:22	3967
5321	Gary	Thurtle	Male	2963	M50	224		00:58:22	3968
5176	Robert	Fayers	Male	2964	MO	1696		00:58:23	3969
2032	Frazer	Moorecroft	Male	2965	MO	1697		00:58:23	3970
4071	Pieter	Janse Van Rensburg	Male	2966	MO	1698		00:58:23	3971
5299	Gareth	Broom	Male	2967	M50	225		00:58:23	3972
4286	Matthew	Peek	Male	2968	M55	178		00:58:23	3973
5487	Martin	Adcock	Male	2969	M40	412		00:58:24	3974
4993	David	Robinson	Male	2970	M60	98		00:58:25	3975
4689	Rebecca	Mcdonald	Female	1005	F40	120		00:58:25	3976
4765	Bradley	Day	Male	2971	MO	1699		00:58:26	3977
3722	George	Barnard	Male	2972	MO	1700		00:58:26	3978
4866	Jade	Bailey	Female	1006	FO	656		00:58:26	3979

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2502	Grant	Johnson	Male	2973	M40	413		00:58:26	3980
5053	Laura	Garratt	Female	1007	FO	657		00:58:27	3981
4055	Michelle	Youngs	Female	1008	F40	121	Norwich Road Runners	00:58:27	3982
3743	George	Vaughan	Male	2974	MO	1701		00:58:27	3983
5794	Amy	Jones	Female	1009	F40	122	Norwich Road Runners	00:58:27	3984
3148	Pete	Barrett	Male	2975	M60	99		00:58:27	3985
2881	Cristian	Ciurlic	Male	2976	M40	414		00:58:27	3986
4438	Orlagh	Marks	Female	1010	FO	658		00:58:27	3987
4879	Rachel	Donovan	Female	1011	FO	659		00:58:27	3988
2612	Paul	Clark	Male	2977	M45	290	Team Derby Runner	00:58:28	3989
4846	David	Hannant	Male	2978	M55	179		00:58:28	3990
2346	Can	Halstead	Female	1012	FO	660		00:58:28	3991
3034	Lewis	Fox	Male	2979	MO	1702		00:58:28	3992
6900	Karen	Lines	Female	1013	F50	73		00:58:28	3993
6907	Matthew	Jones	Male	2980	MO	1703		00:58:28	3994
3523	David	Drew	Male	2981	M40	415		00:58:28	3995
5429	Frazer	Guy	Male	2982	MO	1704		00:58:29	3996
860	Simon	Muskett	Male	2983	M40	416		00:58:29	3997
3660	Lindsey	Hall	Female	1014	F45	98		00:58:30	3998
4596	Michelle	Bull	Female	1015	F55	41	UKnetrunner.co.UK	00:58:30	3999
6203	Tom	Casey	Male	2984	MO	1705		00:58:30	4000
7321	Richard	Cox	Male	2985	MO	1706		00:58:30	4001
6148	Ben	Hare	Male	2986	MO	1707		00:58:30	4002
7108	Nicola	Bobbin	Female	1016	FO	661		00:58:30	4003
2558	Harriet	Watson	Female	1017	FO	662		00:58:31	4004
5127	Beth	Jones	Female	1018	FO	663		00:58:31	4005
6326	Scott	Allen	Male	2987	MO	1708		00:58:31	4006
3763	Mark	Thorpe	Male	2988	M60	100	Norfolk Gazelles AC	00:58:32	4007
4205	George	Lawrence	Male	2989	MO	1709		00:58:32	4008
6121	Lewis	Chapman	Male	2990	MO	1710		00:58:32	4009
7768	Kirsty	Knights	Female	1019	FO	664		00:58:32	4010
4115	Richard	Wallis	Male	2991	M45	291		00:58:33	4011
5348	Joshua	Self	Male	2992	MO	1711		00:58:33	4012
5185	Shayla	Owens	Female	1020	FO	665		00:58:33	4013
4603	Dylan	Thomas	Male	2993	M45	292		00:58:33	4014
5855	Joseph	Rejek	Male	2994	MO	1712		00:58:33	4015
4734	Jerry	Fuller	Male	2995	M50	226		00:58:33	4016
5217	Laura	Spratt	Female	1021	F40	123	Attleborough Athletics Academy	00:58:34	4017
3826	Michael	Derrick	Male	2996	M55	180		00:58:34	4018
5569	Amy	Bennett	Female	1022	FO	666		00:58:34	4019
7095	Wayne	Rogers	Male	2997	M50	227		00:58:35	4020
6484	Eden	Ciannarella	Male	2998	MO	1713		00:58:35	4021
4712	Susan	Lines	Female	1023	F40	124		00:58:35	4022
6221	Josh	Hales	Male	2999	MO	1714		00:58:35	4023
4349	Julia	Hutton-attenborough	Female	1024	FO	667		00:58:36	4024
2033	Paul	Young	Male	3000	M45	293		00:58:36	4025

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4144	Katie	Illingsworth	Female	1025	FO	668		00:58:36	4026
5469	Debbie	Sutton	Female	1026	F55	42		00:58:36	4027
669	Jamie	Smith	Male	3001	M40	417		00:58:36	4028
2993	Stefan	Arsene	Male	3002	M40	418		00:58:37	4029
8386	Bailey	Owen	Male	3003	MO	1715		00:58:37	4030
4383	Leon	Schulz	Male	3004	M45	294		00:58:37	4031
4318	Thomas	Flahive	Male	3005	M40	419		00:58:37	4032
4868	Alice	Landray	Female	1027	FO	669		00:58:37	4033
5500	Nicola	Kermez	Female	1028	F40	125		00:58:38	4034
6013	Matthew	Codling	Male	3006	M55	181		00:58:38	4035
5535	Victoria	Preston	Female	1029	FO	670		00:58:38	4036
8266	Jonathan	Gedge	Male	3007	M40	420		00:58:38	4037
3683	Hannah	Howard	Female	1030	FO	671		00:58:38	4038
4554	Lucy	Campbell	Female	1031	F55	43	Norfolk Harriers RC	00:58:39	4039
4757	Catherine	Reeve	Female	1032	FO	672		00:58:39	4040
2981	Natalia	Gray	Female	1033	FO	673		00:58:39	4041
4167	Megan	Broughton	Female	1034	FO	674		00:58:39	4042
4129	Hannah	Storey	Female	1035	FO	675		00:58:39	4043
5234	Clair	Bale	Female	1036	F45	99		00:58:39	4044
8161	Molly	Smith	Female	1037	FO	676		00:58:40	4045
3320	Benjamin	Alleyne	Male	3008	M40	421		00:58:40	4046
1420	Timothy	Bishop	Male	3009	M55	182		00:58:40	4047
3593	Kate	Smith	Female	1038	F40	126		00:58:41	4048
4405	Ryan	Evans	Male	3010	MO	1716		00:58:41	4049
6377	Alice	Dalton	Female	1039	F45	100		00:58:41	4050
4921	Kirsten	Bishop	Female	1040	FO	677		00:58:41	4051
4518	Alicia	Mcmartin	Female	1041	FO	678		00:58:41	4052
5725	Maddison	Cook	Female	1042	FO	679		00:58:41	4053
6106	Nick	Bradley	Male	3011	MO	1717		00:58:41	4054
5030	Hannah	Gill	Female	1043	FO	680		00:58:41	4055
4962	Nigel	Bradley	Male	3012	M65	56	Wymondham AC	00:58:41	4056
4710	Lorna	Jermyn	Female	1044	F45	101	Wymondham AC	00:58:42	4057
3125	Andy	Chapman	Male	3013	M45	295		00:58:42	4058
4816	Lora	Townsend	Female	1045	F40	127		00:58:42	4059
3790	Gemma	Mortimer	Female	1046	F40	128		00:58:42	4060
4600	Mark	Evans	Male	3014	M45	296		00:58:42	4061
4865	Guy	Shearwood	Male	3015	M65	57	Tri-Anglia Triathlon Club	00:58:43	4062
6054	Amanda	Vincent	Female	1047	F50	74		00:58:43	4063
2613	Jennifer	Lloyd	Female	1048	F50	75	Team Derby Runner	00:58:43	4064
4662	Nick	Catchpole	Male	3016	M45	297		00:58:43	4065
3043	Graham	Hardingham	Male	3017	M65	58	Dereham Runners AC	00:58:43	4066
3765	George	Thompson	Male	3018	MO	1718		00:58:43	4067
5578	Georgia	Smith	Female	1049	FO	681		00:58:44	4068
6400	Isabelle	Woodcock	Female	1050	FO	682		00:58:44	4069
5202	Prasanna	Mahendra	Male	3019	M40	422		00:58:44	4070
2681	Grant	Johnson	Male	3020	MO	1719		00:58:44	4071
4594	Robert	White	Male	3021	M55	183		00:58:45	4072

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5394	Oscar	Wood	Male	3022	MO	1720		00:58:45	4073
4487	Paul	Clarke	Male	3023	MO	1721		00:58:45	4074
5392	Matthew	Wood	Male	3024	M40	423		00:58:45	4075
3808	Jack	Hardy	Male	3025	MO	1722		00:58:45	4076
535	Daniel	Napierala	Male	3026	M45	298		00:58:45	4077
8406	David	Male	Male	3027	M60	101		00:58:45	4078
4297	Isobelle	Race	Male	3028	MO	1723	Great Yarmouth Road Runners	00:58:46	4079
4999	Howard	Skoyles	Male	3029	M55	184		00:58:46	4080
4143	Sam	Race	Female	1051	F50	76	Great Yarmouth Road Runners	00:58:46	4081
5061	Mia	Wharton	Female	1052	FO	683		00:58:46	4082
2418	Anthony	Gravestock	Male	3030	M40	424		00:58:46	4083
4776	Victoria	Airey	Female	1053	FO	684		00:58:47	4084
5962	Lewis	Jepson	Male	3031	MO	1724		00:58:47	4085
2247	Thomas	Woods	Male	3032	M45	299		00:58:47	4086
5189	Paul	Giles	Male	3033	M55	185		00:58:47	4087
3037	Robert	Porter	Male	3034	M50	228		00:58:47	4088
3287	Mathew	Ewing	Male	3035	M40	425	Norfolk Harriers RC	00:58:47	4089
6831	Simon	Hartshorne	Male	3036	M60	102	Norfolk Gazelles AC	00:58:48	4090
3129	Eve	Rooks	Female	1054	FO	685		00:58:48	4091
5961	Eleanor	Ketteringham	Female	1055	FO	686		00:58:48	4092
4206	Andy	Petersen	Male	3037	MO	1725		00:58:48	4093
6063	Emily	Gower	Female	1056	FO	687		00:58:48	4094
4041	Gemma	Gifford	Female	1057	F45	102	Norwich Road Runners	00:58:48	4095
4803	Ed	West	Male	3038	M60	103		00:58:49	4096
4437	Declan	Marks	Male	3039	MO	1726		00:58:49	4097
6619	Josh	Harris	Male	3040	MO	1727		00:58:49	4098
6291	Jason	Foster	Male	3041	M45	300		00:58:49	4099
2296	Sammy-jo	Edwards	Female	1058	FO	688	Waveney Valley AC	00:58:50	4100
7383	Ella	Layton	Female	1059	FO	689		00:58:50	4101
6228	Nicole	Bates	Female	1060	F50	77		00:58:50	4102
6443	Lucy	Smith	Female	1061	FO	690		00:58:51	4103
3228	Joanna	Godwin	Female	1062	F50	78		00:58:51	4104
3956	Amber	Card	Female	1063	FO	691		00:58:51	4105
4201	Jacob	Graver	Male	3042	MO	1728		00:58:51	4106
4595	Charlene	Coggin	Female	1064	FO	692		00:58:51	4107
3018	Greg	Kelly	Male	3043	MO	1729		00:58:51	4108
6293	Tony	Millett	Male	3044	M70	12	Norwich Road Runners	00:58:52	4109
3243	Lucy	Shackell	Female	1065	FO	693		00:58:52	4110
1949	Andrew	Griffiths	Male	3045	M55	186		00:58:52	4111
821	Mark	Sharman	Male	3046	M60	104		00:58:52	4112
1995	Darren	Doggett	Male	3047	M55	187		00:58:52	4113
4469	Liam	Sadd	Male	3048	MO	1730		00:58:53	4114
4460	Gemma	Chernin	Female	1066	F40	129		00:58:53	4115
4621	Kirstin	English	Female	1067	F40	130		00:58:53	4116
4933	Becky	Barton	Female	1068	FO	694		00:58:53	4117

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2215	Chris	Bolderstone	Male	3049	M40	426		00:58:54	4118
6583	Wayne	Catchpole	Male	3050	M45	301		00:58:54	4119
6707	Sean	Curtis	Male	3051	M55	188		00:58:54	4120
3409	Jake	Fielder	Male	3052	MO	1731		00:58:54	4121
8547	Joshua	Wilder	Male	3053	MO	1732		00:58:54	4122
4491	Nemone	Head	Female	1069	F50	79		00:58:55	4123
5452	Olivia	Ince	Female	1070	FO	695		00:58:55	4124
6876	Lane	Parker	Male	3054	MO	1733		00:58:55	4125
6254	Nick	Paul	Male	3055	M40	427		00:58:55	4126
6455	Keith	Yaxley	Male	3056	M50	229		00:58:55	4127
6875	Martha	Nash	Female	1071	FO	696		00:58:56	4128
6595	Ian	Gooch	Male	3057	M50	230		00:58:56	4129
6115	Ruth	De Las Casas	Female	1072	F45	103		00:58:56	4130
5554	Amy	Griffiths	Female	1073	F40	131		00:58:56	4131
2878	Erin	Holroyd	Female	1074	FO	697		00:58:57	4132
6381	Sarah	Walkden	Female	1075	F40	132		00:58:58	4133
5420	Dylan	Moss	Male	3058	MO	1734		00:58:58	4134
2499	Wayne	Rostant	Male	3059	M50	231		00:58:58	4135
6855	Abdulai	Fofanah	Male	3060	MO	1735		00:58:58	4136
5287	Kieran	Lowley	Male	3061	MO	1736		00:58:58	4137
6530	Hannah	Lambert	Female	1076	FO	698		00:58:59	4138
6366	Molly	Clifford	Female	1077	FO	699		00:58:59	4139
3341	Stuart	Rogers	Male	3062	M65	59		00:58:59	4140
6349	Gina	Summerskill-nelson	Female	1078	F40	133		00:59:00	4141
5029	Sophie	Allibone	Female	1079	FO	700		00:59:00	4142
5098	Clare	Walton	Female	1080	F45	104		00:59:00	4143
3141	Katherine	Wright	Female	1081	FO	701	North Norfolk Beach Runners	00:59:00	4144
2598	Daniel	Tindall	Male	3063	M45	302		00:59:00	4145
6667	James	Watkins	Male	3064	MO	1737		00:59:00	4146
5755	James	Waller	Male	3065	M50	232		00:59:00	4147
8844	Ellie	Hosier	Female	1082	FO	702		00:59:00	4148
3370	Jack	Hinch	Male	3066	MO	1738		00:59:00	4149
7932	Hannah	Vasani	Female	1083	FO	703		00:59:01	4150
5910	Andrew	Self	Male	3067	M45	303		00:59:01	4151
2923	Alastair	Ogle	Male	3068	M50	233		00:59:01	4152
5859	James	Crisp	Male	3069	MO	1739		00:59:01	4153
8186	Darrel	Axten	Male	3070	M55	189		00:59:01	4154
5925	Elizabeth	Self	Female	1084	F45	105		00:59:02	4155
3367	Demi	Dunwoody	Female	1085	FO	704		00:59:02	4156
3810	Helen	Watts	Female	1086	F50	80		00:59:02	4157
5858	Angelica	Crisp	Female	1087	FO	705		00:59:02	4158
6680	Kris	Southgate	Male	3071	M45	304		00:59:02	4159
3613	Samuel	Peek	Male	3072	MO	1740		00:59:02	4160
5994	Louisa	Murphy	Female	1088	FO	706		00:59:02	4161
3386	Michael	Cartwright	Male	3073	MO	1741		00:59:02	4162
3886	Hanna	Adams	Female	1089	FO	707		00:59:03	4163
2398	Joshua	Williams	Male	3074	MO	1742		00:59:03	4164
4028	Rebecca	Baister	Female	1090	FO	708		00:59:03	4165

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6919	Rochelle	West	Female	1091	FO	709		00:59:03	4166
1598	Sue	Billington	Female	1092	F60	17		00:59:03	4167
5330	Kendall	Baker	Female	1093	FO	710		00:59:03	4168
3614	Lucy	Fayers	Female	1094	FO	711		00:59:04	4169
4835	Richard	Pestano	Male	3075	M45	305		00:59:04	4170
4496	Steve	Johnson	Male	3076	M55	190		00:59:04	4171
7431	Emily	Heaton	Female	1095	FO	712		00:59:04	4172
7687	Sarah	Brooks	Female	1096	FO	713		00:59:05	4173
2427	Chloe	Womack	Female	1097	FO	714		00:59:05	4174
6069	Sophie	Lane	Female	1098	FO	715		00:59:05	4175
1993	Terry	Hutson	Male	3077	M45	306		00:59:05	4176
6077	Stuart	Ford	Male	3078	M50	234		00:59:06	4177
6892	Stephanie	Brookes	Female	1099	FO	716		00:59:06	4178
8781	Lauren	Wilson	Female	1100	FO	717		00:59:06	4179
4413	Annie	Leung	Female	1101	F50	81		00:59:06	4180
3873	Megan	Wilson	Female	1102	FO	718		00:59:07	4181
8038	Nicholas	Marais	Male	3079	MO	1743		00:59:07	4182
7933	Jon	Creasey	Male	3080	M60	105		00:59:07	4183
6985	Roger	Wiltshire	Male	3081	M65	60		00:59:07	4184
8056	Andrew	Creasey	Male	3082	MO	1744		00:59:07	4185
5806	Ami	Dipple	Female	1103	FO	719		00:59:08	4186
5599	Holly	Sweatman	Female	1104	FO	720		00:59:08	4187
5451	Angela	Hindle	Female	1105	F40	134		00:59:08	4188
5611	Robbie	Powles	Male	3083	MO	1745		00:59:08	4189
8891	Abbie	Royds	Female	1106	FO	721		00:59:09	4190
8037	Kelsey	Marais	Female	1107	FO	722		00:59:09	4191
6908	Bethany	Spelman	Female	1108	FO	723		00:59:09	4192
8708	Mark	Dumpleton	Male	3084	MO	1746		00:59:10	4193
4109	Barry	Allen	Male	3085	M60	106	Lonely Goat RC	00:59:10	4194
6990	Cherry	Whitehouse	Female	1109	FO	724		00:59:10	4195
3082	Antony	Cronin	Male	3086	M50	235		00:59:11	4196
4476	Emily	Buchanan	Female	1110	FO	725		00:59:11	4197
6737	Jason	Pearson	Male	3087	M50	236		00:59:11	4198
3000	Anna	Charles	Female	1111	FO	726		00:59:11	4199
4843	Danielle	Bacon	Female	1112	FO	727		00:59:12	4200
4467	Louise	Severinsen	Female	1113	F45	106		00:59:12	4201
4925	Emily	Havers	Female	1114	FO	728		00:59:12	4202
4080	Luke	Oakley	Male	3088	MO	1747		00:59:12	4203
5264	Angharad	Williams	Female	1115	FO	729		00:59:12	4204
3953	Nicholas	Richardson	Male	3089	M45	307		00:59:12	4205
3691	Simon	Durbin	Male	3090	M60	107		00:59:12	4206
6481	Maddie	Darrell	Female	1116	FO	730		00:59:12	4207
4775	Debbie	Powles	Female	1117	F55	44	Norfolk Gazelles AC	00:59:12	4208
4292	Eleanor	Chapman	Female	1118	FO	731		00:59:13	4209
6199	David	Williams	Male	3091	M50	237		00:59:13	4210
6025	Kieran	Hooton	Male	3092	M40	428		00:59:13	4211
6597	Jonathan	Murphy	Male	3093	MO	1748		00:59:13	4212
4036	Charlotte	Gilligan	Female	1119	FO	732	Aylsham Runners	00:59:14	4213

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4624	Eleanor	Watson	Female	1120	F40	135	Attleborough Athletics Academy	00:59:14	4214
5076	Leanne	Eldershaw	Female	1121	F40	136		00:59:14	4215
3101	Laura	Hagen	Female	1122	F40	137		00:59:14	4216
4564	Darryl	Hannan	Male	3094	MO	1749		00:59:14	4217
3936	Charlotte	Boxall	Female	1123	FO	733		00:59:14	4218
4759	Alex	Mcqueen	Male	3095	M40	429	Ryston Runners	00:59:14	4219
3353	Daniel	Tooth	Male	3096	M45	308		00:59:14	4220
3983	Morgan	Haynes	Male	3097	M55	191		00:59:14	4221
2648	Lee	Roots	Male	3098	MO	1750		00:59:15	4222
4748	Mark	Harvey	Male	3099	M55	192		00:59:15	4223
4149	Karina	Flynn	Female	1124	F40	138	Wymondham AC	00:59:15	4224
2506	John	Young	Male	3100	M40	430		00:59:15	4225
7113	Alan	Daniels	Male	3101	M60	108		00:59:15	4226
3728	Joe	Parker	Male	3102	MO	1751		00:59:15	4227
5398	Elizabeth	Byrne	Female	1125	FO	734		00:59:15	4228
4165	Rosie	Carlton	Female	1126	FO	735	Barnet & District AC	00:59:16	4229
4799	Alex	Bannister	Female	1127	FO	736		00:59:16	4230
5182	Caroline	Gosney	Female	1128	F40	139		00:59:16	4231
3791	Hannah	Yaxley	Female	1129	FO	737		00:59:16	4232
5887	Cristina	Flores	Female	1130	FO	738		00:59:16	4233
4867	Jennifer	Atkins	Female	1131	F40	140	Barnet & District AC	00:59:17	4234
3609	Priyanka	Clark	Female	1132	FO	739		00:59:17	4235
5239	Lauren	Winterburn	Female	1133	FO	740		00:59:17	4236
4029	Eleanor	Peasgood	Female	1134	FO	741		00:59:18	4237
6103	David	Bates	Male	3103	M40	431		00:59:18	4238
4272	Mark	Terrington	Male	3104	M55	193	Barnet & District AC	00:59:18	4239
5702	Daryl	Smith	Male	3105	M40	432		00:59:18	4240
5123	Jessica	Anderson	Female	1135	FO	742		00:59:18	4241
5900	David	Stow	Male	3106	M45	309		00:59:19	4242
4252	Darren	Walsgrove	Male	3107	M50	238		00:59:19	4243
7501	Narissa	Velji	Female	1136	FO	743	Barnet & District AC	00:59:19	4244
1510	Holly	Mckay	Female	1137	FO	744		00:59:19	4245
1396	Olivia	Ferm	Female	1138	FO	745		00:59:19	4246
3539	Jonathan	Clarke	Male	3108	M50	239		00:59:19	4247
5371	Robert	Franklin	Male	3109	M50	240		00:59:19	4248
3351	Jekaterina	Buinicka	Female	1139	FO	746	Barnet & District AC	00:59:19	4249
6265	Chloe	Oakley	Female	1140	F40	141		00:59:20	4250
5017	Rachele	Kelsall	Female	1141	F55	45		00:59:20	4251
4299	Chris	Barton	Male	3110	M45	310		00:59:20	4252
5088	Simon	Self	Male	3111	M55	194		00:59:21	4253
5396	Ian	Marshall	Male	3112	M60	109	Barnet & District AC	00:59:21	4254
3144	Jess	Bull	Female	1142	FO	747		00:59:21	4255
2707	Kirsty	Johnstone	Female	1143	F65	3		00:59:22	4256
5172	Steven	Chilvers	Male	3113	M65	61		00:59:22	4257
6468	Henry	Smith	Male	3114	MO	1752		00:59:22	4258
4418	Kelly	Piesse	Female	1144	FO	748	Barnet & District AC	00:59:23	4259
5538	Jonathan	Peppiatt	Male	3115	M50	241		00:59:23	4260

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6708	Justin	Goult	Male	3116	M55	195		00:59:23	4261
2908	Alec	Kent	Male	3117	MO	1753		00:59:23	4262
6255	Simon	Cooke	Male	3118	M60	110		00:59:23	4263
6538	Kezia	Burton Ward	Female	1145	F40	142		00:59:24	4264
7833	Thomas	Spencer	Male	3119	MO	1754		00:59:24	4265
6650	Jake	Hardiman	Male	3120	MO	1755		00:59:24	4266
3963	Paul	Savage	Male	3121	MO	1756		00:59:24	4267
923	Alexander	McClelland	Male	3122	MO	1757		00:59:24	4268
4736	Ross	Lambert	Male	3123	M40	433		00:59:24	4269
6204	Dale	Soanes	Male	3124	MO	1758		00:59:24	4270
6439	Megan	Frost	Female	1146	FO	749		00:59:25	4271
5495	James	King	Male	3125	M40	434	Norfolk Harriers RC	00:59:25	4272
4737	Jackie	Lambert	Female	1147	FO	750		00:59:25	4273
4567	Amy	Tunmore	Female	1148	FO	751	Diss and District AC	00:59:26	4274
3910	David	Evans	Male	3126	M60	111	Wymondham AC	00:59:26	4275
4207	Mark	Weldon	Male	3127	M60	112		00:59:26	4276
3731	Barney	Goodrum	Male	3128	M55	196	Norwich Road Runners	00:59:27	4277
5480	Paige	Harrhy	Female	1149	FO	752		00:59:28	4278
4407	George	Mace	Male	3129	MO	1759		00:59:28	4279
5023	Andrew	Moore	Male	3130	M55	197		00:59:28	4280
2611	Adam	Haylett	Male	3131	M40	435		00:59:28	4281
4185	Jake	Leech	Male	3132	MO	1760		00:59:28	4282
3774	Lee	Bedwell	Male	3133	M40	436		00:59:29	4283
6107	Linda	Price	Female	1150	F45	107		00:59:29	4284
4830	Jenny	Burke	Female	1151	FO	753		00:59:29	4285
5473	Janet	Malcolm	Female	1152	F60	18		00:59:29	4286
4660	Daniel	Newbolt	Male	3134	M45	311		00:59:29	4287
5559	Rob	Bailey	Male	3135	M60	113	Great Yarmouth Road Runners	00:59:29	4288
4829	Louise	Ryan	Female	1153	FO	754		00:59:29	4289
3300	Harry	Curtis-tarling	Male	3136	MO	1761		00:59:30	4290
7517	Kelly	Mullender	Female	1154	FO	755		00:59:30	4291
8267	Chris	Neale	Male	3137	MO	1762		00:59:31	4292
5735	Bethany	Bull	Female	1155	FO	756		00:59:31	4293
8123	Bridget	Heijkoop	Female	1156	FO	757		00:59:31	4294
2219	Matthew	Taylor	Male	3138	MO	1763		00:59:31	4295
6669	Toby	Vernon	Male	3139	M50	242		00:59:31	4296
4761	Daniel	Pates	Male	3140	MO	1764		00:59:31	4297
6628	Laura	Johnson	Female	1157	FO	758		00:59:32	4298
5102	Matthew	Crisp	Male	3141	MO	1765		00:59:32	4299
3751	Andrew	Loveday	Male	3142	M40	437		00:59:32	4300
8630	Sev	Mokake	Male	3143	MO	1766		00:59:32	4301
5038	Caitlin	Bell	Female	1158	FO	759		00:59:32	4302
3080	Joseph	Starling	Male	3144	MO	1767		00:59:32	4303
6794	Megan	Bradfield	Female	1159	FO	760		00:59:32	4304
3700	Sarah	Oldham	Female	1160	FO	761		00:59:32	4305
5969	Luke	Dillinger	Male	3145	MO	1768		00:59:33	4306
2023	Sophie	Farrow	Female	1161	FO	762		00:59:33	4307

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5582	Niall	Riches	Male	3146	MO	1769		00:59:33	4308
9428	Felicity	Everett	Female	1162	FO	763		00:59:33	4309
5786	Emily	Fitch	Female	1163	FO	764		00:59:33	4310
6796	Sarah	Rodway	Female	1164	FO	765		00:59:33	4311
5991	Peter	Carson	Male	3147	M45	312		00:59:34	4312
5742	Kelly	Robertson-hutchinson	Female	1165	FO	766		00:59:34	4313
4647	Angela	Veal	Female	1166	F40	143		00:59:34	4314
6143	Kate	Wright	Female	1167	F45	108		00:59:34	4315
3837	Callum	Woodard	Male	3148	MO	1770		00:59:34	4316
4303	Lauren	Ellis	Female	1168	FO	767		00:59:34	4317
5318	Robert	Black	Male	3149	M55	198	City Of Norwich AC	00:59:34	4318
8896	Gavin	Watson	Male	3150	M40	438		00:59:35	4319
3297	Ian	Fisher	Male	3151	M65	62		00:59:35	4320
5382	Elle	Ashton	Female	1169	FO	768		00:59:35	4321
4212	Trevor	Walker	Male	3152	M45	313		00:59:35	4322
6062	Richard	Hart	Male	3153	M60	114		00:59:36	4323
2321	Tim	Cheesman	Male	3154	M40	439	Norfolk Harriers RC	00:59:36	4324
5097	Laura	Olds	Female	1170	F40	144		00:59:36	4325
7317	Paul	Swain	Male	3155	MO	1771		00:59:36	4326
5212	Ellen	Cartwright	Female	1171	F50	82	Attleborough Athletics Academy	00:59:36	4327
5418	Sally	Mellows	Female	1172	FO	769		00:59:37	4328
6211	Holly	Sandiford	Female	1173	F45	109		00:59:37	4329
3278	Christopher	High	Male	3156	M50	243		00:59:37	4330
7792	Peter	Wright	Male	3157	M60	115		00:59:37	4331
3251	Ben	Wilson	Male	3158	M60	116		00:59:37	4332
5490	Alex	Faustino-kemp	Male	3159	M45	314		00:59:37	4333
2620	Kayleigh	Crewe	Female	1174	F40	145	Thetford AC	00:59:38	4334
3526	Keiran	Martin	Male	3160	MO	1772		00:59:38	4335
4478	Jorge	Cristobal Enriquez	Male	3161	MO	1773		00:59:38	4336
5781	Vicky	Land	Female	1175	F40	146		00:59:38	4337
4114	Matthew	Ware	Male	3162	M40	440		00:59:38	4338
7301	Samantha	Prentice	Female	1176	F50	83	Daventry Road Runners	00:59:38	4339
3449	Lauren	Briggs	Female	1177	FO	770		00:59:38	4340
5585	Jack	Laud	Male	3163	MO	1774		00:59:38	4341
6442	John	Shirley	Male	3164	MO	1775		00:59:38	4342
4739	Jade	Weil	Female	1178	FO	771		00:59:39	4343
3413	Tyler	Brown	Male	3165	MO	1776		00:59:39	4344
5319	Ben	Aldous	Male	3166	M45	315		00:59:39	4345
8489	Ellie	Reader	Female	1179	FO	772		00:59:39	4346
4187	Lauren	Baker	Female	1180	F40	147		00:59:39	4347
5719	Kim	Clapham	Female	1181	F55	46		00:59:39	4348
9448	Charlotte	Farrow	Female	1182	FO	773		00:59:39	4349
4615	Richard	Staff	Male	3167	M55	199		00:59:40	4350
6205	Bengi	Karakus	Female	1183	FO	774		00:59:40	4351
4839	John	Brierley	Male	3168	M50	244		00:59:40	4352
4428	Elizabeth	Gray	Female	1184	FO	775		00:59:41	4353

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
1421	Edward	Jacobs	Male	3169	MO	1777		00:59:41	4354
5193	Peter	Hawes	Male	3170	MO	1778		00:59:41	4355
4315	Jack	Leggett	Male	3171	MO	1779		00:59:41	4356
5707	Kelly	Leyer	Female	1185	FO	776		00:59:41	4357
5805	Stephen	Brigden	Male	3172	MO	1780		00:59:42	4358
6379	Emily	Player	Female	1186	F40	148		00:59:42	4359
5203	Helena	Daniell	Female	1187	FO	777		00:59:42	4360
6494	Beth	Smith	Female	1188	FO	778		00:59:42	4361
8855	Nicholas	Goody	Male	3173	MO	1781		00:59:43	4362
4630	Steph	Makins	Female	1189	F45	110		00:59:43	4363
3831	Connor	Minter	Male	3174	MO	1782		00:59:44	4364
391	Billy	Dunthorne	Male	3175	MO	1783		00:59:44	4365
3616	Elton	Davis	Male	3176	M50	245		00:59:44	4366
5180	Hilary	Winch	Female	1190	F55	47		00:59:44	4367
4674	Kyla	Harwood	Female	1191	FO	779		00:59:44	4368
5323	Dexter	Breckons	Male	3177	MO	1784		00:59:45	4369
3459	Madison	Haylock	Female	1192	FO	780		00:59:45	4370
7884	Philip	Halley	Male	3178	M65	63		00:59:45	4371
3328	Chris	Haylock	Male	3179	M50	246		00:59:45	4372
5545	Alex	Goff	Male	3180	M45	316		00:59:46	4373
1994	Maria	Hutson	Female	1193	F45	111		00:59:46	4374
5905	Andy	Milne	Male	3181	M40	441		00:59:46	4375
5782	Lauren	Glenis	Female	1194	FO	781		00:59:47	4376
5055	Benjamin	Crickmore	Male	3182	MO	1785	Bungay Black Dog RC	00:59:48	4377
2400	Alex	Siddall	Female	1195	FO	782		00:59:48	4378
6222	Karl	Hawkins	Male	3183	MO	1786		00:59:48	4379
4108	Jen	Gilbert	Female	1196	F40	149		00:59:48	4380
4691	Alan	Hiom	Male	3184	M40	442		00:59:48	4381
5936	Ben	Millar	Male	3185	MO	1787		00:59:48	4382
6173	Jo	Tame	Female	1197	F45	112		00:59:49	4383
3608	Gail	Thomas	Female	1198	F55	48		00:59:50	4384
3909	Samuel	Davidson	Male	3186	MO	1788		00:59:50	4385
5354	Marissa	Bland	Female	1199	FO	783		00:59:50	4386
5110	Aaron	Hardy	Male	3187	MO	1789		00:59:50	4387
4687	Craig	Trudgill	Male	3188	M40	443		00:59:50	4388
4188	Amy	Holt	Female	1200	F40	150		00:59:51	4389
7140	David	Freezer	Male	3189	MO	1790		00:59:51	4390
4072	Jackie	Mills	Female	1201	F40	151		00:59:51	4391
3972	Dave	Catchpole	Male	3190	M45	317	Waveney Valley AC	00:59:51	4392
3547	Robert	Whalen	Male	3191	M40	444		00:59:52	4393
5311	Megan	Thomas	Female	1202	FO	784		00:59:52	4394
5190	Natalie	Lyth	Female	1203	F60	19		00:59:52	4395
4030	Andy	Tubb	Male	3192	M60	117	Reepham Runners	00:59:52	4396
8351	Simon	Ash	Male	3193	M50	247		00:59:53	4397
4043	Hayley	Chalcraft	Female	1204	FO	785		00:59:53	4398
4242	Alison	Fiddy	Female	1205	F55	49		00:59:53	4399
5971	Colin	Woodcock	Male	3194	M55	200		00:59:53	4400

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5214	Sarah	Wright	Female	1206	F40	152	Attleborough Athletics Academy	00:59:53	4401
4369	Emily	Buxton	Female	1207	FO	786		00:59:53	4402
5939	John	Grange	Male	3195	M60	118		00:59:54	4403
6429	Edward	Easton-hann	Male	3196	MO	1791		00:59:54	4404
4445	Rachel	Ollett	Female	1208	F55	50		00:59:54	4405
5557	Katie	Beet	Female	1209	FO	787	Dereham Runners AC	00:59:55	4406
3531	Thomas	Bennett	Male	3197	M55	201		00:59:55	4407
4103	Abigail	Griffiths	Female	1210	FO	788		00:59:55	4408
2550	Michael	Protheroe	Male	3198	M55	202		00:59:56	4409
3976	Jake	Metcalfe	Male	3199	MO	1792		00:59:56	4410
200	Josh	Scotton	Male	3200	MO	1793	Wymondham AC	00:59:56	4411
5071	Donna	Close	Female	1211	F50	84		00:59:56	4412
4365	Nick	Johnson	Male	3201	M60	119		00:59:57	4413
3798	Andrayer	Smith	Female	1212	F40	153		00:59:57	4414
5445	Imogen	Bird	Female	1213	FO	789		00:59:58	4415
5268	Sarah	Ghosh	Female	1214	F45	113		00:59:58	4416
8131	Tom	Knight	Male	3202	MO	1794		00:59:59	4417
5570	Chris	Bryant	Male	3203	MO	1795		00:59:59	4418
3288	Lauren	Blyth	Female	1215	F40	154		00:59:59	4419
4836	Eleanor	Perllman	Female	1216	FO	790		00:59:59	4420
5772	Deirdre	Linehan	Female	1217	F60	20		00:59:59	4421
7058	Ellie	Reeves	Female	1218	FO	791		00:59:59	4422
4363	Elaine	Kleinberg	Female	1219	F50	85		00:59:59	4423
6416	Lucy	Kelly	Female	1220	F45	114		01:00:00	4424
2156	Daniel	Conway	Male	3204	MO	1796		01:00:00	4425
6473	Jimmy	Dale	Male	3205	M50	248		01:00:01	4426
7857	Aly	Williams	Female	1221	FO	792		01:00:01	4427
4223	Emily	Burden	Female	1222	F40	155		01:00:01	4428
5095	Siobhan	Laskey	Female	1223	F55	51		01:00:01	4429
4671	Samantha	Hunter	Female	1224	F40	156		01:00:01	4430
4755	Hannah	Ewing	Female	1225	F40	157		01:00:01	4431
5986	Laura	Burton	Female	1226	F45	115		01:00:01	4432
4346	Liberty	Porter	Female	1227	FO	793		01:00:01	4433
5875	Claire	Brindley	Female	1228	F40	158		01:00:01	4434
4719	Adam	Lamb	Male	3206	MO	1797		01:00:02	4435
6513	Tom	Butler	Male	3207	M45	318		01:00:02	4436
6465	Lindsey	Oakley	Female	1229	F40	159		01:00:02	4437
6884	Katy	Sturgeon	Female	1230	F40	160		01:00:02	4438
6854	Maria	O'dowd	Female	1231	FO	794		01:00:02	4439
5876	Kate	Rossetti	Female	1232	F40	161		01:00:02	4440
4951	Lauren	Burton	Female	1233	F45	116		01:00:02	4441
3768	Angela	Millen	Female	1234	F40	162		01:00:02	4442
6695	Stephanie	Dove	Female	1235	FO	795		01:00:02	4443
3769	Alice	Shore	Female	1236	F40	163		01:00:02	4444
4635	Nicole	Watkins	Female	1237	FO	796		01:00:02	4445
4078	Tom	Dove	Male	3208	MO	1798		01:00:03	4446
5040	Carly	Heron	Female	1238	FO	797		01:00:03	4447

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7262	Clare	Cole	Female	1239	F50	86	Tri-Anglia Triathlon Club	01:00:04	4448
5316	Rebecca	Keeley	Female	1240	FO	798	Ryston Runners	01:00:04	4449
5411	Phoebe	Fortune	Female	1241	FO	799		01:00:05	4450
4718	Sadie	Smith	Female	1242	F50	87	Tri-Anglia Triathlon Club	01:00:05	4451
5981	Katherine	Wilcockson	Female	1243	F40	164		01:00:05	4452
4960	Adrian	Carlton	Male	3209	M60	120		01:00:05	4453
4893	Nathan	Hudson	Male	3210	MO	1799		01:00:05	4454
7620	Courtney	Connell	Female	1244	FO	800		01:00:06	4455
3992	Lee	Harvey	Male	3211	M50	249		01:00:06	4456
5242	Tracey-anne	Cleaver	Female	1245	F50	88		01:00:06	4457
4537	Sam	Hughes	Female	1246	FO	801		01:00:06	4458
8477	Chris	Smith	Male	3212	M45	319		01:00:07	4459
4850	Jonathan	Howes	Male	3213	M55	203	Norwich Road Runners	01:00:07	4460
6142	Rebecca	Hemmings	Female	1247	FO	802	Lowestoft Road Runners	01:00:07	4461
6486	Daniel	Gomez Perez	Male	3214	MO	1800		01:00:07	4462
5737	Ryan	Stafford	Male	3215	MO	1801		01:00:08	4463
3041	Em	Stern	Female	1248	FO	803		01:00:08	4464
2963	Jordan	Sibley	Female	1249	FO	804	Waveney Valley AC	01:00:09	4465
4277	Rojen	Lojo	Female	1250	FO	805		01:00:09	4466
4903	Catherine	Ciarleglio	Female	1251	F45	117		01:00:09	4467
6474	Lloyd	Gorman	Male	3216	M40	445		01:00:09	4468
7377	Hannah	Holding	Female	1252	FO	806		01:00:09	4469
6158	William	Bretton	Male	3217	MO	1802		01:00:09	4470
9164	Abbi	Mcgregor	Female	1253	F45	118		01:00:09	4471
6348	Justyna	Barcicka	Female	1254	FO	807		01:00:10	4472
5031	Donna	Dingle	Female	1255	F45	119		01:00:10	4473
3208	Emma	Wilder	Female	1256	F45	120	Norwich Road Runners	01:00:10	4474
8138	Mafalda	Gomes	Female	1257	F45	121		01:00:10	4475
4251	Elliot	Mckellar	Male	3218	MO	1803		01:00:11	4476
3753	Emil	Armas	Male	3219	M40	446		01:00:11	4477
5046	Simona	Whyte	Female	1258	FO	808		01:00:11	4478
5576	James	Gorman	Male	3220	MO	1804		01:00:11	4479
4164	Hazel	Thacker	Female	1259	FO	809		01:00:11	4480
5070	Eleanor	Parsons	Female	1260	FO	810		01:00:12	4481
3958	Samantha	Parker	Female	1261	FO	811		01:00:12	4482
6359	Sam	Brown	Male	3221	MO	1805		01:00:12	4483
7838	Joe	Rutterford	Male	3222	MO	1806		01:00:12	4484
1302	Sean	Lambert	Male	3223	MO	1807		01:00:12	4485
8128	Paul	Brown	Male	3224	M50	250		01:00:12	4486
7042	Sebina	Micheli	Female	1262	F45	122		01:00:13	4487
4651	Sophie	Edwards	Female	1263	FO	812		01:00:13	4488
8623	Lily-su	Faircloth	Female	1264	FO	813		01:00:13	4489
7041	James	Micheli	Male	3225	M50	251		01:00:13	4490
6303	Paul	Taylor	Male	3226	M40	447		01:00:13	4491
4424	Kelly	Ready	Female	1265	F45	123		01:00:14	4492
3727	Tabitha	Gardiner	Female	1266	FO	814		01:00:14	4493

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4095	Rebecca	Campbell	Female	1267	FO	815	Framlingham Flyers	01:00:14	4494
6128	Magda	Rajczak	Female	1268	FO	816		01:00:14	4495
4198	Lucy	Downs	Female	1269	FO	817		01:00:14	4496
3237	Frances	Jones	Female	1270	FO	818		01:00:14	4497
4377	Dave	Watson	Male	3227	M55	204		01:00:14	4498
6712	Amie	Shorten	Female	1271	FO	819		01:00:15	4499
4402	Charles	Forsdick	Male	3228	M55	205		01:00:15	4500
7068	Sonny	Gardiner	Male	3229	MO	1808		01:00:15	4501
6503	Emma	Sargent	Female	1272	FO	820		01:00:16	4502
4614	Jane	Buck	Female	1273	F50	89		01:00:16	4503
6023	Rebecca	Mckay	Female	1274	FO	821		01:00:16	4504
3651	Hattie	Atkinson Smith	Female	1275	FO	822		01:00:17	4505
5952	Bethanie	Read	Female	1276	FO	823		01:00:17	4506
6441	Chris	De Main	Male	3230	M40	448		01:00:18	4507
5601	Ryan	Wilkes	Male	3231	MO	1809		01:00:18	4508
4094	Louise	Campbell	Female	1277	F50	90		01:00:18	4509
3779	Ben	Field	Male	3232	MO	1810		01:00:18	4510
6164	Sarah	Kimberley	Female	1278	F45	124		01:00:18	4511
6991	Gemma	Ambrose	Female	1279	F40	165		01:00:18	4512
3974	Jessica	Blake	Female	1280	FO	824		01:00:18	4513
4631	Lewis	Cromack	Male	3233	MO	1811		01:00:18	4514
4353	Fiona	Staines	Female	1281	FO	825		01:00:18	4515
7901	Adrian	Fisher	Male	3234	M65	64		01:00:19	4516
6903	Steven	Basten	Male	3235	M55	206		01:00:19	4517
6068	Owen	Wilson	Male	3236	MO	1812		01:00:19	4518
8007	Robert	Mills	Male	3237	MO	1813		01:00:19	4519
6066	Alex	Short	Male	3238	MO	1814		01:00:20	4520
3668	Luke	Grover	Male	3239	MO	1815		01:00:20	4521
4168	Corrina	Theobald	Female	1282	F55	52		01:00:21	4522
5109	Mark	Bound	Male	3240	M45	320		01:00:21	4523
2664	Laura	Ginn	Female	1283	F45	125		01:00:21	4524
5945	Andrew	Huggins	Male	3241	M55	207		01:00:21	4525
4121	Joe	Stirling	Male	3242	MO	1816		01:00:21	4526
4629	Rebecca	Pettit	Female	1284	FO	826		01:00:22	4527
6475	Michael	Harvey	Male	3243	M40	449		01:00:22	4528
9434	Robert	Gooch	Male	3244	MO	1817		01:00:22	4529
6816	Mark	Bobby	Male	3245	M60	121		01:00:23	4530
6050	Hayley	Ramm	Female	1285	FO	827		01:00:23	4531
5043	Vicki	Main	Female	1286	FO	828		01:00:23	4532
8089	Alec	Crosby	Male	3246	M40	450		01:00:24	4533
4875	Lily	Brown	Female	1287	FO	829		01:00:24	4534
2068	Brett	Thomas	Male	3247	MO	1818	Waveney Valley AC	01:00:24	4535
4533	Molly	Howes	Female	1288	FO	830		01:00:24	4536
5408	Michael	Barber	Male	3248	MO	1819		01:00:24	4537
5270	Sarah	Ewing	Female	1289	F50	91		01:00:24	4538
5427	Adam	Ray	Male	3249	M45	321		01:00:25	4539
4663	Francesca	Tray	Female	1290	FO	831		01:00:25	4540
4713	Nicholas	Powell	Male	3250	MO	1820		01:00:26	4541

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6274	Rose	Copland	Female	1291	F60	21		01:00:26	4542
4569	Lucy	Riley	Female	1292	FO	832		01:00:26	4543
2474	Nicholas	Heaver	Male	3251	M45	322		01:00:26	4544
7702	Sharen	Madge	Female	1293	F45	126		01:00:26	4545
2069	Jordan	Voss	Female	1294	FO	833		01:00:27	4546
5307	Tessa	Charnock	Female	1295	FO	834		01:00:27	4547
5861	Ian	Sears	Male	3252	M60	122		01:00:27	4548
5332	Theresa	Sara	Female	1296	F45	127		01:00:27	4549
7703	Graham	Madge	Male	3253	M60	123		01:00:27	4550
5404	Emily	Butt	Female	1297	FO	835		01:00:27	4551
3968	Simon	Woods	Male	3254	M55	208		01:00:27	4552
7785	Akemi	Masuda	Female	1298	F55	53		01:00:27	4553
3628	Sue	Phillips	Female	1299	F50	92		01:00:28	4554
5068	Suzi	Apps	Female	1300	FO	836		01:00:29	4555
7743	Gary	Mortishire	Male	3255	M40	451		01:00:29	4556
4186	Debbie	Sporle	Female	1301	F60	22		01:00:29	4557
4440	Mya	Dholiwar	Female	1302	FO	837		01:00:29	4558
4965	Julie	Cooper	Female	1303	F60	23		01:00:30	4559
4543	Greg	Mills	Male	3256	M65	65		01:00:30	4560
5422	Amelia	David	Female	1304	FO	838		01:00:30	4561
3948	Louise	Firman	Female	1305	F45	128		01:00:30	4562
3858	Danny	Smith	Male	3257	MO	1821		01:00:30	4563
3664	Joan	Symonds	Female	1306	F55	54		01:00:31	4564
1997	Andy	Rowles	Male	3258	M60	124	Dereham Runners AC	01:00:31	4565
2767	Gene	Miller	Male	3259	M50	252		01:00:31	4566
5763	Bella	Aldous	Female	1307	FO	839		01:00:31	4567
5276	Katie	Belcher	Female	1308	FO	840		01:00:32	4568
5472	Sian	Stevenson	Female	1309	FO	841		01:00:32	4569
4090	James	Casey	Male	3260	MO	1822		01:00:32	4570
5179	Jonathan	Mills	Male	3261	M45	323		01:00:32	4571
6225	Neil	Barlow	Male	3262	M55	209		01:00:32	4572
2000	Ben	Appleby	Male	3263	MO	1823		01:00:32	4573
3896	Katie	Vickery	Female	1310	FO	842		01:00:33	4574
5060	Anthony	Osborne	Male	3264	M65	66		01:00:33	4575
6806	Philip	Banyard	Male	3265	M50	253		01:00:33	4576
8147	Shaniece	Claxton	Female	1311	FO	843		01:00:33	4577
5520	Hanna	Lindqvist	Female	1312	F45	129		01:00:33	4578
2213	Marianna	Mela	Female	1313	F45	130		01:00:33	4579
6248	Michael	Johnson	Male	3266	M55	210		01:00:33	4580
4393	Aneliese	Chapman	Female	1314	F40	166		01:00:33	4581
3635	Heather	Stokes	Female	1315	FO	844		01:00:33	4582
4376	John	Causar	Male	3267	M75+	5	Norwich Road Runners	01:00:34	4583
1554	Damon	Claxton	Male	3268	MO	1824		01:00:34	4584
8282	Laura	Watson	Female	1316	FO	845		01:00:34	4585
4808	Simon	Woodhouse	Male	3269	M50	254		01:00:35	4586
8783	Sean	Pickett	Male	3270	MO	1825		01:00:35	4587
4694	Darran	West	Male	3271	M55	211	Waveney Valley AC	01:00:35	4588
7040	Joshua	Overton	Male	3272	MO	1826		01:00:35	4589

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3195	John	Higgs	Male	3273	M45	324		01:00:36	4590
3719	Georgina	Hardingham	Female	1317	FO	846		01:00:36	4591
5882	Rhys	Grooms	Male	3274	MO	1827		01:00:36	4592
4645	Olli	Hewkin	Male	3275	M40	452		01:00:36	4593
3161	Steve	Mcgillivray	Male	3276	M45	325		01:00:37	4594
4760	Deborah	Frost	Female	1318	F40	167		01:00:37	4595
5409	James	Green	Male	3277	MO	1828		01:00:38	4596
2967	Sophie	Anderson	Female	1319	FO	847		01:00:38	4597
4810	Sharon	Bracey	Female	1320	F55	55		01:00:38	4598
1215	Ian	Bailey	Male	3278	M50	255		01:00:38	4599
6258	Mark	Barham	Male	3279	M60	125		01:00:38	4600
7199	Lorraine	Ball	Female	1321	F55	56		01:00:38	4601
4762	Clare	Horner	Female	1322	F45	131		01:00:39	4602
3393	Richard	Woodard	Male	3280	M55	212		01:00:39	4603
6585	Megan	Simmons	Female	1323	FO	848		01:00:39	4604
2415	Charlie	Knights	Male	3281	MO	1829		01:00:39	4605
4715	Simon	Boyd	Male	3282	M45	326		01:00:39	4606
4000	Jenna	Mills	Female	1324	FO	849		01:00:40	4607
3851	Carol	Riley	Female	1325	F45	132		01:00:40	4608
7984	Sean	Daynes	Male	3283	M45	327		01:00:40	4609
8666	Maria	King	Female	1326	FO	850		01:00:41	4610
3740	Holly	Aldridge	Female	1327	FO	851		01:00:41	4611
7964	Andrew	Horstead	Male	3284	M40	453		01:00:41	4612
4638	Sam	Bennett	Male	3285	MO	1830		01:00:41	4613
4894	Terry	Stevens	Male	3286	M60	126		01:00:41	4614
3053	Chloe	Colman	Female	1328	FO	852		01:00:41	4615
5904	Emma	Silk	Female	1329	FO	853		01:00:41	4616
5290	Isabel	Hayward	Female	1330	FO	854		01:00:42	4617
5302	Noah	Wall	Male	3287	MO	1831		01:00:43	4618
6651	Molly	Cross	Female	1331	FO	855		01:00:43	4619
6652	Kelsey	Redpath	Female	1332	FO	856		01:00:43	4620
6911	Naomi	Shelton	Female	1333	FO	857		01:00:43	4621
6945	Christopher	Adcock	Male	3288	M60	127		01:00:44	4622
4652	Stephen	Plume	Male	3289	M45	328		01:00:45	4623
9381	Steve	Heybourne	Male	3290	M40	454		01:00:45	4624
7364	Ian	Finn	Male	3291	M40	455		01:00:45	4625
5252	Eddie	Tennant	Male	3292	MO	1832		01:00:45	4626
5951	Ben	Lloyd	Male	3293	MO	1833		01:00:46	4627
4442	Liz	Jones	Female	1334	F45	133	Norwich Road Runners	01:00:46	4628
4587	Graham	Hunt	Male	3294	M55	213		01:00:46	4629
6480	Arianna	Waters	Female	1335	FO	858		01:00:46	4630
7075	Henry	Nettleton	Male	3295	MO	1834		01:00:47	4631
4763	Gemeana	Collins	Female	1336	F45	134		01:00:47	4632
1178	Caz	Lyth	Female	1337	FO	859		01:00:47	4633
5759	Kevin	Matless	Male	3296	M60	128		01:00:47	4634
3414	Chanelle	Brooks	Female	1338	FO	860		01:00:47	4635
4685	Sue	Mason	Female	1339	F60	24	Norwich Road Runners	01:00:47	4636
6769	Özlem	Arslan	Female	1340	FO	861		01:00:47	4637

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3031	Nathan	Punter	Male	3297	MO	1835	Norwich Road Runners	01:00:48	4638
3543	Sophie	Ross	Female	1341	FO	862		01:00:48	4639
2212	Richard	Lain-smith	Male	3298	M55	214		01:00:48	4640
4546	Glen	Parish	Male	3299	M45	329		01:00:48	4641
7021	Laura-jane	Lonergan	Female	1342	F45	135		01:00:48	4642
5416	Kian	Rush	Male	3300	MO	1836		01:00:48	4643
6034	Charlie	De-moore	Female	1343	FO	863	Bungay Black Dog RC	01:00:48	4644
4524	Rachel	Burnham	Female	1344	F45	136		01:00:48	4645
6995	Iona	Macqueen	Female	1345	FO	864		01:00:48	4646
5729	Devkant	Krishnatrey	Male	3301	M45	330		01:00:48	4647
9235	Alex	Carter	Female	1346	FO	865		01:00:49	4648
7686	Laura	Stratford	Female	1347	FO	866		01:00:49	4649
3908	Georgia	Field-mudd	Female	1348	FO	867	Run Things Run Club	01:00:50	4650
4479	Natalie	Townsend	Female	1349	F40	168		01:00:50	4651
4058	Nigel	Gilham	Male	3302	M70	13		01:00:50	4652
4677	Dave	Sadler	Male	3303	M55	215		01:00:50	4653
6679	Daniel	Allen	Male	3304	MO	1837		01:00:50	4654
5073	Richard	Hall	Male	3305	M55	216		01:00:51	4655
6240	Jackie	Wu	Female	1350	FO	868	Great Yarmouth & District AC	01:00:51	4656
5865	Darren	Leck	Male	3306	M50	256		01:00:51	4657
5927	Rebecca	Holm	Female	1351	FO	869		01:00:51	4658
5587	Kelly	Snelling	Female	1352	F55	57		01:00:52	4659
6044	Jonathan	Bates	Male	3307	M55	217		01:00:52	4660
5764	Victoria	Watts	Female	1353	FO	870		01:00:52	4661
6043	Emily	Bates	Female	1354	FO	871	Run Things Run Club	01:00:52	4662
4650	James	Bleach	Male	3308	MO	1838		01:00:53	4663
4224	Lily	Capps-jenner	Female	1355	FO	872		01:00:53	4664
6327	Christopher	Brown	Male	3309	M40	456		01:00:53	4665
5974	Leah	Jacobs	Female	1356	FO	873		01:00:53	4666
5595	Louise	Watts	Female	1357	F55	58		01:00:54	4667
6152	Emma	Ball	Female	1358	FO	874	Great Yarmouth & District AC	01:00:54	4668
1943	Elysa	Lovett	Female	1359	FO	875		01:00:55	4669
6452	Sarah	Chapman	Female	1360	F45	137		01:00:55	4670
3137	Samantha	Hamilton	Female	1361	FO	876		01:00:55	4671
3133	Louise	Gardiner	Female	1362	F55	59		01:00:55	4672
3820	John	Mccluskey	Male	3310	M45	331		01:00:55	4673
5820	Louise	Bates	Female	1363	F40	169	Run Things Run Club	01:00:55	4674
6635	Simon	Piff	Male	3311	M65	67		01:00:55	4675
4394	Clyde	Davis	Male	3312	MO	1839		01:00:56	4676
4969	Ben	White	Male	3313	MO	1840		01:00:56	4677
4968	Hannah	Jones	Female	1364	FO	877		01:00:56	4678
7066	Nicole	D'amore	Female	1365	FO	878		01:00:56	4679
7062	Adam	Ford	Male	3314	M40	457	Great Yarmouth & District AC	01:00:57	4680
8462	Evie	Glover	Female	1366	FO	879		01:00:58	4681
4335	Michael	Armes	Male	3315	M60	129		01:00:58	4682
3519	Sarah	Blyth	Female	1367	F40	170		01:00:58	4683
4338	Teague	Gallagher	Male	3316	MO	1841		01:00:58	4684

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4313	Amira	Bird	Female	1368	FO	880	Norfolk Harriers RC	01:00:59	4685
5838	David	Hardy	Male	3317	M55	218		01:00:59	4686
5400	Sally	Hutton-taylor	Female	1369	FO	881		01:00:59	4687
7971	Michelle	Jones Falgate	Female	1370	F40	171		01:00:59	4688
4669	Helaina	Bowater	Female	1371	FO	882		01:00:59	4689
3420	William	Hobson	Male	3318	M45	332		01:00:59	4690
2207	Kate	Beckett	Female	1372	FO	883		01:01:00	4691
2302	Brandon	Drewry	Male	3319	MO	1842		01:01:01	4692
3508	Jason	Rush	Male	3320	M55	219		01:01:01	4693
3758	Melissa	Thacker	Female	1373	FO	884		01:01:02	4694
4396	Bethan	Innes	Female	1374	FO	885	Wymondham AC	01:01:02	4695
4356	Grace	Garrihy	Female	1375	FO	886		01:01:03	4696
6076	Max	Moxey-hallam	Male	3321	MO	1843		01:01:03	4697
7153	Emma	Milligan	Female	1376	F45	138		01:01:03	4698
6757	Rebecca	Broadbent	Female	1377	FO	887		01:01:03	4699
8015	John	Elgood	Male	3322	M65	68		01:01:03	4700
5614	Pawnee	Dekeyser	Female	1378	FO	888		01:01:04	4701
5132	Nikki	Tarrant	Female	1379	F60	25		01:01:04	4702
6458	Chloe	Stonebridge	Female	1380	FO	889		01:01:04	4703
3402	Suzanne	Pudney	Female	1381	F40	172		01:01:04	4704
3384	Victoria	Hill	Female	1382	FO	890	Lonely Goat RC	01:01:04	4705
4298	Rose	Hutchens	Female	1383	FO	891		01:01:05	4706
7290	Katie	Davison	Female	1384	FO	892		01:01:05	4707
6744	Nicola	Holmes	Female	1385	F40	173		01:01:05	4708
4475	Florence	Bergin	Female	1386	F40	174		01:01:06	4709
4570	Liezl	Leleu	Female	1387	FO	893		01:01:06	4710
6358	Alex	Murray	Male	3323	MO	1844		01:01:06	4711
2269	Levi	Maconachie	Male	3324	MO	1845		01:01:06	4712
4441	Rakesh	Dholiwar	Male	3325	M65	69		01:01:07	4713
5607	Leanne	Emmett	Female	1388	F40	175		01:01:07	4714
3688	Frances	Heffernan	Female	1389	FO	894	Lonely Goat RC	01:01:07	4715
5546	Becky	Brooks	Female	1390	F40	176		01:01:08	4716
4785	Joane	Sowden	Female	1391	F45	139		01:01:08	4717
4801	Mike	Hardy	Male	3326	M55	220		01:01:08	4718
5101	Tim	Pearson	Male	3327	M40	458		01:01:09	4719
5333	Tom	Thompson	Male	3328	MO	1846		01:01:09	4720
4692	Peter	Tassone	Male	3329	M50	257		01:01:10	4721
7740	Maxwell	Dobson	Male	3330	MO	1847		01:01:10	4722
4525	Ruth	Cooper	Female	1392	F50	93		01:01:10	4723
4431	Louise	Smith	Female	1393	F45	140		01:01:10	4724
4116	Matt	Bailey	Male	3331	M40	459	Lonely Goat RC	01:01:10	4725
5916	Sebastian	Talbott	Male	3332	MO	1848		01:01:10	4726
2933	Richard	Edwards	Male	3333	M45	333		01:01:11	4727
4855	Charlie	Jenkins	Male	3334	MO	1849		01:01:11	4728
8833	Kate	Fitzsimons	Female	1394	FO	895		01:01:11	4729
4802	Tim	Macwilliam	Male	3335	M60	130		01:01:11	4730
4854	Charlotte	Mansi	Female	1395	FO	896		01:01:12	4731
4406	Ellie	Witt	Female	1396	FO	897		01:01:12	4732

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5054	Dzianis	Udot	Female	1397	FO	898		01:01:12	4733
5586	Sara	Poppy	Female	1398	F40	177		01:01:13	4734
8144	Dustyn	Saint	Male	3336	M45	334		01:01:13	4735
3780	Kevin	Taylor	Male	3337	M45	335		01:01:13	4736
5573	Andrew	Vincent	Male	3338	M45	336		01:01:13	4737
5890	Xiaoming	Zhai	Male	3339	M45	337		01:01:13	4738
6161	Thomas	Lunken	Male	3340	M40	460		01:01:14	4739
1956	Mark	Hilton	Male	3341	M55	221		01:01:14	4740
3938	Chloe	Norman	Female	1399	FO	899		01:01:14	4741
4649	Eleanor	Lyons	Female	1400	FO	900		01:01:14	4742
2434	Rebecca	Harris	Female	1401	F50	94		01:01:15	4743
8602	Chris	Filip	Male	3342	MO	1850		01:01:15	4744
6041	Mark	Trett	Male	3343	MO	1851		01:01:16	4745
5077	Chris	Richardson	Male	3344	M65	70		01:01:16	4746
5120	Sally	Kennard	Female	1402	FO	901		01:01:17	4747
6449	Katherine	Bignal	Female	1403	F40	178		01:01:17	4748
5534	Katie	Loader	Female	1404	F45	141		01:01:17	4749
6321	Lewis	Allen	Male	3345	MO	1852		01:01:17	4750
5078	Tarajyoti	Rudd	Female	1405	F60	26		01:01:18	4751
6447	Jonathon	Williamson	Male	3346	MO	1853	Coltishall Jaguars RC	01:01:18	4752
2437	Abigail	Crosswell	Female	1406	FO	902		01:01:19	4753
3946	Ryan	Cross	Male	3347	MO	1854		01:01:19	4754
3978	Rocco	Vettese	Male	3348	MO	1855		01:01:19	4755
6658	Lauren	Watkins	Female	1407	FO	903		01:01:19	4756
6666	Becky	Watkins	Female	1408	FO	904		01:01:19	4757
5267	Yvonne	Reynolds	Female	1409	FO	905		01:01:20	4758
6957	Andrew	Wright	Male	3349	M60	131		01:01:20	4759
5150	Matt	Bradfield	Male	3350	MO	1856		01:01:20	4760
8293	Robin	Woodhouse	Male	3351	M45	338		01:01:20	4761
4849	Rachel	Parkerson	Female	1410	F50	95		01:01:20	4762
5756	Marie	Hicks	Female	1411	F50	96		01:01:20	4763
4695	Rebecca	Lorimer	Female	1412	FO	906		01:01:20	4764
6478	Davina	Cattermole	Female	1413	FO	907		01:01:21	4765
4234	Robert	Knights	Male	3352	M60	132		01:01:21	4766
5579	Martin	Shelley	Male	3353	M50	258	FORDY RUNS Running Club	01:01:21	4767
5479	Hannah	Woodhouse	Female	1414	F40	179		01:01:22	4768
4280	Katie	Warncken	Female	1415	FO	908		01:01:22	4769
5760	Nicky	Hobson	Female	1416	F50	97	Lonely Goat RC	01:01:22	4770
2159	Michael	Hamilton	Male	3354	MO	1857		01:01:22	4771
6305	Katie	Jolly	Female	1417	FO	909		01:01:22	4772
5960	Amanda	Cloughton-lo we	Female	1418	F45	142		01:01:23	4773
8416	Helen	Lower	Female	1419	FO	910		01:01:23	4774
5149	Kieron	Loane	Male	3355	MO	1858		01:01:23	4775
5903	David	Petch	Male	3356	M60	133		01:01:25	4776
6097	George	Wilbraham	Male	3357	MO	1859		01:01:25	4777
4693	Donna	Lorne	Female	1420	F50	98		01:01:25	4778
8464	Carol	Plunkett	Female	1421	F50	99		01:01:25	4779
5096	Sara	Sabbar-bailey	Female	1422	FO	911		01:01:27	4780

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6531	Melissa	Moy	Female	1423	FO	912		01:01:27	4781
5281	Clare	Lewis	Female	1424	F50	100		01:01:28	4782
6733	Bethany	Grimshaw	Female	1425	FO	913		01:01:28	4783
5006	Victoria	Pollington	Female	1426	F40	180		01:01:28	4784
6980	Aimee	Tyrrell	Female	1427	FO	914	Bungay Black Dog RC	01:01:28	4785
7046	Liz	Knell	Female	1428	F40	181		01:01:29	4786
6891	Christopher	Spenceley	Male	3358	MO	1860		01:01:29	4787
4066	Lizzie	Reeves	Female	1429	FO	915		01:01:29	4788
4361	Lauren	Howard	Female	1430	FO	916		01:01:30	4789
4787	Sue	Morgan	Female	1431	F50	101		01:01:30	4790
7271	Sophie	Green	Female	1432	FO	917		01:01:30	4791
4139	James	Harrod	Male	3359	MO	1861		01:01:31	4792
3474	Jamie	Carter	Male	3360	MO	1862	Runna	01:01:31	4793
6224	Brandon	Bartram	Male	3361	MO	1863		01:01:31	4794
8065	Sophie	Willis	Female	1433	FO	918		01:01:32	4795
8043	Fraser	Moncur	Male	3362	MO	1864		01:01:32	4796
5917	Charlie	Nichols	Male	3363	MO	1865		01:01:32	4797
5525	Emma	Raines	Female	1434	F40	182		01:01:32	4798
7372	Elliott	Morris	Male	3364	MO	1866		01:01:32	4799
4304	Kelly	Softley	Female	1435	F40	183		01:01:33	4800
4357	Alfie	Pagan	Male	3365	MO	1867		01:01:34	4801
4853	Avril	Mccann	Female	1436	FO	919		01:01:34	4802
2224	Thomas	Lake	Male	3366	MO	1868		01:01:34	4803
6860	Anoop	Dhesi	Male	3367	M60	134		01:01:34	4804
7299	Eve	Baldry	Female	1437	FO	920		01:01:35	4805
4077	Vilma	Vensloviene	Female	1438	F40	184		01:01:35	4806
3924	Liam	Last	Male	3368	MO	1869		01:01:35	4807
6899	Kevin	Lines	Male	3369	M50	259		01:01:35	4808
4706	Rebekah	Goodson	Female	1439	FO	921		01:01:35	4809
3941	Steven	Bailey	Male	3370	MO	1870		01:01:35	4810
6431	Debbie	Bagley	Female	1440	F45	143		01:01:35	4811
7349	Rachael	Everett	Female	1441	F50	102		01:01:36	4812
4648	Vicki	Long	Female	1442	F45	144		01:01:36	4813
4633	Arielle	Plummer	Female	1443	FO	922		01:01:36	4814
5919	Amelia	Hunt	Female	1444	F55	60		01:01:36	4815
6673	Tara	Barnes	Female	1445	FO	923		01:01:37	4816
5913	Brett	Serafin-walker	Male	3371	M40	461		01:01:37	4817
741	Neil	Vendy	Male	3372	M40	462	Thetford AC	01:01:37	4818
6184	Valentina	Emiliucci	Female	1446	FO	924		01:01:37	4819
8184	Sonny	Chadwick	Male	3373	MO	1871		01:01:37	4820
3079	Carri	Vendy	Female	1447	F40	185	Thetford AC	01:01:37	4821
3862	April	Wallace	Female	1448	FO	925		01:01:38	4822
6469	Mark	Catling	Male	3374	M40	463		01:01:38	4823
5540	Katie	Mathers	Female	1449	F40	186		01:01:38	4824
7460	Emily	Bishop	Female	1450	F40	187		01:01:39	4825
5059	Eleanor	Lines	Female	1451	FO	926		01:01:39	4826
8977	Ann	Crust	Female	1452	F40	188		01:01:39	4827
8370	Tim	Weston	Male	3375	M50	260		01:01:39	4828

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4994	Joanne	Millington	Female	1453	F50	103		01:01:40	4829
6719	Amy	Fell	Female	1454	FO	927		01:01:41	4830
6114	Bekki	Stewart	Female	1455	FO	928		01:01:41	4831
2714	Oli	Milligan	Male	3376	MO	1872		01:01:42	4832
5380	Richard	Wright	Male	3377	M65	71		01:01:42	4833
6490	Chris	Lubbock	Male	3378	M70	14	Runners-Next-the-Sea	01:01:42	4834
3903	Sophie	Kendall	Female	1456	FO	929		01:01:43	4835
3529	Steve	Gowing	Male	3379	M70	15		01:01:43	4836
2511	Mark	Taylor	Male	3380	M60	135	Wymondham AC	01:01:44	4837
6398	Paige	Summers	Female	1457	FO	930		01:01:44	4838
6467	Caroline	Rothery	Female	1458	FO	931		01:01:45	4839
6388	Jonathan	Warren	Male	3381	M40	464		01:01:45	4840
6031	Olivia	Slater	Female	1459	FO	932		01:01:45	4841
3929	Megan	Pitchfork	Female	1460	FO	933		01:01:46	4842
5111	Kristian	Carter	Male	3382	M40	465		01:01:46	4843
4381	Freya	Carter	Female	1461	F40	189		01:01:47	4844
6730	Agata	Gebura	Female	1462	FO	934		01:01:47	4845
3473	James	Coad	Male	3383	M45	339		01:01:47	4846
6337	Brenda	Mionki	Female	1463	FO	935		01:01:47	4847
5114	Robert	Ellis	Male	3384	M45	340		01:01:47	4848
6328	Georgia	Lewis	Female	1464	FO	936		01:01:47	4849
2977	Catherine	Clarke	Female	1465	F50	104		01:01:47	4850
5914	Stephen	Cage	Male	3385	M70	16		01:01:48	4851
5435	Sarah	West	Female	1466	F45	145		01:01:48	4852
2186	Edward	Povey	Male	3386	MO	1873		01:01:48	4853
6212	Nicola	Elliston	Female	1467	F50	105		01:01:48	4854
3754	Anna	Sayer	Female	1468	FO	937		01:01:49	4855
5438	Andy	Thompson	Male	3387	M45	341		01:01:49	4856
2879	George	Jeffries	Male	3388	MO	1874		01:01:50	4857
5596	Tina	Tubb	Female	1469	F60	27		01:01:50	4858
3617	Dominic	Starkey	Male	3389	MO	1875		01:01:50	4859
8158	Chris	Nicholls	Male	3390	M40	466		01:01:51	4860
3817	Robert	Pyke	Male	3391	M50	261		01:01:51	4861
2003	Samantha	Lupton	Female	1470	FO	938	Ryston Runners	01:01:51	4862
5799	Deborah	Carr	Female	1471	F50	106		01:01:51	4863
5866	Melissa	Starkings	Female	1472	F40	190		01:01:51	4864
5313	Hannah	Knights	Female	1473	F40	191		01:01:52	4865
5455	Scott	Hayes	Male	3392	M50	262		01:01:52	4866
4073	Thomas	Dickerson	Male	3393	MO	1876		01:01:52	4867
8379	Chelsea	Blanchard	Female	1474	FO	939		01:01:53	4868
2622	Adam	Kimberley	Male	3394	M40	467		01:01:53	4869
8027	Terence	Dawson	Male	3395	M75+	6		01:01:53	4870
5288	Ellie	Moore	Female	1475	FO	940		01:01:54	4871
5556	Colin	Ford	Male	3396	M60	136		01:01:54	4872
5946	Jacinta	Bradley	Female	1476	FO	941		01:01:54	4873
3706	David	Partington	Male	3397	M55	222		01:01:55	4874
4392	John	Godbold	Male	3398	MO	1877		01:01:55	4875
3986	Abby	Brooks	Female	1477	FO	942		01:01:55	4876

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7168	Shannon	Kemp	Female	1478	FO	943		01:01:55	4877
2896	Faith	Jennison	Female	1479	FO	944		01:01:56	4878
2660	Lewis	Woolston	Male	3399	MO	1878		01:01:56	4879
8537	Gemma	Constable	Female	1480	F40	192		01:01:56	4880
2449	Robert	Dye	Male	3400	M45	342		01:01:57	4881
4399	Thomas	Stead	Male	3401	MO	1879		01:01:57	4882
4961	Mike	Ng	Male	3402	M50	263		01:01:57	4883
6402	Caroline	Fernandez	Female	1481	F55	61	Lonely Goat RC	01:01:57	4884
7078	Amber	Goulding	Female	1482	FO	945		01:01:57	4885
5364	Ben	Gadsby-williams	Male	3403	M40	468		01:01:58	4886
5560	Nina	Brown	Female	1483	F50	107		01:01:58	4887
7134	Emily	Tyler	Female	1484	FO	946		01:01:58	4888
5275	Michael	Ager	Male	3404	M50	264		01:01:58	4889
3935	Tabitha	Keeble	Female	1485	F40	193	Norwich Road Runners	01:01:58	4890
6978	Thomas	Wilkinson	Male	3405	MO	1880		01:01:58	4891
4127	Oliver	Warren	Male	3406	MO	1881		01:01:58	4892
4818	Lindsay	Smith	Female	1486	F40	194	Coltishall Jaguars RC	01:01:58	4893
3840	Keith	Moyse	Male	3407	M60	137	Great Yarmouth Road Runners	01:01:59	4894
5468	Natalie	Parke	Female	1487	FO	947		01:01:59	4895
9437	Zoe	Webber	Female	1488	F45	146		01:01:59	4896
4466	Megan	Lake	Female	1489	FO	948		01:02:00	4897
4954	Helen	Debbage	Female	1490	F50	108		01:02:00	4898
3612	Eddie	Weisbrod-nathaniel	Male	3408	MO	1882		01:02:01	4899
6419	Jenny	Henry	Female	1491	F45	147		01:02:01	4900
7128	Mao	Suzuki	Female	1492	FO	949		01:02:01	4901
1699	Dan	Savage	Male	3409	M45	343		01:02:01	4902
6420	Lauren	Milne	Female	1493	FO	950		01:02:01	4903
6825	Dougie	Evans	Male	3410	M40	469		01:02:02	4904
4814	Sarah	Webb	Female	1494	F40	195		01:02:03	4905
3401	Levi	Bensley	Male	3411	MO	1883		01:02:03	4906
4265	Hannah	Balfour	Female	1495	F40	196		01:02:04	4907
4285	Barbara	Peek	Female	1496	F55	62		01:02:04	4908
4105	Rob	Webb	Male	3412	M45	344		01:02:04	4909
9362	Gaby	King	Female	1497	FO	951		01:02:05	4910
4266	Frankie	Lowen	Female	1498	FO	952		01:02:05	4911
7160	Joanna	Bonner	Female	1499	F40	197		01:02:05	4912
3456	David	Spurgeon	Male	3413	M40	470		01:02:06	4913
5889	James	Horth	Male	3414	MO	1884		01:02:06	4914
6191	Eddie	Adams	Male	3415	MO	1885		01:02:07	4915
7855	Katherine	Saunders	Female	1500	F45	148	Beccles & Bungay Harriers	01:02:07	4916
4470	Shiona	Whitmore	Female	1501	FO	953		01:02:08	4917
1586	Dean	Cook	Male	3416	M40	471		01:02:08	4918
7811	Lucy	Rivett	Female	1502	F45	149		01:02:08	4919
4023	Adam	Piddock	Male	3417	MO	1886		01:02:08	4920
671	Jack	Lenton	Male	3418	MO	1887		01:02:08	4921

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5343	Shelley	Ames	Female	1503	F40	198		01:02:08	4922
5568	Charlotte	Patrick	Female	1504	FO	954		01:02:09	4923
4666	Dylan	Williams	Male	3419	MO	1888		01:02:09	4924
5999	Claire	Atkinson	Female	1505	F45	150		01:02:10	4925
3971	Paul	Wickens	Male	3420	M60	138		01:02:10	4926
4934	Jill	Copeland	Female	1506	F65	4		01:02:10	4927
5204	Daniel	Obrien	Male	3421	M45	345		01:02:11	4928
5205	Laura	Whitmore	Female	1507	FO	955		01:02:11	4929
8614	Daniel	Ramsey	Male	3422	M45	346		01:02:11	4930
4176	Robert	Mckillop	Male	3423	M55	223		01:02:12	4931
5549	James	Stacey	Male	3424	MO	1889		01:02:12	4932
3773	Ross	Bedwell	Male	3425	MO	1890		01:02:12	4933
6501	Emma	Moore	Female	1508	FO	956		01:02:12	4934
6149	Janine	Howes	Female	1509	F50	109		01:02:13	4935
5980	Emily	Bingham	Female	1510	FO	957	Runners-Next -the-Sea	01:02:13	4936
2394	Lee	Sheridan	Male	3426	MO	1891		01:02:13	4937
2892	Scot	Symonds	Male	3427	M50	265		01:02:13	4938
3174	David	Crow	Male	3428	M45	347		01:02:14	4939
4427	Jake	Lahey	Male	3429	MO	1892		01:02:14	4940
7793	Liz	Wright	Female	1511	F60	28		01:02:14	4941
2871	Roman	Kirczenow	Male	3430	MO	1893		01:02:14	4942
6961	Steve	Halls	Male	3431	M40	472		01:02:14	4943
5351	Caitlín	Doyle	Female	1512	FO	958		01:02:14	4944
9056	Caitlin	Cochrane	Female	1513	FO	959		01:02:14	4945
8759	Peter	Smith	Male	3432	M60	139		01:02:14	4946
6500	Ashley	Moore	Male	3433	MO	1894		01:02:14	4947
6200	Ryan	Hancock	Male	3434	M40	473		01:02:15	4948
6016	Adam	Maher	Male	3435	MO	1895		01:02:15	4949
6387	Charles	Judson	Male	3436	M40	474		01:02:15	4950
7218	Paul	Schroder	Male	3437	M40	475		01:02:15	4951
7079	James	Goulding	Male	3438	MO	1896		01:02:15	4952
6153	Alison	Oneill	Female	1514	F45	151		01:02:15	4953
6509	Lana	Kirczenow	Female	1515	F50	110		01:02:15	4954
3797	Kevin	Chapman	Male	3439	M50	266		01:02:15	4955
3984	Amy	Scutt	Female	1516	FO	960	Lonely Goat RC	01:02:16	4956
5745	Edward	Paxton	Male	3440	M45	348		01:02:16	4957
5033	Zoe	Harris	Female	1517	FO	961		01:02:16	4958
7105	Kate	Billing	Female	1518	FO	962		01:02:16	4959
2754	Tracey	Harrold	Female	1519	F50	111		01:02:16	4960
6286	Andrew	Willington	Male	3441	M65	72		01:02:16	4961
4928	Ruth	O'regan	Female	1520	F50	112		01:02:17	4962
4182	Karl	Tutt	Male	3442	M55	224		01:02:17	4963
7474	Natalie	Egmore	Female	1521	F45	152		01:02:17	4964
5712	Michelle	Palmer	Female	1522	F50	113		01:02:17	4965
7175	Sharon	Warrent	Female	1523	F50	114		01:02:18	4966
3975	Alicia	Lambert	Female	1524	FO	963		01:02:18	4967
6334	Imogen	Dungar	Female	1525	FO	964		01:02:18	4968
3999	Sarah	Lehane	Female	1526	F45	153		01:02:18	4969

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7216	Amy	Poynton	Female	1527	F45	154		01:02:18	4970
3950	Celena	Woods	Female	1528	FO	965		01:02:19	4971
6864	Nom	Kinnear King	Female	1529	F40	199		01:02:19	4972
6392	Kevin	Mayes	Male	3443	M50	267		01:02:19	4973
5918	Richard	Cadman	Male	3444	M65	73		01:02:19	4974
6926	Chris	Wrycraft	Male	3445	M40	476		01:02:19	4975
6086	Yvonne	Butler	Female	1530	F45	155		01:02:19	4976
6414	Abigail	Nelson	Female	1531	FO	966		01:02:19	4977
5013	Malcolm	Jones	Male	3446	M60	140		01:02:19	4978
1622	John	Dungar	Male	3447	M45	349		01:02:19	4979
6405	Harry	Holman	Male	3448	MO	1897		01:02:20	4980
6625	Tom	Bates	Male	3449	M40	477		01:02:20	4981
6059	Daniel	Canham	Male	3450	M45	350		01:02:20	4982
8024	Aqeel	Ahmed	Male	3451	MO	1898		01:02:20	4983
1971	Ashley	Thomas	Male	3452	MO	1899		01:02:20	4984
8530	Paul	Tatum	Male	3453	MO	1900		01:02:20	4985
7109	Lucy	Gordon	Female	1532	FO	967		01:02:21	4986
9305	Kayleigh	Sexton	Female	1533	FO	968		01:02:21	4987
2927	James	O'grady	Male	3454	M45	351		01:02:21	4988
5165	Jordan	Pritchard	Male	3455	MO	1901		01:02:22	4989
6058	Lisa	Butler	Female	1534	F45	156		01:02:22	4990
5491	Robin	Mickelburgh	Male	3456	M40	478		01:02:22	4991
6962	Madison	Tuttle	Female	1535	FO	969		01:02:22	4992
7504	Kirsty	Ellis	Female	1536	FO	970		01:02:22	4993
7429	Alex	Frith	Male	3457	MO	1902		01:02:22	4994
7010	Roanne	Ephithite	Female	1537	FO	971		01:02:22	4995
6920	Sarah	Prior	Female	1538	F40	200		01:02:23	4996
3219	Joe	Brain	Male	3458	M40	479		01:02:23	4997
7052	Naomi	Mansfield	Female	1539	F40	201		01:02:23	4998
4209	Louise	Goodson	Female	1540	F40	202		01:02:23	4999
6508	Alice	Sargent	Female	1541	F40	203		01:02:23	5000
8929	Daniel	Oakenfold	Male	3459	M45	352		01:02:23	5001
6048	Chris	Groves	Male	3460	M75+	7		01:02:24	5002
5002	Mary	Jones	Female	1542	F65	5	Waveney Valley AC	01:02:25	5003
5528	Jim	Dart	Male	3461	M60	141	Norfolk Gazelles AC	01:02:25	5004
6497	Marie	Tucker	Female	1543	FO	972		01:02:25	5005
5112	Jack	Watling	Male	3462	MO	1903		01:02:26	5006
6956	Julie	Flower	Female	1544	F60	29		01:02:27	5007
5522	Ethan	Tester	Male	3463	MO	1904		01:02:27	5008
7024	Rhianne	Ayers	Female	1545	FO	973		01:02:27	5009
8309	Freya	Nevard	Female	1546	FO	974		01:02:27	5010
5113	Jake	Montanarini	Male	3464	MO	1905		01:02:27	5011
6301	Adrian	Buck	Male	3465	M60	142		01:02:28	5012
6519	Hana	Binns	Female	1547	FO	975		01:02:28	5013
3090	Connor	Kerr	Male	3466	MO	1906		01:02:29	5014
2055	Alice	Wright	Female	1548	FO	976	Great Yarmouth Road Runners	01:02:29	5015
5713	Emily	Woods	Female	1549	FO	977		01:02:30	5016

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3091	Megan	Tiplady	Female	1550	FO	978		01:02:30	5017
7340	Yuana	Wilton	Female	1551	FO	979		01:02:30	5018
5485	Elly	Barker	Female	1552	FO	980		01:02:30	5019
2749	Matt	Hawkes	Male	3467	M40	480		01:02:30	5020
7778	Jye	Marley	Male	3468	MO	1907		01:02:30	5021
6711	Louise	Shorten	Female	1553	F50	115		01:02:30	5022
5050	Holly	Cross	Female	1554	FO	981		01:02:31	5023
6910	Bobbie	Sauerzapf	Female	1555	F65	6	Bungay Black Dog RC	01:02:31	5024
4678	Verity	Buckingham	Female	1556	FO	982		01:02:32	5025
6194	Jocelyn	Read	Female	1557	FO	983		01:02:32	5026
4622	Kristi	Padreddii	Female	1558	F40	204		01:02:32	5027
3038	Donna	Grant	Female	1559	F55	63		01:02:32	5028
6543	James	Ingham	Male	3469	MO	1908		01:02:32	5029
3812	Serena	Pavey	Female	1560	FO	984		01:02:33	5030
5357	Sophie	Scott	Female	1561	F45	157		01:02:33	5031
7881	Lily	Arundell	Female	1562	FO	985		01:02:34	5032
7289	Alex	Mackay	Male	3470	MO	1909		01:02:34	5033
7005	Carrie	Catchpole	Female	1563	F45	158		01:02:35	5034
2140	Brenden	Carman	Male	3471	MO	1910		01:02:35	5035
5293	Oliver	Peck	Male	3472	MO	1911		01:02:36	5036
5741	Rachel	Hutchinson	Female	1564	F45	159		01:02:36	5037
6765	Tim	Orme	Male	3473	MO	1912		01:02:37	5038
6380	Kim	Austin	Female	1565	FO	986		01:02:37	5039
3361	Matthew	Symons	Male	3474	M40	481		01:02:37	5040
5363	Lauren	Cutler	Female	1566	FO	987		01:02:38	5041
7073	Mark	Cole	Male	3475	M50	268		01:02:38	5042
5167	Jan	Totterdale	Female	1567	F65	7	Dereham Runners AC	01:02:38	5043
4323	David	Fletcher	Male	3476	MO	1913		01:02:38	5044
4793	Shauna	Martin	Female	1568	FO	988		01:02:38	5045
6029	Emma	Goldsmith	Female	1569	F50	116	Aylsham Runners	01:02:39	5046
6979	Dawn	Maidstone	Female	1570	FO	989		01:02:39	5047
5892	Sheryl	Kemp	Female	1571	F45	160		01:02:40	5048
8107	Adam	Yaxley	Male	3477	M40	482		01:02:40	5049
6423	Darren	Evans	Male	3478	MO	1914		01:02:41	5050
3440	Joanne	D	Female	1572	F50	117		01:02:41	5051
6195	Andrew	Hopkins	Male	3479	M55	225		01:02:41	5052
4130	Oliver	Dougan	Male	3480	MO	1915		01:02:41	5053
4823	Bryony	Sturman	Female	1573	FO	990		01:02:41	5054
994	Freya	Bradfield	Female	1574	FO	991		01:02:42	5055
4341	Daniel	Rowland	Male	3481	MO	1916		01:02:42	5056
6302	Sarah	Goldsmith	Female	1575	FO	992		01:02:43	5057
3913	Paul	Choak	Male	3482	M70	17		01:02:43	5058
7110	David	Gordon	Male	3483	M55	226		01:02:43	5059
1543	Joe	Sparkes	Male	3484	MO	1917		01:02:43	5060
7229	Amanda	Moss	Female	1576	F50	118		01:02:43	5061
4840	Lucy	Rudland	Female	1577	FO	993		01:02:43	5062
8598	Jasmine	Leftwich	Female	1578	FO	994		01:02:43	5063
4562	Chris	Camp	Male	3485	MO	1918		01:02:45	5064

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5850	Tim	Bush	Male	3486	M60	143		01:02:45	5065
5837	Samuel	Potter	Male	3487	MO	1919		01:02:45	5066
6685	Laura	Cuthbert	Female	1579	F40	205		01:02:45	5067
5116	Daniel	Rogers	Male	3488	MO	1920		01:02:45	5068
7607	Kirsty	Pond	Female	1580	F40	206		01:02:46	5069
7054	Thomas	Catchpole	Male	3489	M40	483		01:02:46	5070
4722	Harry	Batterbee	Male	3490	MO	1921		01:02:46	5071
4904	Mo	Ali	Male	3491	M40	484		01:02:46	5072
6524	Jack	Weaver	Male	3492	MO	1922		01:02:46	5073
4727	Matthew	Harbord	Male	3493	M50	269		01:02:47	5074
4726	Kerry	Harbord	Female	1581	F40	207		01:02:47	5075
3569	Neil	Docherty	Male	3494	MO	1923		01:02:47	5076
6893	Chelsea	Garrett	Female	1582	FO	995		01:02:48	5077
6159	Vicky	Smith	Female	1583	FO	996	Tri-Anglia Triathlon Club	01:02:48	5078
3184	Jakob	Roberts	Male	3495	MO	1924		01:02:49	5079
8257	Dylan	Stott	Male	3496	MO	1925		01:02:49	5080
6496	John	Mulley	Male	3497	M60	144		01:02:50	5081
9107	Barnaby	Relph	Male	3498	M50	270		01:02:50	5082
5921	Caroline	Parnis	Female	1584	F50	119	Lowestoft Road Runners	01:02:50	5083
3154	Ella	Quinn	Female	1585	FO	997		01:02:52	5084
6311	Dawn	Gibb	Female	1586	F50	120		01:02:52	5085
5788	Melissa	Woodbridge	Female	1587	FO	998		01:02:52	5086
2950	Amy	Rounce	Female	1588	F40	208		01:02:52	5087
6602	Frank	Brumby	Male	3499	M50	271		01:02:52	5088
7152	Caitlin	Pagano	Female	1589	FO	999		01:02:52	5089
5399	Lorna	Blackmore	Female	1590	F50	121		01:02:53	5090
4733	Daniel	Brock	Male	3500	MO	1926		01:02:53	5091
5886	Jon	Witte	Male	3501	M50	272		01:02:53	5092
4189	Evie	Witte	Female	1591	FO	1000		01:02:53	5093
7170	Sophia	Webb	Female	1592	FO	1001		01:02:54	5094
2662	Hans-christian	Harder	Male	3502	MO	1927		01:02:54	5095
2661	Susanna	Harder	Female	1593	FO	1002		01:02:54	5096
4913	Harry	Webb	Male	3503	MO	1928		01:02:54	5097
6432	Hanna	Davies	Female	1594	F55	64		01:02:54	5098
6287	Melissa	Fiddes	Female	1595	FO	1003		01:02:54	5099
6065	Matt	Lewis	Male	3504	MO	1929		01:02:56	5100
5790	Melanie	Elliott	Female	1596	F55	65	Reepham Runners	01:02:56	5101
5414	Richard	Savelli	Male	3505	M55	227		01:02:57	5102
9033	Mark	Bennett	Male	3506	MO	1930		01:02:58	5103
1378	Kirk	Vincent	Male	3507	M40	485		01:02:58	5104
8098	Clare	Elliott	Female	1597	F45	161		01:02:58	5105
4033	Rosie	Buffin	Female	1598	FO	1004		01:02:58	5106
4804	Jodie	Drake	Female	1599	FO	1005		01:02:58	5107
7191	Vix	Burdett	Female	1600	F40	209	Bungay Black Dog RC	01:02:58	5108
6067	Carl	Bradley	Male	3508	M40	486		01:02:58	5109
8639	Abi	Collard	Female	1601	FO	1006		01:02:58	5110
8865	Louis	Coleman	Male	3509	MO	1931		01:02:58	5111

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
9111	Yasmin	Goodswen	Female	1602	FO	1007		01:02:58	5112
8688	Rani	Coleman	Female	1603	FO	1008		01:02:58	5113
6853	Jake	Bridgford	Male	3510	MO	1932		01:02:58	5114
8097	Eleanor	Ryding	Female	1604	FO	1009		01:02:58	5115
5975	Bethan	Taylor	Female	1605	FO	1010		01:02:58	5116
4142	Helen	Yapp	Female	1606	FO	1011		01:02:59	5117
6802	Nicole	Wade	Female	1607	FO	1012		01:02:59	5118
6559	James	Taylor-lawrence	Male	3511	M40	487		01:02:59	5119
6799	Emma	Kitchen	Female	1608	F45	162		01:02:59	5120
5448	Reece	Facer	Male	3512	MO	1933		01:02:59	5121
6939	Martin	Schmierer	Male	3513	M40	488		01:02:59	5122
4495	Arthur	Bland	Male	3514	M65	74		01:02:59	5123
8817	Sina	Coleman	Female	1609	FO	1013		01:02:59	5124
3738	Emma	Meadows	Female	1610	F45	163	Diss and District AC	01:02:59	5125
4608	Alina	Sandu	Female	1611	F40	210		01:03:01	5126
6734	Sophie	Foulds	Female	1612	F40	211		01:03:02	5127
4940	Zoe	Riches	Male	3515	M45	353		01:03:03	5128
5998	Jo	Keenan	Female	1613	F50	122		01:03:03	5129
7275	Frank	Campling	Male	3516	MO	1934		01:03:03	5130
7261	Vicky	Rapley	Female	1614	F45	164		01:03:04	5131
6421	Wendy	Smith	Female	1615	F60	30	Norwich Road Runners	01:03:05	5132
5259	David	Thornhill	Male	3517	M50	273		01:03:05	5133
4246	Saffron	Casbourne	Female	1616	FO	1014		01:03:05	5134
6078	Claire	Goldstone	Female	1617	F45	165	Brandon Fern Hoppers	01:03:06	5135
5751	Joshua	Lindsay	Male	3518	MO	1935		01:03:06	5136
6771	Anna	Bond	Female	1618	FO	1015	Norwich Road Runners	01:03:06	5137
5446	Laura	Alexander-sinclair	Female	1619	F45	166		01:03:06	5138
5803	Lucy	Vadhir	Female	1620	FO	1016		01:03:08	5139
4820	Natasha	Ward	Female	1621	FO	1017		01:03:08	5140
5767	Lauren	Devine	Female	1622	FO	1018		01:03:08	5141
4014	James	Bareham	Male	3519	MO	1936		01:03:08	5142
5402	Cheryl	Goymer	Female	1623	F60	31	Beccles Triathlon Club	01:03:08	5143
6912	Jake	Marshall	Male	3520	MO	1937		01:03:08	5144
5798	George	Noble	Male	3521	MO	1938		01:03:08	5145
4664	Drift	Brett	Female	1624	FO	1019		01:03:08	5146
8404	Robert	Hickford	Male	3522	MO	1939		01:03:09	5147
5617	Ben	Sawyer	Male	3523	MO	1940		01:03:09	5148
5947	Jane	Palmer	Female	1625	F45	167		01:03:09	5149
7224	Shannon	Moloney	Female	1626	FO	1020		01:03:10	5150
5230	Ewan	Wilson	Male	3524	MO	1941		01:03:10	5151
4644	Dee	Hebron	Female	1627	F45	168		01:03:10	5152
6300	Bethan	Hill	Female	1628	FO	1021		01:03:12	5153
3152	Dimitri	K	Male	3525	M45	354		01:03:12	5154
4667	Alice	Handley-howorth	Female	1629	FO	1022		01:03:12	5155
5353	Abu	Bakar	Male	3526	MO	1942		01:03:12	5156
4157	Olivia	Rope	Female	1630	FO	1023		01:03:13	5157

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5588	Jessica	Miller	Female	1631	FO	1024		01:03:13	5158
422	Joseph	Southwell	Male	3527	MO	1943		01:03:13	5159
7695	Philippa	Llewellyn	Female	1632	FO	1025		01:03:13	5160
5009	Caroline	Thorpe	Female	1633	F60	32	Dereham Runners AC	01:03:14	5161
4025	Matthew	Musk	Male	3528	M45	355		01:03:14	5162
8095	Jess	Gilbert	Female	1634	FO	1026		01:03:14	5163
6647	Lynsey	Hare	Female	1635	F40	212		01:03:14	5164
3157	Corey	Sadler	Male	3529	MO	1944		01:03:14	5165
5389	Lisa	Beales	Female	1636	FO	1027		01:03:14	5166
3987	Claire	Beckett	Female	1637	F50	123	Lonely Goat RC	01:03:14	5167
7697	Abi	Wright	Female	1638	FO	1028		01:03:15	5168
6295	Sarah	Alexander-williams	Female	1639	FO	1029		01:03:15	5169
7190	Andy	Sluckin	Male	3530	M70	18		01:03:15	5170
7665	Steve	Dunn	Male	3531	M40	489		01:03:15	5171
7258	Richard	Gooding	Male	3532	M50	274		01:03:16	5172
7427	Anoushka	Varvel	Female	1640	FO	1030		01:03:16	5173
8572	Robert	Conway	Male	3533	M65	75		01:03:16	5174
7025	Laura	Gosden	Female	1641	FO	1031		01:03:16	5175
7867	James	Gosden	Male	3534	MO	1945		01:03:16	5176
3014	Dan	Beasy	Male	3535	MO	1946		01:03:17	5177
5226	David	Lyth	Male	3536	M70	19		01:03:17	5178
5610	Hannah	Kelly	Female	1642	FO	1032		01:03:17	5179
8780	Harry	Chadwick	Male	3537	MO	1947		01:03:18	5180
5087	Andrew	Dougal	Male	3538	M65	76		01:03:18	5181
7200	Menaka	Thavarajah	Female	1643	F40	213		01:03:18	5182
3116	Steve	Sharp	Male	3539	M60	145		01:03:19	5183
6798	Laura	Bird	Female	1644	FO	1033		01:03:20	5184
6030	Sarah	Ward	Female	1645	F50	124		01:03:20	5185
4874	Jessica	Taylor	Female	1646	FO	1034		01:03:20	5186
4166	Rachael	Munby	Female	1647	F50	125		01:03:20	5187
7284	Glen	Spooner	Male	3540	MO	1948		01:03:20	5188
5466	Daniel	Lake	Male	3541	MO	1949		01:03:21	5189
4714	Kerry	Harman	Female	1648	F45	169		01:03:21	5190
4453	James	Steel	Male	3542	M40	490		01:03:21	5191
7106	Eve	Cook	Female	1649	F45	170		01:03:21	5192
2946	Leila	Molloy	Female	1650	F45	171		01:03:21	5193
5063	Melanie	Heale	Female	1651	F50	126		01:03:21	5194
8867	Jane	Bolton	Female	1652	F60	33		01:03:22	5195
6697	Chloe	Peek	Female	1653	FO	1035		01:03:22	5196
7444	Rebecca	Westall	Female	1654	F45	172	Aylsham Runners	01:03:22	5197
5457	Aggie	Kennedy	Female	1655	FO	1036		01:03:22	5198
4131	Charlotte	Lord	Female	1656	FO	1037		01:03:22	5199
7856	Olly	Curtis	Male	3543	M40	491		01:03:22	5200
8778	Luca	Freedman	Male	3544	MO	1950		01:03:22	5201
8039	Kit	Brodie	Male	3545	MO	1951		01:03:24	5202
7240	Aine	Lincoln	Female	1657	F40	214		01:03:24	5203
5501	Molly	Dunnell	Female	1658	FO	1038		01:03:24	5204

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4391	Caroline	Taylor	Female	1659	F65	8	Norwich Road Runners	01:03:24	5205
5465	Casey	Robins	Female	1660	FO	1039		01:03:25	5206
3970	Christopher	Cooper	Male	3546	MO	1952		01:03:25	5207
1451	Louis	Bond	Male	3547	MO	1953		01:03:25	5208
5521	Emily	Butler	Female	1661	FO	1040		01:03:26	5209
4540	Marion	Bensley	Female	1662	F50	127	Coltishall Jaguars RC	01:03:26	5210
6778	Ciaran	Dutton	Male	3548	MO	1954		01:03:27	5211
4910	Katherine	Butler	Female	1663	FO	1041		01:03:27	5212
5785	Erin	Wright	Female	1664	FO	1042		01:03:27	5213
9179	Steven	Copplestone	Male	3549	M55	228		01:03:28	5214
5130	Thomas	Holland	Male	3550	MO	1955		01:03:28	5215
5784	Georgia	Harman	Female	1665	FO	1043		01:03:28	5216
6190	Raechel	Pooley	Female	1666	FO	1044		01:03:28	5217
6189	Danny	Pooley	Male	3551	M40	492		01:03:28	5218
5401	Rebecca	Hill	Female	1667	F45	173		01:03:29	5219
6239	Klara Mae	Comia	Female	1668	FO	1045		01:03:29	5220
7779	Zoe	Spyrou	Female	1669	FO	1046		01:03:29	5221
7780	Annabel	Williams	Female	1670	FO	1047		01:03:29	5222
8701	Nicola	Smith	Female	1671	FO	1048		01:03:29	5223
6493	Jane	Aldous	Female	1672	F45	174		01:03:30	5224
5289	Tim	Easton	Male	3552	M40	493		01:03:30	5225
7019	Nick	Allen	Male	3553	M60	146		01:03:31	5226
4138	Peter	Wallace	Male	3554	M40	494		01:03:31	5227
3518	Sine	Garvie Mcinally	Female	1673	F65	9		01:03:31	5228
7327	Ollie	Button	Male	3555	MO	1956		01:03:31	5229
6588	Roger	Harris	Male	3556	M45	356		01:03:31	5230
6032	Paula	Gundry-knights	Female	1674	F55	66		01:03:31	5231
6108	Graham	Rose	Male	3557	M60	147		01:03:32	5232
4339	Sarah	Price	Female	1675	FO	1049		01:03:32	5233
5016	Jen	Lewis	Female	1676	F50	128		01:03:32	5234
6482	Will	Grant	Male	3558	MO	1957		01:03:34	5235
5778	Gary	Rose	Male	3559	M45	357		01:03:34	5236
7126	Beth	Ward	Female	1677	FO	1050		01:03:34	5237
6453	Philip	Harris Cook	Male	3560	M45	358	Bure Valley Harriers	01:03:34	5238
5857	Kirsten	Shaw	Female	1678	FO	1051		01:03:35	5239
931	Charlotte	Harris Cook	Female	1679	F40	215	Bure Valley Harriers	01:03:35	5240
7127	Lauren	Smith-howell	Female	1680	FO	1052		01:03:35	5241
7174	Charles	Tweed	Male	3561	MO	1958		01:03:35	5242
8849	David	Jermy	Male	3562	M60	148	Great Yarmouth Road Runners	01:03:35	5243
7141	Leah	Kemp	Female	1681	FO	1053		01:03:35	5244
4503	Alex	Fletcher	Male	3563	MO	1959		01:03:36	5245
8678	Jordan	Farrelly	Male	3564	MO	1960		01:03:36	5246
3546	Dan	Osborne	Male	3565	M45	359		01:03:36	5247
8355	Katie	Cary	Female	1682	FO	1054		01:03:37	5248
9117	Ellie	Prempeh	Male	3566	MO	1961		01:03:38	5249
8435	Gemma	Blyth	Female	1683	F40	216		01:03:38	5250

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4585	Rob	Savage	Male	3567	M40	495		01:03:39	5251
5241	Sean	Thompson	Male	3568	MO	1962		01:03:39	5252
6915	Stuart	Andrews	Male	3569	M45	360		01:03:39	5253
4516	Tracey	Campbell	Female	1684	F45	175	Great Yarmouth Road Runners	01:03:40	5254
5358	Holly	Sutton	Female	1685	FO	1055		01:03:40	5255
5373	Kelly	Starling	Female	1686	F50	129	Wymondham AC	01:03:40	5256
6841	Keith	Punnett	Male	3570	M55	229		01:03:40	5257
4658	Lily	Pomfret	Female	1687	FO	1056		01:03:40	5258
4027	Lexi	Mulley	Female	1688	FO	1057		01:03:41	5259
4451	Tom	Cox	Male	3571	MO	1963		01:03:42	5260
8611	Emily	Ware	Female	1689	FO	1058		01:03:42	5261
6690	Amie	Dowe	Female	1690	FO	1059		01:03:42	5262
5543	Rose	Byrne	Female	1691	F55	67		01:03:42	5263
4780	Georgie	Sheward	Female	1692	FO	1060		01:03:42	5264
5908	Abigail	Kelly	Female	1693	FO	1061		01:03:43	5265
5385	Debbie	Mann	Female	1694	F55	68		01:03:43	5266
4253	David	Clark	Male	3572	M55	230		01:03:44	5267
7037	Benjamin	Bodewes	Male	3573	MO	1964		01:03:44	5268
8448	Gary	Wakeley	Male	3574	M65	77	Great Yarmouth Road Runners	01:03:45	5269
6307	Eimear	Richardson	Female	1695	FO	1062	Norwich Road Runners	01:03:45	5270
7038	Elliott	Flack	Male	3575	MO	1965		01:03:45	5271
5565	Jake	Newitt	Male	3576	MO	1966		01:03:45	5272
7605	Sarah	Sharman	Female	1696	F45	176		01:03:46	5273
6785	David	Aldous	Male	3577	M55	231		01:03:46	5274
6745	John	Johnson	Male	3578	M65	78		01:03:46	5275
6586	Kim	Powell	Female	1697	FO	1063		01:03:47	5276
7604	Mason	Sharman	Male	3579	MO	1967		01:03:47	5277
5215	Karen	Cartwright	Female	1698	F50	130	Attleborough Athletics Academy	01:03:47	5278
5523	Clare	Suter	Female	1699	F45	177	Wymondham AC	01:03:47	5279
6848	Chris	Coleman	Male	3580	M40	496		01:03:47	5280
3957	Kathryn	Abigail-hardman	Female	1700	F50	131		01:03:47	5281
7055	Rochelle	Catchpole	Female	1701	F40	217		01:03:48	5282
9085	Victoria	Hornagold	Female	1702	FO	1064		01:03:48	5283
7282	Kyle	Farr	Male	3581	M40	497		01:03:48	5284
2085	Jason	Tillett	Male	3582	M55	232	Lowestoft Road Runners	01:03:48	5285
8673	Lewis	Matthews	Male	3583	MO	1968		01:03:48	5286
7506	Lucy	Burton	Female	1703	F40	218		01:03:48	5287
6874	Lauren	King	Female	1704	FO	1065		01:03:48	5288
530	William	Kitchener	Male	3584	M40	498		01:03:49	5289
7172	Layla	Dickerson	Female	1705	FO	1066		01:03:49	5290
6883	Katie	Jowett	Female	1706	FO	1067		01:03:49	5291
1216	Klein	Marshall	Male	3585	MO	1969		01:03:50	5292
8141	Abby	Preest	Female	1707	FO	1068		01:03:50	5293
2530	Sophie	Hudson	Female	1708	F55	69		01:03:50	5294

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8277	Daria	Fisher	Female	1709	F40	219		01:03:51	5295
8052	Emily	Gannaway	Female	1710	FO	1069		01:03:52	5296
5606	Marilyn	Swinney	Female	1711	F45	178		01:03:52	5297
6972	Katie	Cooper	Female	1712	FO	1070		01:03:52	5298
4140	Rebecca	Cockerill	Female	1713	F40	220		01:03:52	5299
7320	David	Baulcombe	Male	3586	M70	20		01:03:52	5300
4093	Stuart	Grimsey	Male	3587	M50	275		01:03:52	5301
9289	Graham	Wade	Male	3588	M60	149	Thetford AC	01:03:53	5302
6374	Amanda	Church	Female	1714	F55	70		01:03:53	5303
7652	Angie	Marshall	Female	1715	F65	10	Norwich Road Runners	01:03:53	5304
4789	Stuart	Bailey	Male	3589	M50	276		01:03:53	5305
3786	Simon	Hilburn	Male	3590	MO	1970		01:03:53	5306
7612	Katrina	Mcdonough	Female	1716	FO	1071		01:03:54	5307
2687	Jess	Moore	Female	1717	FO	1072		01:03:54	5308
7745	Frances	Wynn	Female	1718	F40	221		01:03:55	5309
7116	Caitlin	O'malley	Female	1719	FO	1073		01:03:55	5310
2688	Luka	Ratcliffe	Male	3591	MO	1971		01:03:55	5311
4202	Ella	Goodman	Female	1720	FO	1074		01:03:55	5312
7291	Chloe	Gibbs	Female	1721	FO	1075		01:03:55	5313
6437	Naomi	Glew	Female	1722	FO	1076		01:03:56	5314
4452	Jennifer	Robins	Female	1723	F40	222		01:03:56	5315
8345	Charlie	C-b	Male	3592	MO	1972		01:03:56	5316
2192	Ashleigh	Armstrong	Female	1724	FO	1077		01:03:56	5317
5339	Chloe	Bunn	Female	1725	FO	1078		01:03:56	5318
3466	Catherine	Norton	Female	1726	F45	179		01:03:56	5319
7850	Julie	Ambrose	Female	1727	F40	223		01:03:57	5320
7288	Gina	Allen	Female	1728	F40	224		01:03:57	5321
1056	Barry	Rice	Male	3593	M40	499		01:03:57	5322
5938	Martin	Bull	Male	3594	M60	150		01:03:57	5323
7454	Lucia	Hendricks	Female	1729	FO	1079		01:03:57	5324
6237	Sharon	Gardner	Female	1730	F45	180	Wymondham AC	01:03:58	5325
7895	Joel	Taylor	Male	3595	MO	1973		01:03:58	5326
5441	Jack	Mileham	Male	3596	MO	1974		01:03:58	5327
7063	Jennifer	Rooza	Female	1731	F45	181		01:03:59	5328
4916	Jake	Whitbread	Male	3597	MO	1975		01:03:59	5329
6042	Paul	Peek	Male	3598	M65	79	Waveney Valley AC	01:03:59	5330
5436	Aaron	Bird	Male	3599	MO	1976		01:03:59	5331
7430	Victoria	Johnson	Female	1732	FO	1080		01:03:59	5332
7419	Sarah	Collins	Female	1733	F55	71	Aylsham Runners	01:04:01	5333
7832	Rebecca	Dye	Female	1734	FO	1081		01:04:01	5334
3741	Eleanor	Stevenson	Female	1735	FO	1082		01:04:01	5335
5499	Emily	Rodger	Female	1736	FO	1083		01:04:01	5336
6498	Rebecca	Hicks	Female	1737	FO	1084		01:04:01	5337
5028	Kirsty	Grand	Female	1738	F50	132	Runners-Next-the-Sea	01:04:02	5338
5577	Hazel	Erskine	Female	1739	F40	225		01:04:02	5339
1585	Tom	Holmes	Male	3600	MO	1977		01:04:02	5340
4465	Liam	Buckenham	Male	3601	MO	1978		01:04:02	5341

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5774	Caroline	Illing	Female	1740	F55	72		01:04:02	5342
6145	Andrew	Stevenson	Male	3602	M60	151		01:04:03	5343
5558	Nick	Stolls	Male	3603	M65	80		01:04:03	5344
5424	Sarah	Tovell	Female	1741	FO	1085		01:04:03	5345
7777	Sofia	Lincoln	Female	1742	FO	1086		01:04:03	5346
6390	Gareth	Everitt	Male	3604	M40	500		01:04:03	5347
5844	Kate	Duberley	Female	1743	FO	1087		01:04:03	5348
4464	Rachel	Leggett	Female	1744	F45	182		01:04:04	5349
5090	Tracey	Goodrum	Female	1745	F55	73	Norwich Road Runners	01:04:04	5350
8295	Georgia	Hunt	Female	1746	FO	1088		01:04:04	5351
6549	Flora	Barrett	Female	1747	FO	1089		01:04:04	5352
7804	Kirsty	Southward	Female	1748	FO	1090		01:04:04	5353
4812	Oscar	Bedford	Male	3605	MO	1979		01:04:05	5354
7167	Jo	Aitken	Female	1749	F45	183		01:04:05	5355
6193	Sophie	Gardiner	Female	1750	F40	226		01:04:05	5356
6542	Marcel	Kinrade	Male	3606	M45	361		01:04:06	5357
5829	Mandy	Harrison	Female	1751	F45	184		01:04:06	5358
4950	Greg	Gibson	Male	3607	M55	233		01:04:06	5359
6367	Mantas	Miliauskas	Male	3608	MO	1980		01:04:06	5360
6487	Zoe	Marsden	Female	1752	F45	185		01:04:06	5361
4293	Neil	Chapman	Male	3609	M50	277		01:04:06	5362
6226	Lisa-marie	Jones	Female	1753	FO	1091		01:04:07	5363
5103	Sarah	Mendham	Female	1754	FO	1092		01:04:08	5364
7171	Hannah	Pritchard	Female	1755	FO	1093		01:04:08	5365
4680	Stacey	Shiplee	Female	1756	F40	227	Beccles & Bungay Harriers	01:04:08	5366
7228	Denise	Yallop	Female	1757	F50	133		01:04:08	5367
9267	Seth	Clarke	Male	3610	MO	1981		01:04:08	5368
8341	Sophie	Ward	Female	1758	FO	1094		01:04:08	5369
3470	Neil	Toplis	Male	3611	M60	152	Lonely Goat RC	01:04:08	5370
7977	Stephen	Edwards	Male	3612	MO	1982		01:04:09	5371
7273	Sam	Wiggin	Male	3613	MO	1983		01:04:09	5372
6724	Marc	Hasketh-boston	Male	3614	M50	278		01:04:09	5373
6270	Matthew	Cawston	Male	3615	M45	362		01:04:09	5374
6151	Maria	Ball	Female	1759	F55	74		01:04:09	5375
7513	Mary	Chapman	Female	1760	F40	228		01:04:09	5376
4889	Trudi	Mcmanus	Female	1761	FO	1095		01:04:09	5377
5099	Lucie	Hammond	Female	1762	F40	229		01:04:10	5378
6296	Miss	Helen Emerson	Female	1763	FO	1096		01:04:10	5379
7747	Jamie	Pizey	Male	3616	M55	234		01:04:11	5380
2343	Martin	Ferguson	Male	3617	MO	1984		01:04:12	5381
7338	Crystal	Munro	Female	1764	FO	1097		01:04:13	5382
6246	Robert	Williams	Male	3618	M45	363		01:04:14	5383
6782	Sarah	Pyne	Female	1765	F45	186		01:04:14	5384
7673	Michelle	Green	Female	1766	F45	187		01:04:15	5385
6368	Tracey	Clarke	Female	1767	F50	134		01:04:15	5386
7760	Keith	Cutting	Male	3619	M65	81		01:04:15	5387
5929	Clare	Daly	Female	1768	F55	75		01:04:15	5388

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7801	Claire	Perrott	Female	1769	F50	135		01:04:16	5389
35	Ben	Wooden	Male	3620	MO	1985		01:04:17	5390
3515	Craig	Lofty	Male	3621	M40	501		01:04:17	5391
4809	John	Cronin	Male	3622	M55	235		01:04:17	5392
7835	Sarah	Price	Female	1770	F55	76		01:04:17	5393
8051	Carl	Lake	Male	3623	M40	502		01:04:17	5394
7489	Catriona	Perkins	Female	1771	FO	1098		01:04:18	5395
6788	Mollie	Titterington	Female	1772	FO	1099		01:04:18	5396
5147	Colin	Mullen	Male	3624	M60	153		01:04:19	5397
2476	Natalie	Smee	Female	1773	FO	1100		01:04:19	5398
5066	Tyrone	Moore	Male	3625	MO	1986		01:04:19	5399
6180	Rebecca	Heard	Female	1774	FO	1101		01:04:19	5400
6318	David	Freeman	Male	3626	M40	503		01:04:19	5401
6385	Lisa	Youngs	Female	1775	F45	188	Great Yarmouth Road Runners	01:04:19	5402
6319	Abigail	Freeman	Female	1776	F40	230		01:04:19	5403
3560	Callum	Gilbert	Male	3627	MO	1987		01:04:19	5404
7130	Fiona	Dillon	Female	1777	F50	136		01:04:19	5405
8941	Molly	Taylor	Female	1778	FO	1102		01:04:19	5406
5847	Kate	Hopwood	Female	1779	FO	1103		01:04:20	5407
6539	Andrew	Beech	Male	3628	M65	82		01:04:20	5408
2959	Liam	Mullen	Male	3629	MO	1988	Lowestoft Road Runners	01:04:20	5409
6868	Chloe	Whiterod	Female	1780	FO	1104		01:04:20	5410
6869	Paul	Whiterod	Male	3630	M60	154		01:04:20	5411
5508	Bernice	Whitten	Female	1781	F55	77		01:04:21	5412
5463	Elizabeth	Wilbourn	Female	1782	F40	231		01:04:21	5413
8555	Joanna	Lyne	Female	1783	F40	232		01:04:21	5414
4218	Katie	Lofty	Female	1784	FO	1105		01:04:21	5415
3920	Sara	Margason	Female	1785	F50	137		01:04:21	5416
3902	Victoria	Pinch	Female	1786	F55	78	Tri-Anglia Triathlon Club	01:04:21	5417
4732	Louise	Suggitt	Female	1787	F40	233		01:04:23	5418
6027	Michelle	Thompson	Female	1788	F40	234	Beccles & Bungay Harriers	01:04:23	5419
5511	Ellen	Saw	Female	1789	FO	1106		01:04:24	5420
6026	Cheryl	Hayward	Female	1790	F55	79	Beccles & Bungay Harriers	01:04:24	5421
7821	Roger	Watson	Male	3631	MO	1989		01:04:24	5422
4884	Paul	Mitchelmore	Male	3632	M65	83		01:04:24	5423
6810	Richard	Austin	Male	3633	M75+	8		01:04:24	5424
7342	Stephanie	Callingham	Female	1791	FO	1107		01:04:24	5425
4827	Verity	Kelly	Female	1792	FO	1108		01:04:25	5426
7819	Emily	Ransome-farmer	Female	1793	FO	1109		01:04:25	5427
7028	Micah	Hills	Male	3634	MO	1990		01:04:25	5428
5197	Kate	Clover	Female	1794	F55	80		01:04:25	5429
8067	Abby	Ward	Female	1795	FO	1110		01:04:25	5430
2649	Eric	Payne	Male	3635	M40	504		01:04:26	5431
7800	Harriet	Clarke	Female	1796	F45	189		01:04:26	5432
5897	Jay	Mehta	Male	3636	M40	505		01:04:26	5433

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5251	George	Day	Male	3637	MO	1991		01:04:26	5434
5902	Harriet	Stephens	Female	1797	FO	1111		01:04:26	5435
6726	Geraint	Castleton-white	Male	3638	M65	84	Harleston Running Club	01:04:26	5436
8497	Charlotte	Adams	Female	1798	FO	1112		01:04:26	5437
2298	Johanna	Penfold	Female	1799	FO	1113		01:04:27	5438
4656	Matthew	Sanders	Male	3639	M60	155		01:04:27	5439
4924	Jake	Luff	Male	3640	MO	1992		01:04:27	5440
6949	Melanie	Sinclair	Female	1800	F50	138		01:04:28	5441
4944	Michael	Luff	Male	3641	M55	236		01:04:28	5442
4079	Nathan	Baston	Male	3642	MO	1993		01:04:28	5443
5879	Tyreece-lee	Salkind	Male	3643	MO	1994		01:04:28	5444
7198	Alexander	Ball	Male	3644	MO	1995		01:04:29	5445
6617	Minera	Easton	Female	1801	F40	235		01:04:29	5446
5379	Ellie	Strowger	Female	1802	FO	1114		01:04:30	5447
6709	Sarah	Quayle	Female	1803	F50	139		01:04:30	5448
8241	Darcie	Kerr	Female	1804	FO	1115		01:04:30	5449
6832	Sheila	Pym	Female	1805	F45	190		01:04:31	5450
7938	Emily	Strutt	Female	1806	FO	1116		01:04:31	5451
5272	Michelle	Taylor	Female	1807	F55	81	Great Yarmouth Road Runners	01:04:31	5452
4636	Shelley	Penson	Female	1808	F45	191		01:04:31	5453
6188	Daniel	Hunt	Male	3645	M40	506		01:04:32	5454
7243	Carol	Alexander-williams	Female	1809	F65	11		01:04:32	5455
5983	Daisy	Connelly	Female	1810	FO	1117		01:04:33	5456
6470	Jimi	Clarke	Male	3646	MO	1996		01:04:33	5457
5953	Katie	Lochrie	Female	1811	FO	1118	Great Yarmouth Road Runners	01:04:33	5458
4750	Anna	Brett	Female	1812	F55	82		01:04:33	5459
4031	Julie	Goodwin	Female	1813	F45	192		01:04:34	5460
4380	Ashleigh	Baston	Female	1814	FO	1119		01:04:34	5461
5985	Kate	Connelly	Female	1815	F45	193		01:04:34	5462
7428	Tom	Newstead	Male	3647	MO	1997		01:04:35	5463
5221	Barry	Woolnough	Male	3648	M45	364		01:04:35	5464
5222	Vinnie	Woolnough	Male	3649	MO	1998		01:04:35	5465
9332	Emma	Court	Female	1816	FO	1120		01:04:36	5466
6678	Laura	Rudd	Female	1817	F40	236		01:04:37	5467
6541	Diana	Oake	Female	1818	F40	237		01:04:37	5468
9444	Richard	Peters	Male	3650	M50	279	Coltishall Jaguars RC	01:04:37	5469
6517	Hannah	Westwood	Female	1819	F45	194		01:04:37	5470
5292	Rosie	Booth	Female	1820	FO	1121		01:04:37	5471
6514	Alison	Stone	Female	1821	F60	34	Bideford AAC	01:04:37	5472
7914	Adele	Peters	Female	1822	FO	1122		01:04:38	5473
8632	Gemma	Hoskins	Female	1823	F40	238		01:04:38	5474
8047	Karen	Woodrow	Female	1824	F55	83		01:04:38	5475
4619	Noel	Bird	Male	3651	M45	365		01:04:38	5476
8153	Louisa	Cutts	Female	1825	F45	195		01:04:38	5477
3363	Matthew	Barnes	Male	3652	M40	507		01:04:39	5478
7389	Katy	Cockerton	Female	1826	FO	1123		01:04:39	5479

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6606	Maddie	Archer	Female	1827	FO	1124	City Of Norwich AC	01:04:40	5480
8396	Alice	Elliott	Female	1828	FO	1125		01:04:40	5481
6948	Amber	Wadlow	Female	1829	F40	239		01:04:40	5482
4358	Poppy	Burnham	Female	1830	FO	1126		01:04:41	5483
7029	April	Medler	Female	1831	FO	1127		01:04:41	5484
3296	Michael	Jovanovic	Male	3653	M40	508	Waveney Valley AC	01:04:41	5485
4938	Miles	Savage	Male	3654	M60	156		01:04:41	5486
8006	Dani	Alley	Female	1832	FO	1128		01:04:42	5487
7912	Louisa	Spear	Female	1833	FO	1129		01:04:42	5488
5740	Will	Mulhall	Male	3655	MO	1999		01:04:42	5489
8405	Vuong	Nguyen	Male	3656	MO	2000	North Norfolk Beach Runners	01:04:42	5490
5877	Ben	Martin	Male	3657	MO	2001		01:04:43	5491
6155	Elaine	Croft	Female	1834	F40	240		01:04:43	5492
6639	Lynn	Cook	Female	1835	F55	84		01:04:43	5493
4236	Karen	Davies	Female	1836	F60	35		01:04:43	5494
7457	Nicola	Cannon	Female	1837	FO	1130	Waveney Valley AC	01:04:44	5495
6575	Stuart	Mather	Male	3658	MO	2002		01:04:44	5496
4996	Peter	Lang	Male	3659	M60	157		01:04:44	5497
4918	Sian	Gilbert	Female	1838	FO	1131		01:04:44	5498
4917	Georgia	Read	Female	1839	FO	1132		01:04:44	5499
6824	Paul	Bray	Male	3660	M55	237	North Norfolk Beach Runners	01:04:44	5500
4627	Edward	Smith	Male	3661	MO	2003		01:04:44	5501
4676	Alex	Hammond	Male	3662	M40	509		01:04:44	5502
6000	Chris	Baldwin	Male	3663	M45	366		01:04:45	5503
8259	Freddie	Harrowven	Male	3664	MO	2004		01:04:45	5504
7045	Richard	Beel	Male	3665	M40	510	Waveney Valley AC	01:04:45	5505
4730	Ashleigh	Beardmore	Female	1840	FO	1133		01:04:45	5506
1397	Heather	Briggs	Female	1841	FO	1134		01:04:45	5507
8613	Nell	Belton	Female	1842	FO	1135		01:04:46	5508
5477	Michael	Belton	Male	3666	M40	511		01:04:47	5509
6113	James	Dunne	Male	3667	M50	280	North Norfolk Beach Runners	01:04:48	5510
4838	Vickey	Poulter	Female	1843	F50	140		01:04:48	5511
7622	Sarah	Pickett	Female	1844	F40	241		01:04:48	5512
4832	Andy	Lillie	Male	3668	M60	158		01:04:48	5513
6984	Imogen	Trump	Female	1845	FO	1136		01:04:48	5514
5449	J'lean	Ferreira	Female	1846	FO	1137	Waveney Valley AC	01:04:48	5515
5846	Liane	Grey	Female	1847	F50	141		01:04:48	5516
4970	Chris	Burton	Male	3669	M45	367		01:04:50	5517
8111	Stephen	Pond	Male	3670	M55	238		01:04:50	5518
7135	Zara	Darling	Female	1848	FO	1138		01:04:50	5519
5140	Simone	Garland	Female	1849	FO	1139	Waveney Valley AC	01:04:50	5520
5709	Lexie	McLellan	Female	1850	FO	1140		01:04:50	5521
8090	James	Briggs	Male	3671	MO	2005		01:04:51	5522
5139	Dianna	Baptista	Female	1851	FO	1141		01:04:51	5523
7362	Rachael	Bond	Female	1852	FO	1142		01:04:51	5524
5125	Sophie	Hurren	Female	1853	FO	1143	Great Yarmouth Road Runners	01:04:51	5525

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5933	Clare	Varela	Female	1854	F50	142	Waveney Valley AC	01:04:51	5526
6166	Stuart	Guthrie	Male	3672	M50	281		01:04:52	5527
7707	Jason	Richardson	Male	3673	M50	282		01:04:52	5528
7300	Sophie	Gardiner	Female	1855	FO	1144		01:04:53	5529
4312	Stephanie	Bell	Female	1856	FO	1145		01:04:53	5530
6242	Emily	Andrews	Female	1857	FO	1146		01:04:53	5531
5370	Wayne	Howsen	Male	3674	M55	239		01:04:54	5532
5531	Daniella	Keeping	Female	1858	FO	1147		01:04:54	5533
5828	Samantha	Bron	Female	1859	F40	242		01:04:54	5534
7220	Samantha	Rose	Female	1860	F40	243		01:04:54	5535
3951	Carolyn	Frosdick	Female	1861	FO	1148		01:04:54	5536
6320	Abi	Richards	Female	1862	FO	1149		01:04:55	5537
4990	Kevin	Singleton	Male	3675	M45	368		01:04:55	5538
7328	Daniel	Calver	Male	3676	MO	2006		01:04:55	5539
8522	Suaad	Clark	Female	1863	FO	1150		01:04:57	5540
6033	Adam	Tyler	Male	3677	MO	2007		01:04:57	5541
6273	Robert	Dack	Male	3678	MO	2008		01:04:58	5542
7401	Natalie	Frappell	Female	1864	FO	1151		01:04:59	5543
8876	Steven	Wright	Male	3679	M45	369		01:04:59	5544
6888	Elizabeth	Mckay	Female	1865	FO	1152		01:04:59	5545
2655	Stephen	Aspery	Male	3680	MO	2009		01:04:59	5546
6781	Emma	Watson	Female	1866	FO	1153		01:05:00	5547
7514	Kelly	Bancroft	Female	1867	F40	244	Great Yarmouth Road Runners	01:05:00	5548
7213	Gina	Shorten	Female	1868	F50	143	Great Yarmouth Road Runners	01:05:00	5549
7472	Rebecca	Gooch	Female	1869	FO	1154	Great Yarmouth Road Runners	01:05:01	5550
7618	Louise	Storey	Female	1870	F40	245		01:05:02	5551
7249	Steph	Sayer	Female	1871	FO	1155		01:05:03	5552
8081	David	Woods	Male	3681	M40	512		01:05:03	5553
9415	Steph	Cumbers	Female	1872	FO	1156		01:05:03	5554
8499	Natalie	Hope	Female	1873	F40	246		01:05:04	5555
8594	Joseph	Legg-smith	Male	3682	MO	2010		01:05:04	5556
9010	Sarah	Groves	Female	1874	F40	247		01:05:04	5557
5238	Claire	Owen	Female	1875	F50	144		01:05:05	5558
7232	Zoe	Darwin-bunn	Female	1876	F50	145		01:05:06	5559
7943	Gabby	Marcham	Female	1877	FO	1157	Harleston Running Club	01:05:06	5560
7138	Jess	Stracey	Female	1878	FO	1158		01:05:06	5561
8446	Roisin	Daines	Female	1879	F40	248		01:05:06	5562
3029	Kelly	Reed	Female	1880	FO	1159		01:05:06	5563
5434	Rachel	Townshend	Female	1881	F40	249	Lonely Goat RC	01:05:06	5564
7701	Joe	Galvin	Male	3683	MO	2011		01:05:06	5565
8978	Jasmine	Lugo	Female	1882	FO	1160		01:05:06	5566
4355	Louis	Phillippo	Male	3684	MO	2012		01:05:06	5567
5206	Aayush	Kc	Male	3685	MO	2013		01:05:07	5568
6247	Sue	Meadows	Female	1883	F60	36		01:05:07	5569
7233	Mark	Bunn	Male	3686	M50	283		01:05:07	5570
6688	Sebastian	Yates	Male	3687	MO	2014		01:05:08	5571

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8725	Penelope	Sturman	Female	1884	F45	196		01:05:08	5572
5750	Patrick	Aylmer	Male	3688	M55	240		01:05:08	5573
6723	Chloe	Fazackerley	Female	1885	FO	1161		01:05:10	5574
5056	Ewa	Szponarksa	Female	1886	F50	146		01:05:10	5575
5509	Andrew	Bird	Male	3689	M65	85		01:05:12	5576
3778	Eugenia	Armas	Female	1887	FO	1162		01:05:13	5577
6981	Jane	Wilmot	Female	1888	F50	147		01:05:13	5578
7259	Caroline	England	Female	1889	FO	1163		01:05:13	5579
7490	Gemma	Mckail	Female	1890	F40	250		01:05:13	5580
8645	Kelly	Strange	Female	1891	F45	197		01:05:13	5581
4642	Claire	Leadley	Female	1892	F45	198		01:05:13	5582
6872	Karen	Rees	Female	1893	F50	148		01:05:14	5583
7986	Laura	Janikunaite	Female	1894	F40	251		01:05:15	5584
8593	Brandon	Tantony	Male	3690	MO	2015		01:05:15	5585
5407	Naomi	Payne	Female	1895	FO	1164		01:05:15	5586
7139	Beverley	Grice	Female	1896	F60	37		01:05:15	5587
8242	Charlie	Smith	Female	1897	FO	1165		01:05:16	5588
6558	Leah	Sloman	Female	1898	FO	1166	City Of Norwich AC	01:05:16	5589
6937	Liz	Branson	Female	1899	F65	12		01:05:17	5590
7497	Daniel	Sloman	Male	3691	MO	2016		01:05:17	5591
705	Nicola	Hill	Female	1900	F50	149	Norwich Road Runners	01:05:17	5592
7863	Angela	Wakeley	Female	1901	F60	38	Great Yarmouth Road Runners	01:05:17	5593
5032	Sean	Harris	Male	3692	MO	2017		01:05:17	5594
6603	Tilly	Hill	Female	1902	FO	1167	Norwich Road Runners	01:05:17	5595
2498	Stephen	Hill	Male	3693	M55	241	Norwich Road Runners	01:05:17	5596
2644	Melanie	Thomas	Female	1903	F50	150		01:05:17	5597
6762	John	Harris	Male	3694	M65	86		01:05:18	5598
8152	Harry	Johnson	Male	3695	MO	2018		01:05:18	5599
1744	Oliver	Skipper	Male	3696	M40	513		01:05:18	5600
8846	Stacey	Baldry	Female	1904	FO	1168		01:05:18	5601
6565	Mary	Stokes	Female	1905	FO	1169		01:05:18	5602
7900	Kayleigh	Crowe	Female	1906	F40	252		01:05:19	5603
7640	Kerry	Alderton	Female	1907	FO	1170		01:05:19	5604
2325	Neil	Mitchell	Male	3697	M50	284		01:05:19	5605
6363	Donna	Jarvis	Female	1908	F50	151		01:05:19	5606
4065	Alex	Fores	Male	3698	MO	2019		01:05:19	5607
4374	Joel	Fernandez	Male	3699	M55	242		01:05:19	5608
6330	Bob	Bullock	Male	3700	M40	514		01:05:19	5609
6329	Helen	Shearing	Female	1909	F45	199		01:05:20	5610
6024	David	Royal	Male	3701	M50	285		01:05:20	5611
6836	Linda	Page	Female	1910	F60	39	Great Yarmouth Road Runners	01:05:21	5612
6938	Peter	Mason	Male	3702	MO	2020		01:05:21	5613
4375	Theresa	Fernandez	Female	1911	F50	152		01:05:21	5614
8521	Eve	Spall	Female	1912	FO	1171		01:05:21	5615
5247	Jon	Archer	Female	1913	F45	200	Attleborough Athletics Academy	01:05:22	5616

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5988	Janice	Lindon	Female	1914	F50	153	Waveney Valley AC	01:05:22	5617
6010	Sam	Aylmer	Male	3703	MO	2021		01:05:22	5618
6404	Charlotte	Dolton	Female	1915	F45	201		01:05:23	5619
6807	Amy	Hyde	Female	1916	FO	1172		01:05:23	5620
8456	Lucy	Baldwin	Female	1917	FO	1173		01:05:23	5621
6229	Sandra	Johnson	Female	1918	F55	85	Coltishall Jaguars RC	01:05:24	5622
7124	Aalyiah	Mcguire	Female	1919	FO	1174		01:05:25	5623
4684	Lauren	Feltham	Female	1920	F40	253	Harleston Running Club	01:05:25	5624
1195	Graham	Johnson	Male	3704	M60	159	Coltishall Jaguars RC	01:05:25	5625
7765	Donna	Talby	Female	1921	F50	154		01:05:25	5626
6544	Jon	Wendell	Male	3705	M60	160		01:05:26	5627
6577	Sarah	Bool	Female	1922	FO	1175		01:05:26	5628
7150	Natasha	Sumner	Female	1923	F50	155	North Norfolk Beach Runners	01:05:27	5629
6243	Nicky	Fairweather	Female	1924	F50	156		01:05:27	5630
8960	Rebecca	Hewitt	Female	1925	FO	1176		01:05:27	5631
7817	Susannah	Mansfield	Female	1926	F45	202		01:05:29	5632
8261	Rosalyne	Harris	Female	1927	FO	1177		01:05:29	5633
5817	Mark	Duckett	Male	3706	M60	161		01:05:30	5634
6520	Ian	Gabelli	Male	3707	M40	515		01:05:30	5635
8110	Neil	Cockerton	Male	3708	M50	286		01:05:30	5636
6755	Rachel	Parker	Female	1928	F40	254		01:05:30	5637
3368	Sam	Anderson	Female	1929	FO	1178		01:05:30	5638
2277	Connor	George	Male	3709	MO	2022		01:05:31	5639
4740	Tim	Leech	Male	3710	M65	87		01:05:31	5640
5731	Francesca	Gowing	Female	1930	FO	1179		01:05:31	5641
8096	Freya	Polley	Female	1931	FO	1180		01:05:32	5642
5705	Devon	Minnis	Female	1932	FO	1181		01:05:32	5643
2536	Caitlin	Henery	Female	1933	FO	1182	Norfolk Gazelles AC	01:05:32	5644
7426	Georgia	Precious	Female	1934	FO	1183		01:05:32	5645
6057	Samual	Mooney	Male	3711	M65	88		01:05:32	5646
7337	Juliet	Henery	Female	1935	F50	157		01:05:33	5647
6174	Andy	Chan	Male	3712	M50	287		01:05:33	5648
2970	Ben	Dugdale	Male	3713	MO	2023		01:05:34	5649
6833	Christian	Fairbrother	Male	3714	M50	288		01:05:34	5650
7343	Joe	Turner	Male	3715	MO	2024		01:05:34	5651
4949	Lottie	Gibson	Female	1936	FO	1184		01:05:34	5652
7786	Alison	Bullyment	Female	1937	F50	158	xxx Didsbury Northern	01:05:34	5653
6812	Faith	Whiting	Female	1938	FO	1185		01:05:34	5654
5970	Andrew	Smith	Male	3716	M45	370		01:05:35	5655
6046	Will	Farrow	Male	3717	M40	516		01:05:35	5656
6694	Kirsty	Lawrence	Female	1939	F45	203	Lonely Goat RC	01:05:35	5657
7053	Evie	Drennan	Female	1940	FO	1186		01:05:36	5658
6391	Shannen	Greaves	Female	1941	FO	1187		01:05:36	5659
8181	Stuart	Long	Male	3718	M50	289		01:05:36	5660
5931	John	Gaskin	Male	3719	MO	2025		01:05:36	5661

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4852	Sophie	Forbes	Female	1942	F40	255		01:05:37	5662
3206	Sean	Crisford	Male	3720	M50	290		01:05:37	5663
7420	Jack	Maclean	Male	3721	MO	2026		01:05:39	5664
5965	Shelley	Mcnicol	Female	1943	F50	159		01:05:40	5665
6598	Emma	Yardy	Female	1944	F45	204		01:05:40	5666
9163	Lucy	Alexander	Female	1945	FO	1188		01:05:40	5667
6424	Amy	Walpole	Female	1946	F45	205		01:05:40	5668
4665	Zoe	Lawn	Female	1947	F45	206	Great Yarmouth Road Runners	01:05:40	5669
6196	Scarlett	Mcnicol	Female	1948	FO	1189		01:05:41	5670
6780	Tim	Sowinski	Male	3722	MO	2027		01:05:42	5671
7766	Anita	Talby	Female	1949	F50	160		01:05:42	5672
8571	Jennifer	Greenfield	Female	1950	FO	1190		01:05:42	5673
5530	Nina	Green	Female	1951	F45	207		01:05:42	5674
4403	Rob	Blowers	Male	3723	M40	517	Norfolk Gazelles AC	01:05:42	5675
4729	Fiona	Degning	Female	1952	FO	1191		01:05:42	5676
8893	Paul	Youngman	Male	3724	M50	291		01:05:43	5677
7608	Lyssa	Jenkins	Female	1953	FO	1192	Stowmarket Striders RC	01:05:43	5678
8949	Molly	Lennon	Female	1954	FO	1193		01:05:44	5679
7478	Christopher	Locksmith	Male	3725	MO	2028		01:05:44	5680
6308	Chloe	Downs	Female	1955	FO	1194		01:05:45	5681
4758	Alex	Pitcher	Male	3726	MO	2029		01:05:45	5682
3430	Sarah	Richey	Female	1956	F40	256		01:05:45	5683
8196	Thomas	Forrestal	Male	3727	M40	518		01:05:46	5684
6763	Amy	Harrington	Female	1957	F45	208		01:05:47	5685
6256	Georgina	Jones	Female	1958	F40	257		01:05:47	5686
7376	Richard	Broughton	Male	3728	MO	2030		01:05:47	5687
5034	Will	Louis	Male	3729	MO	2031		01:05:47	5688
9302	Lewis	Mortishire	Male	3730	MO	2032		01:05:48	5689
6914	Sam	Rudgley	Female	1959	FO	1195		01:05:48	5690
9248	Chris	Betts	Male	3731	MO	2033		01:05:48	5691
7829	Gemma	Barnsdale	Female	1960	F40	258		01:05:48	5692
6986	Lucie	Neave	Female	1961	FO	1196		01:05:48	5693
6552	Samantha	Appleyard-smith	Female	1962	F45	209		01:05:49	5694
6902	Paul	Bradwell	Male	3732	M70	21		01:05:49	5695
2092	Alex	Gaunt	Male	3733	M55	243	Norwich Road Runners	01:05:49	5696
7991	David	Sparkes	Male	3734	M70	22		01:05:49	5697
6878	Pete	Russell	Male	3735	M55	244		01:05:50	5698
5514	Leah	Arthurton	Female	1963	FO	1197		01:05:50	5699
6692	Carla	Greenhall	Female	1964	F40	259		01:05:50	5700
8263	Naomi	Tate	Female	1965	F40	260		01:05:50	5701
6705	Yolande	Southgate	Female	1966	FO	1198		01:05:50	5702
6574	Kate	Wood	Female	1967	F40	261		01:05:51	5703
8018	Daniela	Marchesi	Female	1968	F40	262		01:05:51	5704
8646	Andy	Norman	Male	3736	M50	292		01:05:52	5705
6818	Charlie	Smith	Female	1969	FO	1199		01:05:52	5706
7708	Poppy	Hanton	Female	1970	FO	1200		01:05:52	5707

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5526	Salina	Cumbridge	Female	1971	F55	86	Ryston Runners	01:05:52	5708
7145	Maya	Derrick	Female	1972	FO	1201		01:05:54	5709
5780	Adrian	Land	Male	3737	M40	519		01:05:54	5710
836	Sooraj	Shanly	Male	3738	MO	2034		01:05:55	5711
6156	Chloe	Woodcock	Female	1973	FO	1202		01:05:55	5712
4262	Rachel	Greer	Female	1974	FO	1203		01:05:55	5713
7339	Caroline	Rayner	Female	1975	FO	1204		01:05:55	5714
4860	Andy	Richardson	Male	3739	M70	23		01:05:56	5715
6587	Kara	Tuttle	Female	1976	FO	1205		01:05:56	5716
8438	Phoebe	Elvin	Female	1977	FO	1206		01:05:56	5717
6648	Elisabeth	Stodel	Female	1978	FO	1207	Lonely Goat RC	01:05:57	5718
7648	Alice	Collins	Female	1979	FO	1208		01:05:57	5719
3715	Richard	Allen	Male	3740	M45	371		01:05:57	5720
3462	Andrew Michael	Skuse	Male	3741	M55	245		01:05:57	5721
7664	Laura	Webster	Female	1980	F45	210		01:05:58	5722
7086	Verity	Webster	Female	1981	F45	211		01:05:58	5723
8587	Robert	Rickard	Male	3742	M65	89		01:05:58	5724
8203	Tom	Leese	Male	3743	M40	520		01:05:58	5725
6699	Charlotte	Ribbons	Female	1982	FO	1209		01:05:58	5726
7663	Jason	Webster	Male	3744	M40	521		01:05:58	5727
5361	Ruth	Stokes	Female	1983	FO	1210		01:05:58	5728
7087	Lisa	Webster	Female	1984	F40	263		01:05:59	5729
4754	Stewart	Nash	Male	3745	M55	246		01:05:59	5730
7120	Melanie	Barley	Female	1985	FO	1211		01:05:59	5731
6356	Simon	Dyble	Male	3746	M40	522		01:06:00	5732
7115	Greg	Hall	Male	3747	MO	2035		01:06:00	5733
6118	Matt	Robinson	Male	3748	MO	2036		01:06:00	5734
8922	Johanna	Hammersley	Female	1986	F45	212		01:06:01	5735
4548	Marc	Lynas	Male	3749	M50	293		01:06:01	5736
4856	Ashleigh	Smith	Female	1987	F45	213		01:06:01	5737
5138	James	Bowes	Male	3750	MO	2037		01:06:01	5738
5415	Jason	Allman	Male	3751	MO	2038		01:06:02	5739
4048	Sharon	Burrell	Female	1988	F50	161		01:06:02	5740
8120	Amy	Shand	Female	1989	FO	1212		01:06:02	5741
3814	Chris	Kett	Male	3752	M40	523		01:06:02	5742
8631	Zoe	Lewis	Female	1990	F50	162		01:06:03	5743
6436	Amy	Young	Female	1991	F40	264		01:06:03	5744
2481	Leah	Edwards	Female	1992	FO	1213		01:06:03	5745
2518	Ethan	Goodwin	Male	3753	MO	2039		01:06:04	5746
5406	Jade	Waite	Female	1993	FO	1214		01:06:04	5747
6522	Elisha	Maher	Female	1994	FO	1215		01:06:04	5748
5966	Alex	Saunders	Male	3754	MO	2040		01:06:04	5749
6316	Daniel	Phillips	Male	3755	M45	372		01:06:05	5750
8156	Sarah	Taylor-windle	Female	1995	F40	265		01:06:05	5751
9216	Ebony	Torrance	Female	1996	FO	1216		01:06:05	5752
7121	Rebecca	Walker	Female	1997	F45	214		01:06:05	5753
7670	Lisa	Neil	Female	1998	FO	1217		01:06:05	5754
4817	Charlotte	Newall	Female	1999	FO	1218		01:06:05	5755

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7958	Nicholas	Thompson	Male	3756	M65	90		01:06:06	5756
6553	Sam	Doyle	Male	3757	MO	2041		01:06:06	5757
6739	Teresa	Barrett	Female	2000	F55	87		01:06:06	5758
6459	Liam	Pells	Male	3758	MO	2042		01:06:06	5759
2790	Ricky	Creed	Male	3759	MO	2043		01:06:07	5760
5849	Isaac	Rolph	Male	3760	MO	2044		01:06:08	5761
5232	Colin	Mayes	Male	3761	M50	294		01:06:08	5762
6198	Kez	Sutton	Female	2001	F45	215		01:06:09	5763
5186	Abigail	Nutbourne	Female	2002	FO	1219		01:06:09	5764
5471	Francisca	Eady	Female	2003	FO	1220		01:06:09	5765
6353	Stephen	Charman	Male	3762	M45	373		01:06:10	5766
8264	Anne	Jarrett	Female	2004	F55	88		01:06:10	5767
6372	Polly	Eliel	Female	2005	F40	266		01:06:10	5768
3809	Rosie	Buxton	Female	2006	F40	267		01:06:10	5769
4091	Rebecca	Kingston	Female	2007	FO	1221		01:06:10	5770
4177	Laura	Waters	Female	2008	F50	163		01:06:11	5771
6260	Olivia	Robson	Female	2009	FO	1222		01:06:11	5772
6662	Carly	Earl	Female	2010	FO	1223		01:06:12	5773
6557	Chloe	Nuthall	Female	2011	FO	1224		01:06:12	5774
3005	Sammy	Jackson	Male	3763	M40	524		01:06:12	5775
9013	Charlotte	Hutchins	Female	2012	FO	1225		01:06:13	5776
5949	Sarah	Law	Female	2013	F55	89		01:06:14	5777
6081	Christopher	Rivett	Male	3764	MO	2045		01:06:14	5778
8548	Louise	Hunn	Female	2014	F45	216		01:06:15	5779
5082	Elizabeth	Roberts	Female	2015	FO	1226	Harlow Running & Tri Club	01:06:15	5780
7902	Gemma	Spink	Female	2016	F40	268		01:06:15	5781
6850	Jo	Rayner	Female	2017	F55	90	Wymondham AC	01:06:15	5782
7679	Jonny	Wood	Male	3765	M40	525		01:06:16	5783
5464	Laura	Pearson	Female	2018	FO	1227		01:06:16	5784
5362	Danielle	Sizer	Female	2019	FO	1228		01:06:17	5785
8864	Amanda	Lancaster	Female	2020	FO	1229		01:06:17	5786
6975	Peter	Nice	Male	3766	M60	162	Harleston Running Club	01:06:17	5787
6268	Eleanor	Oxborough	Female	2021	FO	1230		01:06:18	5788
6621	David	Farenden	Male	3767	M40	526		01:06:18	5789
9206	Michael	Reid	Male	3768	M45	374		01:06:18	5790
5807	Kieran	Chapman	Male	3769	MO	2046		01:06:18	5791
6197	Bradley	Spanton	Male	3770	MO	2047		01:06:18	5792
6624	Ellie	Gooch	Female	2022	FO	1231		01:06:18	5793
5808	Victoria	Love	Female	2023	FO	1232		01:06:18	5794
7176	Anna	Washington	Female	2024	FO	1233		01:06:19	5795
4606	Gautam	Sharma	Male	3771	M45	375		01:06:19	5796
4711	Emily	Toner	Female	2025	FO	1234		01:06:19	5797
5912	Charlotte	Caldwell	Female	2026	FO	1235		01:06:19	5798
4225	Danniella	Phillips	Female	2027	FO	1236		01:06:19	5799
2117	Sam	Coleman	Male	3772	MO	2048		01:06:20	5800
5564	Lily	Wiseman	Female	2028	FO	1237		01:06:20	5801
5461	Esme	Hicks	Female	2029	F40	269		01:06:20	5802

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5937	Sylvia	Robbins	Female	2030	F70	4	Waveney Valley AC	01:06:20	5803
7408	Jenny	Cuthbert	Female	2031	F50	164		01:06:20	5804
6998	Sarah	Wright	Female	2032	FO	1238		01:06:20	5805
2492	Adam	Reece	Male	3773	M55	247		01:06:21	5806
8154	Josh	Howard	Male	3774	MO	2049		01:06:21	5807
3047	Triona	Ni Dhomhnaill	Female	2033	FO	1239		01:06:21	5808
4837	Amelia	Rix	Female	2034	FO	1240		01:06:21	5809
6049	Naomi	Parfitt	Female	2035	FO	1241		01:06:21	5810
7011	Zoe	Plane	Female	2036	FO	1242		01:06:22	5811
6823	Alan	Chadney	Male	3775	M65	91		01:06:22	5812
8170	Taylor	Butcher	Male	3776	MO	2050		01:06:22	5813
5816	Rebeka	Szabo	Female	2037	FO	1243		01:06:22	5814
6584	Connor	Girling	Male	3777	MO	2051		01:06:23	5815
6897	Nicky	Galwey-woolston	Female	2038	F55	91	Bungay Black Dog RC	01:06:23	5816
3276	Dan	Jones	Male	3778	MO	2052		01:06:23	5817
5486	Jordan	Wicks	Male	3779	MO	2053		01:06:23	5818
3725	Alison	Beales	Female	2039	FO	1244		01:06:23	5819
5982	Jerry	Freeman	Male	3780	M75+	9	Norfolk Gazelles AC	01:06:24	5820
2698	Heather	Musk	Female	2040	F40	270		01:06:24	5821
5467	Laura	Bell	Female	2041	F40	271		01:06:24	5822
6921	Drew	Midson	Male	3781	MO	2054		01:06:24	5823
9182	Laura	Cook	Female	2042	FO	1245		01:06:25	5824
5391	Dean	Peek	Male	3782	M45	376		01:06:25	5825
5284	Lisa	Goodswen	Female	2043	FO	1246		01:06:25	5826
4720	Justyna	Szymanska	Female	2044	F40	272		01:06:25	5827
8966	Matthew	Cobb	Male	3783	MO	2055		01:06:26	5828
6596	Christine	Walker	Female	2045	FO	1247		01:06:26	5829
4634	Kian	Peek	Male	3784	MO	2056	City Of Norwich AC	01:06:26	5830
8856	Stewart	Damonsing	Male	3785	M55	248		01:06:26	5831
6955	Nigel	Chettleburgh	Male	3786	M60	163		01:06:27	5832
8033	Connor	Myhill	Male	3787	MO	2057		01:06:27	5833
5369	Kate	Harris	Female	2046	F40	273		01:06:29	5834
6160	Alaine	Ramsay	Female	2047	F40	274		01:06:30	5835
6842	Amy	Morfitt	Female	2048	F45	217		01:06:30	5836
5489	Lydia	Marrison	Female	2049	FO	1248		01:06:30	5837
8225	Victoria	Evans	Female	2050	FO	1249		01:06:31	5838
9318	Stuart	Cook	Male	3788	M60	164		01:06:32	5839
3824	Maheen	Alam	Female	2051	FO	1250		01:06:32	5840
5304	Jackie	Eastough-king	Female	2052	F65	13		01:06:32	5841
3464	Guy	Bronze	Male	3789	MO	2058		01:06:32	5842
7641	Julia	Westgate	Female	2053	F65	14	Great Yarmouth Road Runners	01:06:32	5843
3989	Mark	Dagless	Male	3790	M45	377		01:06:33	5844
7263	Rianne	Mandin	Female	2054	FO	1251		01:06:33	5845
296	Morgan	Lingley	Male	3791	MO	2059		01:06:33	5846
7315	Lara	Townsend	Female	2055	F55	92		01:06:33	5847
8231	Bianca	Nixon	Female	2056	FO	1252		01:06:34	5848

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6770	Lyn	Syrett	Female	2057	F55	93		01:06:34	5849
2404	Gytis	Stankus	Male	3792	MO	2060		01:06:34	5850
6568	Ruth	Norton	Female	2058	F50	165		01:06:34	5851
6645	Lorraine	Alcock	Female	2059	F45	218		01:06:34	5852
7332	Rhea	Sloman	Male	3793	M40	527		01:06:34	5853
8622	Megan	Shiels	Female	2060	FO	1253		01:06:34	5854
3525	Rebecca	Jennings	Female	2061	F60	40		01:06:35	5855
863	Matt	Fox	Male	3794	M45	378		01:06:35	5856
7373	Jack	Newstead	Male	3795	MO	2061		01:06:35	5857
5749	Zena	Besford	Female	2062	F40	275		01:06:36	5858
7149	Steven	Burrell	Male	3796	M50	295		01:06:36	5859
6355	Narelle	Fox	Female	2063	F45	219		01:06:36	5860
7012	Jack	Fairhead	Male	3797	MO	2062		01:06:36	5861
6038	Michael	Coggins	Male	3798	M60	165		01:06:36	5862
4912	Cherry	Buchanan	Female	2064	F45	220		01:06:37	5863
5860	Laura	Wright	Female	2065	FO	1254		01:06:37	5864
7244	Charlene	Nicholls	Female	2066	F45	221		01:06:38	5865
6773	Claire-louise	Worby	Female	2067	F40	276		01:06:39	5866
6965	Mark	Freestone	Male	3799	M60	166		01:06:40	5867
7004	Daniel	Patterson	Male	3800	MO	2063		01:06:40	5868
7223	Connie	Vallis	Female	2068	FO	1255		01:06:40	5869
5770	Darren	Cawthorne	Male	3801	MO	2064		01:06:40	5870
6674	Ashley	Taylor	Female	2069	FO	1256		01:06:40	5871
6672	Rosanna	Lynch	Female	2070	F45	222		01:06:40	5872
8799	Debbie	Marsham	Female	2071	F55	94		01:06:40	5873
5423	Lauren	Lythgoe	Female	2072	FO	1257		01:06:41	5874
6791	Angelica	Tobit	Female	2073	FO	1258		01:06:41	5875
6702	Peter	Hibbit	Male	3802	M55	249		01:06:41	5876
6964	Sophie	Tweedy	Female	2074	FO	1259		01:06:41	5877
7922	Marie	Smith	Female	2075	F45	223		01:06:41	5878
4204	Adam	Ferguson	Male	3803	MO	2065		01:06:41	5879
6675	Ben	Lowes	Male	3804	MO	2066		01:06:42	5880
9238	Martin	Westgate	Male	3805	M45	379		01:06:42	5881
6963	Maxine	Freestone	Female	2076	FO	1260		01:06:42	5882
5963	Debbie	Moore	Female	2077	F60	41	Runners Next The Sea	01:06:42	5883
4834	Abigail	Warner	Female	2078	FO	1261		01:06:42	5884
6683	Hanna	Rose	Female	2079	FO	1262		01:06:43	5885
6219	Gary	Fletcher	Male	3806	M65	92		01:06:43	5886
5728	Kim	Harper	Female	2080	F40	277	Women on the Run	01:06:44	5887
4681	Rebecca	Gee	Female	2081	FO	1263		01:06:44	5888
5484	Nicola	Armstrong	Female	2082	F45	224		01:06:44	5889
3658	Matthew	Thompson	Male	3807	MO	2067		01:06:45	5890
7375	Gavin	Norman	Male	3808	M45	380		01:06:45	5891
1517	Nick	Frost	Male	3809	MO	2068		01:06:45	5892
7306	Sarah	Smith	Female	2083	F45	225	xxx Didsbury Northern	01:06:46	5893
7434	Faron	Lilly	Female	2084	FO	1264		01:06:46	5894
7396	Kirsty	Kelly	Female	2085	FO	1265		01:06:46	5895
5881	Himan	Amarawickrama	Male	3810	M50	296		01:06:46	5896

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6918	Martin	Betts	Male	3811	M50	297		01:06:46	5897
6571	Anna	Palmer	Female	2086	F40	278		01:06:46	5898
7285	Phil	West	Male	3812	M50	298		01:06:46	5899
7882	Katie	Burt	Female	2087	FO	1266		01:06:47	5900
8512	Robert	Perry	Male	3813	M70	24	Wallasey Athletic Club	01:06:48	5901
4905	Lewis	Cole	Male	3814	MO	2069		01:06:49	5902
5775	Laura	Carr	Female	2088	FO	1267		01:06:50	5903
7487	Jennifer	Andrews	Female	2089	F40	279		01:06:50	5904
6793	David	Smith	Male	3815	M55	250		01:06:50	5905
8633	Maddi	Herrera	Female	2090	FO	1268		01:06:50	5906
2236	Georgia	Moyes	Female	2091	FO	1269		01:06:51	5907
8014	Denis	Muirden	Male	3816	M70	25	Henfield Joggers	01:06:51	5908
5131	Naomi	Clarke	Female	2092	FO	1270	Tri-Anglia Triathlon Club	01:06:51	5909
149	Oliver	Brown	Male	3817	MO	2070	City Of Norwich AC	01:06:51	5910
5151	Rhea	Stringer	Female	2093	FO	1271		01:06:52	5911
7403	Nicola	Weavers	Female	2094	F50	166		01:06:52	5912
7286	Zoe	Ladbroke	Female	2095	F50	167		01:06:52	5913
8055	Siyu	Song	Female	2096	FO	1272		01:06:53	5914
6495	Zarina	Hampton	Female	2097	F40	280		01:06:53	5915
7048	Evie	Brockington	Female	2098	FO	1273		01:06:53	5916
6827	Dily	English	Female	2099	FO	1274		01:06:54	5917
6847	Gillian	Solway	Female	2100	F60	42		01:06:54	5918
6540	Mia	Taylor	Female	2101	FO	1275		01:06:55	5919
4156	Leo	Rose	Male	3818	MO	2071		01:06:55	5920
4646	Abbie	Blair	Female	2102	F45	226		01:06:55	5921
4247	Adam	Gibson	Male	3819	M55	251	Tri-Anglia Triathlon Club	01:06:55	5922
2901	Josef	Want	Male	3820	MO	2072		01:06:56	5923
9263	Paul	Ashworth	Male	3821	M40	528		01:06:57	5924
7189	Victoria	Mcconnell	Female	2103	F45	227		01:06:57	5925
7180	Cameron	Huggett	Male	3822	MO	2073		01:06:57	5926
2937	Ian	Edwards	Male	3823	M50	299	Norfolk Gazelles AC	01:06:59	5927
7624	Vicky	Mash	Female	2104	F40	281		01:06:59	5928
4845	Tatjana	Quick	Female	2105	FO	1276		01:06:59	5929
6386	Amber	Shand-scott	Female	2106	FO	1277		01:07:00	5930
8923	Daniel	Evans	Male	3824	M45	381		01:07:00	5931
4813	Emma	Spurling	Female	2107	F40	282		01:07:00	5932
7680	Charlotte	Wheeler	Female	2108	FO	1278		01:07:00	5933
6605	Lucy	Holloway	Female	2109	FO	1279		01:07:00	5934
4863	Samantha	Stokes	Female	2110	FO	1280		01:07:00	5935
7359	Eric	Brodbin	Male	3825	M40	529		01:07:01	5936
4082	James	Stevenson	Male	3826	M45	382		01:07:01	5937
4877	Patsy	Bradley	Female	2111	F65	15		01:07:01	5938
8165	Fiona	Brodbin	Female	2112	F40	283		01:07:01	5939
3054	Georgia	Mann	Female	2113	FO	1281		01:07:02	5940
6718	Ben	Ablett	Male	3827	M50	300		01:07:02	5941
5410	Joe	Randlesome	Male	3828	MO	2074		01:07:02	5942
6665	Rosanne	Reaney	Female	2114	FO	1282		01:07:02	5943

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6074	Vanessa	Ngan	Female	2115	F40	284		01:07:02	5944
5769	Stephanie	Cawthorne	Female	2116	FO	1283		01:07:02	5945
5207	Anna	Woodall	Female	2117	FO	1284		01:07:03	5946
7845	Daniella	Mason	Female	2118	FO	1285		01:07:03	5947
5874	Joanne	Fox	Female	2119	F45	228		01:07:03	5948
7112	Carl	Tyas	Male	3829	M45	383		01:07:04	5949
6147	Neil	Barwick	Male	3830	M55	252		01:07:04	5950
8045	Gary	Oakshott	Male	3831	M60	167		01:07:04	5951
3603	Stacy	Tovell	Male	3832	M55	253		01:07:05	5952
7061	Nicola	Nice	Female	2120	FO	1286		01:07:05	5953
5809	Chloe	Jacobs	Female	2121	FO	1287		01:07:05	5954
7060	Aaron	Nice	Male	3833	M40	530		01:07:05	5955
5973	Vicky	Jacobs	Female	2122	F45	229		01:07:05	5956
2206	Robert	Reeve	Male	3834	MO	2075		01:07:06	5957
6885	Vanessa	Ames	Female	2123	F55	95		01:07:06	5958
7414	Deborah	Woods	Female	2124	F50	168		01:07:07	5959
5895	Hollie	West	Female	2125	FO	1288		01:07:08	5960
2522	Nicholas	Reeve	Male	3835	MO	2076		01:07:08	5961
6590	Daisy	Hanton	Female	2126	FO	1289		01:07:08	5962
7638	Catherine	Berwick	Female	2127	FO	1290		01:07:08	5963
9343	Jennifer	Dixon	Female	2128	F40	285		01:07:08	5964
4906	Stacey	Foreman	Female	2129	FO	1291		01:07:08	5965
5121	Christof	Du Plessis	Male	3836	MO	2077		01:07:08	5966
5863	Matthew	Downes	Male	3837	M50	301		01:07:09	5967
5122	Yaeli-mia	Bartels	Female	2130	FO	1292		01:07:09	5968
8130	Helen	Ganson	Female	2131	F65	16	Coltishall Jaguars RC	01:07:09	5969
2195	Louise	Desmond	Female	2132	F50	169		01:07:10	5970
7869	Oa	Hackett	Female	2133	F40	286		01:07:10	5971
5062	Jasmine	Henson	Female	2134	FO	1293	City Of Norwich AC	01:07:10	5972
5453	Thomas	Maxwell	Male	3838	MO	2078		01:07:11	5973
9439	Jane	Stockings	Female	2135	F50	170		01:07:13	5974
5388	Jane	Neville	Female	2136	F55	96		01:07:13	5975
7690	Dani	Williams	Female	2137	FO	1294		01:07:13	5976
5872	Ashleigh	Jenkinson	Female	2138	FO	1295		01:07:13	5977
6220	Max	Harrison	Male	3839	MO	2079		01:07:13	5978
5444	Paul	Chase	Male	3840	M45	384		01:07:14	5979
5134	Nicola	Borel	Female	2139	F60	43		01:07:14	5980
7963	Alex	Spinks	Male	3841	M40	531		01:07:14	5981
5990	Kim	Chase	Female	2140	F45	230		01:07:15	5982
7639	Hannah	Fisher	Female	2141	FO	1296		01:07:15	5983
5840	Kiaya	Spells	Female	2142	FO	1297		01:07:15	5984
8118	Charlotte	Walker	Female	2143	F45	231		01:07:15	5985
7196	Luke	Mccarter	Male	3842	MO	2080		01:07:15	5986
9096	Luke	Gallie	Male	3843	MO	2081		01:07:15	5987
7894	Alison	Fulcher	Female	2144	F60	44		01:07:16	5988
9427	Jennifer	Christian	Female	2145	F70	5		01:07:16	5989
8179	Dani	Mills	Female	2146	FO	1298		01:07:16	5990
6413	Neil	Mcdonald	Male	3844	M50	302		01:07:16	5991

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7739	Rebecca	Leech	Female	2147	FO	1299	Norwich Road Runners	01:07:17	5992
8292	Lauren	Wilder	Female	2148	FO	1300		01:07:18	5993
7728	Erin	Flock	Female	2149	FO	1301		01:07:18	5994
8193	Lucie	Gamby Boulger	Female	2150	FO	1302		01:07:18	5995
8461	Rowena	Starkey	Female	2151	FO	1303		01:07:19	5996
8903	Rojean	Serek	Female	2152	F40	287		01:07:20	5997
6313	Sophia	Long	Female	2153	FO	1304		01:07:20	5998
6743	Stuart	Clarke	Male	3845	MO	2082	Lonely Goat RC	01:07:20	5999
6716	Rebecca	Clarke	Female	2154	FO	1305		01:07:21	6000
6846	Isabelle	Blomfield	Female	2155	FO	1306		01:07:21	6001
7225	Will	Sutton	Male	3846	MO	2083		01:07:21	6002
9053	Lynsey	Ward	Female	2156	FO	1307		01:07:22	6003
9054	Heather	Bingham	Female	2157	FO	1308		01:07:23	6004
3558	Molly Isabella	Greenfield	Female	2158	FO	1309		01:07:23	6005
6463	Felicity	Hopper	Female	2159	F40	288	Norfolk Harriers RC	01:07:23	6006
6996	Emma	Chambers	Female	2160	F45	232		01:07:23	6007
8354	Gemma	Hollis	Female	2161	F40	289		01:07:24	6008
4643	Mark	Colman	Male	3847	M55	254		01:07:24	6009
6797	Grace	Toll	Female	2162	FO	1310		01:07:24	6010
6942	Mark	Jones	Male	3848	M65	93		01:07:24	6011
7089	Isla	Johnson	Female	2163	FO	1311		01:07:24	6012
8679	Lynsey	Weston	Female	2164	F40	290		01:07:25	6013
6941	Angela	Jones	Female	2165	F65	17		01:07:25	6014
5298	Louis	Moyse	Male	3849	MO	2084		01:07:25	6015
6529	Paul	Greenfield	Male	3850	M60	168		01:07:25	6016
6440	Imogen	Wiltshire	Female	2166	FO	1312		01:07:25	6017
7034	Emilia	Harvey	Female	2167	FO	1313		01:07:25	6018
7445	Sophie	Miller	Female	2168	FO	1314		01:07:26	6019
7645	Elizabeth	Budd	Female	2169	F40	291		01:07:26	6020
6746	Santana	Huckle	Female	2170	FO	1315		01:07:27	6021
6389	Jacqueline	Wood	Female	2171	F70	6	Dereham Runners AC	01:07:27	6022
8982	Jamie	Devenish	Male	3851	M40	532		01:07:27	6023
8132	Sara	Scott	Female	2172	F45	233		01:07:28	6024
4118	Neil	Anderton	Male	3852	M75+	10		01:07:28	6025
4716	Andrea	Howes	Female	2173	F50	171		01:07:29	6026
7302	Stuart	Dix	Male	3853	M50	303		01:07:29	6027
6279	Lucy	Bezants	Female	2174	FO	1316		01:07:30	6028
6378	Shaun	Potter	Male	3854	M55	255		01:07:30	6029
7227	Julie	Dilrew	Female	2175	F65	18		01:07:30	6030
7177	Louise	Hobden	Female	2176	FO	1317		01:07:31	6031
6126	Rachel	Turnbull	Female	2177	FO	1318		01:07:31	6032
4956	Sacha	Pearson	Male	3855	M55	256		01:07:32	6033
8059	Sue	Wales	Female	2178	F60	45		01:07:33	6034
5532	Keith	Burnett	Male	3856	M55	257	Beccles Triathlon Club	01:07:33	6035
5845	Sarah	Gough	Female	2179	F40	292		01:07:34	6036
7601	Ella	Millard	Female	2180	FO	1319		01:07:35	6037
7852	Zoe	Lyons	Female	2181	FO	1320		01:07:35	6038

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8040	Gemma	Spall	Female	2182	FO	1321		01:07:36	6039
5338	Claire	Watson	Female	2183	F40	293		01:07:37	6040
8502	Chloe	Whistler	Female	2184	FO	1322		01:07:37	6041
7422	Gwyneth	Jones	Female	2185	F65	19		01:07:37	6042
7131	Gareth	Seaborne	Male	3857	M40	533		01:07:38	6043
9067	Annabel	Sadd	Female	2186	FO	1323		01:07:38	6044
7616	Henry	Palmer	Male	3858	MO	2085		01:07:39	6045
7510	Bill	Walker	Male	3859	M65	94		01:07:39	6046
6623	June	Greenway	Female	2187	F50	172		01:07:40	6047
7828	Vikki	Tungate	Female	2188	F45	234		01:07:40	6048
8895	Emma	Frith	Female	2189	FO	1324		01:07:40	6049
2512	Angela	Smith	Female	2190	F60	46	Waveney Valley AC	01:07:41	6050
7264	Julie	Williams	Female	2191	F60	47		01:07:41	6051
8737	Sami	Goss	Female	2192	FO	1325		01:07:41	6052
6427	Roberta	Willner	Female	2193	F40	294		01:07:43	6053
6181	Cecilia	Basnett	Female	2194	F50	173		01:07:43	6054
6653	Rosie	Shurey	Female	2195	FO	1326		01:07:43	6055
7230	Victoria	Temple	Female	2196	F45	235		01:07:43	6056
6922	Bethany	Theobald	Female	2197	FO	1327		01:07:43	6057
5335	Dannielle	Crane	Female	2198	F40	295		01:07:43	6058
6931	Zoey	Mathews	Female	2199	F40	296		01:07:44	6059
6177	Rowan	De Vroomen	Female	2200	F40	297		01:07:44	6060
4640	Izzy	Malak	Female	2201	FO	1328		01:07:44	6061
6927	Elaine	Kozlik	Female	2202	F65	20		01:07:44	6062
7184	Andrew	Secker	Male	3860	M60	169		01:07:44	6063
6923	Sharon	Theobald	Female	2203	F55	97	Norfolk Gazelles AC	01:07:45	6064
6761	Lisa	Raby	Female	2204	F40	298		01:07:45	6065
6930	Tammy	Myhill	Female	2205	FO	1329		01:07:45	6066
7360	Brenda	Fee	Female	2206	F75+	1	Barnet & District AC	01:07:45	6067
7035	Kayleigh	Thomas	Female	2207	FO	1330		01:07:45	6068
5515	Lucy	Palmer	Female	2208	F40	299		01:07:46	6069
7185	Louise	Roberts	Female	2209	F45	236		01:07:46	6070
6572	Alex	Tonnison	Male	3861	MO	2086		01:07:47	6071
7878	Damian	Beard	Male	3862	M40	534		01:07:47	6072
7632	Trevor	Smith	Male	3863	M60	170	Wymondham AC	01:07:48	6073
8136	Donna	Kalanesan	Female	2210	FO	1331		01:07:48	6074
8399	Emily	Robinson	Female	2211	FO	1332		01:07:48	6075
6655	Jason	Pilbrow	Male	3864	M50	304		01:07:48	6076
7207	Josh	Vertigan	Male	3865	MO	2087		01:07:48	6077
6936	Lucy	Cole	Female	2212	FO	1333		01:07:48	6078
7715	Isaac	Nunn	Male	3866	MO	2088		01:07:49	6079
8211	Chrissy	McNicholas	Female	2213	F40	300		01:07:49	6080
3099	Regan	Woodard	Male	3867	MO	2089		01:07:49	6081
5800	Samantha	Mower	Female	2214	FO	1334		01:07:49	6082
7164	Abigail	Williams	Female	2215	FO	1335		01:07:49	6083
5224	Sharon	Lister	Female	2216	F50	174	Norfolk Harriers RC	01:07:49	6084
6110	Katie	Rye	Female	2217	F45	237		01:07:49	6085

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6670	Jake	Williams	Male	3868	MO	2090		01:07:50	6086
7183	Michelle	Neave	Female	2218	FO	1336		01:07:50	6087
7069	Holly	Malcolm	Female	2219	F45	238		01:07:50	6088
3647	Charlotte	Rye	Female	2220	FO	1337		01:07:50	6089
7475	Lesley	Hanner	Female	2221	F70	7		01:07:50	6090
7368	Lesley	Hall	Female	2222	F60	48		01:07:50	6091
7452	Pete	Fullalove	Male	3869	M60	171		01:07:51	6092
6105	Dipi	Mckernan	Female	2223	F50	175		01:07:51	6093
7133	Laura	Clayton	Female	2224	FO	1338		01:07:52	6094
7277	Cara	Davies	Female	2225	FO	1339		01:07:52	6095
3794	Esme	Salmon	Female	2226	FO	1340		01:07:52	6096
6434	Victoria	Roberts	Female	2227	FO	1341		01:07:53	6097
8700	Chris	Colman	Male	3870	M55	258		01:07:53	6098
6992	Kate	Patel	Female	2228	F50	176		01:07:53	6099
6993	Cherilyn	Wright	Female	2229	F50	177		01:07:53	6100
8074	Emily	Knight	Female	2230	FO	1342		01:07:54	6101
5823	Glenn	Shiplee	Male	3871	M60	172		01:07:54	6102
8931	James	Conway	Male	3872	M60	173		01:07:54	6103
9389	Graziana	Mangiacavall o	Female	2231	F40	301		01:07:55	6104
4092	Steve	Brighton	Male	3873	M40	535		01:07:57	6105
8335	Jill	Rivett	Female	2232	F50	178		01:07:57	6106
6294	Ryan	Williams	Male	3874	MO	2091		01:07:57	6107
8650	T	Gilbert	Male	3875	MO	2092		01:07:57	6108
7026	Jessica	Saunders	Female	2233	FO	1343		01:07:57	6109
4862	Tom	Wright	Male	3876	M40	536		01:07:58	6110
7111	James	Rogers	Male	3877	M60	174		01:07:58	6111
5498	Jason	Gaul	Male	3878	M45	385		01:07:58	6112
7293	Emma	Manning	Female	2234	FO	1344		01:07:59	6113
6751	Claire	Thomas	Female	2235	FO	1345		01:07:59	6114
7757	Olivia	Horwood	Female	2236	FO	1346		01:07:59	6115
4898	Lisa	Clements	Female	2237	F50	179		01:08:00	6116
5156	Aysegul	Capti	Female	2238	FO	1347		01:08:00	6117
6028	Caitlin	Thoday	Female	2239	F45	239		01:08:00	6118
6579	Amy	Hilton	Female	2240	FO	1348		01:08:01	6119
6428	Linsey	Simpson	Female	2241	F40	302		01:08:02	6120
4980	Sophie	Hawes	Female	2242	FO	1349		01:08:02	6121
7453	Craig	Johnson	Male	3879	M40	537		01:08:02	6122
7072	Stuart	Payne	Male	3880	MO	2093		01:08:02	6123
6686	Samuel	Flower	Male	3881	MO	2094		01:08:02	6124
7186	Beth	Soanes	Female	2243	FO	1350		01:08:02	6125
6925	Susan	Glazer	Female	2244	F75+	2	Bungay Black Dog RC	01:08:02	6126
3866	Adam Wiggin	Wiggin	Male	3882	MO	2095		01:08:03	6127
6477	Hannah	Fearnley	Female	2245	FO	1351		01:08:04	6128
8927	Justine	Lopez	Male	3883	MO	2096		01:08:04	6129
4770	Hannah	Conway-laws	Female	2246	FO	1352		01:08:04	6130
6227	Sarah	Harvey	Female	2247	F50	180		01:08:04	6131
6426	Craig	Morton	Male	3884	M40	538		01:08:04	6132
6444	Adina	Parr	Female	2248	FO	1353		01:08:05	6133

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7136	Millie	Palmby	Female	2249	FO	1354		01:08:06	6134
9148	Melanie	Jay	Female	2250	F60	49		01:08:06	6135
7672	Jane	Kilbourn	Female	2251	F50	181		01:08:06	6136
7970	Nicole	Mera	Female	2252	FO	1355		01:08:06	6137
4926	Carolynne	Holmes	Female	2253	F55	98		01:08:06	6138
7735	Rhianna	Cracknell	Female	2254	FO	1356		01:08:07	6139
7734	Paul	Cracknell	Male	3885	M50	305		01:08:08	6140
7758	Ruby	Horwood	Female	2255	FO	1357		01:08:09	6141
5256	Stephen	Barker	Male	3886	M60	175		01:08:09	6142
8583	Kate	De Vries	Female	2256	F65	21		01:08:10	6143
9167	Helen	Hall	Female	2257	F60	50		01:08:11	6144
6533	Alice	Silk	Female	2258	F40	303		01:08:11	6145
8480	Jenny	Cole	Female	2259	FO	1358		01:08:11	6146
5862	Justine	Warr	Female	2260	FO	1359		01:08:11	6147
7443	Gemma	Starling	Female	2261	FO	1360	Dereham Runners AC	01:08:11	6148
8013	Caroline	Hill	Female	2262	F45	240		01:08:11	6149
9317	Hannah	Moody	Female	2263	FO	1361		01:08:11	6150
9297	Abby Louise	Hacon	Female	2264	FO	1362		01:08:11	6151
5518	Daisy	Egmore	Female	2265	FO	1363		01:08:11	6152
6704	Emily	Jones	Female	2266	FO	1364		01:08:14	6153
6826	Carolyn	Urry	Female	2267	F60	51		01:08:14	6154
8094	Sarah	Smith	Female	2268	F40	304		01:08:14	6155
2811	Tony	Burch	Male	3887	MO	2097		01:08:14	6156
6578	Amber	Nielsen	Female	2269	F45	241	Beccles Triathlon Club	01:08:14	6157
5795	Rosie	Briggs	Female	2270	FO	1365		01:08:14	6158
8624	Kylie	Rouse	Female	2271	FO	1366		01:08:15	6159
8457	Nadine	Baldwin	Female	2272	F55	99		01:08:15	6160
8994	Michelle	Clarke	Female	2273	F45	242	Coltishall Jaguars RC	01:08:15	6161
6141	Scarlett	Standley	Female	2274	FO	1367		01:08:15	6162
6741	Ann-marie	Smith	Female	2275	FO	1368		01:08:15	6163
6661	Kieran	Fetherston	Male	3888	M45	386		01:08:15	6164
6396	Steve	Collins	Male	3889	M40	539		01:08:16	6165
7208	Frances	Whitefoot	Female	2276	F45	243		01:08:16	6166
7449	Phoebe	Worrall	Female	2277	FO	1369		01:08:16	6167
4637	James	Fasham	Male	3890	MO	2098		01:08:16	6168
8628	Michelle	Chapman	Female	2278	F50	182		01:08:18	6169
9226	Janella	Hadlow	Female	2279	F55	100		01:08:19	6170
7318	Emily	Wood	Female	2280	FO	1370		01:08:19	6171
6485	Jennie	Mccraith	Female	2281	FO	1371		01:08:19	6172
4288	Salim	Lahfa	Male	3891	MO	2099		01:08:20	6173
9023	Billy	Hobbs	Male	3892	MO	2100		01:08:20	6174
6466	Katharine	Barneveld	Female	2282	FO	1372		01:08:20	6175
7842	Abby	Reeman	Female	2283	FO	1373		01:08:20	6176
5818	Jade	Matthews	Female	2284	FO	1374		01:08:21	6177
8475	Ben	Mullard	Male	3893	M45	387		01:08:21	6178
8474	Holly	Butcher	Female	2285	FO	1375		01:08:23	6179
8518	Dawn	Mcmullan	Female	2286	F50	183		01:08:23	6180
5430	Laura	Freeman	Female	2287	FO	1376		01:08:23	6181

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6018	Simon	Marjoram	Male	3894	M50	306	Norwich Road Runners	01:08:23	6182
8134	Megan	Thornby-burt	Female	2288	FO	1377		01:08:23	6183
3965	David	Luton	Male	3895	M40	540		01:08:24	6184
7840	Roz	Trett	Female	2289	FO	1378		01:08:24	6185
5957	Yogendra	Singh	Male	3896	M40	541		01:08:24	6186
6887	Peter	Lo	Male	3897	M70	26		01:08:24	6187
7921	Kelly	Wells	Female	2290	FO	1379		01:08:24	6188
6019	Benjamin	Marjoram	Male	3898	MO	2101	Reepham Runners	01:08:25	6189
6119	Kelly	Clarke	Female	2291	FO	1380		01:08:25	6190
7723	Candice	Smith	Female	2292	FO	1381		01:08:26	6191
4099	Roger	Dulson	Male	3899	M65	95		01:08:26	6192
6569	Amit	Tiwari	Male	3900	M45	388		01:08:26	6193
9280	Alfie	Morris	Male	3901	MO	2102		01:08:28	6194
8279	Luke	Daly	Male	3902	MO	2103		01:08:28	6195
8078	Phil	Langley	Male	3903	M55	259	Reepham Runners	01:08:30	6196
8706	Debbie	Smith	Female	2293	F50	184		01:08:30	6197
5374	Anna	Morris	Female	2294	F50	185		01:08:30	6198
7866	Natalie	Wilkin	Female	2295	FO	1382		01:08:31	6199
8230	Sarah	Daniels-mars den	Female	2296	FO	1383		01:08:31	6200
7759	Katarzyna	Lukaszewicz	Female	2297	F40	305		01:08:32	6201
3408	Dr Navin Kumar	Ghosh	Male	3904	M45	389		01:08:32	6202
6865	Stephen	Marshall	Male	3905	M55	260	Reepham Runners	01:08:32	6203
2256	Lewis	Woollard	Male	3906	MO	2104		01:08:32	6204
7646	Daniel	Shurey	Male	3907	MO	2105		01:08:33	6205
6932	Louise	Cline	Female	2298	F45	244		01:08:34	6206
5381	Matthew	Gregson	Male	3908	M50	307		01:08:34	6207
4988	Charlten	Palmer	Female	2299	FO	1384		01:08:34	6208
7462	Sandra	Müller	Female	2300	F45	245		01:08:35	6209
5898	Emily	Stow	Female	2301	F45	246	Reepham Runners	01:08:35	6210
8550	Natalie	Pepperell	Female	2302	FO	1385		01:08:35	6211
7097	Lucia	Fitzpatrick	Female	2303	F55	101		01:08:35	6212
5899	Joanna	Swift	Female	2304	F45	247		01:08:35	6213
4628	Poppy	Franks	Female	2305	FO	1386		01:08:36	6214
5051	Adam	Sinclair	Male	3909	MO	2106		01:08:36	6215
6516	Tim	Warner	Male	3910	M60	176		01:08:37	6216
5497	Bonnie	Statham	Female	2306	FO	1387	Reepham Runners	01:08:37	6217
3802	Dale	Gedge	Male	3911	M40	542		01:08:37	6218
7295	Amy	Morgan	Female	2307	F40	306		01:08:37	6219
6601	Charlotte	Black	Female	2308	FO	1388		01:08:38	6220
7750	Emily	Keel	Female	2309	FO	1389		01:08:38	6221
5154	Lucy	Bellefontaine	Female	2310	F40	307		01:08:38	6222
7404	Julie	Bryson	Female	2311	F55	102		01:08:39	6223
5616	James	Bell	Male	3912	M40	543	Reepham Runners	01:08:39	6224
3919	Adam	Boughen	Male	3913	MO	2107		01:08:39	6225
7499	Helen	Simpson	Female	2312	F60	52		01:08:40	6226
8367	Cara	Read	Female	2313	F40	308		01:08:40	6227
7417	Laura	Brown	Female	2314	F50	186		01:08:40	6228
6735	Lukasz	Malinowski	Male	3914	M45	390		01:08:41	6229

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5024	Molly	Ellis	Female	2315	FO	1390		01:08:41	6230
8407	Reilly	Willis	Female	2316	F45	248		01:08:41	6231
4790	Michael	Ellis	Male	3915	M55	261		01:08:41	6232
6289	Adam	Patterson	Male	3916	M40	544		01:08:41	6233
7211	Martin	Parry	Male	3917	M55	262		01:08:41	6234
6261	Tracey	Melville	Female	2317	F50	187		01:08:42	6235
8823	Maresa	Padmore	Female	2318	F60	53		01:08:42	6236
6790	Heidi	Lamb	Female	2319	F45	249		01:08:43	6237
6360	Aileen	Nicholls	Female	2320	F40	309		01:08:43	6238
5194	Adam	Lambert	Male	3918	MO	2108		01:08:44	6239
7187	Cassy	Harrowven	Female	2321	FO	1391		01:08:44	6240
7188	Vick	Howell	Female	2322	FO	1392		01:08:45	6241
8163	Mark	Larner	Male	3919	M65	96		01:08:45	6242
6007	Max	Schweigart	Male	3920	MO	2109		01:08:46	6243
8659	Carole	White	Female	2323	F40	310		01:08:46	6244
6510	Ada	Kirczenow	Female	2324	FO	1393		01:08:46	6245
3619	Daniel	Barker	Male	3921	MO	2110		01:08:47	6246
5428	Ricky	Lai	Male	3922	M50	308		01:08:47	6247
6687	Amanda	Scarff	Female	2325	F40	311	Vegan Runners UK	01:08:47	6248
6871	Sophie	Bishop	Female	2326	FO	1394		01:08:47	6249
7085	Natalie	Mcgarvey	Female	2327	FO	1395		01:08:48	6250
6629	Sasha	Ralevic	Female	2328	FO	1396		01:08:48	6251
2940	Matt	Wright	Male	3923	MO	2111		01:08:48	6252
6959	Caroline	Skoyles	Female	2329	F50	188		01:08:49	6253
7815	Joanna	Shinn	Female	2330	F55	103		01:08:49	6254
7654	Abby	Shurey	Female	2331	FO	1397		01:08:53	6255
5995	Chloe	Carter	Female	2332	FO	1398		01:08:54	6256
9316	Emma	Hannant	Female	2333	FO	1399		01:08:54	6257
6052	Kate	Walters	Female	2334	F50	189		01:08:54	6258
5359	Sonia	Hart	Female	2335	FO	1400		01:08:54	6259
5958	Maddison	Bultitude	Female	2336	FO	1401		01:08:54	6260
4899	Maryse	Taylor	Female	2337	F60	54		01:08:55	6261
6051	Victoria	Hodgsoin	Female	2338	FO	1402		01:08:55	6262
6112	Luke	Sutton	Male	3924	M45	391		01:08:56	6263
7602	Maddie	Foulsham	Female	2339	FO	1403		01:08:56	6264
1435	Ryan	Taylor	Male	3925	MO	2112		01:08:56	6265
1913	Adam	Turner	Male	3926	MO	2113		01:08:57	6266
5001	Silje	Kendrick-eriksen	Female	2340	F40	312		01:08:58	6267
6631	Paul	Gladman	Male	3927	M50	309	Norfolk Harriers RC	01:08:58	6268
8112	Julia	Payn	Female	2341	F60	55		01:08:58	6269
7027	Daisy	Marks	Female	2342	FO	1404		01:08:58	6270
8684	Jeremy	Richards	Male	3928	M65	97		01:08:59	6271
7683	Phil	Guisse-smith	Male	3929	M45	392		01:08:59	6272
7927	Charlie-saunders	Huckle	Male	3930	MO	2114		01:09:00	6273
8615	Shaneeka	Moore	Female	2343	FO	1405		01:09:00	6274
7955	Alice	Spall	Female	2344	FO	1406	Norfolk Gazelles AC	01:09:00	6275
7956	Louise	Spall	Female	2345	F60	56	Norfolk Gazelles AC	01:09:00	6276

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7945	Susan	Brockhouse	Female	2346	F60	57	Tri-Anglia Triathlon Club	01:09:01	6277
7323	Lauren	Jarvis	Female	2347	FO	1407		01:09:01	6278
4896	Nicola	Ireson	Female	2348	F45	250		01:09:02	6279
7245	Magdalena	Newson	Female	2349	FO	1408	Ryston Runners	01:09:03	6280
5170	Debbie	Crowley	Female	2350	F55	104		01:09:03	6281
8576	Tomas	Newson	Male	3931	MO	2115		01:09:03	6282
7322	Martyn	Holmes	Male	3932	M40	545		01:09:03	6283
2260	Rachael	Covell	Female	2351	F40	313		01:09:03	6284
7868	Katie	Dix	Female	2352	FO	1409	Wymondham AC	01:09:04	6285
7505	Lauren	Reynolds	Female	2353	FO	1410		01:09:05	6286
8105	Jessica	Covell	Female	2354	FO	1411		01:09:05	6287
8885	Kendra	Caine	Female	2355	FO	1412		01:09:05	6288
6580	Jude	Channell	Female	2356	FO	1413		01:09:06	6289
7406	Sarah	Preston	Female	2357	F50	190		01:09:07	6290
8248	Abby	Medrano	Female	2358	FO	1414		01:09:07	6291
7610	Jenny	Howse	Female	2359	F40	314		01:09:07	6292
8249	Chris	Boyle	Male	3933	MO	2116		01:09:07	6293
6830	Shaun	Hudson	Male	3934	MO	2117		01:09:08	6294
8061	Zara	Logan	Female	2360	FO	1415		01:09:08	6295
8812	Jake	Meakin	Male	3935	MO	2118		01:09:09	6296
6815	Donald	Hill	Male	3936	M70	27		01:09:09	6297
8854	Hannah	Jarvis	Female	2361	FO	1416		01:09:09	6298
4607	Samantha	Joyce	Female	2362	F40	315		01:09:10	6299
403	Natalia	Bianchin	Female	2363	F40	316		01:09:10	6300
6280	Daniel	Bezants	Male	3937	MO	2119		01:09:10	6301
8813	Rhian	Jenkins	Female	2364	FO	1417		01:09:11	6302
6786	Emma	Cooper	Female	2365	FO	1418		01:09:11	6303
8174	Karen	Turner	Female	2366	F40	317		01:09:11	6304
4287	Julia	Lawrence	Female	2367	F55	105		01:09:12	6305
7716	Michaela	Goulding	Female	2368	FO	1419		01:09:12	6306
7908	Natasha	Colman	Female	2369	F40	318		01:09:12	6307
6395	Luke	Read	Male	3938	MO	2120		01:09:13	6308
8939	Heidi	Mcwade	Female	2370	F45	251		01:09:13	6309
7962	Claire	Kennedy	Female	2371	F45	252		01:09:13	6310
8568	Chloe	Tatum	Female	2372	FO	1420		01:09:13	6311
7296	Elena	Bates	Female	2373	F40	319		01:09:14	6312
8938	Chloe	Jefferd	Female	2374	FO	1421		01:09:14	6313
5851	Oscar	Finney	Male	3939	MO	2121		01:09:14	6314
6659	Emma	Pickering	Female	2375	FO	1422		01:09:14	6315
8454	Luke	Evans	Male	3940	MO	2122		01:09:16	6316
6779	Erin	Paterson	Female	2376	FO	1423		01:09:16	6317
4675	Hannah	Williams	Female	2377	FO	1424		01:09:16	6318
9449	Erika	Dobbins	Female	2378	FO	1425		01:09:17	6319
7461	Donna	Buttolph	Female	2379	F45	253		01:09:17	6320
6929	Glen	Butcher	Male	3941	MO	2123		01:09:17	6321
6315	Ellie	Hood	Female	2380	FO	1426		01:09:17	6322
8400	Trudy	Musgrove	Female	2381	F55	106		01:09:17	6323
6720	Liam	Payne	Male	3942	M45	393		01:09:18	6324

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7511	Andrew	Dodd	Male	3943	M60	177		01:09:18	6325
7783	Casey	Lightfoot	Male	3944	M45	394		01:09:18	6326
6973	Andrew	Kelsall	Male	3945	M55	263		01:09:18	6327
7117	Becs	O'malley	Female	2382	F55	107		01:09:19	6328
8229	Shakiba	Mohseni	Female	2383	F40	320		01:09:19	6329
6092	Katherine	Childs	Female	2384	FO	1427		01:09:20	6330
6646	Lauryn	Read	Female	2385	FO	1428		01:09:21	6331
8048	Steven	Ho	Male	3946	M40	546		01:09:22	6332
6599	Wendy	Brett-reynolds	Female	2386	F55	108		01:09:22	6333
6607	Hannah	Hamment	Female	2387	F45	254		01:09:22	6334
7784	Carly	Clementson	Female	2388	F45	255		01:09:22	6335
4348	Tania	Gonzalez-duran	Female	2389	F45	256		01:09:22	6336
5721	Chloe	Duneclift	Female	2390	FO	1429		01:09:22	6337
6960	Erica	Payne	Female	2391	FO	1430		01:09:24	6338
5612	Gabriella	Smith	Female	2392	FO	1431		01:09:26	6339
2579	Mark	Waters	Male	3947	M45	395		01:09:26	6340
7014	Chi Chung	Lo	Male	3948	M50	310		01:09:27	6341
6253	Gary	Mcveigh	Male	3949	M50	311		01:09:27	6342
4481	Christopher	Taylor	Male	3950	M45	396		01:09:27	6343
5544	Barney	Goodman	Male	3951	M40	547		01:09:27	6344
4141	Russell	Watkins	Male	3952	M55	264		01:09:27	6345
675	Callum	Mcveigh	Male	3953	MO	2124		01:09:28	6346
5720	Sharon	Duneclift	Female	2393	F50	191		01:09:28	6347
6171	Alison	Read	Female	2394	F55	109	Aylsham Runners	01:09:28	6348
6276	Krzysztof	Szufler	Male	3954	MO	2125		01:09:30	6349
8142	Sonia	Bradshaw	Female	2395	F45	257		01:09:31	6350
3122	Stuart	Peck	Male	3955	M45	397		01:09:31	6351
7722	Natalie	Mayes	Female	2396	FO	1432		01:09:31	6352
1566	Vince	Butler	Male	3956	M55	265		01:09:32	6353
6277	Monika	Lukasik	Female	2397	FO	1433		01:09:32	6354
6933	Simon	Garner	Male	3957	MO	2126		01:09:32	6355
6122	John	Barton	Male	3958	MO	2127		01:09:32	6356
5425	Stacey	Mills	Female	2398	F40	321		01:09:32	6357
7147	Ben	Waterman	Male	3959	MO	2128		01:09:32	6358
7738	Kin Fung	Leung	Male	3960	M40	548		01:09:32	6359
7049	Ola	Barton	Female	2399	FO	1434		01:09:32	6360
1375	Harry	Livermore	Male	3961	MO	2129		01:09:33	6361
8398	Jessica	Nash	Female	2400	FO	1435		01:09:33	6362
8368	Wai Yee	Wong	Female	2401	F45	258		01:09:33	6363
8442	Amy	Brownhill	Female	2402	F45	259		01:09:33	6364
7718	Samantha	Chubbock	Female	2403	F45	260		01:09:35	6365
8648	Angela	Lee	Female	2404	FO	1436		01:09:35	6366
6768	Gemma	Pearson	Female	2405	F45	261		01:09:36	6367
8642	Eleanor	Slater	Female	2406	FO	1437		01:09:36	6368
6909	Lucy	Robinson	Female	2407	FO	1438		01:09:37	6369
6206	Martin	Southgate	Male	3962	MO	2130		01:09:37	6370
6703	Gemma	Seager	Female	2408	F45	262		01:09:37	6371
7834	Sarah	Crowe	Female	2409	F60	58		01:09:37	6372

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7236	Stacey	Halford	Female	2410	FO	1439		01:09:37	6373
8102	Chria	Halford	Male	3963	M45	398		01:09:37	6374
8359	Mark	Raymer	Male	3964	M50	312		01:09:37	6375
6934	Sherralyn	Knights	Female	2411	F55	110		01:09:38	6376
5072	Agnieszka	Grzyb	Female	2412	F50	192		01:09:38	6377
3652	Philip	Howard	Male	3965	M55	266		01:09:38	6378
8821	Megan	Howard	Female	2413	FO	1440		01:09:38	6379
7471	Bronya	Patmore	Female	2414	F50	193		01:09:38	6380
6140	Daisy	Standley	Female	2415	FO	1441		01:09:40	6381
5536	Katie	Mahler	Female	2416	FO	1442		01:09:41	6382
5442	Gemma	Lawrence	Female	2417	F40	322		01:09:41	6383
2694	Steven	Ede	Male	3966	M45	399		01:09:41	6384
7996	Lindsey	Rolfe	Female	2418	F55	111		01:09:42	6385
7234	Anna	Eaves	Female	2419	F40	323		01:09:42	6386
8569	Hannah	Bridges	Female	2420	F45	263		01:09:42	6387
8247	Evelyn	Cook	Female	2421	FO	1443		01:09:42	6388
7940	Joanna	Ede	Female	2422	F50	194		01:09:43	6389
3496	Emily	Smith	Female	2423	FO	1444		01:09:43	6390
8952	Alice	Fuller	Female	2424	FO	1445		01:09:44	6391
3696	Nikki	Smith	Female	2425	FO	1446		01:09:44	6392
3500	Hannah	Lewer	Female	2426	FO	1447		01:09:44	6393
8171	Clive	Ambrose	Male	3967	M55	267		01:09:44	6394
6365	Liz	Whitmarsh	Female	2427	FO	1448		01:09:45	6395
8298	Maria Luisa	Reyes Cardoso	Female	2428	FO	1449		01:09:45	6396
8481	Jane	Williams	Female	2429	F45	264	Harling Athletic Club	01:09:46	6397
8535	Emily	Williams	Female	2430	FO	1450	Harling Athletic Club	01:09:46	6398
7464	Gemma	Buck	Female	2431	F40	324		01:09:46	6399
5482	Joanna	Mullarney	Female	2432	FO	1451		01:09:46	6400
8310	Hannah	Walker	Female	2433	F50	195		01:09:47	6401
7724	Katie	Parsons	Female	2434	F40	325		01:09:48	6402
6591	Abigail	Trinder	Female	2435	F40	326	Norfolk Gazelles AC	01:09:49	6403
8198	Edward	Fear	Male	3968	MO	2131		01:09:50	6404
5387	Sarah	Scales	Female	2436	F50	196		01:09:50	6405
9446	Oliver	Keenan	Male	3969	MO	2132		01:09:50	6406
9447	Filipa	Bate	Female	2437	FO	1452		01:09:50	6407
8808	Martin	Harvey	Male	3970	M60	178		01:09:51	6408
7266	Lauren	Mills	Female	2438	FO	1453		01:09:51	6409
8894	Verity	Hemp	Female	2439	FO	1454		01:09:51	6410
8486	Steve	Briggs	Male	3971	M65	98		01:09:52	6411
8145	Frances	Brooke	Female	2440	FO	1455		01:09:52	6412
2066	Matthew	Briggs	Male	3972	MO	2133		01:09:52	6413
7269	Emma	Webb	Female	2441	F50	197		01:09:52	6414
8485	Amy	Briggs	Female	2442	FO	1456		01:09:53	6415
8787	Christabel	Lai	Female	2443	FO	1457		01:09:53	6416
8487	Wendy	Briggs	Female	2444	F60	59		01:09:53	6417
4826	Wesley	Chapman	Male	3973	MO	2134		01:09:53	6418
4270	Georgia	Porter	Female	2445	FO	1458		01:09:53	6419
7371	Steve	Jones	Male	3974	M50	313		01:09:54	6420

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6451	Hayley	Smith	Female	2446	F40	327	Coltishall Jaguars RC	01:09:54	6421
9153	Hannah	Silver	Female	2447	FO	1459		01:09:54	6422
8751	Vicki	Tinkler	Female	2448	F45	265		01:09:55	6423
5075	Charlie	Lewington - Loades	Female	2449	F45	266		01:09:55	6424
6040	Karyn	Bray	Female	2450	F55	112		01:09:56	6425
8314	Sarah	Holmes	Female	2451	F60	60		01:09:56	6426
6554	Jessica	Johnson-robe rts	Female	2452	FO	1460		01:09:57	6427
6564	Phoebe	Johnston	Female	2453	FO	1461		01:09:57	6428
5462	Nikki	Collins	Female	2454	F45	267		01:09:58	6429
5979	Jenny	Hewson	Female	2455	FO	1462		01:09:58	6430
6322	Amelia	Zeidan	Female	2456	FO	1463		01:09:58	6431
5730	Sheree	Thompson	Female	2457	FO	1464		01:09:58	6432
6663	Alice	Hagues	Female	2458	FO	1465		01:09:59	6433
7476	Michelle	Pitcher	Female	2459	F40	328		01:09:59	6434
7022	Helen	Farmiloe	Female	2460	F50	198		01:09:59	6435
6756	Ashleigh	Doddington	Female	2461	F40	329		01:09:59	6436
8340	Ellen	Ballantyne	Female	2462	F50	199		01:10:01	6437
3537	Zoe	Norman	Female	2463	FO	1466		01:10:02	6438
3536	Andrea	Simmons	Female	2464	F50	200		01:10:02	6439
2884	Billie	Almond	Male	3975	MO	2135		01:10:03	6440
6772	Rory	Burnell	Male	3976	M40	549		01:10:04	6441
4701	Emily	Thomson	Female	2465	FO	1467		01:10:04	6442
5592	Emily	Rivers-day	Female	2466	FO	1468		01:10:05	6443
7305	Samantha	Butler	Female	2467	F40	330		01:10:05	6444
6346	Kerry	Colegate	Female	2468	F40	331		01:10:06	6445
4858	Angela	Savory	Female	2469	F60	61		01:10:06	6446
4857	Gemma	Jennis	Female	2470	F45	268		01:10:06	6447
6409	Andrew	Ross	Male	3977	M55	268		01:10:07	6448
7976	Katie	Dare	Female	2471	FO	1469		01:10:07	6449
6282	Alison	Kyle	Female	2472	F55	113		01:10:07	6450
8117	David	Watson	Male	3978	MO	2136		01:10:08	6451
4232	Oliver	Morgan	Male	3979	M45	400		01:10:09	6452
6080	Tamzin	Paul	Female	2473	FO	1470		01:10:09	6453
4971	Kitty	Foss	Female	2474	FO	1471		01:10:10	6454
7713	Shayla	Clarke	Female	2475	FO	1472		01:10:10	6455
8423	Andrew	Jackson	Male	3980	M40	550		01:10:10	6456
6834	Wayne	Campbell	Male	3981	M45	401		01:10:10	6457
8424	Maja	Maciejewska	Female	2476	F40	332		01:10:10	6458
8276	Emma	Softley	Female	2477	FO	1473		01:10:11	6459
9253	Louise	Luckett	Female	2478	F45	269		01:10:11	6460
4013	Caroline	Jones	Female	2479	F40	333		01:10:11	6461
7658	Tansy	Jones	Female	2480	FO	1474		01:10:12	6462
8612	Patrick	Jones	Male	3982	MO	2137		01:10:13	6463
3039	Cerys	Wardale	Female	2481	F40	334		01:10:13	6464
4310	Dan	Hurren	Male	3983	M45	402		01:10:13	6465
7397	Rebecca	Sheridan	Female	2482	FO	1475		01:10:13	6466
7161	Fiona	Revell	Female	2483	F40	335		01:10:13	6467
5948	Anders	Poulsen	Male	3984	M55	269		01:10:13	6468

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8786	Jake	Harvey	Male	3985	M40	551		01:10:14	6469
6344	Kamila	Dudkiewicz	Female	2484	F40	336		01:10:14	6470
7689	Laura	Triana	Female	2485	FO	1476		01:10:14	6471
8875	Vivienne	Hadlow	Female	2486	F40	337		01:10:14	6472
6905	Charlotte	Eden	Female	2487	FO	1477		01:10:14	6473
6664	Yvonne	Laird	Female	2488	F40	338		01:10:15	6474
7009	Elise	Gomes	Female	2489	FO	1478		01:10:15	6475
8302	Paul	Thirtle	Male	3986	M50	314		01:10:15	6476
4781	Hannah	Boyd	Female	2490	F45	270		01:10:15	6477
8520	Lyn	Roper	Female	2491	F65	22		01:10:15	6478
6732	Emma	Soanes	Female	2492	F45	271		01:10:15	6479
6904	Rachel	Hales	Female	2493	FO	1479		01:10:16	6480
6731	Phil	Soanes	Male	3987	M45	403		01:10:16	6481
7239	Nigel	Crook	Male	3988	M55	270		01:10:16	6482
7651	Ria	Aggarwal	Female	2494	FO	1480		01:10:17	6483
7674	James	Lamb	Male	3989	M45	404		01:10:18	6484
9424	Isobel	Harvey	Female	2495	FO	1481		01:10:19	6485
4930	Chiara	Melessaccio	Female	2496	FO	1482		01:10:20	6486
7465	Ruth	Barker	Female	2497	FO	1483		01:10:22	6487
5722	Harry	Moore	Male	3990	MO	2138		01:10:22	6488
7450	Joel	Landamore	Male	3991	MO	2139		01:10:22	6489
6656	Natasha	Livesey	Female	2498	FO	1484		01:10:22	6490
7015	Bethan	Aston	Female	2499	FO	1485		01:10:22	6491
6641	Jack	Symonds	Male	3992	MO	2140		01:10:22	6492
8125	Rachel	Thomson	Female	2500	F55	114		01:10:22	6493
2774	Peter	Turney	Male	3993	M50	315		01:10:23	6494
7491	Kristy	Cardis	Female	2501	FO	1486		01:10:23	6495
8755	Amy	Millward-doherty	Female	2502	FO	1487		01:10:23	6496
7405	Gemma	Kent	Female	2503	F40	339		01:10:25	6497
5519	Courteney	Pilkington	Female	2504	FO	1488		01:10:25	6498
8122	Gareth	Brown	Male	3994	M50	316		01:10:25	6499
6889	Sarah	Boone	Female	2505	F50	201		01:10:26	6500
5456	Peter	Engelsen	Male	3995	MO	2141		01:10:27	6501
7272	Ian	Roberson	Male	3996	M55	271		01:10:27	6502
6213	Matt	Hunt	Male	3997	M40	552		01:10:28	6503
8069	Hannah	Waterfield	Female	2506	FO	1489		01:10:29	6504
8148	Nicole	Taylor	Female	2507	FO	1490		01:10:30	6505
6417	Shane	Whiteland	Male	3998	MO	2142		01:10:30	6506
8114	Georgia	Folkard	Female	2508	FO	1491		01:10:30	6507
8369	Bryony	Best	Female	2509	FO	1492		01:10:31	6508
6886	Steven	Parkinson-Iloyd	Male	3999	M50	317		01:10:32	6509
5443	Hannah	Browes	Female	2510	FO	1493		01:10:32	6510
6917	Rosemary	Harrison	Female	2511	F40	340		01:10:32	6511
5613	Thomas	Drewery	Male	4000	MO	2143		01:10:33	6512
9284	Daisy	Penfold	Female	2512	FO	1494		01:10:33	6513
7751	Penny	Stoner	Female	2513	F60	62		01:10:34	6514
6022	Valerie	Owen	Female	2514	F55	115	Daventry Road Runners	01:10:35	6515
5459	Rose	Taylor	Female	2515	F45	272		01:10:35	6516

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8352	Harry	Casey-buckland	Male	4001	MO	2144		01:10:36	6517
7764	Donald	Harold	Male	4002	M60	179		01:10:38	6518
7836	Stacey	Forkes	Female	2516	FO	1495		01:10:38	6519
5757	Joe	Ballard	Male	4003	MO	2145		01:10:38	6520
8200	Michelle	Mussett	Female	2517	F40	341		01:10:39	6521
6638	Richard	Daly	Male	4004	M55	272		01:10:39	6522
9124	Yuri	De Oliveira	Male	4005	MO	2146		01:10:39	6523
6561	Louise	Cooke	Female	2518	F50	202		01:10:39	6524
6035	Alexandra	Ruffer	Female	2519	F70	8		01:10:39	6525
8330	Holly	Hunt	Female	2520	FO	1496		01:10:41	6526
6722	April	Bloom	Female	2521	FO	1497		01:10:41	6527
7137	Sarah	Bulley	Female	2522	F55	116		01:10:41	6528
6545	James	Crisp	Male	4006	MO	2147		01:10:42	6529
6721	Skip	Wilson	Male	4007	M40	553		01:10:42	6530
4668	Christie	Baston	Female	2523	FO	1498		01:10:42	6531
5738	James	Loftus	Male	4008	MO	2148		01:10:43	6532
8394	Irma	Rekic	Female	2524	FO	1499	Jaguars Track & Field Club	01:10:44	6533
8325	Emily	Taskey	Female	2525	FO	1500		01:10:44	6534
8644	Jackie	Wells	Female	2526	F55	117		01:10:44	6535
8643	Kathryn	Pells	Female	2527	F50	203		01:10:45	6536
7146	Katie	Marson	Female	2528	FO	1501		01:10:46	6537
5177	Lauren	Kellett	Female	2529	FO	1502		01:10:46	6538
8773	Leon	Beales	Male	4009	MO	2149		01:10:46	6539
4500	Christopher	Brockbank	Male	4010	MO	2150	Ryston Runners	01:10:47	6540
8959	Carolyn	Bryan	Female	2530	F65	23		01:10:48	6541
5993	Adrian	Rayner	Male	4011	M60	180		01:10:48	6542
6323	Martyn	Dewis	Male	4012	M55	273		01:10:48	6543
7477	Toby	Britcher	Male	4013	MO	2151		01:10:49	6544
2163	Ness	Dent	Female	2531	F45	273	North Norfolk Beach Runners	01:10:50	6545
6857	Ged	Morris	Male	4014	M60	181		01:10:50	6546
8011	Rachel	Robson	Female	2532	F55	118		01:10:51	6547
9312	Paul	Dunstall	Male	4015	M60	182		01:10:51	6548
568	Gav	Dent	Male	4016	M45	405	North Norfolk Beach Runners	01:10:51	6549
6375	Paul	Young	Male	4017	M50	318		01:10:51	6550
8339	Mia	Harvey	Female	2533	FO	1503		01:10:52	6551
7830	Beth	Owen	Female	2534	FO	1504		01:10:53	6552
6314	Lydia	Chatwin	Female	2535	F40	342		01:10:54	6553
7771	Ashleigh	Gudgeon	Female	2536	FO	1505		01:10:54	6554
924	Nicola	Seager	Female	2537	F40	343		01:10:54	6555
6462	Amber	Lewis	Female	2538	FO	1506	Norfolk Harriers RC	01:10:54	6556
9083	Piper	Green	Male	4018	MO	2152		01:10:55	6557
4957	Ian	Currie	Male	4019	M55	274		01:10:55	6558
1920	Joseph	Bradey	Male	4020	MO	2153		01:10:55	6559
7872	Nicola	Fantom	Female	2539	FO	1507		01:10:56	6560
7606	Kate	Mcnelly	Female	2540	FO	1508		01:10:56	6561
7655	Gemma	Oldman	Female	2541	F40	344		01:10:56	6562

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
9357	Pete	Henry	Male	4021	M60	183		01:10:56	6563
7163	Jay	Birse	Female	2542	FO	1509		01:10:56	6564
7162	Liam	Block	Male	4022	MO	2154		01:10:57	6565
5992	Courtney	Farrow	Female	2543	FO	1510		01:10:57	6566
7202	Emma	Conway	Female	2544	F45	274		01:10:58	6567
6345	Lewis	Garvey	Male	4023	MO	2155		01:10:59	6568
8140	Matthew	Jones	Male	4024	MO	2156		01:11:00	6569
6070	Maisie	Fagan	Female	2545	FO	1511		01:11:00	6570
5225	Matthew	Conway	Male	4025	M40	554		01:11:00	6571
8886	Nicky	Bush	Female	2546	F55	119		01:11:00	6572
6036	Mark	Valpied	Male	4026	M50	319		01:11:01	6573
4308	Melanie	Galer	Female	2547	F50	204		01:11:01	6574
4963	Lucy	Holliday	Female	2548	F45	275	Great Yarmouth Road Runners	01:11:01	6575
7446	Frances	Green	Female	2549	FO	1512		01:11:02	6576
5701	Keavy	Wright	Female	2550	FO	1513		01:11:02	6577
7614	James	Close	Male	4027	M55	275		01:11:03	6578
7741	Paul	Fickling	Male	4028	M40	555		01:11:04	6579
7345	Emma	Jaggs	Female	2551	F40	345	Wymondham AC	01:11:04	6580
7020	Andrew	Hounslow	Male	4029	MO	2157		01:11:05	6581
9118	Benjamin	Wilson	Male	4030	MO	2158		01:11:05	6582
8798	Rachel	Jackson	Female	2552	F40	346		01:11:07	6583
6502	Zoe	Steward	Female	2553	F40	347		01:11:07	6584
7001	Ellie	Wilson	Female	2554	FO	1514		01:11:07	6585
9122	Dennis	Morales	Male	4031	M45	406		01:11:08	6586
5563	Megan	Charles	Female	2555	FO	1515		01:11:08	6587
7468	Rebecca	Thompson	Female	2556	FO	1516		01:11:08	6588
8374	Emmeline	Byrne	Female	2557	F40	348		01:11:09	6589
7298	Chris	Hook	Male	4032	M60	184		01:11:10	6590
7729	Emma	Traherne	Female	2558	F40	349		01:11:10	6591
8912	Dion	Lopez	Male	4033	MO	2159		01:11:10	6592
7384	Pamela	Haining	Female	2559	F40	350		01:11:10	6593
7730	Jodie	Cole	Female	2560	FO	1517		01:11:10	6594
7197	Sinead	Mccarter	Female	2561	FO	1518		01:11:11	6595
6701	Gary	Staddon	Male	4034	M55	276		01:11:11	6596
9119	Amy	Howarth	Female	2562	F45	276		01:11:11	6597
9270	Jack	Mutton	Male	4035	MO	2160		01:11:12	6598
8031	Richard	Marks	Male	4036	M65	99		01:11:12	6599
9450	Michael	Nutt	Male	4037	M40	556		01:11:13	6600
8366	Bex	Godwin	Female	2563	FO	1519		01:11:13	6601
8519	Steve	Burnett	Male	4038	M70	28		01:11:14	6602
8155	Matthew	Riggien	Male	4039	MO	2161		01:11:14	6603
8617	David	Rothon	Male	4040	M75+	11	Beccles & Bungay Harriers	01:11:14	6604
9173	Lynne	Weddle	Female	2564	F65	24	Beccles & Bungay Harriers	01:11:15	6605
4314	Darcey	Gardiner	Female	2565	FO	1520		01:11:16	6606
5814	Chris	Yapp	Female	2566	F45	277		01:11:16	6607
4887	Stuart	Sayer	Male	4041	M65	100		01:11:16	6608

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6551	Olivia	Roberts	Female	2567	FO	1521		01:11:16	6609
8968	Alicia	Grix	Female	2568	FO	1522		01:11:17	6610
3477	Martha	Howlett	Female	2569	FO	1523		01:11:18	6611
7398	Dale	Jarrold	Female	2570	FO	1524		01:11:19	6612
7700	Brooke	Pierozynski	Female	2571	FO	1525		01:11:19	6613
366	Jonathan	Jarrold	Male	4042	M45	407		01:11:19	6614
6642	Mark	Tucker	Male	4043	M60	185		01:11:20	6615
6004	Nathan	Harper	Male	4044	MO	2162		01:11:21	6616
7849	Amanda	Gray	Female	2572	F70	9	Wymondham AC	01:11:21	6617
7203	Tanya	Isbill	Female	2573	FO	1526		01:11:21	6618
6082	Melissa	Daw	Female	2574	FO	1527		01:11:21	6619
7631	Candace	Barnard	Female	2575	FO	1528		01:11:22	6620
8391	Diane	Thompson	Female	2576	F60	63		01:11:22	6621
7050	Rebecca	Dewyrall	Female	2577	F40	351		01:11:23	6622
4991	Matthew	Ridden	Male	4045	M45	408		01:11:23	6623
7358	Nicola	Dye	Female	2578	FO	1529		01:11:23	6624
8559	Michelle	Codling	Female	2579	F50	205		01:11:24	6625
6124	Lee	Newrick	Male	4046	M45	409		01:11:25	6626
8963	Steven	Lond-caulk	Male	4047	M60	186		01:11:25	6627
6924	Siu Yin	Lau	Male	4048	M45	410		01:11:26	6628
7649	Kate	Dwyer	Female	2580	F70	10		01:11:26	6629
4914	Sarah	Miller	Male	4049	M45	411		01:11:26	6630
8640	Harriette	Spouncer	Female	2581	FO	1530		01:11:28	6631
8084	Roma	Bernini	Female	2582	FO	1531		01:11:28	6632
6394	Charlie	Sewards	Male	4050	MO	2163		01:11:29	6633
1284	Owen	Benton	Male	4051	M50	320		01:11:29	6634
6999	Sean	Paterson	Male	4052	MO	2164		01:11:30	6635
8741	Saskia	Lister	Female	2583	FO	1532		01:11:30	6636
1447	Terry	Haggerty	Male	4053	M45	412		01:11:30	6637
5923	Jamie	Scallan	Female	2584	FO	1533		01:11:31	6638
6696	Grace	Burgess	Female	2585	FO	1534		01:11:31	6639
7676	Jack	Stroulger	Male	4054	MO	2165		01:11:32	6640
9006	Caroline	Willis	Female	2586	F45	278		01:11:32	6641
6216	Robert	Wilde	Male	4055	MO	2166		01:11:32	6642
3175	Todd	Jeffery	Male	4056	MO	2167		01:11:33	6643
8590	Emma	Nash	Female	2587	F45	279		01:11:33	6644
6135	Jasmin	Jeffery	Female	2588	FO	1535		01:11:33	6645
8324	Chris	Cheang	Female	2589	FO	1536		01:11:35	6646
9304	Hannah	Gray	Female	2590	FO	1537		01:11:35	6647
8294	Rebecca	Shaw	Female	2591	F40	352		01:11:36	6648
6954	Becky	Betts	Female	2592	FO	1538		01:11:36	6649
8077	Sarah	Sturgeon	Female	2593	FO	1539		01:11:36	6650
5746	Trevor	Thomas	Male	4057	M60	187		01:11:39	6651
8115	Debbie	Beare	Female	2594	F55	120		01:11:39	6652
6616	Charlie	Peck	Female	2595	FO	1540		01:11:39	6653
7634	Clare	Beveridge	Female	2596	F55	121		01:11:39	6654
5250	Gemma	Sullivan	Female	2597	F40	353		01:11:39	6655
5249	Lorna	Sullivan	Female	2598	FO	1541		01:11:39	6656
9436	Lola	Eadie	Female	2599	FO	1542		01:11:39	6657

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
9152	Jo	Panton	Female	2600	FO	1543		01:11:40	6658
5810	Rhiannon	Watkins	Female	2601	FO	1544		01:11:40	6659
8108	Laura	Palmer	Female	2602	F55	122		01:11:40	6660
6582	Libby	Harrison	Female	2603	FO	1545		01:11:41	6661
5065	Amy	Beasley	Female	2604	FO	1546		01:11:41	6662
6008	Hugh	Furness	Male	4058	M55	277		01:11:41	6663
5836	Poppy	Millar	Female	2605	FO	1547		01:11:41	6664
8334	Clayre	Asker	Female	2606	F50	206		01:11:42	6665
6906	Amy	Beven	Female	2607	FO	1548		01:11:42	6666
8281	Laura	Worthington	Female	2608	FO	1549		01:11:43	6667
8245	Eleanor	Lewis	Female	2609	F50	207		01:11:44	6668
8318	Faith	Bunn	Female	2610	FO	1550		01:11:44	6669
8189	Ruth	Yallop	Female	2611	F45	280		01:11:45	6670
7691	Amie	Vick	Female	2612	FO	1551		01:11:45	6671
6714	Aimee	Konieczny	Female	2613	FO	1552		01:11:45	6672
5158	Mark	Mckenzie	Male	4059	M45	413		01:11:45	6673
3234	Klive	Comia	Male	4060	MO	2168		01:11:46	6674
6238	Deeseray	Demafeliz	Female	2614	FO	1553		01:11:46	6675
7267	Annie	Trudgill	Female	2615	FO	1554		01:11:46	6676
8754	Liv	Harris	Female	2616	FO	1555		01:11:47	6677
8654	Erena	Peters	Female	2617	FO	1556	Coltishall Jaguars RC	01:11:47	6678
7876	Nicki	Mosca-kyne	Female	2618	F45	281		01:11:47	6679
4034	Rosie	Branford	Female	2619	FO	1557		01:11:48	6680
7329	Elizabeth	Chadney	Female	2620	F50	208		01:11:49	6681
7467	Lee	Evans	Male	4061	M45	414		01:11:49	6682
6088	Jasmine	Clay	Female	2621	FO	1558		01:11:50	6683
8452	Frances	Hann	Female	2622	F40	354		01:11:50	6684
7787	Lindsay	Churchman	Female	2623	F40	355	Diss and District AC	01:11:51	6685
8883	Vicky	Measures	Female	2624	FO	1559		01:11:52	6686
8557	Mitchell	Kelf	Male	4062	MO	2169		01:11:53	6687
7242	David	Alexander-will iams	Male	4063	M70	29		01:11:53	6688
7303	Emily	Rees	Female	2625	FO	1560		01:11:53	6689
5856	Sylvia	Webster	Female	2626	F70	11	Wymondham AC	01:11:54	6690
8902	Fiona	Lockwood	Female	2627	FO	1561		01:11:54	6691
6994	Trinity	Macqueen	Female	2628	FO	1562		01:11:55	6692
8408	Ryan	Ferm	Male	4064	MO	2170		01:11:57	6693
5812	Laura	Davies	Female	2629	FO	1563		01:11:58	6694
5405	Dominik	Grzyb	Male	4065	M40	557		01:11:58	6695
6829	Basia	Rozanska	Female	2630	F40	356		01:11:58	6696
4609	Jonathan	Carroll	Male	4066	M60	188		01:11:58	6697
7006	Ryan	Bensley	Male	4067	MO	2171		01:11:59	6698
8843	Honor	Roberts	Female	2631	FO	1564		01:11:59	6699
7436	Alix	Williamson	Female	2632	FO	1565		01:11:59	6700
9098	Kate	Freeman	Female	2633	F40	357		01:12:00	6701
7470	Mandie	Thorpe	Female	2634	F50	209	Dereham Runners AC	01:12:00	6702
6165	Phillippa	Marsh	Female	2635	F45	282		01:12:01	6703
5527	Georgina	Harvey	Female	2636	F40	358		01:12:01	6704

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6401	William	Knight	Male	4068	MO	2172		01:12:01	6705
4017	Katie	Tompson-whyte	Female	2637	FO	1566		01:12:01	6706
9347	Liam	Bell	Male	4069	MO	2173		01:12:01	6707
6928	Lorraine	Clements	Female	2638	F40	359		01:12:01	6708
8788	Lisa	Brown	Female	2639	F45	283		01:12:02	6709
9093	Emily	Liu	Female	2640	FO	1567		01:12:02	6710
8789	Megan	Brown	Female	2641	FO	1568		01:12:02	6711
3487	Alexander	Firman	Male	4070	M40	558		01:12:02	6712
7619	Sarah	Osbaldeston	Female	2642	F45	284		01:12:03	6713
8470	Luke	Simpson	Male	4071	MO	2174		01:12:03	6714
7696	Mark	Cator	Male	4072	M55	278		01:12:03	6715
8100	Claire	Wattam	Female	2643	F50	210		01:12:03	6716
8873	Karama	Simpson	Female	2644	F40	360		01:12:03	6717
8139	Donna	Cator	Female	2645	F50	211		01:12:04	6718
9086	Elen	Ames	Female	2646	FO	1569		01:12:04	6719
8482	Holly	Hornagold	Female	2647	FO	1570		01:12:05	6720
6866	Joanna	Moir	Female	2648	FO	1571		01:12:07	6721
6593	Nico	Tolentino	Male	4073	MO	2175		01:12:08	6722
6856	George	Brownsell	Male	4074	MO	2176		01:12:08	6723
7896	Elizabeth	Meyer	Female	2649	FO	1572		01:12:08	6724
6101	Frances	Irwin	Female	2650	FO	1573		01:12:08	6725
3330	Stephanie	Leek	Female	2651	FO	1574		01:12:09	6726
7910	Lucy	Johnston	Female	2652	F45	285	Bungay Black Dog RC	01:12:09	6727
7666	Rachel	Shaw	Female	2653	F50	212		01:12:09	6728
8050	Alistair	Cheeseman	Male	4075	MO	2177		01:12:10	6729
9133	David	Allison	Male	4076	M40	559		01:12:11	6730
9095	Laura	Burdett	Female	2654	FO	1575		01:12:12	6731
7907	Jane	Davis	Female	2655	F60	64		01:12:13	6732
8735	Shireen	Hughes	Female	2656	FO	1576		01:12:13	6733
7769	Steff	Firth	Female	2657	F55	123		01:12:14	6734
8271	Anthony	Hughes	Male	4077	MO	2178		01:12:14	6735
5551	Daniel	Bullion	Male	4078	MO	2179		01:12:15	6736
7731	Jessica	Coolahan	Female	2658	F40	361		01:12:17	6737
8905	Emily	Thrupp	Female	2659	FO	1577		01:12:17	6738
7260	William	Haczewski	Male	4079	MO	2180		01:12:18	6739
5246	Ashley	Benton	Female	2660	FO	1578		01:12:18	6740
8830	Karen	Webb	Female	2661	F55	124		01:12:18	6741
8317	Emily	Holden	Female	2662	FO	1579		01:12:19	6742
5512	Lyndsey	Fairfield	Female	2663	F40	362		01:12:20	6743
8313	Julie	Hunter Jennings	Female	2664	F50	213		01:12:20	6744
7981	Annette	Sissons	Female	2665	F60	65	Hayes & Harlington Road Runners	01:12:21	6745
7000	Steve	Bliss	Male	4080	M55	279		01:12:21	6746
7877	Alison	Riglar	Female	2666	F50	214		01:12:22	6747
7448	Peter	Darwood	Male	4081	M45	415		01:12:22	6748
3468	Paul	Plummer	Male	4082	M60	189		01:12:22	6749
8371	Jon	D'eath	Male	4083	M55	280		01:12:22	6750

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7013	Vikki	Brownsell	Female	2667	F50	215	Great Yarmouth Road Runners	01:12:23	6751
8060	Lucy	Mccarthy	Female	2668	FO	1580		01:12:23	6752
8884	Niamh	Forde	Female	2669	FO	1581		01:12:23	6753
7388	Jonathan	Brown	Male	4084	M45	416		01:12:23	6754
8488	Trudi	Moore	Female	2670	F50	216		01:12:24	6755
8422	Kerry	Will	Female	2671	FO	1582		01:12:25	6756
3360	Charlie	Cullum	Female	2672	FO	1583		01:12:26	6757
5941	Lauren	Carrick	Female	2673	FO	1584		01:12:26	6758
3486	Kirsty	Firman	Female	2674	F40	363		01:12:26	6759
5959	Connor	Smyth	Male	4085	MO	2181		01:12:27	6760
5153	Jonathan	Wilson	Male	4086	MO	2182		01:12:29	6761
8338	Robert	Holliday	Male	4087	M65	101		01:12:29	6762
7044	Rebekah	Wilson	Female	2675	F40	364		01:12:29	6763
7350	Anna	Harrison	Female	2676	F40	365		01:12:30	6764
7495	Sarah	Hunt	Female	2677	F45	286		01:12:33	6765
6863	Chloe	Whymark	Female	2678	FO	1585		01:12:34	6766
6982	Kirsty	Sturman	Female	2679	F45	287	Lonely Goat RC	01:12:35	6767
8874	Martin	Chapman	Male	4088	M50	321		01:12:35	6768
8413	Megan	Whiting	Female	2680	FO	1586		01:12:36	6769
6862	Wills	Perks	Male	4089	MO	2183		01:12:36	6770
7744	Catherine	Short	Female	2681	FO	1587	Great Yarmouth Road Runners	01:12:36	6771
7206	Natalie	Goodman	Female	2682	FO	1588	Great Yarmouth Road Runners	01:12:36	6772
8802	Bethany	Rollett	Female	2683	FO	1589		01:12:36	6773
7192	Sarah	Earles	Female	2684	FO	1590		01:12:36	6774
2782	Gary	Heffer	Male	4090	M40	560		01:12:37	6775
9207	Daniel	Castleton	Male	4091	M55	281		01:12:37	6776
7381	Russ	Bulmer	Male	4092	M45	417	Norfolk Gazelles AC	01:12:38	6777
5842	Megan	Byrne	Female	2685	FO	1591		01:12:38	6778
5843	Nicholas	Hall	Male	4093	MO	2184		01:12:39	6779
7254	Sian	Brown	Female	2686	FO	1592		01:12:39	6780
7447	Matthew	Hubbard	Male	4094	MO	2185		01:12:40	6781
9115	Mark	Newman	Male	4095	M75+	12	City Of Norwich AC	01:12:40	6782
6298	Russell	Wood	Male	4096	M50	322		01:12:41	6783
3374	Amy	Witty	Female	2687	FO	1593	Norwich Road Runners	01:12:41	6784
6643	Emily	Witty	Female	2688	FO	1594		01:12:41	6785
8460	Abi	Ife	Female	2689	F40	366		01:12:42	6786
7656	Lorraine	Reeves	Female	2690	F50	217	Brandon Fern Hoppers	01:12:42	6787
7385	Christopher	Hayward	Male	4097	MO	2186		01:12:43	6788
6089	Emily	Nicholson	Female	2691	FO	1595		01:12:44	6789
8244	Fenil	Desai	Male	4098	M40	561		01:12:44	6790
9383	Gemma	Armstrong	Female	2692	F45	288		01:12:44	6791
7795	Clare	Lincoln	Female	2693	F45	289		01:12:44	6792
9396	Dee	Willmott	Female	2694	F60	66		01:12:44	6793
9393	Steph	Briggs	Female	2695	F55	125		01:12:44	6794

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7432	Helen	Vinsen	Female	2696	F55	126		01:12:45	6795
8937	Maxine	Debenham	Female	2697	FO	1596		01:12:45	6796
3067	Rachael	Easter	Female	2698	FO	1597		01:12:45	6797
9431	Helen	Barnes	Female	2699	F40	367		01:12:46	6798
5776	Alison	Mccurley	Female	2700	F60	67		01:12:46	6799
6845	Joe	Pennington	Male	4099	MO	2187		01:12:47	6800
7354	Nicola	D'eath	Female	2701	F50	218		01:12:47	6801
3932	Amy	Mills	Female	2702	FO	1598		01:12:48	6802
3966	Yasmin	Hoy	Female	2703	FO	1599		01:12:48	6803
7017	Charles	King	Male	4100	M60	190		01:12:48	6804
3065	Yianna	Easter	Female	2704	FO	1600		01:12:49	6805
3066	Aaron	Easter	Male	4101	MO	2188		01:12:50	6806
8311	John	O'kane	Male	4102	M55	282		01:12:52	6807
7251	Julian	Phillippo	Male	4103	M50	323		01:12:52	6808
7253	Barnaby	Phillippo	Male	4104	MO	2189		01:12:52	6809
6290	Kimberley	Reeves	Female	2705	FO	1601		01:12:52	6810
5710	Naomi	Keetley	Female	2706	F40	368		01:12:53	6811
6472	Robbie	Josephs	Male	4105	MO	2190		01:12:54	6812
6684	Julia	Pelham	Female	2707	F50	219		01:12:54	6813
5885	Jack	Moss	Male	4106	MO	2191		01:12:54	6814
7653	Coral	Drane	Female	2708	F60	68	Tri-Anglia Triathlon Club	01:12:54	6815
3388	Christopher	Shearing	Male	4107	M45	418		01:12:55	6816
8733	Nicole	Sears	Female	2709	FO	1602		01:12:55	6817
5853	Roy	Howard	Male	4108	M65	102		01:12:55	6818
8384	Kirsty	Tatum	Female	2710	F40	369		01:12:55	6819
4929	Ivor	Mcnaugher	Male	4109	M60	191		01:12:57	6820
9116	Kevin	Underwood	Male	4110	M60	192		01:12:57	6821
8376	Amanda	Codling	Female	2711	F50	220		01:12:58	6822
5470	Stephanie	Wenn	Female	2712	FO	1603	Norwich Road Runners	01:12:58	6823
3934	Karl	Jermyn	Male	4111	M50	324		01:12:59	6824
8021	Sabrina	Ives	Female	2713	FO	1604		01:12:59	6825
4589	Michael	Coulson	Male	4112	MO	2192		01:13:01	6826
5715	Nicole	Van Den Wittenboer	Female	2714	F55	127	Buckley RC	01:13:01	6827
7843	Stephanie	Smith	Female	2715	F45	290		01:13:02	6828
8989	Suzanne	Lightwing-smi th	Female	2716	F50	221		01:13:02	6829
7953	Gemma	Waldie	Female	2717	FO	1605		01:13:03	6830
6340	Aaron	Huffey	Male	4113	MO	2193		01:13:03	6831
7711	William	Kemp	Male	4114	MO	2194	Bungay Black Dog RC	01:13:04	6832
8199	Adam	Jones	Male	4115	MO	2195		01:13:04	6833
6754	Diane	Hoadley	Female	2718	F40	370		01:13:04	6834
7814	Erin Renee	Bundey	Female	2719	F45	291		01:13:05	6835
7438	Jo	Shorrock	Female	2720	F65	25		01:13:06	6836
7906	Lauren	Burton	Female	2721	FO	1606		01:13:06	6837
7064	Dan	Edge	Male	4116	M40	562		01:13:07	6838
6935	Heidi	Smith	Female	2722	F50	222	Thetford AC	01:13:07	6839
7458	Katherine	Stewart	Female	2723	F50	223		01:13:08	6840
8935	Spencer	Alden	Male	4117	MO	2196		01:13:08	6841

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8234	Sarah	Willcox	Female	2724	F40	371		01:13:08	6842
6072	Ruby	Alabaster-williams	Female	2725	FO	1607		01:13:08	6843
7378	Louisa	Tink	Female	2726	F45	292		01:13:09	6844
5771	Helen	Laskey	Female	2727	FO	1608		01:13:09	6845
2947	Alycia	Thomson	Female	2728	FO	1609		01:13:09	6846
6970	Alice	Jackson	Female	2729	FO	1610		01:13:10	6847
8714	Angela	Grey	Female	2730	F45	293	Great Yarmouth Road Runners	01:13:12	6848
6953	Tessa	Crocker	Female	2731	F45	294		01:13:13	6849
7727	India	Sawyer	Female	2732	FO	1611		01:13:13	6850
7077	Kelsie	Moore	Female	2733	FO	1612		01:13:14	6851
6952	Oliver	Crocker	Male	4118	M40	563		01:13:14	6852
7911	Tom	Peachman	Male	4119	MO	2197		01:13:14	6853
7841	Bethany	Rea	Female	2734	FO	1613		01:13:14	6854
6275	Heather	Sadler	Female	2735	FO	1614		01:13:15	6855
6056	Richard	Houston	Male	4120	M55	283		01:13:15	6856
8086	Daniel	Lightening	Male	4121	M45	419		01:13:16	6857
7114	Rebecca	Kingsland	Female	2736	FO	1615		01:13:16	6858
9365	Jennifer	Banol	Female	2737	FO	1616		01:13:18	6859
9011	Ella	Penny	Female	2738	FO	1617		01:13:18	6860
7694	Natalie	Fiske	Female	2739	F40	372		01:13:19	6861
7712	Marcelle	Evans	Female	2740	F45	295		01:13:19	6862
4459	Rebecca	Burris	Female	2741	F45	296	Thetford AC	01:13:19	6863
7194	Emily	Turnbull	Female	2742	F40	373		01:13:20	6864
6573	Kit	Gill	Male	4122	MO	2198		01:13:20	6865
8820	Noah	Bliss	Male	4123	MO	2199		01:13:21	6866
8116	Anna	Murray	Female	2743	FO	1618		01:13:23	6867
9227	Avinash Chandra	Srivastava	Male	4124	M40	564		01:13:24	6868
8616	Rebecca	Garvey	Female	2744	F40	374	Dulwich Park Runners	01:13:25	6869
7719	Jon	Parker	Male	4125	M50	325		01:13:25	6870
8103	Mandy	Croshaw	Female	2745	F55	128	Waveney Valley AC	01:13:25	6871
8819	Alex	Hamilton	Male	4126	M50	326		01:13:26	6872
6989	Laura	Browning	Female	2746	FO	1619		01:13:27	6873
5255	Patrick	Garvey	Male	4127	MO	2200		01:13:27	6874
8143	Nicole	Joyce	Female	2747	FO	1620		01:13:28	6875
7929	John	Carr	Male	4128	M65	103		01:13:29	6876
4932	Jessikah	Moses	Female	2748	FO	1621		01:13:29	6877
7309	Jasmin Hague	Hague	Female	2749	FO	1622		01:13:30	6878
9193	Rachel	Ziemelis	Female	2750	FO	1623		01:13:31	6879
4517	Roger	Eglen	Male	4129	M75+	13		01:13:31	6880
8979	Imogen	Cheetham	Female	2751	FO	1624		01:13:31	6881
7348	Helen	Wells	Female	2752	F50	224		01:13:32	6882
6901	Kelly	Westrop	Female	2753	FO	1625		01:13:33	6883
8296	Lauren	Alden	Female	2754	FO	1626		01:13:34	6884
7941	Helen	Nichols-buck	Female	2755	F45	297		01:13:35	6885
8988	Ellie	Stone	Female	2756	FO	1627		01:13:36	6886
5628	Adrian	Huggett	Male	4130	M65	104		01:13:36	6887
8585	Caitlin	Green	Female	2757	FO	1628		01:13:37	6888

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6671	Joanna	Beatham	Female	2758	F40	375		01:13:37	6889
7915	Nina	Baisley	Female	2759	F50	225		01:13:37	6890
2244	Kevin	Blackburn	Male	4131	MO	2201		01:13:38	6891
6178	Emma	Windust	Female	2760	FO	1629		01:13:38	6892
8586	Sally	Dix	Female	2761	FO	1630		01:13:38	6893
5841	Gary	Gannon	Male	4132	M55	284	Norwich Road Runners	01:13:40	6894
7276	Peter	Wapshott	Male	4133	M75+	14		01:13:41	6895
7799	Michelle	Hewitt	Female	2762	F45	298		01:13:41	6896
7916	Paul	Regester	Male	4134	M60	193		01:13:42	6897
6526	Jonny	Burrell	Male	4135	MO	2202		01:13:43	6898
7928	Sarah	Carr	Female	2763	F60	69		01:13:44	6899
7173	Isabel	Dhillon	Female	2764	FO	1631		01:13:45	6900
6660	Georgina	Russell	Female	2765	FO	1632		01:13:45	6901
4958	Ros	Miller	Female	2766	F55	129		01:13:45	6902
7392	Serena	Mears	Female	2767	F40	376		01:13:46	6903
4907	Fred	Aspinall	Male	4136	MO	2203		01:13:46	6904
7875	Amy	Mace	Female	2768	FO	1633		01:13:46	6905
4908	Harry	Farrell-beales	Male	4137	MO	2204		01:13:47	6906
7965	Charlotte	Clifford	Female	2769	FO	1634		01:13:47	6907
6005	Richard	Davies	Male	4138	M50	327		01:13:48	6908
9249	Victoria	Murphy	Female	2770	FO	1635		01:13:51	6909
8157	Lucy	Martin	Female	2771	FO	1636		01:13:51	6910
8840	Louise	Hatfield	Female	2772	F40	377		01:13:53	6911
8570	Matt	Wakefield	Male	4139	M45	420		01:13:53	6912
7909	Anne	Phillips	Female	2773	F55	130		01:13:54	6913
9272	Rosemary	Copsey	Female	2774	F60	70		01:13:54	6914
8035	Amie	Forster	Female	2775	FO	1637		01:13:54	6915
5996	Sarah	Nelson	Female	2776	F50	226		01:13:54	6916
8697	Holly	Curran	Female	2777	FO	1638		01:13:55	6917
3627	Oscar	Chapman	Male	4140	MO	2205		01:13:56	6918
3750	Jan	Smith	Female	2778	F60	71	FORDY RUNS Running Club	01:13:57	6919
5571	Rob	Dye	Male	4141	M55	285		01:13:58	6920
8269	Anna	Page	Female	2779	FO	1639		01:13:58	6921
8180	Shaun	Obrien	Male	4142	M60	194		01:13:59	6922
7883	Matt	Bailey	Male	4143	MO	2206		01:13:59	6923
9245	Simon	Sparrow	Male	4144	M60	195		01:13:59	6924
9213	Clair	Gribble	Female	2780	F45	299		01:14:00	6925
7935	Laura	Mcaree	Female	2781	FO	1640		01:14:00	6926
6283	Sophie	Wicks	Female	2782	FO	1641		01:14:00	6927
7065	Ray	Smith	Male	4145	M55	286		01:14:01	6928
7678	Sophie-mae	Routledge	Female	2783	FO	1642		01:14:01	6929
8283	Christopher	Raven	Male	4146	M60	196		01:14:01	6930
8337	Edward	O'Neill	Male	4147	M45	421		01:14:01	6931
7885	Sharon	Colman	Female	2784	F55	131		01:14:01	6932
7677	Emma	Hilling-smith	Female	2785	FO	1643		01:14:01	6933
8190	Lloyd	Collier	Male	4148	MO	2207		01:14:01	6934
7947	Rachel	Belcher	Female	2786	FO	1644		01:14:02	6935
8041	Catherine	Redfern	Female	2787	F50	227		01:14:02	6936

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7957	Nikki	Vallecillo Reeve	Female	2788	FO	1645		01:14:03	6937
7732	Caitlin	Avery	Female	2789	FO	1646		01:14:04	6938
2675	Mohd Azam	Malik	Male	4149	MO	2208		01:14:05	6939
9442	Dayna	Fenton	Female	2790	FO	1647		01:14:05	6940
9294	Kerry	Wharton	Female	2791	F40	378		01:14:05	6941
7923	Bea	Cutts-ward	Female	2792	FO	1648		01:14:05	6942
8054	Claire	Honess	Female	2793	F50	228		01:14:06	6943
7252	Daisy	Phillippo	Female	2794	FO	1649		01:14:07	6944
4881	Harry	Jeffries	Male	4150	MO	2209		01:14:09	6945
8881	Marina	Pais	Female	2795	F45	300		01:14:09	6946
8597	Damon	Watker	Male	4151	M55	287		01:14:10	6947
8219	Pratap	Rajan	Male	4152	M40	565		01:14:10	6948
8444	Lee	Palmer	Male	4153	M45	422		01:14:10	6949
2494	James	Sharpe	Male	4154	M40	566		01:14:10	6950
8387	Victoria	Brown	Female	2796	FO	1650		01:14:11	6951
8402	Judy	King	Female	2797	F60	72		01:14:11	6952
7611	Alison	Jordison	Female	2798	F55	132		01:14:12	6953
8782	Ashleigh	Beales	Female	2799	FO	1651		01:14:13	6954
9323	Jayna	Carroll	Female	2800	FO	1652		01:14:13	6955
6511	Daniel	Ditcham	Male	4155	M40	567		01:14:14	6956
8505	Emily	Rose	Female	2801	FO	1653		01:14:14	6957
9376	Gemma	Cook	Female	2802	FO	1654		01:14:15	6958
8437	Peter	Bate	Male	4156	M65	105		01:14:15	6959
8129	Nicole	Kaptein	Female	2803	FO	1655		01:14:16	6960
8541	Alice	Pritchard	Female	2804	FO	1656		01:14:16	6961
8172	Josh	Mcdonald	Male	4157	MO	2210		01:14:16	6962
6849	Rachel	Appleton-bur wood	Female	2805	F50	229		01:14:16	6963
7637	Lucy	Hampson	Female	2806	FO	1657		01:14:17	6964
8496	Libby	Brockett	Female	2807	FO	1658		01:14:17	6965
5516	Amy	Vincent	Female	2808	FO	1659		01:14:17	6966
5880	Molly	Brockett	Female	2809	FO	1660		01:14:17	6967
5168	John	Crowley	Male	4158	M50	328	Ryston Runners	01:14:18	6968
7102	Simon	Ashton	Male	4159	M60	197	Lonely Goat RC	01:14:19	6969
7761	Cameron	Britcher	Male	4160	MO	2211		01:14:19	6970
5868	Michael	Tagg	Male	4161	MO	2212		01:14:20	6971
6091	Sophie	Waller	Female	2810	FO	1661		01:14:20	6972
6837	Amy	Bowdrey	Female	2811	FO	1662		01:14:21	6973
8816	Alice	Burnett	Female	2812	FO	1663		01:14:22	6974
8815	Anna	Green	Female	2813	FO	1664		01:14:22	6975
8756	Roxanne	Claxton	Female	2814	FO	1665		01:14:22	6976
8202	Hannah	Smith	Female	2815	F45	301		01:14:22	6977
7466	Hayley	Sendall	Female	2816	F50	230		01:14:23	6978
8432	Christine	Halls	Female	2817	FO	1666		01:14:23	6979
9166	Hannah	Worsley	Female	2818	F40	379		01:14:24	6980
7847	Karen	Siggery	Female	2819	F55	133		01:14:25	6981
8419	Rachel	Tremeer Lines	Female	2820	F45	302		01:14:25	6982
7813	Daren	Tremeer-lines	Male	4162	M55	288		01:14:26	6983

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6506	Franziska	Brugger	Female	2821	F40	380		01:14:27	6984
6817	Andrew	Dowler	Male	4163	M55	289		01:14:27	6985
8767	Sarah	Koster	Female	2822	F55	134		01:14:27	6986
7720	Jake	Johnson	Male	4164	MO	2213		01:14:28	6987
7222	Thomas	Vallis	Male	4165	MO	2214		01:14:28	6988
6137	Willoughby	Ellson	Male	4166	MO	2215		01:14:28	6989
7961	Gaile	Austria	Female	2823	FO	1667		01:14:28	6990
8003	Grace	Ramsey	Female	2824	FO	1668		01:14:29	6991
8004	Gabby	Newland	Male	4167	MO	2216		01:14:29	6992
5192	Alfie	Bitcher	Male	4168	MO	2217		01:14:30	6993
6169	Jade	Doy	Female	2825	FO	1669		01:14:30	6994
6170	Kevin	Doy	Male	4169	M55	290		01:14:30	6995
7357	Cara	Durrant	Female	2826	FO	1670		01:14:31	6996
7370	Astrid	Barber	Female	2827	FO	1671		01:14:32	6997
6622	Caroline	Williams	Female	2828	F50	231		01:14:32	6998
8545	Gary	Durrant	Male	4170	M55	291		01:14:32	6999
4584	Clare	Broughton	Female	2829	F50	232		01:14:32	7000
7920	Elizabeth	Phillips	Female	2830	FO	1672		01:14:33	7001
8595	Colin	Church	Male	4171	M65	106		01:14:34	7002
7382	Laura	Seville	Female	2831	FO	1673	Wymondham AC	01:14:34	7003
3607	James	Walker	Male	4172	M45	423		01:14:35	7004
7919	Chris	Tripp	Male	4173	M40	568		01:14:35	7005
9251	Mike	Murphy	Male	4174	MO	2218		01:14:36	7006
6877	Darren	Smith	Male	4175	M55	292		01:14:36	7007
8629	Laura	Shaw	Female	2832	F45	303		01:14:36	7008
5878	Thomas	Walker	Male	4176	MO	2219		01:14:36	7009
8538	Tina	Swann	Female	2833	F60	73		01:14:37	7010
8850	Tracey	Jermy	Female	2834	F55	135	Great Yarmouth Road Runners	01:14:37	7011
7047	Peter	Hill	Male	4177	M75+	15	North Norfolk Beach Runners	01:14:37	7012
7968	Katie	Swann	Female	2835	FO	1674		01:14:37	7013
8669	Rada	Brakhman	Female	2836	FO	1675		01:14:39	7014
6944	Bethany	Kemp	Female	2837	FO	1676		01:14:39	7015
6753	Fern	Moore	Female	2838	FO	1677		01:14:40	7016
6172	Jo	Bates	Female	2839	F55	136		01:14:40	7017
7098	Kara	Pull	Female	2840	F45	304		01:14:40	7018
7717	Nicky	Moore	Female	2841	F60	74		01:14:40	7019
6600	Michelle	Bean	Female	2842	F45	305	Great Yarmouth Road Runners	01:14:41	7020
7770	Duncan	Green	Male	4178	M60	198		01:14:41	7021
8757	Lisa	Dunmore	Female	2843	F45	306		01:14:41	7022
5593	Daniel	Stott	Male	4179	MO	2220		01:14:41	7023
4744	Ian	Moore	Male	4180	M45	424		01:14:42	7024
8720	Jennifer	James-cole	Female	2844	F40	381		01:14:42	7025
4089	Emily	Smith	Female	2845	FO	1678		01:14:44	7026
7794	Pat	Layton	Male	4181	M65	107		01:14:45	7027
7699	Stephanie	Gonzalez Castro	Female	2846	F40	382		01:14:46	7028

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7733	Claire	Herwin	Female	2847	F50	233	Dereham Runners AC	01:14:46	7029
8948	Harriet	Rackham	Female	2848	FO	1679		01:14:46	7030
7361	Amanda	Reeves	Female	2849	F60	75		01:14:47	7031
7924	Jonathon	Gould	Male	4182	M50	329		01:14:48	7032
7930	Bethany	Gordon	Female	2850	FO	1680		01:14:49	7033
4702	Izobel	Clegg	Female	2851	FO	1681		01:14:49	7034
2273	Joe	Crowley	Male	4183	MO	2221		01:14:50	7035
7071	Ollie	Mowles	Male	4184	MO	2222		01:14:50	7036
7070	Tony	Mowles	Male	4185	M55	293		01:14:50	7037
7808	Henry	Hughes	Male	4186	MO	2223		01:14:52	7038
8962	Kirsty	Harvey	Female	2852	F40	383		01:14:52	7039
7810	Sophia	Reeve	Female	2853	FO	1682		01:14:53	7040
6338	Robin	Smith	Male	4187	MO	2224		01:14:53	7041
4869	Laura	Robinson	Female	2854	FO	1683		01:14:53	7042
6592	Suzanne	Van Wier	Female	2855	FO	1684		01:14:54	7043
7347	Kerry	Goodhew	Female	2856	F40	384		01:14:56	7044
8719	Sarah	Fuller	Female	2857	F40	385		01:14:56	7045
8993	Kimberly	Lugo	Female	2858	FO	1685		01:14:57	7046
8582	Rebecca	Cutting	Female	2859	F50	234		01:14:57	7047
7363	Sarah	Dance	Female	2860	F40	386		01:14:57	7048
6284	Nagine	Harvey	Female	2861	FO	1686		01:14:58	7049
4657	William	Knights	Male	4188	MO	2225		01:14:58	7050
6285	Matt	Harvey	Male	4189	MO	2226		01:14:59	7051
8280	Chelsea	Hobdell	Female	2862	FO	1687		01:15:00	7052
5813	Jordane	Marsh	Female	2863	FO	1688		01:15:00	7053
8208	Laura	Baxter	Female	2864	FO	1689		01:15:00	7054
8564	Alice	Greenway-jones	Female	2865	FO	1690		01:15:01	7055
5717	Emily	Wistow	Female	2866	FO	1691		01:15:01	7056
5575	Ian	Cuthbert	Male	4190	M40	569		01:15:01	7057
8933	Sally	Cutts	Female	2867	F65	26		01:15:02	7058
8542	Lisa	Williams	Female	2868	F60	76		01:15:03	7059
8662	Denise J	Mackay	Female	2869	F55	137		01:15:04	7060
5926	Donna	Ayers	Female	2870	F40	387		01:15:04	7061
7790	Sarah	Jones	Female	2871	F40	388		01:15:04	7062
4003	Nicola	Bowles	Female	2872	F45	307		01:15:05	7063
7791	Korine	Brooks Keith	Female	2873	F40	389		01:15:05	7064
6339	Jason	Nichols	Male	4191	MO	2227		01:15:05	7065
7990	Amy	Peck	Female	2874	F40	390		01:15:06	7066
8064	Abbie	Wagstaff	Female	2875	FO	1692		01:15:07	7067
8106	Lisa	Marjoram	Female	2876	F45	308		01:15:07	7068
7993	Ryan	Powley	Male	4192	MO	2228	Wymondham AC	01:15:08	7069
9026	Erin	Tungate	Female	2877	FO	1693		01:15:09	7070
9025	Chloe	Humphreys	Female	2878	FO	1694		01:15:09	7071
8503	Zoe	Griffiths	Female	2879	FO	1695		01:15:10	7072
9384	Rebecca	Ogden	Female	2880	F40	391		01:15:10	7073
7633	Stephanie	Atkinson	Female	2881	FO	1696		01:15:11	7074
4911	Zak	Powles	Male	4193	MO	2229		01:15:13	7075
7710	Lucy	Mayes	Female	2882	FO	1697		01:15:13	7076

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5909	Philip	Powles	Male	4194	M50	330		01:15:13	7077
8967	Louise	Easter	Female	2883	F45	309		01:15:13	7078
6310	Nicolette	Neile	Female	2884	F45	310		01:15:14	7079
8638	Jane	Vincent	Female	2885	F50	235		01:15:14	7080
7973	Georgia	Myhill	Female	2886	FO	1698		01:15:14	7081
3427	Olivia	Graves	Female	2887	FO	1699		01:15:15	7082
7143	Grace	Tilford	Female	2888	FO	1700		01:15:15	7083
4075	Neil	Barron	Male	4195	M40	570		01:15:15	7084
7972	Stella	Dye	Female	2889	F45	311		01:15:16	7085
7391	Jess	Barton	Female	2890	F45	312		01:15:16	7086
7736	Debbie	Smith	Female	2891	F55	138	Thetford AC	01:15:17	7087
9348	Sharon	Bone	Female	2892	F50	236		01:15:18	7088
4057	Phillipa	France	Female	2893	F50	237	Norfolk Gazelles AC	01:15:19	7089
8863	Tracey	Gardiner	Female	2894	F40	392		01:15:19	7090
6343	Julien	Nelson	Male	4196	M60	199		01:15:20	7091
7978	Anupa	Dholiwar	Female	2895	F40	393		01:15:20	7092
8101	Dovydas	Kvedys	Male	4197	MO	2230		01:15:20	7093
9128	Evie	Durant	Female	2896	FO	1701		01:15:21	7094
8467	Claire	Beard	Female	2897	F50	238		01:15:21	7095
8270	Rebecca	Beckett	Female	2898	F40	394		01:15:21	7096
8694	Ian	Carrick	Male	4198	M40	571		01:15:22	7097
7156	Ellen	Dawson-brown	Female	2899	FO	1702		01:15:23	7098
7144	Kate	Cornfield	Female	2900	FO	1703		01:15:24	7099
8401	Dennis	Carter	Male	4199	M75+	16	Wymondham AC	01:15:25	7100
8254	Jack	Dallain	Male	4200	MO	2231		01:15:26	7101
8258	Katie	Bayliss	Female	2901	F40	395		01:15:26	7102
7803	Jonathon	Coe	Male	4201	MO	2232		01:15:27	7103
5368	Helen	Morsia	Female	2902	FO	1704		01:15:28	7104
8606	Claudia	Bangs	Female	2903	F50	239		01:15:29	7105
5924	Thomas	Jones	Male	4202	M45	425		01:15:30	7106
7692	Caszie	Bird	Female	2904	FO	1705		01:15:30	7107
8805	Lauren	Buckingham	Female	2905	FO	1706		01:15:31	7108
8806	Levi	Buckingham	Male	4203	MO	2233		01:15:31	7109
4520	Chris	Buckingham	Female	2906	F55	139		01:15:31	7110
7767	Sarah	Jones	Female	2907	F45	313		01:15:31	7111
8626	Jamie	Waite	Male	4204	M40	572		01:15:33	7112
8627	Bethany	Waite	Female	2908	FO	1707		01:15:33	7113
7688	Harriet	Fox	Female	2909	FO	1708		01:15:33	7114
8091	H	Steward	Female	2910	F55	140		01:15:34	7115
7726	Rachel	Rickett	Female	2911	F50	240	North Norfolk Beach Runners	01:15:34	7116
8420	Lauryn	Herbison	Female	2912	FO	1709		01:15:34	7117
7367	Lucy	Gaffer	Female	2913	FO	1710		01:15:35	7118
7407	Katherine	Thomas	Female	2914	F40	396		01:15:36	7119
8305	Natalie	Fisher	Female	2915	FO	1711		01:15:38	7120
8653	Sarah	Knights	Female	2916	F50	241		01:15:38	7121
8409	Cheryl	Noble	Female	2917	F50	242		01:15:39	7122
8744	Sarah	Hunt	Female	2918	F55	141		01:15:39	7123

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7865	Amanda	Bigland	Female	2919	FO	1712		01:15:39	7124
8969	Ryan	Bigland	Male	4205	MO	2234		01:15:39	7125
8167	Helen	Potter	Female	2920	F65	27		01:15:40	7126
6819	Janet	August	Female	2921	F55	142		01:15:40	7127
4679	Allison	Ragosa	Female	2922	F50	243		01:15:41	7128
8250	Dawn	Crafer	Female	2923	F60	77		01:15:41	7129
8126	Cassie	Hollis	Female	2924	F40	397		01:15:41	7130
8433	Sue	Jewson	Female	2925	F65	28		01:15:42	7131
7142	Emily	Steedman	Female	2926	FO	1713		01:15:42	7132
8016	Bonnie	Abbott	Female	2927	FO	1714		01:15:43	7133
8306	Nina	Websdale	Female	2928	F55	143		01:15:43	7134
8451	Natasha	Nelson	Female	2929	F55	144		01:15:43	7135
8726	Louise	Gardiner	Female	2930	FO	1715		01:15:43	7136
7496	Atlanta	Lofts	Female	2931	FO	1716		01:15:43	7137
7950	Chloe	Mallett	Female	2932	F40	398		01:15:44	7138
7797	Sarah	Trudgill	Female	2933	F50	244		01:15:45	7139
8492	Lindsey	Barthorpe	Female	2934	F55	145		01:15:46	7140
5432	Sally	Neave	Female	2935	F45	314		01:15:47	7141
7123	Nina	Mcguire	Female	2936	F40	399		01:15:47	7142
9132	Caitlin	Allison-clements	Female	2937	FO	1717		01:15:48	7143
7721	Alex	Dean	Male	4206	MO	2235		01:15:48	7144
6299	Lowenna	Dan	Female	2938	F45	315		01:15:48	7145
9035	Gemma	Walker	Female	2939	F50	245		01:15:48	7146
8002	Amanda	Mounser	Female	2940	F40	400		01:15:49	7147
8825	Jaqueline	Keeling	Female	2941	F55	146		01:15:50	7148
9040	Jade	Coby	Female	2942	FO	1718		01:15:50	7149
8716	Nedina	Middleton-hall	Female	2943	F60	78	Wymondham AC	01:15:50	7150
8655	Chloe	Oblein	Female	2944	FO	1719		01:15:50	7151
8236	Lisa	Green	Female	2945	F50	246	Great Yarmouth Road Runners	01:15:50	7152
8824	Georgia	Keeling	Female	2946	FO	1720		01:15:50	7153
8990	Stephanie	Taylor	Female	2947	FO	1721		01:15:50	7154
8447	Georgina	Winter	Female	2948	FO	1722		01:15:52	7155
7204	Allison	Woodings	Female	2949	F50	247		01:15:52	7156
9199	Lauren	Wright	Female	2950	F40	401		01:15:52	7157
9210	Emma	Stone	Female	2951	F40	402		01:15:52	7158
9165	Beth	Castle	Female	2952	F40	403		01:15:53	7159
7400	Hailey	Stockwell	Female	2953	F45	316		01:15:53	7160
8772	Sarah	Whiting	Female	2954	F50	248		01:15:55	7161
2723	Emmalucy	Wright	Female	2955	F45	317		01:15:55	7162
8771	Sophie	Riseborough	Female	2956	F50	249		01:15:55	7163
5049	Paige	Gray	Female	2957	FO	1723		01:15:56	7164
7621	Martin	Gilmour	Male	4207	M45	426		01:15:59	7165
8906	Harrison	Burdett	Male	4208	MO	2236		01:15:59	7166
7974	Francesca	Goodbody	Female	2958	F45	318		01:15:59	7167
7615	Sarah	Gamble	Female	2959	FO	1724		01:15:59	7168
6677	Jacqui	Millard	Female	2960	F45	319		01:16:00	7169
5413	Rachel	Martell	Female	2961	F40	404		01:16:00	7170

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8691	Sarah	Lambert	Female	2962	FO	1725		01:16:00	7171
7630	Kerenza	Evans	Female	2963	F40	405		01:16:00	7172
6742	Nichola	Curd	Female	2964	F45	320		01:16:01	7173
8563	Charlotte	Wilkes	Female	2965	FO	1726		01:16:01	7174
9387	Mary	Sparrow	Female	2966	F55	147		01:16:01	7175
8776	Holly	Russell	Female	2967	F45	321		01:16:02	7176
6820	Ellie	August	Female	2968	FO	1727		01:16:02	7177
6138	Melissa	Riches	Female	2969	FO	1728		01:16:04	7178
5706	Helen	Brabham	Female	2970	FO	1729		01:16:05	7179
4203	Emma	Jermy	Female	2971	FO	1730		01:16:05	7180
8349	Hayley	Gerrard	Female	2972	F55	148	Lonely Goat RC	01:16:05	7181
4137	Ryan	Jermy	Male	4209	MO	2237		01:16:05	7182
8382	Nicki	Powers	Female	2973	F55	149		01:16:06	7183
5873	Darren	Male	Male	4210	M45	427		01:16:06	7184
7482	Camilla	Skarin	Female	2974	F45	322		01:16:07	7185
7862	Megan	Dean	Female	2975	FO	1731		01:16:08	7186
7660	Matthew	Ankers	Male	4211	MO	2238		01:16:08	7187
8212	Rohan	Teeuw	Female	2976	F45	323		01:16:08	7188
5883	Hannah	Stickels	Female	2977	FO	1732		01:16:08	7189
8829	Eleftheria	Lokovitou	Female	2978	FO	1733		01:16:09	7190
6657	Sharon	Bradfield	Female	2979	F50	250		01:16:09	7191
8373	Leann	Clarke	Female	2980	FO	1734		01:16:10	7192
6752	Nicola	Salt	Female	2981	F40	406		01:16:10	7193
8610	Emily	Wacey	Female	2982	FO	1735	Great Yarmouth & District AC	01:16:10	7194
8792	Libby	Hamling	Female	2983	FO	1736		01:16:10	7195
9092	Rebecca	Skelly	Female	2984	FO	1737		01:16:10	7196
8237	Natalie	Delidjani	Female	2985	F45	324		01:16:10	7197
8724	Emma	Moore	Female	2986	FO	1738		01:16:12	7198
9047	Jane Margaret	Welsh	Female	2987	F60	79		01:16:14	7199
9044	Charlene	Brock	Female	2988	FO	1739		01:16:15	7200
3795	Andrew	Kinder	Male	4212	MO	2239		01:16:18	7201
5566	James	Phillippo	Male	4213	MO	2240		01:16:19	7202
8304	Sue	Hale	Female	2989	F60	80		01:16:21	7203
5365	Samantha	Clarke	Female	2990	FO	1740		01:16:22	7204
7960	Caroline	Dennis	Female	2991	F50	251		01:16:23	7205
6528	Matthew	Brine	Male	4214	M55	294		01:16:23	7206
7959	Hayley	Goldson	Female	2992	F50	252		01:16:23	7207
6560	Jennifer	Brine	Female	2993	F55	150		01:16:24	7208
7890	Jo	Ward	Female	2994	F55	151		01:16:25	7209
7988	Ann	Kirton	Female	2995	F55	152	Thetford AC	01:16:25	7210
6879	Garnett	Jones	Male	4215	M55	295		01:16:25	7211
8085	Amy	Thomas	Female	2996	FO	1741		01:16:27	7212
9183	Beverly	Jenkins	Female	2997	F60	81		01:16:27	7213
3502	Sarah	Homewood	Female	2998	FO	1742		01:16:28	7214
7494	Olivia	Newstead	Female	2999	F50	253		01:16:28	7215
3503	Chris	Homewood	Male	4216	MO	2241		01:16:28	7216
7848	Tina	Tucker	Female	3000	F55	153		01:16:29	7217
8449	Jo	Girling	Female	3001	F50	254		01:16:29	7218

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5930	Alie	El-najjar	Male	4217	MO	2242		01:16:29	7219
8201	Clarke	Watson	Male	4218	MO	2243		01:16:30	7220
7394	Maria	Maple	Female	3002	FO	1743		01:16:30	7221
6278	Ali	Tassie	Male	4219	MO	2244		01:16:32	7222
7007	Jack	Murphy	Male	4220	MO	2245		01:16:32	7223
8558	Katie	Wright	Female	3003	FO	1744	Lonely Goat RC	01:16:33	7224
8079	Laura	Forster	Female	3004	F45	325		01:16:33	7225
8857	Elleenna	Fish	Female	3005	FO	1745		01:16:33	7226
8687	Jodie	Stephenson	Female	3006	FO	1746		01:16:34	7227
8928	Anna	Matley	Female	3007	FO	1747		01:16:34	7228
6589	Rowan	Landis	Female	3008	FO	1748		01:16:35	7229
7205	Megan	Allen	Female	3009	FO	1749		01:16:35	7230
9374	Emma	Ford	Female	3010	F40	407		01:16:35	7231
6988	Toby	Williams	Male	4221	M55	296	Human Energy AC	01:16:35	7232
8872	Diana	Rowlands	Female	3011	FO	1750		01:16:36	7233
8940	Melissa	Baines	Female	3012	F45	326		01:16:36	7234
6987	Helen	Perkin	Female	3013	F55	154	Human Energy AC	01:16:36	7235
3977	Tyler	Clayton	Male	4222	MO	2246		01:16:37	7236
8762	Jennie	Mccarter	Female	3014	F45	327		01:16:37	7237
7484	Gemma	Girdlestone	Female	3015	F40	408		01:16:38	7238
6546	Lee	Carrighan	Male	4223	M50	331		01:16:38	7239
6492	Dylan	Ross	Male	4224	MO	2247		01:16:40	7240
8608	Max	Farquhar	Male	4225	MO	2248		01:16:41	7241
8362	Donna	Beldom	Female	3016	FO	1751		01:16:43	7242
7725	Sara	Burdett	Female	3017	F65	29		01:16:44	7243
7366	Morna	Dason-barber	Female	3018	F55	155	Wymondham AC	01:16:45	7244
8361	Lauren	Beldom	Female	3019	FO	1752		01:16:45	7245
6636	Jason	Barrett-brown	Male	4226	M45	428		01:16:46	7246
9395	Jessica	Gayson	Female	3020	FO	1753		01:16:47	7247
8956	Louise	Straughan	Female	3021	F45	328		01:16:48	7248
7918	Kathryn	Cook	Female	3022	F40	409		01:16:49	7249
8347	Alicja	Jancelewicz	Female	3023	FO	1754		01:16:49	7250
7455	Gemma	Mehta	Female	3024	F40	410		01:16:49	7251
8235	Susan	Sidell	Female	3025	F45	329	Aylsham Runners	01:16:50	7252
7837	Adrian	Rutterford	Male	4227	M65	108		01:16:50	7253
3046	Annette	Walker	Female	3026	F40	411	Aylsham Runners	01:16:50	7254
8970	Jon	London	Male	4228	MO	2249		01:16:51	7255
8609	Leanne	Penketh	Female	3027	FO	1755		01:16:51	7256
7485	Rob	Mack	Male	4229	M45	429		01:16:52	7257
8342	Janine	Osborne	Female	3028	F50	255		01:16:54	7258
7435	Rebecca	Read	Female	3029	FO	1756		01:16:55	7259
7418	Julie	Gardner	Female	3030	F60	82		01:16:55	7260
5439	Beth	Brookes	Female	3031	FO	1757		01:16:56	7261
7772	Richard	Holmes	Male	4230	M55	297		01:16:56	7262
7773	Katharine	Holmes	Female	3032	F55	156		01:16:56	7263
8185	Ricky	Graves	Male	4231	M40	573		01:16:56	7264

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8951	Katie	Smith	Female	3033	F55	157		01:16:57	7265
6740	Sebastian	Donoghue	Male	4232	MO	2250		01:16:58	7266
2787	Fleur	Trudgill	Female	3034	F55	158		01:17:00	7267
9372	Kate	Denbigh	Female	3035	F45	330		01:17:00	7268
8336	Rachael	O'Neill	Female	3036	FO	1758		01:17:00	7269
9022	Michelle	Colquhoun	Female	3037	F50	256		01:17:00	7270
7437	Maria	Braithwaite	Female	3038	FO	1759		01:17:00	7271
9154	Eva	Evans	Female	3039	FO	1760		01:17:01	7272
7059	Amelia	Trew	Female	3040	FO	1761		01:17:01	7273
1433	Luca	Colquhoun	Male	4233	MO	2251		01:17:01	7274
8099	Benjamin	Slym	Male	4234	MO	2252		01:17:01	7275
8076	Andy	Baker	Male	4235	M45	430		01:17:02	7276
8934	John	Barton	Male	4236	M60	200		01:17:03	7277
7509	Tim	Caton	Male	4237	M45	431		01:17:03	7278
7442	Joanne	Mason	Female	3041	F55	159		01:17:03	7279
8239	Derek	Lawrie	Male	4238	M50	332		01:17:04	7280
8847	Fiona	Leadbetter	Female	3042	F50	257		01:17:05	7281
6766	Sophie	Orme	Female	3043	FO	1762		01:17:05	7282
6183	Sophie	Spurgeon	Female	3044	FO	1763		01:17:05	7283
7989	Chevonne	Parker	Female	3045	FO	1764		01:17:06	7284
9076	Cathrine	Stephenson	Female	3046	F55	160		01:17:06	7285
5505	Jessica	Thomson-hammond	Female	3047	FO	1765		01:17:07	7286
8910	Laura	Christian	Female	3048	FO	1766		01:17:09	7287
8636	Mark	Goldsmith	Male	4239	M50	333		01:17:09	7288
6576	Fiona	Campbell	Female	3049	F45	331		01:17:09	7289
6843	Ricky	Tull	Male	4240	M45	432		01:17:10	7290
9291	Jackie	Elms	Female	3050	F60	83		01:17:11	7291
5978	Peter	Turner	Male	4241	M55	298	Thetford AC	01:17:11	7292
9014	Rebekah	Rogers	Female	3051	FO	1767		01:17:11	7293
8947	Riana	Mansfield	Female	3052	FO	1768		01:17:11	7294
7241	Courtenay	Fisher	Female	3053	FO	1769		01:17:11	7295
5977	Corrina	Turner	Female	3054	F55	161	Thetford AC	01:17:11	7296
2381	Tarrik	Rogers	Male	4242	MO	2253		01:17:12	7297
5832	Robert	Collis	Male	4243	MO	2254		01:17:12	7298
7667	Rebekah	Ellis	Female	3055	FO	1770	Great Yarmouth Road Runners	01:17:12	7299
8328	Linda	Edwards	Female	3056	F50	258		01:17:13	7300
8327	Tony	Edwards	Male	4244	M65	109		01:17:13	7301
6715	Sonia	Walker	Female	3057	F55	162	Tri-Anglia Triathlon Club	01:17:14	7302
8028	Lily	Oldman	Female	3058	FO	1771		01:17:14	7303
6537	Ailsa	Mckay	Female	3059	FO	1772		01:17:15	7304
8509	Amelia	Tayt	Female	3060	F45	332	Dereham Runners AC	01:17:17	7305
8493	Katherine	Alexander-williams	Female	3061	FO	1773		01:17:18	7306
8746	Ian	Carter	Male	4245	M60	201		01:17:18	7307
8710	Patrick	Gilding	Male	4246	M45	433		01:17:19	7308
4054	Lee	Youngs	Male	4247	M40	574	Norwich Road Runners	01:17:19	7309
7031	Leanne	Rawlings	Female	3062	FO	1774		01:17:20	7310

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8573	Michael	White	Male	4248	M60	202		01:17:20	7311
7463	Misha	Kirkby	Female	3063	FO	1775		01:17:20	7312
9255	Terry	Marshall	Female	3064	F75+	3		01:17:20	7313
6075	Cara	Mothers	Female	3065	FO	1776		01:17:21	7314
8739	Jeanette	White	Female	3066	F60	84		01:17:22	7315
6130	Kevin	Kisby	Male	4249	M60	203		01:17:22	7316
9091	Lucy	Burton	Female	3067	FO	1777		01:17:22	7317
3811	Jenna	Woods	Female	3068	F40	412		01:17:24	7318
3894	Tessa	Burrows	Female	3069	F40	413		01:17:24	7319
6518	Amy	Tunneycliff	Female	3070	F45	333		01:17:25	7320
7825	Karen	Roberts	Female	3071	F60	85		01:17:25	7321
7387	Justine	Sherwood	Female	3072	FO	1778		01:17:25	7322
8272	Hannah	Offer	Female	3073	F40	414		01:17:26	7323
7824	Martin	Roberts	Male	4250	M65	110		01:17:26	7324
8360	Eleanor	Neville	Female	3074	FO	1779		01:17:28	7325
9438	Vanessa	Hagg	Female	3075	F45	334		01:17:28	7326
4876	Andrew	Brown	Male	4251	M50	334		01:17:29	7327
8284	Rebekah	Haylett	Female	3076	FO	1780		01:17:29	7328
8871	Sarah	Amos	Female	3077	F45	335		01:17:30	7329
9433	Jonathan	Haines	Male	4252	M55	299		01:17:30	7330
9432	Teresa	Mitchell	Female	3078	F60	86		01:17:30	7331
7742	Ruth	Mitchell	Female	3079	F55	163		01:17:30	7332
8491	Lorraine	Ellis	Female	3080	F45	336		01:17:31	7333
8668	Shelbie	Holliday	Female	3081	FO	1781		01:17:31	7334
7393	Cristina	Simpson	Female	3082	F45	337	Norwich Road Runners	01:17:31	7335
9435	Gemma	Mitchell	Female	3083	FO	1782		01:17:32	7336
8527	Regina	Warford	Female	3084	F45	338	Lowestoft Road Runners	01:17:33	7337
8206	Emily	Lambert	Female	3085	FO	1783		01:17:33	7338
7944	Florence	Toplis	Female	3086	FO	1784		01:17:34	7339
7411	Naomi	Toplis	Female	3087	FO	1785		01:17:35	7340
1914	Ben	Green	Male	4253	MO	2255		01:17:36	7341
9069	Elle	Gedge	Female	3088	FO	1786		01:17:37	7342
7917	Siobhan	Foskett	Female	3089	FO	1787		01:17:37	7343
8300	Victoria	Dillon	Female	3090	FO	1788		01:17:38	7344
8443	Lynsey	Davison	Female	3091	F40	415		01:17:40	7345
7441	Sophie	Sprrow	Female	3092	FO	1789		01:17:41	7346
8023	Jasmine	Winter	Female	3093	FO	1790		01:17:42	7347
8661	Lucy	Dallas	Female	3094	F50	259		01:17:45	7348
9391	Tamsin	Rumsby	Female	3095	FO	1791		01:17:46	7349
8818	Megan	Davis	Female	3096	FO	1792		01:17:47	7350
9242	Sam	Peachment	Female	3097	F55	164		01:17:47	7351
7874	Emma	Quinton	Female	3098	FO	1793		01:17:49	7352
8625	Mika	Beaumont	Male	4254	MO	2256		01:17:49	7353
8275	Fiona	Aldous	Female	3099	F50	260		01:17:51	7354
8561	James	Mair	Male	4255	M50	335		01:17:51	7355
8972	Rachel	Smith	Female	3100	F50	261		01:17:51	7356
8068	Kerry	Avery	Female	3101	F65	30		01:17:52	7357
9429	Stacey	Tebble	Female	3102	FO	1794		01:17:52	7358

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8075	Garry	Avery	Male	4256	M65	111		01:17:52	7359
8578	Natalie	Byrne	Female	3103	F45	339		01:17:52	7360
8562	Alexis	Mair	Female	3104	FO	1795		01:17:52	7361
6403	Joe	Jackson	Male	4257	MO	2257		01:17:53	7362
8748	Elizabeth	Elliott	Female	3105	F50	262		01:17:54	7363
9421	Kevin	Baker	Male	4258	M70	30	Coltishall Jaguars RC	01:17:55	7364
8845	Lauren	McClean	Female	3106	FO	1796		01:17:57	7365
8936	Alice	King	Female	3107	FO	1797		01:17:57	7366
9075	Amy	Selfe	Female	3108	FO	1798		01:17:58	7367
9084	Summer	Taylor	Female	3109	FO	1799		01:17:59	7368
7888	Donna	Tarr	Female	3110	FO	1800		01:18:00	7369
6727	Izzy	Tarr	Female	3111	FO	1801		01:18:00	7370
6668	Nedas	Kovaliovas	Male	4259	MO	2258		01:18:00	7371
9188	Catherine	Erni	Female	3112	FO	1802		01:18:02	7372
4973	Georgina	Henry	Female	3113	FO	1803		01:18:03	7373
8634	Rachel	Hirst	Female	3114	F60	87		01:18:04	7374
8483	Sally	Frost	Female	3115	FO	1804		01:18:07	7375
8233	Michael	Radbourne	Male	4260	M55	300		01:18:08	7376
2758	Kimberley	Dunlop	Female	3116	FO	1805		01:18:10	7377
6894	Becky	Smith	Female	3117	FO	1806	Great Yarmouth Road Runners	01:18:10	7378
9335	Stan	Simcik	Male	4261	M40	575		01:18:10	7379
7410	Gemma	Kent	Female	3118	FO	1807		01:18:10	7380
8500	Fiona	Oates	Female	3119	F65	31		01:18:10	7381
9041	Alex	Morritt	Male	4262	MO	2259		01:18:11	7382
7644	Tracy	Yates	Female	3120	F60	88		01:18:11	7383
6055	Tracy	Humphreys	Female	3121	F60	89	Stowmarket Striders RC	01:18:11	7384
6393	Thomas	Measor	Male	4263	MO	2260		01:18:12	7385
5896	Emily	Frost	Female	3122	FO	1808		01:18:15	7386
8711	Chloe	Robinson	Female	3123	FO	1809		01:18:15	7387
8478	Chiara	Frost	Female	3124	FO	1810		01:18:16	7388
7492	Nicky	Illingsworth	Female	3125	F50	263		01:18:16	7389
8246	Martin	Lewis	Male	4264	M50	336		01:18:17	7390
6009	Glen	Furness	Male	4265	MO	2261		01:18:17	7391
8307	Abi	Stott	Female	3126	FO	1811		01:18:23	7392
8427	Amy	Waters	Female	3127	FO	1812		01:18:24	7393
8224	Joanne	Ring	Female	3128	F55	165	Norwich Road Runners	01:18:25	7394
7413	Daniel	Browne	Male	4266	MO	2262		01:18:26	7395
4354	Vanessa	Dadalto	Female	3129	F40	416		01:18:26	7396
8925	Ryan	Nussey	Male	4267	MO	2263		01:18:26	7397
9104	Billie	Holiday	Female	3130	FO	1813		01:18:27	7398
9105	Holly	Edwards	Female	3131	FO	1814		01:18:28	7399
9120	Clare	Myring	Female	3132	F40	417		01:18:29	7400
8543	Rebecca	Anderson	Female	3133	FO	1815		01:18:29	7401
8974	Nikki	Morris	Female	3134	F65	32		01:18:29	7402
7626	Hannah	Furborough	Female	3135	FO	1816		01:18:29	7403
7937	Carol	McKean	Female	3136	F55	166		01:18:30	7404
7082	Hannah	Cowles	Female	3137	FO	1817		01:18:31	7405

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8991	Ann	Merryweather	Female	3138	F50	264	Coltishall Jaguars RC	01:18:31	7406
7083	Aaron	Dougal	Male	4268	MO	2264		01:18:31	7407
8599	Kirsty	Homewood	Female	3139	F50	265		01:18:31	7408
8997	Katie	Mcghee	Female	3140	F50	266	Ryston Runners	01:18:33	7409
9279	Rita	King	Female	3141	F65	33		01:18:33	7410
9144	Anna	Storrs	Female	3142	F40	418		01:18:41	7411
8195	Joanne	Rodulfo	Female	3143	FO	1818	Ryston Runners	01:18:41	7412
6317	Gim	Ong	Male	4269	M50	337		01:18:43	7413
8162	Joanne	Forster	Female	3144	F50	267		01:18:44	7414
9341	Jessica	Bellas	Female	3145	FO	1819	Ryston Runners	01:18:44	7415
9021	Karen	Rowley	Female	3146	F45	340		01:18:44	7416
7201	Melanie	Forrer	Female	3147	F50	268		01:18:44	7417
8517	Kirsty	Joubert	Female	3148	FO	1820	Ryston Runners	01:18:44	7418
9342	Callum	Lawlor	Male	4270	MO	2265		01:18:45	7419
9031	Sophie	Freedman	Female	3149	FO	1821		01:18:46	7420
7481	Chloe	Round	Female	3150	FO	1822	Ryston Runners	01:18:47	7421
7101	Rachel	Mcgillivray	Female	3151	F45	341		01:18:47	7422
8169	Bethany	Reynolds	Female	3152	FO	1823		01:18:47	7423
9299	Robyn	Beatty	Female	3153	FO	1824	Ryston Runners	01:18:48	7424
7402	Charlie	Toll	Female	3154	FO	1825		01:18:48	7425
7409	Dawn	Osborne	Female	3155	F55	167		01:18:48	7426
6614	Lindsey	Anderson	Female	3156	FO	1826	Ryston Runners	01:18:49	7427
8533	Paul	Canning	Male	4271	M55	301		01:18:49	7428
6012	Hayley	Aylmer	Female	3157	F55	168		01:18:50	7429
4463	Sam	Wilkin	Male	4272	MO	2266	Ryston Runners	01:18:52	7430
6548	Helen	Marsh	Female	3158	FO	1827		01:18:53	7431
8539	Sophie	Copeman	Female	3159	FO	1828		01:18:53	7432
3828	Mark	Cummins	Male	4273	M45	434	Ryston Runners	01:18:54	7433
8087	Antonia	Starling	Female	3160	FO	1829		01:18:54	7434
9190	Amanda	Keeble	Female	3161	F60	90		01:18:58	7435
8297	Shauna	Mccormick	Female	3162	FO	1830	Ryston Runners	01:18:58	7436
1952	Michael	Mccormick	Male	4274	MO	2267		01:18:59	7437
7386	Sarah	Wardle	Female	3163	FO	1831		01:19:01	7438
9243	Wendy	Burton	Female	3164	F50	269	Ryston Runners	01:19:02	7439
8837	Nick	Watts	Male	4275	M65	112		01:19:04	7440
9203	Rhianna	Vingeo	Female	3165	FO	1832		01:19:04	7441
9416	Charlotte	Griffin	Female	3166	FO	1833	Ryston Runners	01:19:04	7442
9202	Robyn	Coleman	Female	3167	FO	1834		01:19:04	7443
8476	Bayley	Caine	Female	3168	FO	1835		01:19:04	7444
6809	Stephanie	Griffin	Female	3169	FO	1836	Lowestoft Road Runners	01:19:04	7445
9204	Jamie	Coleman	Female	3170	FO	1837		01:19:04	7446
8921	Andy	Malcolm	Male	4276	M45	435		01:19:06	7447
3830	Glen	Boore	Male	4277	M40	576	Lowestoft Road Runners	01:19:07	7448
6609	Kayleigh	Cook	Female	3171	FO	1838		01:19:08	7449
5018	Justina	Valciukaite	Female	3172	FO	1839		01:19:09	7450
5020	Rokas	Laipienis	Male	4278	MO	2268	Lowestoft Road Runners	01:19:09	7451
8973	Lisa	Colledge	Female	3173	F40	419		01:19:11	7452
9135	Evie	Furborough	Female	3174	FO	1840		01:19:11	7453

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7480	Carolyn	Penn	Female	3175	F65	34		01:19:12	7454
4415	Mark	Wright	Male	4279	M50	338		01:19:13	7455
6967	Kate	Carter	Female	3176	F40	420		01:19:13	7456
6966	Darren	Carter	Male	4280	M40	577		01:19:13	7457
9301	Charlotte	Fendick	Female	3177	F40	421		01:19:14	7458
7891	John	Pollock	Male	4281	M75+	17		01:19:15	7459
8430	Rosie	Culpeck	Female	3178	F45	342		01:19:15	7460
9048	Luke	Mccourt	Male	4282	MO	2269		01:19:17	7461
7151	Tanya	Burlingham	Female	3179	F55	169		01:19:17	7462
4610	Debbie	Henderson	Female	3180	F50	270		01:19:17	7463
7782	Catherine	Putt	Female	3181	FO	1841		01:19:17	7464
8866	Hannah	Haistead	Female	3182	F45	343		01:19:17	7465
8020	Anita	Nelson	Female	3183	FO	1842		01:19:18	7466
7451	Jessica	Hirst	Female	3184	F40	422		01:19:19	7467
6271	Martyn	Gillett	Male	4283	M60	204		01:19:19	7468
8214	Eleanor	Lines	Female	3185	FO	1843		01:19:20	7469
3708	Philip	Neave	Male	4284	M75+	18	Bungay Black Dog RC	01:19:22	7470
7889	Mary	Goodrick	Female	3186	FO	1844		01:19:23	7471
6880	Heather	Gubb	Female	3187	F45	344		01:19:25	7472
6881	Catherine	Winslow	Female	3188	F45	345		01:19:25	7473
8747	Vanessa	Lowe	Female	3189	F55	170		01:19:26	7474
6971	Lauren	Kerr	Female	3190	FO	1845		01:19:26	7475
2915	Oliver	Benham	Male	4285	MO	2270		01:19:28	7476
6637	Katy	Julian	Female	3191	FO	1846		01:19:29	7477
9307	Gabrielle	Copping	Female	3192	F40	423		01:19:29	7478
8221	Simon	Killingback	Male	4286	MO	2271		01:19:29	7479
9073	Alison	Salmon	Female	3193	F45	346		01:19:29	7480
9071	Fiona	Halkyard	Female	3194	F45	347		01:19:29	7481
8222	Sophie	Killingback	Female	3195	F40	424		01:19:30	7482
9445	Gerard	Dalton	Male	4287	M60	205		01:19:30	7483
9034	Jane	Lowrie	Female	3196	F60	91		01:19:31	7484
8223	Shelley	Alderton	Female	3197	FO	1847		01:19:31	7485
8580	Sarah	Watson	Female	3198	F40	425		01:19:31	7486
8528	Pauline	Chamberlain	Female	3199	F50	271		01:19:32	7487
8415	Alice	Rayner	Female	3200	FO	1848		01:19:33	7488
9353	Sue	Kershaw	Female	3201	F70	12		01:19:33	7489
9072	Dawn	Chamberlin	Female	3202	F50	272		01:19:34	7490
7946	Mia	Smith	Female	3203	FO	1849		01:19:40	7491
8742	Angela	Howard	Female	3204	F40	426	Bungay Black Dog RC	01:19:40	7492
8160	Lisa	Rodgers	Female	3205	F60	92	Wymondham AC	01:19:41	7493
6489	Sarah	Corke	Female	3206	FO	1850		01:19:42	7494
9127	Andrew	Stratton	Male	4288	M65	113	Wymondham AC	01:19:42	7495
8058	Mike	Wales	Male	4289	M65	114		01:19:43	7496
7512	Jamie	Tye	Male	4290	MO	2272		01:19:45	7497
8253	Matt	Firman	Male	4291	M40	578		01:19:47	7498
8312	Danielle	Poll	Female	3207	FO	1851		01:19:48	7499
9159	Gemma	Driver	Female	3208	F40	427		01:19:48	7500
6805	Sarah	Shiplee	Female	3209	F60	93		01:19:51	7501

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6951	Joe	Fearnley	Male	4292	M45	436		01:19:56	7502
9287	Emma-louise	Najam	Female	3210	F45	348		01:19:56	7503
8753	Faye	Blake	Female	3211	FO	1852		01:19:57	7504
8752	Grace	Stone	Female	3212	FO	1853		01:19:57	7505
6064	Lizzie	Moulton	Female	3213	F45	349		01:20:00	7506
7416	Sophie	Rose	Female	3214	FO	1854		01:20:00	7507
7904	Natalie	Croft	Female	3215	FO	1855		01:20:00	7508
7905	Matthew	Canning	Male	4293	M40	579		01:20:02	7509
8146	Emily	Moulton	Female	3216	FO	1856		01:20:02	7510
8168	Ian	Fulcher	Male	4294	M55	302		01:20:02	7511
8044	Devon	Fisher	Male	4295	MO	2273		01:20:03	7512
7486	Agnieszka	Dobosz	Female	3217	F40	428		01:20:04	7513
7746	Simon	Wynn	Male	4296	M60	206		01:20:04	7514
8909	Tessa	Ling	Female	3218	FO	1857		01:20:05	7515
6750	Emily	Dornan	Female	3219	FO	1858		01:20:07	7516
7625	Jessica	Hawkins	Female	3220	FO	1859		01:20:08	7517
9046	Emily	Millar	Female	3221	FO	1860		01:20:08	7518
8439	John	Chamberlain	Male	4297	MO	2274		01:20:10	7519
5360	Edward	Stibbon	Male	4298	M45	437		01:20:11	7520
9063	Emily	Watson	Female	3222	FO	1861		01:20:11	7521
9089	Nathan	Dulce	Male	4299	MO	2275		01:20:11	7522
6131	Millie	Kisby	Female	3223	FO	1862		01:20:12	7523
5199	Devan	Harris	Male	4300	MO	2276		01:20:13	7524
7090	Sharon	Haylett	Female	3224	F55	171	Crystal Peaks Runners	01:20:14	7525
7846	Zahi	Nizar	Male	4301	MO	2277		01:20:14	7526
8070	Eleanor	Savage	Female	3225	FO	1863		01:20:19	7527
7635	Patricia	Barrow	Female	3226	F50	273		01:20:20	7528
5200	Tara	Howell	Female	3227	FO	1864		01:20:22	7529
8718	Hayley	Leech	Female	3228	FO	1865		01:20:22	7530
5022	Rhianne	Brister	Female	3229	FO	1866		01:20:22	7531
7118	Eleanor	Bailey	Female	3230	FO	1867		01:20:23	7532
9059	Steph	Harper	Female	3231	FO	1868		01:20:23	7533
6003	Robert	Hayhoe	Male	4302	M60	207		01:20:23	7534
8385	Mark	Finlay	Male	4303	M50	339		01:20:24	7535
8022	Tracy	Winter	Female	3232	F40	429		01:20:33	7536
6297	Alex	Wood	Male	4304	MO	2278		01:20:34	7537
8515	Emma	Dugdale	Female	3233	FO	1869		01:20:35	7538
6808	Jack	Sawyer	Male	4305	MO	2279		01:20:36	7539
4948	Julia	Mason	Female	3234	F50	274	Norwich Road Runners	01:20:37	7540
4946	Carly	Hurrell	Female	3235	F45	350		01:20:38	7541
4947	Gary	Hurrell	Male	4306	M50	340	Norwich Road Runners	01:20:38	7542
6535	Steven	Aldridge	Male	4307	M40	580		01:20:39	7543
8998	Dawn	Edwards	Female	3236	F70	13		01:20:39	7544
8581	Abbie	Moore	Female	3237	FO	1870		01:20:39	7545
8455	Paula	Thomsen	Female	3238	F55	172		01:20:41	7546
8804	Louise	Wright	Female	3239	F40	430		01:20:42	7547
9007	Lucy	Brooker	Female	3240	F40	431		01:20:43	7548
1400	Lewis	Brooker	Male	4308	M40	581		01:20:43	7549

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8880	Charlie	Farrington	Male	4309	MO	2280		01:20:45	7550
5106	Simon	Alexander	Male	4310	M60	208		01:20:46	7551
9397	Mia	Barham	Female	3241	FO	1871		01:20:47	7552
5005	Vicky	Sayer	Female	3242	FO	1872		01:20:49	7553
8750	Anna	Vaudin	Female	3243	F40	432		01:20:50	7554
8858	Hayley	Coote	Female	3244	F55	173		01:20:50	7555
8859	Sonia	Ford	Female	3245	F50	275		01:20:51	7556
3961	Robert	Mew	Male	4311	M40	582		01:20:52	7557
7985	Kelley	Daynes	Female	3246	F50	276		01:20:54	7558
8463	Katy	Harris	Female	3247	F45	351		01:20:55	7559
6821	Maria	Leathersich	Female	3248	F45	352		01:20:56	7560
8827	Laura	Hackett	Female	3249	FO	1873		01:20:57	7561
4190	Georgia	Clements	Female	3250	FO	1874		01:20:57	7562
6943	Daniel	Clements	Male	4312	MO	2281		01:20:58	7563
3611	Robbie	Veitch	Male	4313	MO	2282		01:20:58	7564
8793	Madison	McKeever	Female	3251	FO	1875		01:20:58	7565
8395	Nicola	Dunsdon	Female	3252	F40	433		01:20:59	7566
7681	Louise	Jones	Female	3253	F45	353		01:21:00	7567
7682	Charlotte	Ball	Female	3254	FO	1876		01:21:00	7568
9330	Helen	Rutterford	Female	3255	F40	434		01:21:03	7569
7975	Glenna	Fisher	Female	3256	F65	35		01:21:04	7570
8524	Bonnie	Kiddell	Female	3257	FO	1877		01:21:05	7571
8238	Genevieve	Richardson	Female	3258	FO	1878		01:21:05	7572
8104	Caitlin	Clark	Female	3259	FO	1879		01:21:06	7573
8838	Hanna Koren	Furre	Female	3260	F45	354		01:21:11	7574
8797	Kate	Foster	Female	3261	FO	1880		01:21:11	7575
9171	Jo	Chorley	Female	3262	F60	94		01:21:11	7576
8794	Lesley Sylvia	Wood	Female	3263	F65	36		01:21:12	7577
9268	Ian	Matthews	Male	4314	MO	2283		01:21:13	7578
9197	Peter	Phillipson	Male	4315	MO	2284		01:21:14	7579
5976	Kevin	Copman-lamo ureux	Male	4316	M60	209		01:21:16	7580
7798	Annette	Copman-lam oureux	Female	3264	F55	174		01:21:16	7581
8605	Thalia	Rapley-bayne	Female	3265	F50	277		01:21:17	7582
4087	Michael	White	Male	4317	MO	2285		01:21:17	7583
8479	Helen	Bowen	Female	3266	F60	95		01:21:19	7584
9191	Joanne	Smithson	Female	3267	F65	37		01:21:19	7585
8220	Tom	Hamling	Male	4318	M40	583		01:21:19	7586
8607	Sharmila	Adams	Female	3268	FO	1881		01:21:21	7587
8890	Lindsay	O'Neill	Female	3269	F45	355		01:21:21	7588
8800	Bridgette	Harvey	Female	3270	F60	96		01:21:21	7589
9129	Judy	Butler	Female	3271	F65	38		01:21:21	7590
8930	George	Oakenfold	Male	4319	MO	2286		01:21:22	7591
8657	Kellie	Keeley	Female	3272	FO	1882		01:21:22	7592
6245	Emma	Williams	Female	3273	F50	278		01:21:24	7593
8870	Vicki	Woodruff	Female	3274	F50	279		01:21:27	7594
7748	Megan	Pizey	Female	3275	FO	1883		01:21:31	7595
7270	Sian	Poindexter	Female	3276	FO	1884		01:21:32	7596
8976	Martin	Lugo	Male	4320	M45	438		01:21:32	7597

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6129	Heather	Mcdonald	Female	3277	FO	1885		01:21:33	7598
8063	Katie	Murdoch	Female	3278	FO	1886		01:21:33	7599
8584	Paul	Murdoch	Male	4321	M40	584		01:21:34	7600
6093	Rachel	Copley	Female	3279	FO	1887		01:21:34	7601
8839	Maggie	Flatt	Female	3280	F65	39	Beccles & Bungay Harriers	01:21:34	7602
8213	Emily	Cawley	Female	3281	FO	1888		01:21:34	7603
8303	Brittany	Coley	Female	3282	FO	1889		01:21:37	7604
9375	Ian	Boreham	Male	4322	M70	31		01:21:41	7605
6244	Giles	Holland	Male	4323	M40	585		01:21:43	7606
7080	Joanna	Taylor	Female	3283	F55	175	Ryston Runners	01:21:44	7607
8501	Lewis	Swift	Male	4324	M40	586		01:21:44	7608
8860	Jasmine	Thomas	Female	3284	F40	435		01:21:44	7609
8466	Alison	Howlett	Female	3285	F55	176		01:21:46	7610
9018	Susan	Colling	Female	3286	F65	40		01:21:46	7611
6861	Natasha	Armstrong	Female	3287	F50	280		01:21:46	7612
8848	Helen	Everson	Female	3288	F60	97		01:21:48	7613
9451	Yoel	Masih	Male	4325	M40	587		01:21:50	7614
9430	Kelly	Starkings	Female	3289	F45	356		01:21:50	7615
9333	Laura	Fountain	Female	3290	F45	357		01:21:51	7616
8353	Amy	Allport	Female	3291	FO	1890		01:21:52	7617
8218	Kori	Moore	Male	4326	MO	2287		01:21:52	7618
8240	Stephanie	Callen	Female	3292	F40	436		01:21:52	7619
8682	Jenny	Roper	Female	3293	F50	281		01:21:52	7620
7668	Stuart	Freemantle	Male	4327	MO	2288		01:21:53	7621
8683	Mike	Roper	Male	4328	M50	341		01:21:54	7622
7669	Chloe	Fisher	Female	3294	FO	1891	Runners-Next-the-Sea	01:21:54	7623
2988	Adam	Harrison	Male	4329	MO	2289		01:21:54	7624
8326	Seren	Westbury-jones	Female	3295	FO	1892		01:21:55	7625
9015	Lauren	Kent	Female	3296	FO	1893		01:21:56	7626
8770	Victoria	Moriarty	Female	3297	F40	437		01:21:56	7627
8228	Mark	Kermez	Male	4330	M45	439		01:21:56	7628
8924	Marion	Evans	Female	3298	F45	358		01:22:00	7629
5943	Katie	Healy	Female	3299	FO	1894		01:22:04	7630
5944	Riley	Gannon	Male	4331	MO	2290		01:22:04	7631
8365	Aimee	Punnett	Female	3300	FO	1895		01:22:05	7632
9367	Kat	Navarro	Female	3301	F50	282		01:22:06	7633
5377	Jon	Cooper-carlson	Male	4332	M45	440		01:22:07	7634
8177	Martin	Curtis	Male	4333	MO	2291		01:22:07	7635
9281	Diane	Clarke	Female	3302	F50	283		01:22:08	7636
6760	Daniela	Massawe	Female	3303	FO	1896		01:22:09	7637
6759	Ryan	Thorogood	Male	4334	MO	2292		01:22:09	7638
9276	Thirza	Bettis	Female	3304	FO	1897		01:22:10	7639
7705	Jake	Holman	Male	4335	MO	2293		01:22:10	7640
7346	Chris	Towndrow	Male	4336	M45	441		01:22:12	7641
8995	Rebecca	Curtis	Female	3305	FO	1898		01:22:13	7642
8692	Selina	Bhantoo	Female	3306	FO	1899		01:22:13	7643
7951	Navdeep	Kalsi	Female	3307	F40	438		01:22:16	7644

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6011	Alice	Aylmer	Female	3308	FO	1900		01:22:20	7645
7776	Lucie	Wheeler	Female	3309	F55	177		01:22:21	7646
8392	Julian	Wheeler	Male	4337	M55	303		01:22:21	7647
7613	Ian	Grimshaw	Male	4338	M55	304		01:22:22	7648
9019	Carole	Smith	Female	3310	F65	41		01:22:23	7649
5349	Rosie	Thorogood	Female	3311	FO	1901		01:22:23	7650
9065	Amelia	Kent-webb	Female	3312	FO	1902		01:22:24	7651
6958	Stefan	Kent-webb	Male	4339	M60	210		01:22:25	7652
7178	Amy	Waller	Female	3313	FO	1903		01:22:26	7653
7483	Andrea	Moyse	Female	3314	F50	284		01:22:26	7654
7763	J-jay	Finlay	Male	4340	MO	2294		01:22:27	7655
2792	Richard	Moyse	Male	4341	M50	342	Great Yarmouth Road Runners	01:22:28	7656
7762	Harry	Cooper	Male	4342	MO	2295		01:22:30	7657
6717	Hannah	Dennis	Female	3315	FO	1904		01:22:32	7658
6399	Thomas	Nimmo	Male	4343	MO	2296		01:22:33	7659
8378	Isabel	Dean	Female	3316	FO	1905		01:22:33	7660
9322	Claire	Caird	Female	3317	F45	359		01:22:35	7661
9170	Michelle	Denny	Female	3318	FO	1906		01:22:36	7662
8618	Kate	Edwards	Female	3319	F45	360		01:22:36	7663
8205	Katie	Jewson	Female	3320	FO	1907		01:22:36	7664
9064	Sarah	Watts	Female	3321	F55	178	Diss and District AC	01:22:37	7665
9187	Laura	Summers	Female	3322	FO	1908		01:22:39	7666
6618	Mark	Sharman	Male	4344	M45	442		01:22:42	7667
9364	Shona	Bliss	Female	3323	FO	1909		01:22:43	7668
8567	Fiona	Harvey	Female	3324	F40	439		01:22:44	7669
8025	Andy	Courson	Male	4345	M40	588		01:22:44	7670
9008	Susan	Denny	Female	3325	FO	1910		01:22:45	7671
8291	Alan	Kirton	Male	4346	M45	443		01:22:47	7672
8204	Marcus	Bailey	Male	4347	M45	444		01:22:49	7673
8954	Talia	Cooper	Female	3326	FO	1911		01:22:49	7674
9269	Katie	Porter	Female	3327	FO	1912		01:22:50	7675
8191	Jack	Taylor	Male	4348	MO	2297		01:22:52	7676
8971	Beth	Dickens	Female	3328	FO	1913		01:22:54	7677
9178	Elizabeth	Warren	Female	3329	F40	440		01:22:58	7678
7209	Gabrielle	Limon	Female	3330	F40	441		01:23:04	7679
9155	Jackie	Braithwaite	Female	3331	FO	1914		01:23:05	7680
9228	Jade	Chapman	Female	3332	FO	1915		01:23:05	7681
8704	Laura	Mcallister	Female	3333	FO	1916		01:23:05	7682
9237	Liam	Chapman	Male	4349	MO	2298		01:23:06	7683
8323	September	Millett-bangs	Female	3334	FO	1917	City Of Norwich AC	01:23:06	7684
5542	Lucy	Sadler	Female	3335	FO	1918		01:23:06	7685
8017	Martyn	Dunsdon	Male	4350	M45	445		01:23:07	7686
9185	Leanne	Oatham	Female	3336	F45	361	Diss and District AC	01:23:07	7687
8987	Eleanor	Mason	Female	3337	F40	442		01:23:08	7688
9288	Timothy	Young	Male	4351	M45	446		01:23:08	7689
6844	Anita	Tull	Female	3338	F55	179		01:23:09	7690
8898	Jon-paul	Court	Male	4352	M45	447		01:23:13	7691

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8760	Emily	Elvin-poole	Female	3339	FO	1919		01:23:13	7692
8173	Darryl	Ainslie	Male	4353	M50	343		01:23:17	7693
8790	Charli	Bloom	Female	3340	FO	1920		01:23:17	7694
8791	Lizzie	Byrne	Female	3341	FO	1921		01:23:18	7695
8702	Keith	Green	Male	4354	M45	448		01:23:21	7696
9271	Donna Marian	Aalders-dunt horne	Female	3342	F55	180		01:23:22	7697
2899	Chris	Frost	Male	4355	M40	589		01:23:32	7698
8721	Stacey	Connell	Female	3343	FO	1922		01:23:33	7699
9246	Jade	Warnes	Female	3344	FO	1923		01:23:33	7700
6882	Suzanne	Fleet	Female	3345	F45	362	Thetford AC	01:23:34	7701
8565	Sarah	Turner	Female	3346	F50	285		01:23:35	7702
2008	Andrew	Fleet	Male	4356	M50	344	Thetford AC	01:23:35	7703
7365	Stephanie	Squires	Female	3347	FO	1924		01:23:35	7704
7369	Emily	Dallas	Female	3348	FO	1925		01:23:36	7705
2738	Gary	Turner	Male	4357	M55	305		01:23:37	7706
8348	Rita	Bihari	Female	3349	FO	1926		01:23:37	7707
8471	Alison	Smith	Female	3350	F50	286		01:23:39	7708
8809	James	Henery	Male	4358	M50	345		01:23:40	7709
7675	Ewelina	Jablonska	Female	3351	FO	1927		01:23:41	7710
8980	Lindsey	Frost	Female	3352	FO	1928		01:23:42	7711
8243	Olivia	Smith	Female	3353	FO	1929		01:23:45	7712
8652	Imogen	Smith	Female	3354	FO	1930		01:23:45	7713
9030	Keely	Dougan	Female	3355	F50	287		01:23:45	7714
9057	Jim	Simmons	Male	4359	M70	32		01:23:46	7715
6207	Joanne	West	Female	3356	FO	1931		01:23:47	7716
6852	Gergana	Ivanova	Female	3357	FO	1932		01:23:47	7717
8892	Christine	Dutton	Female	3358	F55	181		01:23:48	7718
6341	Phil	Hall	Male	4360	M40	590		01:23:48	7719
4244	Ilona	Rittgaszer	Female	3359	F40	443		01:23:51	7720
4243	Auchan	Gray	Male	4361	MO	2299		01:23:51	7721
8251	Nicole	Lazarov	Female	3360	F40	444		01:23:51	7722
9339	Sarah	Cornish	Female	3361	F40	445		01:23:54	7723
1443	Louis	Fulcher	Male	4362	MO	2300		01:23:55	7724
8908	Kristiana	Hamilton	Female	3362	FO	1933		01:23:56	7725
8919	Thea	Noble	Female	3363	FO	1934		01:23:59	7726
6556	Elle	Hunt	Female	3364	FO	1935		01:24:01	7727
9452	Upasana	Masih	Female	3365	FO	1936		01:24:01	7728
5789	Chris	Clemenson-b utcher	Male	4363	M40	591		01:24:04	7729
7987	Kim	Halley	Female	3366	F65	42		01:24:06	7730
8440	Stephanie	Freeman	Female	3367	FO	1937		01:24:09	7731
9346	Sue	Stirling	Female	3368	F60	98	Wymondham AC	01:24:09	7732
8026	Kelly-marie	Marsh	Female	3369	F40	446		01:24:11	7733
9349	Annie	Wilson	Female	3370	FO	1938		01:24:14	7734
3394	Rebecca	Reynolds	Female	3371	FO	1939		01:24:14	7735
9350	Chris	Murch	Male	4364	M40	592		01:24:14	7736
8660	Karla	Nixson	Female	3372	F40	447		01:24:14	7737
6263	Luisa	Lunken	Female	3373	FO	1940		01:24:16	7738
6264	Ben	Lunken	Male	4365	M40	593		01:24:17	7739

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8730	Karen	Coyle	Female	3374	F50	288		01:24:18	7740
8731	Lauren	Mcquillan	Female	3375	FO	1941		01:24:18	7741
7826	Donna	Philo	Female	3376	F45	363		01:24:20	7742
7925	Lydia	Stratton	Female	3377	FO	1942	Wymondham AC	01:24:21	7743
7926	Rob	Stratton	Male	4366	MO	2301	Wymondham AC	01:24:21	7744
8620	Chris	Southwell	Male	4367	M75+	19		01:24:24	7745
8699	Nicole	Reynolds	Female	3378	FO	1943		01:24:25	7746
8596	Sean	Mckeon	Male	4368	M40	594		01:24:27	7747
7979	Veena	Dholiwar	Female	3379	F40	448		01:24:34	7748
1044	Scott	Taylor	Male	4369	MO	2302		01:24:37	7749
8729	Philip	Dix	Male	4370	M45	449		01:24:39	7750
9060	Katherine	White	Female	3380	F55	182		01:24:40	7751
6626	Susie	Poock	Female	3381	F50	289		01:24:41	7752
8621	Ryan	Lindley	Male	4371	MO	2303		01:24:41	7753
9012	Rebecca	Cole	Female	3382	FO	1944		01:24:42	7754
8049	Elizabeth	Mckay	Female	3383	FO	1945		01:24:44	7755
8057	Sarah	Dev-sherman	Female	3384	F45	364		01:24:46	7756
8917	Zaara	Dhawan-foster	Female	3385	FO	1946		01:24:46	7757
9180	Helen	Rowcliffe	Female	3386	F45	365		01:24:46	7758
8796	Eleanor	Winter	Female	3387	FO	1947		01:24:47	7759
9230	Karl	Coppack	Male	4372	M55	306		01:24:47	7760
9277	Tanya	Buck	Female	3388	F40	449		01:24:48	7761
9278	Alison	Buck	Female	3389	F45	366		01:24:49	7762
9229	Fi	Proudfoot	Female	3390	F55	183		01:24:49	7763
8526	James	Vardigans	Male	4373	MO	2304		01:24:59	7764
9236	Raschelle	Dulce	Female	3391	F45	367		01:25:00	7765
7859	Emma	Logan	Female	3392	FO	1948		01:25:02	7766
9241	Rainy	Watson	Female	3393	F50	290		01:25:02	7767
7854	Michael	Duale	Male	4374	M45	450		01:25:03	7768
9368	Jess	Marsh	Female	3394	FO	1949		01:25:04	7769
8473	Angelo	Bales	Male	4375	M55	307		01:25:06	7770
9417	Alexa Kathleen	Bales	Female	3395	FO	1950		01:25:07	7771
8663	Carolyn	Anderson	Female	3396	F60	99		01:25:08	7772
7374	Sharon	Norman	Female	3397	F55	184		01:25:09	7773
9003	Ellie	Westmacott-synder	Female	3398	FO	1951		01:25:09	7774
8290	Hannah	Pickering	Female	3399	F45	368		01:25:12	7775
8717	Nick	Williams	Male	4376	MO	2305		01:25:15	7776
8403	Tom	Stansfield	Male	4377	MO	2306		01:25:16	7777
8916	Amy	Easey	Female	3400	FO	1952		01:25:20	7778
9050	Jennifer	Graham-flint	Female	3401	F40	450		01:25:21	7779
8736	Leigh	Flaherty	Male	4378	M40	595		01:25:21	7780
7623	Ruth	Flaherty	Female	3402	F40	451		01:25:21	7781
9402	Chloe	Moss	Female	3403	FO	1953		01:25:24	7782
1682	Pat	Brightman	Female	3404	F70	14	Great Yarmouth & District AC	01:25:26	7783
9176	Ruth	Donley-bond	Female	3405	F60	100		01:25:28	7784
9313	Manuela	Martin	Female	3406	F40	452		01:25:28	7785

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8975	Robert	Mills	Male	4379	M75+	20		01:25:32	7786
8887	Jess	Edwards	Female	3407	F40	453		01:25:32	7787
8713	Abi	Hebbron	Female	3408	FO	1954		01:25:33	7788
9311	Sarah	Abbott	Female	3409	F50	291		01:25:34	7789
9211	Lucy	Riseborough	Female	3410	FO	1955		01:25:35	7790
8722	Sophia	Fahri	Female	3411	FO	1956		01:25:35	7791
4101	Kevin	England	Male	4380	MO	2307		01:25:37	7792
9414	Elisabeth	Moy	Female	3412	F45	369		01:25:38	7793
7647	Ashley	England	Female	3413	FO	1957		01:25:39	7794
9441	Suenaina	Sharma	Female	3414	F40	454		01:25:40	7795
9146	Shereen	Bragg	Female	3415	F40	455		01:25:42	7796
8397	Isabelle	Tawana	Female	3416	FO	1958		01:25:44	7797
8217	Georgina	Raymond	Female	3417	FO	1959		01:25:45	7798
8676	Mark	Pointer	Male	4381	M55	308		01:25:45	7799
8194	James	Shiplee	Male	4382	MO	2308		01:25:47	7800
8672	Andrew	Reeves	Male	4383	M55	309		01:25:52	7801
8209	Laura	Woods	Female	3418	F45	370		01:25:53	7802
6693	Anna	Spackman	Female	3419	F45	371		01:25:53	7803
6654	Debbie	Ridgeon	Female	3420	F55	185		01:25:57	7804
9082	Zara	Anderson	Female	3421	FO	1960	Norfolk Gazelles AC	01:26:02	7805
6037	Elinor	Williams	Female	3422	FO	1961		01:26:03	7806
8227	Stephanie	Spalding	Female	3423	FO	1962		01:26:04	7807
8436	Judy	Farrimond	Female	3424	F60	101		01:26:05	7808
8675	Heather	Kearley	Female	3425	F60	102		01:26:07	7809
8674	Melanie	Bridge	Female	3426	F60	103		01:26:08	7810
9024	Anne Kathrine Brinck	Nielsen	Female	3427	F45	372		01:26:08	7811
6649	Katherine	Parry	Female	3428	FO	1963		01:26:12	7812
9130	Sarah	Holmes	Female	3429	FO	1964		01:26:12	7813
9029	Sabrina	Logan	Female	3430	FO	1965		01:26:12	7814
8472	Scarlett	Geen	Female	3431	FO	1966		01:26:18	7815
9314	Helen	Parish	Female	3432	F40	456		01:26:19	7816
6613	Georgia	Wilkinson	Female	3433	FO	1967		01:26:20	7817
7217	Kellie	Egleton	Female	3434	F40	457		01:26:21	7818
9081	Danielle	Drummee	Female	3435	FO	1968		01:26:21	7819
8133	Rachel	Thompson	Female	3436	F40	458		01:26:21	7820
2941	Christopher	Drummee	Male	4384	M60	211		01:26:21	7821
9233	Paula	Gould	Female	3437	F55	186		01:26:23	7822
7440	Mia	Ward	Female	3438	FO	1969		01:26:24	7823
7380	Nancy	Searle	Female	3439	F45	373		01:26:27	7824
9051	Lynda	Buck	Female	3440	F70	15		01:26:30	7825
3821	Georgina	Taylor	Female	3441	F45	374		01:26:32	7826
9192	James	Pannell	Male	4385	MO	2309		01:26:32	7827
9147	Natalie	Gomez	Female	3442	FO	1970		01:26:32	7828
9061	Stacey	Mills	Female	3443	FO	1971		01:26:32	7829
8709	Sophie	Taylor	Female	3444	FO	1972		01:26:32	7830
9052	Meryn	Buck	Female	3445	F45	375		01:26:33	7831
9401	Tom	Chapman	Male	4386	MO	2310		01:26:33	7832
9382	Gabrielle	Massey	Female	3446	FO	1973		01:26:34	7833

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
9062	Sadie	Mills-matthews	Female	3447	F45	376		01:26:34	7834
7880	Melanie	Pattison	Female	3448	FO	1974		01:26:38	7835
7879	Alex	Crowley	Male	4387	MO	2311		01:26:39	7836
9043	Kevin	Downs	Male	4388	M75+	21		01:26:40	7837
8879	Hannah	Sheehy	Female	3449	FO	1975		01:26:40	7838
9017	Claire	Hall	Female	3450	FO	1976		01:26:40	7839
8693	Charlotte	Johnson	Female	3451	FO	1977		01:26:45	7840
9363	Joanna	Andrews	Female	3452	F45	377		01:26:45	7841
8705	Katie	Riches	Female	3453	FO	1978		01:26:51	7842
8834	Rebecca	Cantrill	Female	3454	F60	104		01:26:54	7843
9172	Kiri	Bryant	Female	3455	FO	1979		01:26:58	7844
8262	Teresa	Hurn	Female	3456	F55	187		01:26:59	7845
9100	Rebecca	Bowen	Female	3457	FO	1980		01:26:59	7846
9101	Andrew	Bowen	Male	4389	M40	596		01:27:00	7847
8920	Tina	Lathrope	Female	3458	F40	459		01:27:00	7848
5366	Kirsty	Loftus	Female	3459	FO	1981		01:27:02	7849
9161	Harriet	Rayner	Female	3460	FO	1982		01:27:02	7850
9398	Susan	Leeming	Female	3461	F60	105		01:27:05	7851
6223	Jamie	Tassell	Male	4390	M55	310		01:27:05	7852
8999	Elisha	Crooks	Female	3462	FO	1983		01:27:07	7853
8943	Lee	Hewitt	Male	4391	MO	2312		01:27:07	7854
9088	Allwin	Christopher	Male	4392	M45	451		01:27:08	7855
9201	Lana	David	Female	3463	FO	1984		01:27:11	7856
8769	Lucy	Manton	Female	3464	FO	1985		01:27:12	7857
5086	George	Newton	Male	4393	MO	2313		01:27:12	7858
9298	Su	Chinnasamy	Female	3465	F45	378		01:27:19	7859
8649	Abu	Sathyanarayanan	Male	4394	M50	346		01:27:20	7860
9196	Graham	Large	Male	4395	M55	311		01:27:23	7861
7788	Keith	Eden	Male	4396	M55	312		01:27:25	7862
9220	Chandrasheker	Gadiwala	Male	4397	M40	597		01:27:26	7863
7752	Marie	Mattin	Female	3466	F60	106		01:27:32	7864
8553	Michelle	Doughty	Female	3467	F45	379		01:27:34	7865
8552	Laura	Jay	Female	3468	F55	188		01:27:34	7866
9074	Dennis	Wells	Male	4398	M75+	22		01:27:36	7867
9358	Lily	Gaskin	Female	3469	FO	1986		01:27:40	7868
5932	Carla	Gaskin	Female	3470	F40	460		01:27:41	7869
9126	Robert	Fleck	Male	4399	M60	212		01:27:42	7870
7948	Fiona	Hastings	Female	3471	F40	461		01:27:43	7871
8331	Alison	Gurney	Female	3472	F45	380		01:27:43	7872
8531	Caroline	Miller	Female	3473	FO	1987		01:27:46	7873
8665	Wendy	Barker	Female	3474	F55	189		01:27:56	7874
9016	Abbe	Swain	Female	3475	F45	381		01:27:56	7875
8685	Kayleigh	Baker	Female	3476	F40	462	Lowestoft Road Runners	01:28:04	7876
7995	Joshua	Worley-smith	Male	4400	MO	2314		01:28:07	7877
9260	Jade	Worley-smith	Female	3477	FO	1988		01:28:07	7878
8795	Steve	Berry	Male	4401	M60	213		01:28:08	7879
5894	Sarah	Howe	Female	3478	F45	382		01:28:10	7880
8696	Kimberly	Youngman	Female	3479	FO	1989		01:28:14	7881

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7456	Alexandra	Slaughter	Female	3480	FO	1990		01:28:17	7882
9379	Karen	Earl	Female	3481	F45	383		01:28:18	7883
9338	Briony	Staff	Female	3482	FO	1991		01:28:18	7884
9143	Cat	Connell	Female	3483	F60	107		01:28:20	7885
9293	Becky	Morton-crate	Female	3484	FO	1992		01:28:21	7886
8412	Roy	Meadway	Male	4402	M70	33		01:28:21	7887
9244	Aimee	Austin	Female	3485	F50	292		01:28:22	7888
9225	Gina	Taylor	Female	3486	F40	463		01:28:24	7889
9184	Gillian	Quinton	Female	3487	F65	43		01:28:24	7890
9002	Alexa	Wren	Female	3488	F40	464		01:28:27	7891
9205	Karen	Kelly	Female	3489	F70	16		01:28:30	7892
8591	Alisha	Collier	Female	3490	FO	1993		01:28:31	7893
9001	Amber	Seely	Female	3491	FO	1994		01:28:40	7894
7341	Steven	Utting	Male	4403	M55	313	Norwich Road Runners	01:28:42	7895
8738	James	Chamberlin	Male	4404	M45	452	Lonely Goat RC	01:28:47	7896
9136	Brenda	Wilkinson	Female	3492	F75+	4		01:28:48	7897
9256	Grace	Marshall	Female	3493	FO	1995		01:28:55	7898
7331	Stephen	Norris	Male	4405	M40	598		01:28:56	7899
7294	Jenny	Norris	Female	3494	F40	465		01:28:56	7900
6895	Adam	Cunningham	Male	4406	MO	2315		01:29:02	7901
9134	Chloe	Forkes	Female	3495	FO	1996		01:29:07	7902
8836	Maurice	Vertigans	Male	4407	M75+	23		01:29:10	7903
8914	Lauren	Steele- Sidle	Female	3496	FO	1997		01:29:18	7904
2534	Ruth	Steele	Female	3497	F55	190	FORDY RUNS Running Club	01:29:18	7905
8779	Caroline	Briggs	Female	3498	F60	108		01:29:24	7906
6073	Jessica	Shackley	Female	3499	FO	1998		01:29:26	7907
7351	Rose	Harrison	Female	3500	F70	17		01:29:33	7908
4557	Bianca	Hedley	Female	3501	FO	1999	Coltishall Jaguars RC	01:29:38	7909
4016	Lucy	Reynolds	Female	3502	FO	2000		01:29:38	7910
9392	Kevin	Maguire	Male	4408	M70	34		01:29:43	7911
9139	Debbie	Hall	Female	3503	F60	109		01:29:43	7912
8958	Amber	Potter	Female	3504	FO	2001		01:29:46	7913
9070	Hamish	Macqueen	Male	4409	M50	347		01:29:49	7914
8984	Sarah	Burt	Female	3505	FO	2002		01:29:59	7915
9102	Amelia	Appleton	Female	3506	FO	2003		01:29:59	7916
8689	Sarah	Speer	Female	3507	FO	2004		01:29:59	7917
9140	Louise	Burt	Female	3508	FO	2005		01:29:59	7918
6567	Lauren	Ellis	Female	3509	FO	2006		01:30:09	7919
5548	Ben	Swallow	Male	4410	MO	2316		01:30:10	7920
7043	Deborah	Ellis	Female	3510	F50	293		01:30:10	7921
5747	Jo	Walmsley	Female	3511	F50	294		01:30:15	7922
9300	Eunice	Makumbiza	Female	3512	F50	295		01:30:16	7923
8761	Teresa	Broadbent	Female	3513	F50	296		01:30:22	7924
8901	Emma	Tempest	Female	3514	F45	384		01:30:23	7925
9265	Tim	Kinnaird	Male	4411	M50	348		01:30:26	7926
7500	Paige	Staff	Female	3515	FO	2007		01:30:26	7927
9296	Samuel	Agar	Male	4412	MO	2317		01:30:27	7928
7858	Helen	Ellis	Female	3516	F45	385		01:30:35	7929

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3819	Edith	Gowing	Female	3517	FO	2008		01:30:46	7930
2153	Danny	Gowing	Male	4413	M45	453		01:30:47	7931
8651	Gina	Theodosiou	Female	3518	F50	297		01:30:51	7932
7154	Hannah	Adams	Female	3519	F45	386		01:30:52	7933
8723	Gill	Wardlow	Female	3520	F55	191		01:30:52	7934
7395	Madeline	Fulton	Female	3521	FO	2009		01:31:00	7935
8428	Cliff	Ellis	Male	4414	M55	314		01:31:00	7936
8429	Poppy	Moore	Female	3522	FO	2010		01:31:01	7937
9131	Hayden	Yates	Male	4415	MO	2318		01:31:05	7938
8166	Trevor	Lawrence-bell	Male	4416	M55	315		01:31:07	7939
6433	Sally	Porter	Female	3523	F60	110		01:31:07	7940
9378	Jessica	Strike	Female	3524	FO	2011		01:31:11	7941
8510	Hayden	Wilby	Male	4417	MO	2319		01:31:12	7942
9217	Claire	Wallace	Female	3525	F55	192		01:31:18	7943
9198	Alexis	Chipperfield	Female	3526	F40	466		01:31:21	7944
9114	Oksana	Leyshon	Female	3527	F45	387		01:31:38	7945
8932	Annabelle	Crook	Female	3528	FO	2012		01:31:48	7946
8964	Rebekah	Mccarthy	Female	3529	FO	2013		01:31:58	7947
7823	Brian	Gooda	Male	4418	M70	35		01:31:59	7948
3483	Ian	Jarvis	Male	4419	M60	214	Lonely Goat RC	01:32:01	7949
8740	Eleanor	Jarvis	Female	3530	FO	2014		01:32:01	7950
2127	Jack	Allen	Male	4420	M40	599		01:32:12	7951
9366	Alice	Vaughan	Female	3531	FO	2015		01:32:18	7952
8321	Gemma	Chastney	Female	3532	FO	2016		01:32:21	7953
8322	Hayley	Parker	Female	3533	FO	2017		01:32:21	7954
9329	Emma	Miller	Female	3534	FO	2018		01:32:22	7955
8667	Victoria	Copplestone	Female	3535	F50	298		01:32:33	7956
8332	Stefan	Gurney	Male	4421	M50	349		01:32:43	7957
9377	Mary	Miranda-pasi on	Female	3536	FO	2019		01:32:46	7958
8164	Joanne	Pipe	Female	3537	FO	2020		01:32:48	7959
8175	Victoria	Gutmann	Female	3538	F60	111		01:32:51	7960
9408	Cathy	Sims	Female	3539	F55	193		01:33:00	7961
9194	Sarah	Huggins	Female	3540	F45	388		01:33:03	7962
8728	Rachel	Goddard	Female	3541	F40	467		01:33:09	7963
9168	Donna	Wilkinson	Female	3542	F45	389		01:33:12	7964
9137	Zarvin	Wildev	Male	4422	M45	454		01:33:13	7965
6515	Jo	Mcilwee	Female	3543	F50	299		01:33:14	7966
9108	Rachael	Wilson	Female	3544	F50	300		01:33:16	7967
9340	Katie	Mcsweeney	Female	3545	FO	2021		01:33:33	7968
9345	Steve	Mcsweeney	Male	4423	MO	2320		01:33:33	7969
7809	Freya	Reeve	Female	3546	FO	2022		01:33:33	7970
8878	Roz	Maclachlan	Female	3547	F60	112		01:33:42	7971
6357	Robert	Inglis	Male	4424	MO	2321		01:33:57	7972
7886	Zak	Ramplv	Male	4425	MO	2322		01:33:58	7973
9232	Wendy	Moss	Female	3548	F60	113		01:33:58	7974
8135	Madeleine	Tve	Female	3549	FO	2023		01:33:59	7975
9453	Tracey	Ralph	Female	3550	F45	390		01:33:59	7976
9231	Caitlin	Gavin	Female	3551	FO	2024		01:34:03	7977

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
9309	Hayley	Cook	Female	3552	F45	391		01:34:06	7978
9264	Jordan	Brackpool	Female	3553	FO	2025		01:34:12	7979
9121	Tim	Hirst	Male	4426	M75+	24		01:34:13	7980
6870	Jeff	Stock	Male	4427	M65	115		01:34:17	7981
9109	Lauren	Smalley	Female	3554	FO	2026		01:34:20	7982
9418	Jamie	Jones	Female	3555	F45	392		01:34:29	7983
8350	Suzanne	Sharman	Female	3556	F40	468		01:34:56	7984
9292	Jane	Edwards	Female	3557	FO	2027		01:34:59	7985
9110	Rachel	Kinnaird	Female	3558	F50	301		01:35:59	7986
9028	Louise	Farrow	Female	3559	F40	469		01:36:15	7987
9027	Tom	Farrow	Male	4428	M45	455		01:36:16	7988
9258	Nick	Matthews	Female	3560	F65	44		01:36:27	7989
8536	Louise	Matthews	Female	3561	FO	2028		01:36:28	7990
9162	Daniela	Ponjuan	Female	3562	FO	2029		01:36:29	7991
9257	Rachael	Tillett	Female	3563	FO	2030		01:36:30	7992
9259	Margaret	Matthews	Female	3564	F60	114		01:36:31	7993
5166	Mukesh	Singh	Male	4429	M40	600		01:36:33	7994
1919	Ignacio	Correas	Male	4430	MO	2323		01:36:34	7995
7969	Stephen	Tuttle	Male	4431	M45	456		01:36:45	7996
9388	Reshma	Peter	Female	3565	F40	470		01:36:47	7997
8957	Catherine	Ashley	Female	3566	FO	2031		01:36:56	7998
7942	Ed	Bardsley	Male	4432	MO	2324		01:37:20	7999
9261	Sammy	Porter	Female	3567	FO	2032		01:37:44	8000
7980	Alison	Hood	Female	3568	F50	302		01:38:00	8001
9177	Laura	Clay-harris	Female	3569	FO	2033		01:38:10	8002
6839	Richard	Selwyn	Male	4433	MO	2325		01:38:10	8003
6840	Eleanor	Martin	Female	3570	FO	2034		01:38:11	8004
8764	Mark	Clemenson-b utcher	Male	4434	M60	215		01:38:14	8005
8981	Bernice	Crutchley	Female	3571	F50	303		01:38:49	8006
9042	Emily	Spragge	Female	3572	F50	304	Coltishall Jaguars RC	01:38:56	8007
9234	Georgina	Kellett	Female	3573	FO	2035		01:39:21	8008
9112	Jacqui	Kelly	Female	3574	F55	194		01:39:21	8009
1348	Nick	Overy	Male	4435	M55	316		01:39:24	8010
8996	Alistair	Lottering	Male	4436	M50	350		01:39:53	8011
9138	Kim	Newnes	Female	3575	F55	195		01:39:53	8012
9336	Lorraine	Henry	Female	3576	F55	196		01:40:39	8013
9151	Emma	King	Female	3577	FO	2036		01:41:34	8014
9290	Sarah	Wilby	Female	3578	F55	197		01:41:41	8015
5901	Simon	Ludkin	Male	4437	M55	317	Bungay Black Dog RC	01:41:47	8016
9443	Bibi	Dashti	Female	3579	FO	2037		01:42:38	8017
9090	Jessica	Smith	Female	3580	FO	2038		01:42:40	8018
254	Ryan	Saunders	Male	4438	M40	601		01:42:40	8019
9058	Jemma	Hoxha	Female	3581	FO	2039		01:42:40	8020
9239	Donna	Westgate	Female	3582	F40	471		01:42:47	8021
9240	Linzie	Powley	Female	3583	FO	2040		01:42:47	8022
9223	Chloe	Cross	Female	3584	FO	2041		01:42:47	8023
9055	Laura	Cox	Female	3585	FO	2042		01:42:59	8024
9419	Laura	Waller	Female	3586	F40	472		01:43:45	8025

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8965	Kate	Thompson	Female	3587	FO	2043		01:43:46	8026
9275	Phillip	Laurier	Male	4439	M75+	25	Lowestoft Road Runners	01:44:43	8027
9423	Zenya	Perring	Female	3588	FO	2044		01:45:11	8028
7313	Michelle	Cooper	Female	3589	F50	305		01:46:47	8029
561	Jess	Swansborough	Female	3590	FO	2045		01:47:00	8030
9359	Rachael	West	Female	3591	F40	473		01:47:05	8031
9361	Karen	West	Female	3592	F40	474		01:47:05	8032
9360	Victoria	Shepherd	Female	3593	F45	393		01:47:08	8033
9370	Krystal	Punt	Female	3594	F40	475		01:48:28	8034
9285	Joanna	Kendrick	Female	3595	FO	2046		01:49:26	8035
9407	Ashlea	Reuben	Female	3596	FO	2047		01:49:53	8036
9099	Moirra	Harragan	Female	3597	FO	2048		01:50:50	8037
9189	Julie	Keane	Female	3598	F70	18		01:53:50	8038
9324	Will	Mills	Male	4440	M40	602		01:53:56	8039
9386	Susan	Mills	Female	3599	F75+	5		01:54:01	8040
9404	Alison	Hodder	Female	3600	F60	115		02:00:51	8041
9440	Chantelle	Dixon	Female	3601	FO	2049		02:21:27	8042
9344	Roma	Spinks	Female		F60				
6787	Holly	Eaton	Female		FO				
5928	Mark	Stevens	Male		MO				
8176	Nathan	Rogers	Male		MO				
4239	Lara	Small	Female		FO				
3211	Benjamin	Hardie	Male		MO				
6950	Giselle	Andrews	Female		F50				
7036	Sam	Mcdowall	Male		MO				
7182	Jack	Hughes	Male		MO				
9390	Marta	Assuncao	Female		F50				
1098	Gregory	Stevenson	Male		M50				
3843	Rupert	Fox	Male		M40				
4290	Sophie	Siddall	Female		FO				
6309	Collen	Kamusewo	Male		MO				
8549	Teresa	Turberville	Female		F55				
335	Jacob	Chambers	Male		MO				
1658	Stephen	Belderbos	Male		M50				
5777	Sally	Franks	Female		F40				
2285	Chris	Swanston	Male		MO				
5195	Ellexia	Velez	Female		FO				
6047	Sarah	Hurren	Female		F55				
2168	Graeme	Wooden	Male		M40				
5950	Evangelos	Deligiannakis	Male		M45				
9224	Callum	Parker	Male		MO				
3816	Sam	Burton	Male		MO				
3072	Becky	Edwards	Female		F45				
8042	Rebecca	Mccartney	Female		FO				
3407	Craig	Welford	Male		M40				
9181	Alice	Cawte	Female		FO				
8188	Byron	Franklin	Male		M40				
7092	Oliver	Colledge	Male		MO				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
9320	Emma	Biggie	Female		FO				
9254	Nicola	Abson	Female		F40				
3263	Caitlin	Long	Female		FO				
7816	Freddy	Waters	Male		MO				
5115	Daniel	Philpott	Male		M45				
2348	Aaron	Rodwell	Male		MO				
347	Joseph	Mercer	Male		MO				
5804	Hannah	Brigden	Female		FO				
6045	Jade	Nice	Female		F55		Harleston Running Club		
8763	Sharon	Armes	Female		F55				
1229	Jay	Buck	Male		M45				
204	Vito	Machin	Male		MO		City Of Norwich AC		
5296	Bruce	Kelf	Male		MO				
7892	Clare	Purser	Female		FO				
555	Steven	Blake	Male		M40		March AC		
4919	Ryan	Martin	Male		MO				
8777	Gemma	Farrell	Female		F45				
1122	Stephen	Rolfe	Male		M70		Norfolk Gazelles AC		
2267	Kyle	Canning	Male		MO				
2005	James	Harris	Male		M40				
1940	Mark	Lear	Male		M45				
4196	Isobelle	Gavin	Female		FO				
7774	Catherine	Grange	Female		F60				
8803	Gemma	Lear	Female		F40				
5320	Peter	Durham	Male		M60				
110	Bob	Glasgow	Male		M50		Orion Harriers		
8698	Sophie	Grice	Female		FO				
363	Ollie	Charlish	Male		MO				
2971	Dominic	Atkinson	Male		MO				
1380	Dan	Sparkes	Male		MO				
9142	Rahul	Sharma	Male		MO				
3460	Lee	Buckingham	Male		MO				
9286	Deena	Bacon	Female		F60				
1936	Paul	Redbarnes	Male		M40				
2079	Ross	Dougan	Male		MO				
6997	Louisa	Boyce	Female		FO				
9218	Deborah	Priddy	Female		F65				
510	Lloyd	Quinton	Male		MO				
8507	Rebecca	Andrews	Female		FO				
1282	Craig	Elliott	Male		MO				
1976	Lee	Glover	Male		MO				
6774	Frank	Ellis	Male		M75+		Tri-Anglia Triathlon Club		
8308	Jason	Urbani	Male		M55				
159	Max	Mock	Male		MO				
5475	Taylor	De Sousa	Male		MO				
7104	Tom	Fryman	Male		M40				
2154	Lewis	Wiseman	Male		MO				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3567	Spike	Sayer	Male		MO				
6127	Rebecca	Eve	Female		F40				
4005	Sienna	Penson	Female		FO				
649	Lilyella	Craw-seaman	Female		FO				
8637	Rebecca	Rowe	Female		F45				
9303	Luke	James	Male		MO				
3435	Jonathan	Woodrow	Male		MO				
1611	Pete	Ackerley	Male		M45				
4049	Stacey	Williams	Female		FO				
879	Charlie	Page	Male		MO		Runners-Next -the-Sea		
6838	Madeleine	Mitchell	Female		FO				
5367	Stephen	Robinson	Male		M40				
8469	Toby	Colman	Male		MO				
2982	Corinne	Thompson	Female		FO				
9157	Samuel	West	Male		MO				
8082	India	Franks	Female		FO				
9371	George	Lindow	Male		MO				
2597	Russell	Hack	Male		MO				
3213	James	Ducker	Male		M40				
6633	Mathew	Bardwell	Male		M50				
6801	Carmel	Windsor Waite	Female		FO				
2697	Robert	Highe	Male		MO				
3179	Hannah	West	Female		FO				
589	Laura	George	Female		FO		Aylsham Runners		
6504	Josephine Helen	Maughan	Female		F45				
4222	Nicola	Barnes	Female		F45				
4672	Jordan	Butterfant	Male		MO				
7166	Rachael	Aitken	Female		F45				
3385	Nathan	Cotton	Male		MO				
5315	James	Crook	Male		MO				
8458	Marion	Parks	Female		F60				
6698	Lucy	Yates	Female		FO				
534	Michal	Jakubiak	Male		M40				
1267	Harly	Moon	Female		FO		Bure Valley Harriers		
9222	Natalie	Wyatt	Female		F40				
7936	Olivia	Dowdell	Female		FO				
8490	Samantha	Rosling	Female		FO				
1070	Joey	Millar	Male		MO				
7775	Sebastian	Brickell	Male		MO				
4042	Isabelle	Wardlow	Female		FO				
8414	Jas	Blackburn	Female		FO				
2582	Lily	Woods	Female		FO				
6085	Taylor	Robinson	Male		MO				
8983	Hayden	Devenish	Male		MO				
3236	Chris	Howlett	Male		M45				
8329	Matthew	Whisker	Male		MO				
8529	Emma	Frost	Female		F40				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8953	Bonnie	Dillaway	Female		F45				
4334	Ananthi	Puntis	Female		F40				
7706	Rachael	Blyth	Female		FO				
8375	Richard	Edwards	Male		MO				
355	Stephen	Valentine	Male		M65		Norwich Road Runners		
3415	Matthew	Reid	Male		MO				
8210	Holly	Hopkins	Female		FO				
7714	Sam	Hopkinson	Male		MO				
6527	Jenny	Simpson	Female		F50				
962	Tom	Pennington	Male		MO				
1475	Gary	Todd	Male		M40				
8410	Sophie	Birkenhead	Female		FO				
4111	Tommy	Taylor	Male		M40				
2639	Ian	Douglass	Male		M55				
8516	Bob	Cloughton	Male		M75+		Norwich Road Runners		
6116	Christina	Mulligan	Female		F50				
6491	Carol	Davis-mann	Female		F50				
3535	Kelly	Tabiner	Female		F50		Norfolk Gazelles AC		
7789	Dena	Eden	Female		FO				
6851	Hayley Jane	Southwood	Female		F50				
2227	Joe	Faulkner	Male		M40				
5603	Adam	Everett	Male		MO				
5280	Jamie	Gray	Female		F45				
933	James	Greenwood	Male		MO				
1636	Sam	Arthurton	Male		MO				
4493	Natasha	Highcroft	Female		F40				
5188	Claire	Woolliscroft	Female		FO				
5488	Michael	Burton	Male		M40				
6532	Ruth	Copson	Female		F40				
8532	Emily	Dicker	Female		F40				
9169	Alexandra	Johnson	Female		FO				
5584	Stella	Sims	Female		FO				
2953	Terry	Lewis	Male		M50				
3221	Reece	Buxton	Male		MO				
6604	Matthew	Coe	Male		M50				
531	Nathan	Roberts	Male		M45		Great Yarmouth Road Runners		
7636	Katie	St John-clarke	Female		F55				
3921	Karen	Nice	Female		F50				
824	Lee	Johnson	Male		MO				
8358	Tanya	Howard	Female		FO				
5935	Hannah	Dryland	Female		F50				
8579	Annouschka	Van Mossevelde	Female		FO				
3897	Maksymilian	Pawlik	Male		MO				
451	Keeley	Papworth	Female		FO				
2893	Hannah	Rawsthorne	Female		FO				
6304	Eric	Chambers	Male		MO				
5907	Karianne	Jordan	Female		F45				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6448	Naomi	Hunter	Female		FO				
9077	Elaine	Clarke	Female		F45				
9250	Ruth	Smith	Female		F55				
6154	Tamara	Skoulding	Female		F40				
9425	Charlotte	Hayes	Female		FO				
5984	Rob	Connelly	Male		M45				
4449	Steph	Brown	Female		FO				
7508	Ella	Wallis	Female		F40				
4197	Charles	Gavin	Male		MO				
8389	Rory	Jobson	Male		MO				
26	William	Cork	Male		MO		City Of Norwich AC		
8137	Emma	Hales	Female		F40				
7749	Raymond	Marshall	Male		M60				
5704	Rosina	Poller	Female		FO				
7165	Victoria	Eglington	Female		FO				
280	Richard	Mead	Male		MO		Norwich Road Runners		
4819	Sean	Cahill	Male		MO				
2682	Stephen	Mann	Male		M55				
4872	Amy	Pagden	Female		FO				
7148	Jo	Ford	Female		F45				
5997	Sandy	Fisher	Male		M40				
2228	Gemma	Tracy	Female		F40		Norwich Road Runners		
5213	James	Aldridge	Male		M50		Attleborough Athletics Academy		
94	James	Trim	Male		MO		Ryston Runners		
8785	Tony	Grayling	Male		M60				
3264	Nicole	Suchy	Female		FO				
6804	Reece	Jones	Male		M50				
1287	James	Bridges	Male		MO				
7312	Alicia	Bolton	Female		FO				
4779	Kate	Gorrod	Female		FO				
7498	Scott	Meechan	Male		M40				
4148	Oliver	Duval	Male		M50				
2174	Daniel	Hammond	Male		MO				
8670	Suze	Lake	Female		F45				
3599	Lily	Ellard	Female		FO				
8000	Sophie	Thompson	Female		FO				
7355	Janet	Hunt	Female		F70				
9200	Catherine	Baldwin	Female		FO				
981	Archie	Campbell	Male		M40				
1092	Josh	Youngs	Male		MO				
5934	George	Dryland	Male		MO				
8320	Roshani	Badgami	Female		FO				
4831	Sinead	Cahill	Female		F45				
7256	Jade	Pynen	Female		FO				
297	Matthew	Parkhouse	Male		M45				
4133	Daniel	Childerhouse	Male		M40				
7662	Leanne	Smith	Female		F40				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3783	Emily	May	Female		F40				
548	Royston	Thorne	Male		M50				
1409	Thomas	Hutchinson	Male		MO				
4052	Anna	Cislo	Female		F40				
8814	Claire	Goodliffe	Female		F40				
8268	Elizabeth	Hancock	Female		F75+				
1359	Mark	Bunn	Male		M45				
61	Rowen	Hughes	Female		FO		Herne Hill Harriers		
8316	Jessica	Baisley	Female		FO				
4883	Jana	Subertova	Female		F45				
1226	Marc	Gridley	Male		M50				
7094	Jay	Murphy	Female		FO				
8664	Phoebe	Gavin	Female		F40				
8273	Isabelle	Rundle	Female		F40				
7193	Amy	Gladding	Female		FO				
2945	Connor	Jones	Male		MO				
6783	Aimee	Lynch-coleman	Male		MO				
6611	Leanne	Pyrke	Female		FO				
276	Andrew	Reed	Male		MO		Erme Valley Harriers		
9394	Jenna-jaye	Nicholson	Female		FO				
7226	Jack	Bonham	Male		MO				
7802	Georgia	Woods	Female		FO				
7479	Elisabeth	Locksmith	Female		FO				
1106	Stefan	Glaysheer	Male		M60		Norwich Road Runners		
8383	Anna	Koloch	Female		F40				
3187	Ryan	Sewell	Male		MO				
5561	Thomas	Rhodes	Male		M40				
4873	Luke	Brient	Male		MO				
7754	Lillie-grace	Edwardd	Female		FO				
3548	Andy	Smith	Male		M45				
512	Charles	Joscelyne	Male		MO				
5825	Ben	Allen	Male		MO				
7982	Jasmine	Eastick	Female		FO				
876	Jamie	Waters	Male		MO				
7023	Murdoch	Macphee	Male		M45				
5279	Paul	Adams	Male		M50				
7265	David	Methold	Male		MO				
103	Josh	Harper	Male		MO				
4492	Robert	Todd	Male		M55				
8301	Matilde	Ferretti	Female		FO				
431	Bobby	Harrison	Male		M45			00:35:01	
5553	Nick	Lawler	Male		M40				
9087	Michael	Mendham	Male		M75+				
2047	Shay	Flatt	Male		MO				
3207	Patrick	Wilder	Male		M60		Norwich Road Runners		
8265	Katie	Gedge	Female		F45				
8187	Carmen	St John	Female		F40				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6269	Laura	Burton	Female		FO				
3478	Harry	Welford	Male		MO				
9005	Natasha	M Dean	Female		FO				
3943	Lucy	Nelson	Female		FO				
69	Dean	Williamson	Male		MO		Colchester Harriers AC		
1527	Simon	Farrow	Male		M50				
8418	Glenda	Stirling	Female		F60				
8207	James	Ward	Male		M40				
8600	Gary	Powers	Male		M60				
9399	Hannah	Andrew	Female		F45		Coltishall Jaguars RC		
4250	Louise	Plunkett	Female		F45				
5283	Rae	Goodacre	Female		FO				
6634	Kelly	Stone	Female		F55		Great Yarmouth Road Runners		
8513	Rebecca	Sibanda	Female		FO		Bungay Black Dog RC		
7952	Andrew	Mosur-bavington	Male		M40				
8508	Sarah	Holmes	Female		FO				
1707	Gareth	Palmer	Male		MO				
8592	Elana	Freedman	Female		FO				
8677	Sara	Holroyd	Female		F60				
8511	Mark	Reeves	Male		M65				
2199	Harry	Clark	Male		MO				
9123	Katherine	Goodhew	Female		FO				
5831	Miriam	Smithet	Female		F45				
3010	Daniel	Millar	Male		M40				
6676	Jamie	Thurston	Male		MO				
9097	Katie	Backhouse	Female		FO				
4230	Jason	Palmer	Male		M40				
3564	Liam	Odonnell	Male		M40				
5008	Daisy	Knights	Female		FO				
8882	Andy	Talbot	Male		MO				
4512	Paul	Cushing	Male		M45				
5133	Charlotte	Woolworth	Female		F40				
7934	Robert	Fiske	Male		M50				
6098	Ali	Lock	Female		F55				
4128	Mark	Donders	Male		M40				
314	Harry	Atkins	Male		MO				
8182	Paul	Ransome	Male		M45				
4343	Connor	Pells	Male		MO				
1310	Jake	Johnson	Male		MO				
6231	Naomi	Kitchen	Female		F45				
6800	Colin	Spencer	Male		M50				
3544	Matthew	Frost	Male		MO				
7091	Lee	Vaughan	Male		MO				
1120	Greg	Devlin	Male		M40				
1136	Sammi	Cane	Male		MO				
5067	Daniel	Ballantyne	Male		MO			00:40:02	
6784	Joe	Smith	Male		MO				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
816	Hannah	Pollard	Female		F45		Newmarket Joggers AC		
6236	Indre	Kiskiēne	Female		F40				
7399	Natasha	Garforth	Female		F45				
4256	Adrian	Moody	Male		M50				
7839	Carys	Bailey	Female		FO				
4632	Amy	Edye	Female		F40				
9325	Aoife	Malone	Female		FO				
917	Usmaan	Bahadur	Male		MO				
8119	Caroline	Baines	Female		F60				
960	Jack	Larter	Male		MO				
8712	Susanna	Engling	Female		F40				
6710	Ellie	Cramer	Female		F50				
7502	Brittanie	Collins	Female		FO				
1246	David	Neeve	Male		M45				
1145	Will	Lyth	Male		MO				
1276	Oliver	Spurgeon	Male		MO				
2229	Andrew	Hipper	Male		M55				
7709	Lucy	Llewellyn	Female		F40				
4126	David	Cooper	Male		M70				
5801	Nick	Dann	Male		M45		Norwich Road Runners		
6015	Daniel	Wade	Male		MO				
5431	Lauren	Isaacs	Female		F40				
3684	Melanie	Layer	Female		FO				
1202	Anthony	Kendrick	Male		M40				
6977	Devon	Johnson	Female		FO				
8053	Amie	Kelly	Female		FO				
21	Jacob	Ocal	Male		MO		City Of Norwich AC		
5019	Evelina	Januleviciute	Female		FO				
481	Cavan	Ferguson	Male		MO				
1367	Luke	Walker	Male		MO				
5891	Jessica	Flack	Female		FO				
5081	Nic	Powers	Male		M60				
6747	Luke	Mccormick	Male		MO				
1143	Paul	Cossey	Male		MO				
9327	Dani	Ayre	Female		FO				
4582	Toby	Betts	Male		MO				
979	James	Crickmore	Male		MO				
6351	Jacob	Muskett	Male		MO				
8286	Paige	Meeks	Female		FO				
5248	Leanne	Brandling-harris	Female		F40				
5572	Rebecca	Wilson	Female		FO				
1515	Sam	Pearcy	Male		MO				
5987	Kate	Holden	Female		F60				
9078	Kellsey	Thomas	Female		FO				
7493	Caroline	Curran	Female		F40				
7827	Sarah	Wright	Female		F55				
7248	Leah	Lewis	Female		FO				
9221	Carmel	Vincent	Female		F50				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4806	Anna	Stevenson	Female		F50				
5718	Abbie	Clapham	Female		FO				
8828	James	Bailey	Male		M50				
9273	Charlene	Ready	Female		FO				
9355	Reece	English	Male		MO				
3252	William	Long	Male		MO				
4997	Leila	Mckenna	Female		F55				
6187	Katrin	Oldridge	Female		F40				
8071	Chris	Blair	Male		M40				
3416	Shanon	Hodgson	Female		FO		Aylsham Runners		
4386	Timothy	Backhouse	Male		MO				
5235	Ciaran	Tipple	Male		MO				
6867	Terry	Caulfield	Male		M65				
5297	Richard	Reade	Male		M50				
2329	Amy	Belham	Female		FO				
7698	Jessica	Brunet	Female		FO				
6208	Lauro	Chaves	Male		M45				
8853	Lauren	Harmer	Female		FO				
3980	Nicola	Shorten	Female		F40				
8681	Neil	Middleton	Male		M60				
6505	Thomas William	Maughan	Male		M50				
4597	Alex	Rickaby	Male		M40				
4409	Charles	Barry	Male		MO				
5240	Tom	Hall	Male		M40				
5324	Rachel	Murray	Female		F45		Meltham AC		
813	Alex	Robinson	Male		MO				
4494	Daniel	Barron	Male		MO				
2704	Chris	Winter	Male		M60				
6383	Chris	Schonhut	Male		MO				
9412	Ryan	Hayes	Male		M40				
7983	Chelcie	George	Female		FO				
8556	Craig	Broadfoot	Male		MO				
7412	Oliver	Dawe	Male		M40				
8907	Anna	Fisher	Female		FO				
2147	Mark	Taylor	Male		M50				
6376	Amy	Bailey	Female		FO				
6570	Angela	Holloway	Female		F45				
6632	Robin	Turner	Male		MO				
9106	Madison	Forder	Female		FO				
3698	Adam	Civil	Male		MO				
3081	Matthew	Hales	Male		MO				
7334	Harriet	Taylor	Female		FO				
6362	Liam	Titterington	Male		MO				
9247	Rebecca	Galeski	Female		F40				
8417	Drew	Marshall Brown	Male		M60				
7030	Andy	Rea	Male		MO				
6215	Elizabeth	Griffiths	Female		F65				
8008	Debbie	Jackson	Female		F60				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3226	Owen	Gifford	Male		MO				
4120	Amiee	Bickel	Female		FO				
6267	Kerry	Payne	Female		F40				
3699	Tom	Sargent	Male		MO				
4439	David	Clover	Male		M55		Wymondham AC		
8178	Holly	Medcraft	Female		FO				
7278	Andy	Starkings	Male		M45				
4217	Ben	Carroll	Male		M40				
5223	Charley	Harris	Female		FO				
5375	Lauren	Purnell	Female		FO				
8861	Sara	Kiameer	Female		FO				
9334	Melissa	Fields	Female		FO				
3008	Joanna	Taylor	Female		FO				
5502	Millie	Mason	Female		FO				
8356	Emily	Beamish	Female		FO				
1387	Nathan	Phillips	Male		MO				
5107	Clare	Alexander	Female		F60				
8574	Emmie	Bulloch	Female		FO				
4477	Caius	Hutchings	Male		MO				
2827	Heval	Turel	Male		MO				
7439	Abby	Pearcy	Female		FO				
2060	Dan	North	Male		M40				
6813	Sejal	Jacob	Female		F50				
5906	Steven	Yates	Male		M40				
5397	Darren	Brigham	Male		M45				
3433	Hannah	Pegg	Female		FO				
8946	Namita	Matkar	Female		FO				
7250	Hannah	Watson	Female		FO				
3499	George	Mcwilliam	Male		MO				
8686	James	Groves	Male		M40				
6371	Shirley	Taylor	Female		F60				
5403	Callum	Boags	Male		M40				
122	Jake	Brownbill	Male		MO		City Of Norwich AC		
3019	Phoebe	Perry	Female		FO				
1116	Winter	Escandon	Male		MO				
9337	Vanessa	Cortes	Female		FO				
2411	Lyle	Flatt	Male		MO				
656	Mark	Walpole	Male		M55				
7325	Callum	Dornan	Male		MO				
1524	Greg	Escandon	Male		M40				
1652	Sporty	Saurus	Male		MO				
8992	Lisa	Trabucchi	Female		FO				
6020	Karen	Watson	Female		F60				
3528	James	Brady	Male		MO				
8911	Lawrence	Burton	Male		MO				
7119	Clint	Holmes	Male		M45				
6890	Michelle	Finnegan	Female		F55		Runners-Next -the-Sea		
7939	Caroline	Ross	Female		F60				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6608	Graham	Watts	Male		M40				
9080	Michelle	Taylor	Female		FO				
8216	Jude	Palmer	Female		FO		Wymondham AC		
1231	Zak	Hawkes	Male		MO				
7781	Chris	Bridge	Male		M50				
4238	Annabelle	Patterson	Female		FO				
6104	Tamsin	Crossley	Female		FO				
6234	Isla	Macrae	Female		FO				
6272	Johnny	Smith	Male		MO				
6168	Lucas	Philpott	Male		MO				
6	Leanne	Finch	Female		FO		Bure Valley Harriers		
5440	Simon	Fisher	Male		M55				
8745	Sharon	Mithoe	Female		F55				
8775	Mark	Bowen	Male		M65				
7628	Richard	Sawyer	Male		M55				
4782	Blodwen	Goode	Female		FO				
9331	Steven	Rodi	Male		M45				
9356	Wendy	Mann	Female		F55				
5848	Siana	Matthewson	Female		FO				
858	Stephen	Ramm	Male		M45				
3656	Shane	Lutkin	Male		M65				
8707	Katie	Ottolangui	Female		F45				
6406	Justin	Sizeland	Male		MO				
7737	Thea	Kerrison	Female		FO				
1643	Emma	Chambers	Female		FO		City Of Norwich AC		
8525	Richard	Bashton	Male		M60				
8784	Talia	Farrow	Female		FO				
3324	Ruby	Hutchins	Female		F40				
2924	Kelsea	Vinall	Female		FO				
1121	Tommy	Router	Male		MO				
4742	Stuart	Stafford	Male		MO				
9009	William	Woodhead	Male		MO				
2708	Eddie	Haxton	Male		MO				
6249	Thom	Annison	Male		MO				
8390	Jilla	Williams	Female		F40				
98	Jamie	Hinks	Male		MO		Arena 80 AC		
958	James	Rhodes	Male		MO				
4778	Peter	Bradley	Male		MO				
8514	Mollie	Leach	Female		FO				
8315	Adam	Cuffley	Male		M40				
5208	Deborah	Lawrence	Female		F60		Norwich Road Runners		
7390	Maisie	Dearmer	Female		FO				
2929	Guy	Metcalfe-hum e	Male		MO				
3319	Laura	Roden	Female		FO				
9426	Georgia	Chilvers	Female		FO				
3960	Richard	Davis	Male		M50				
6620	Rachel	Boyce	Female		F45				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2974	Sophie	Pearse	Female		FO				
3988	Simon	Taylor	Male		M40				
7238	Stuart	Mccance	Male		MO				
4423	David	Killingback	Male		M40				
8274	Steven	Simpson	Male		M40				
1360	David	Bradbeer	Male		M40		Norfolk Gazelles AC		
4841	Ashley	Waller	Male		MO				
5393	David	Ramsbottom	Male		MO				
3343	James	Mortishire	Male		MO				
8252	Chris	Sainty	Male		M40				
3119	Emily	Green	Female		FO				
339	Josh	Knights	Male		MO				
1465	Sam	Ballard	Male		MO				
7897	William	Hagerty	Male		MO				
8575	Libby	Bulloch	Female		FO				
8498	Jo	Sedgley	Female		F50				
2965	Matt	Lewendon	Male		M40				
1088	John	Cole	Male		M50				
4035	James	Gilligan	Male		MO				
2495	Rejane	Hammond	Female		F45				
9405	Sarah	Aldous	Female		F40				
513	Rhys	Taylor	Male		MO				
8080	Chloe	Sellors	Female		FO				
5826	Neil	Burrage	Male		M45				
4104	Harriet	Brooke	Female		FO		Great Yarmouth Road Runners		
6976	Matthew	Johnson	Male		MO				
5245	Matthew	Butterfant	Male		MO				
5163	Lucy	Field	Female		F40				
7805	Josh	Mcbride	Male		MO				
4721	Laetitia	King	Female		F45				
5714	Claire	Gray	Female		F45				
5827	Livvy	Milligan	Female		FO				
9175	Victoria	Sheehan	Female		F50				
2966	Alexander	Guille	Male		M40				
7132	Liam	Clements	Male		MO				
9369	Ruth	Owen	Female		FO				
3823	Connor	Dobson	Male		MO				
6536	Robert	Aldridge	Male		MO				
3128	James	Erskine-griffiths	Male		M45				
1347	Chris	Scannell	Male		MO				
4686	Thomas	Kerin	Male		MO				
7820	Sophie	Briggs	Female		F40				
8459	Samantha	Tusting	Female		FO				
1772	Daniel	Burke	Male		M40				
5792	James	Fiddian	Male		MO				
8121	Katie	Johnson	Female		FO				
9295	Sarah	Harvey	Female		FO				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
5744	Sevi	Marshall	Female		FO				
3623	Tom	Howard	Male		MO				
7967	Kate	Smith	Female		F45				
4216	Sammi	Carroll	Female		FO				
3911	Duncan	Turton	Male		M45				
9174	Barbara	Adamski	Female		F40				
5044	Hadley	Connor	Male		M50				
8062	Chloe	Judges	Female		FO				
1746	Luke	Tyce	Male		M45				
2177	Paul	Wilson	Male		MO				
6370	Ben	Taylor	Male		MO				
5783	Beth	Harman	Female		FO				
2515	Matt	Bradley	Male		MO				
51	Jamie	Rose	Male		M40				
6946	Rob	Dowe	Male		M55				
6479	Neil	Hesketh	Male		M45				
7003	Heidi	Tinker	Female		FO				
7425	James	Simons	Male		MO				
9045	Esme	Richardson-munday	Female		FO				
2292	Tom	Kelly	Male		MO				
3723	Simon	Smith	Male		M40				
5942	Kirk	Price	Male		M40				
3056	Luke	Crocker	Male		MO				
8159	Allison	Boden	Female		FO				
8942	Helen	Slater	Female		F50				
8758	Mike	Ottolangui	Male		M75+				
9032	Terri	Taylor	Female		F50				
5791	Paul	Eliott	Male		M60		Reepham Runners	00:43:55	
7292	Daniel	Watt	Male		MO				
8030	Donna	Flannagan	Female		F45				
5210	Samuel	Sheppard	Male		M40				
6354	Timothy	Garvey	Male		M70				
1473	Patrick	Kassanga	Male		MO				
7657	Melissa	Floyd	Female		FO				
8215	Jacqui	Mackay	Female		F50				
8009	Heather	Newton	Female		FO				
7871	Neil	Bridger	Male		M40				
210	Adam	Varvel	Male		MO				
9380	Garyl	Woolworth	Male		M40				
7210	Joanna	Mcilwee	Female		F50				
206	Nathan	Warren	Male		MO		Wymondham AC		
7093	Jed	Mcmanus	Male		MO				
7231	Hollie	Durrant	Female		F40				
1043	Harry	Cunningham	Male		MO				
8431	Lauren	Howes	Female		FO				
7268	Simon	Overton	Male		M45				
3411	Claire	Cameron	Female		FO				
4195	Paul	Gavin	Male		M55				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8560	Lily	Beel	Female		FO				
9036	George	Peck	Male		MO				
3497	Philip	Harris	Male		MO				
4390	Jonathan	Figura-drane	Male		M40				
1711	Alex	Cook	Male		M40				
4792	Leon	Nutman	Male		M45				
255	Chris	Mower	Male		M50		Saint Edmund Pacers		
3557	Adam	Bye	Male		MO				
8807	Lee	Williams	Male		M55				
5761	Nicola	Shearing	Female		F40				
4284	Caroline	Clamp	Female		F55				
7998	Elif	Carpar	Female		FO				
1077	Matthew	Levesley	Male		MO				
5104	Bethany	Seabrook	Female		FO				
190	Rhys	Foyster	Male		MO				
1996	James	Gladden	Male		MO				
8915	Kirsty	Green	Female		FO				
2380	Matthew	Chedgey	Male		M55				
8073	Lydia	Morgan	Female		FO				
8484	Hedley	Copplestone	Male		MO				
3645	Tom	Clark	Male		MO				
8192	Megan	Cook	Female		FO				
7255	Hannah	Bulloch	Female		FO				
7279	Brittanie	Collins	Female		FO				
8680	Louise	Woodhouse	Female		FO				
4859	Mark	Peel	Male		M50		FORDY RUNS Running Club		
6014	Edward	Doherty	Male		M40				
617	Ciaran	Skeffington	Male		MO				
4347	Alex	Cuffley	Male		MO				
9113	Victoria	Lucas	Female		F55				
4020	Harriet	Howes	Female		F40				
9262	Karen	Day	Female		F65				
3554	Jordan	Howe	Male		M40				
6125	Katie	Williams	Female		FO				
2220	Michael	Persich	Male		M70				
7899	Alice	Ridgeway	Female		FO				
3998	Dale	Willimott	Male		M45				
5007	Robert	Pollington	Male		M45				
2124	Craig	Smith	Male		M40				
4345	Vikki	Harwood	Female		F40				
8734	Sarah	Low	Female		FO				
1062	Craig	Hudson	Male		M40				
7304	Kieran	Burleton	Male		MO				
974	Jamie	Allison	Male		M40				
1168	Alex	Walton	Male		M50				
8765	Danielle	Whaley-logan	Female		FO				
8288	Stephen	Seville	Male		MO				
4577	Jodie	Quick	Female		FO				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
6499	Libby	Huntington	Female		FO				
4777	Piers	Dobson	Male		MO				
8411	Lee	Birkenhead	Male		MO				
8743	Rebekah	Kilsby	Female		FO		Daventry Road Runners		
6342	Michelle	Horn	Female		F40				
3640	Iain	Patterson	Male		M50				
8124	Brianne	Considine	Female		F40				
234	John	Fagan	Male		M50		North Norfolk Beach Runners		
7685	Agne	Cerniauskaite	Female		FO				
8032	Summer	Rogers	Female		FO				
5257	Sophie	Macrae	Female		FO				
600	Paul	Ward	Male		M55				
2121	Lee	Cheung	Male		M40		Norwich Road Runners		
6235	Calum	Macrae	Male		M55				
7704	Lauren	Barnett	Female		FO				
9274	James	Ready	Male		MO				
6136	Alison	Bilyard	Female		F55		Great Yarmouth Road Runners		
7051	Elyse	Cannon	Female		FO				
7335	Chloe	Edwards	Female		FO				
9125	Kimberley	Costello	Female		FO				
5507	Matt	Rix	Male		MO				
8715	Jade	Guiraud	Female		FO				
6644	Helena	Lawrence	Female		FO				
310	David	Read	Male		M45				
827	Leo	Joscelyne	Male		MO				
9212	Basak	Bahcivanci	Female		FO				
8183	Marie	Neve	Female		F50				
1650	Owen	Reed	Male		M40				
2589	Bryce	Cochrane	Male		MO				
6369	Emma	Taylor	Female		FO				
8255	Niobe	Wray-shaw	Female		FO				
5265	James	Crisafulli	Male		MO				
3260	Bernardo	Clavijo	Male		M40				
9103	Ben	Randall	Male		MO				
3639	Willow	Tashlin Clarke	Female		FO				
1980	Charlie	Sadd	Male		MO				
7039	John	Hill	Male		M65		Wymondham AC		
9150	Michaela	Worth	Female		FO				
3218	Dominic	Nozahic	Male		MO				
2734	Reuben	Johnson	Male		MO				
7693	Gillian	Hasson	Female		FO				
1813	Jay	Lefevre	Male		MO				
1164	Kevin	Garrod	Male		MO				
6521	Bryn	Mainwaring	Male		M50		Norwich Road Runners		
7330	Matthew	Howells	Male		MO				
2791	Max	Hamlet	Male		M40				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
4939	James	Elliott	Male		M50				
2669	Kate	Parkington	Female		F45				
7994	Danielle	Devitt	Female		FO				
8601	Cristiana	Bordianu	Female		FO				
4389	Lily	Orr	Female		FO				
9037	Emma	Peck	Female		FO				
8831	Zoe	Castleton	Female		F50				
1954	Harry	Smith	Male		MO				
6566	Chris	Warburton	Male		MO				
7459	Alex	Hutton	Male		MO				
3622	Max	Barnes	Male		M45				
9403	Art	Tonge	Male		MO		Norwich Road Runners		
2781	Daniel	Davies	Male		MO				
6512	Luke	Cutler	Male		MO				
6001	Bahar	Ghezelayagh	Female		F45				
7169	Shaylie	Mckay	Female		FO				
8287	David	Newman	Male		M40				
2606	Justin	Turner	Male		M55				
6144	Joe	Stevens	Male		MO				
4511	Peter	McNulty	Male		MO				
3853	Ben	Giacomelli	Male		M45				
7247	Ben	Lewis	Male		MO				
6325	Kirsty	Allen	Female		FO				
3964	Kimberley	Bellchamber	Female		FO				
7214	Hannah	Boswell	Female		FO				
5105	Hannah	Mossop	Female		FO				
5793	Ben	Brown	Male		M50				
6109	Ryan	Findlay	Male		MO				
8603	Lizzie	Applegate	Female		F40				
6096	Sean	McNulty	Male		MO				
8913	Pip	Mountjoy	Female		FO				
5144	Tiffany	Jewell	Female		FO				
3667	William	Sinclair	Male		MO				
3220	Joe	Beardon	Male		MO				
6382	Luke	Tye	Male		MO				
6822	Mitzy	O'loughlin	Female		F60		Bungay Black Dog RC		
6053	Edward	Hague	Male		M65				
6157	Catherine	Turner	Female		F55				
1197	Joel	Taylor	Male		MO				
6099	Maggie	Godfrey	Female		F55				
6214	Hannah	Hodgson	Female		FO				
4945	Nikos	Deligiannakis	Male		M45				
8083	Anindita	Banerjee	Female		FO				
2931	Ellie	Howard	Female		FO				
2510	Nat	Bash	Male		MO				
7870	Natalie	Palmer	Female		F40				
8656	Seb	Moore	Male		M75+		Runners-Next-the-Sea		
2546	Kyle	Strachan	Male		MO				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3870	Michael	Waters	Male		M55				
8690	Becky	Showell	Female		FO				
8421	Tracey	Davies	Female		F55				
9252	Edward	D'silva	Male		M75+				
8005	Pippa	Gribbon	Female		FO				
4519	Tristen	Watson	Male		M45				
5108	Isabel	Baumber	Female		F55				
7237	Kerri	Mccance	Female		FO				
9406	James	Aldous	Male		MO				
694	Maddy	Marriage	Female		FO				
2691	Susan	Guest	Female		F60		Wymondham AC		
4267	Faye	Thomas	Female		F50				
7219	Josh	Fulcher	Male		MO				
7179	Robert	Flint	Male		M40				
1313	Heidi	Pearson	Female		FO				
2242	Sian	Tinkler	Female		FO				
7100	Lois	Light	Female		FO				
505	Kevin	Snelling	Male		M55				
5884	Amy	Coleman	Female		F40				
7898	Shannon	Palmer	Female		FO				
3225	Alexander	Green	Male		MO				
6728	Sarah	Colk	Female		F40				
1366	Luke	Sutherland	Male		M40				
950	Nick	Moore	Male		MO		Tri-Anglia Triathlon Club		
2725	Anta Sharon	Soris	Male		MO				
2586	Andrew	Steed	Male		M55		Norwich Road Runners		
8635	Emma	Fraser	Female		FO				
317	Paul	Self	Male		MO				
8918	Chris	Foster	Male		M60				
105	Thomas	Abbs	Male		M40		Bure Valley Harriers		
4019	James	Sharman	Male		M50				
4998	Rob	Mckenna	Male		M60				
7280	Ross	Adams	Male		M45				
9420	Emma	Tovell	Female		F50				
7949	Tom	West	Male		MO				
9354	Sara	Delic	Female		FO				
9079	George	Haverson	Male		MO				
842	Harris	Todd	Male		MO				
5869	Chris	Golden	Male		M40				
8388	Abigail	Morton-wilcox	Female		FO				
8036	Liz	Crowley	Female		F55				
8619	Leon	Howard	Male		MO				
8945	Paul	Cunningham	Male		M45				
8	Cat	Cummings	Female		F45		City Of Norwich AC		
433	Matthew	Coe	Male		MO				
8150	Bradley	Garrett	Male		MO				
9094	Chloe	Boucher	Female		FO				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2538	Ellen	Stolworthy	Female		FO				
9195	Isabelle	Rose-goodall	Female		FO				
7319	Elizabeth	Woolnough	Female		F40				
748	Darren	Littleboy	Male		M55		Runnymede Runners		
5000	Rich	Kelsall	Male		MO				
5748	Richard	Bland	Male		MO				
8506	Lizzie	Mclucas	Female		FO		Runners-Next -the-Sea		
3454	Martin	Tovell	Male		M55				
2459	Neil	Howlett	Male		M50				
6916	Theresa	Jones	Female		F65		Waveney Valley AC		
4786	Jane	Hunt	Female		F60		Harleston Running Club		
2423	Thomas	Price	Male		M40		Tri-Anglia Triathlon Club		
6550	Lee	George	Male		M40				
4617	Ronan	O'sullivan	Male		M50				
2527	Andrew	Pettit	Male		MO				
1304	Chloe	Fincalm	Female		FO				
1520	James	Moore	Male		MO				
6748	Joanne	Scent	Female		F40				
7311	Amelia	Cawcutt	Female		FO				
3512	Hayley	Upson	Female		F45				
8465	Donna	Howlett	Female		F55				
8944	Francesca	Banks	Female		FO				
2724	David	Bawden	Male		M40				
2786	Daniel	De Boltz	Male		MO				
6312	Michelle	Graham	Female		FO		Dereham Runners AC		
3239	Abigail	Flaxman	Female		FO				
4673	Rhys	Lees	Male		MO				
4724	Hannah	Groom	Female		FO				
6102	Victoria	Leggett	Female		F40				
6706	Cameron	Black	Male		M50				
2083	Nick	Barclay	Male		M40				
2407	David	Shade	Male		MO				
9306	Lacie	Hay	Female		FO				
2221	Toby	Layton	Male		MO				
7158	Concettina	Marchione	Female		F40				
9186	Daria	Fisher	Female		F40				
8029	Jennifer	Ray	Female		FO				
3590	Michael	Bracken	Male		M45				
900	Lee	Oxbury	Male		M55		Norfolk Gazelles AC		
1926	Rob	Stevens	Male		M55				
1603	Laura	Browne	Female		FO		Barrow Runners		
6411	Tom	Lake	Male		MO				
5312	Jenna	Wales	Female		FO				
8226	Simon	Clarke	Male		M50				
8072	Zoe	Howell	Female		F45				
8832	Katie	Whelan	Female		FO				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8453	Paul	Waterfield	Male		M60				
1075	Tom	Bloomfield	Male		MO				
8319	Carl	Purkiss	Male		M45				
5458	John	Howard	Male		M45				
6209	Patrick	Chaves	Male		MO				
2080	Jamie	Alexander	Male		MO				
5274	Hannah	Green	Female		FO				
6594	Steffan	Harwood	Male		MO				
8695	Hannah	Cooper	Female		F40				
1750	Lola	Hopkins	Female		FO		City Of Norwich AC		
7853	Emily	Rudd	Female		FO				
4330	Fiona	Hinton	Female		F45				
7424	Suzi	Armstrong Cobb	Female		F45		Wymondham AC		
5753	James	Bird	Male		M45				
3068	Eugene	Kasao	Male		MO				
3933	Mark	Shepstone	Male		M40				
7096	Francesca	Benson	Female		FO				
8093	Sharon	Burton	Female		F50				
405	Spencer	Vine	Male		M50				
8450	Thomas	Rouse	Male		M40				
1612	Stephen	Crowe	Male		MO				
1600	Jake	Hammond	Male		MO				
1232	Dean	Adcock	Male		MO				
4661	Krysia	Smith	Female		F50		Bure Valley Harriers		
1766	Vinny	Barrand	Male		MO				
7661	Samantha	Swinton	Female		F40				
4429	Jordan	Haverson	Male		MO				
480	Lee	Bartlett	Male		MO				
9160	Jack Daniel	Longman	Male		MO				
6814	Joccoaa	Turner	Female		FO				
9000	Ben	Jones	Male		MO				
4110	Beth	Houghton	Female		FO				
6630	Sally-ann	Edmonds	Female		F55				
1115	Ellie	Culhane	Female		FO				
9149	Jennie	Roberts	Female		F45				
2460	Zac	Burchinshaw	Male		MO				
7212	Bethany	Kent	Female		FO				
1544	Danielle	King	Female		FO				
4483	Amelia	Hughes	Female		FO				
9219	Gemma	Priddy	Female		F40				
8001	Megan	Thompson	Female		F45				
290	Matthew	Donaghey	Male		MO				
2044	Craig	Knights	Male		M50				
6202	Shaun	Green	Male		MO				
9068	Barry	Humphreys	Male		M65		Lonely Goat RC		
8289	Akmal	Hallman	Male		MO				
18	Laurence	Rouse	Male		MO		City Of Norwich AC		

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3062	Suzanne	Orr	Female		F50				
496	Carl	Jenkins	Male		M50				
5129	Sarah	Court	Female		FO				
9266	Gabbi	Foreman	Female		FO				
551	William	Whittam	Male		M40				
8343	Jenny	Plumb	Female		F60				
8554	Ayeasha	Smith	Female		FO				
2592	Joel	Parkinson	Male		MO				
6749	Ryan	Mitford	Male		MO				
3267	Emily	Anderson	Female		FO				
6361	Emily	Titterington	Female		FO				
1061	Amy	Blowers	Female		FO				
3559	Ashley	Maile	Male		M55				
7215	Alison	Cook	Female		F55				
2874	James	Utting	Male		M45				
8445	David	Overy	Male		M40				
7314	Rebecca	Price	Female		F45				
8810	Lucy	Wei	Female		F70				
8768	Mackenzie	Knell	Male		MO				
9158	Hannah	Nicholas	Female		FO				
6120	Jake	Kubala	Male		MO				
4655	Gayle	Cope	Female		F50				
2736	Rose	Van Orden	Female		F45				
5779	Amelia	Morgan	Female		FO				
1492	Holly	Bateman	Female		FO				
6507	Liam	Green	Male		MO				
5852	Faye	Lipscombe	Female		F45		Dereham Runners AC		
4797	James	Smith	Male		MO				
1173	Paul	Baisley	Male		M50				
2268	Jade	Baber	Female		FO		City Of Norwich AC		
678	Matthew	Barwood	Male		MO				
2716	Mark	Routledge	Male		M40				
7893	Sebastian	Cox	Male		MO				
6373	Ryan	Langston	Male		MO				
2376	Craig	Wright	Male		M40				
7074	Sally	Dougan	Female		FO				
9145	Yvette	Witham	Female		F55				
46	Jake	Grand	Male		MO		Norwich Road Runners		
8749	Scott	Bunn	Male		M40				
1983	Gavin	Sargent	Male		M40		Great Yarmouth Road Runners		
868	Mark	Potter	Male		M50		Waveney Valley AC		
9328	Sophie	Hibbins	Female		F40				
1362	Robert	Savage	Male		MO				
7617	Joe	Doggett	Male		MO				
3621	Edward	Bouckley	Male		MO				
6450	Andrew	Fuller	Male		MO				
8961	Sigourney	Meeks	Female		FO				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
2230	Daniel	Hallybone	Male		MO				
6201	Jack	Osborne Prosser-james	Male		MO				
6562	Kaitlynn	Applegate	Female		FO				
8534	Hannah	Collison Smith	Female		F45				
8851	Katie	Peterson	Female		FO				
722	Louis	Pauling	Male		MO				
6230	Emily	Bradshaw	Female		FO				
8344	Charlotte	England	Female		FO				
6251	Katherine	Ball	Female		FO			00:46:26	
482	Tom	Leeder	Male		MO				
3785	Josh	Richeda	Male		MO				
8774	Gillian	Russell	Female		F55		Dereham Runners AC		
8926	Holly	Topper	Female		FO				
6547	Robert	Childerhouse	Male		M45				
7796	Imogen	Horsman	Female		FO				
6913	Grant	Rudgley	Male		MO				
4344	Calvin	Beales	Male		MO				
8826	Ann	Keighron	Female		F55				
8588	Debbie	Bowyer	Female		F45				
5524	Kerry	Porteous	Female		F50				
7684	Darek	Schubert	Male		M60				
4510	Ryan	Bayne	Male		MO				
7992	Thomas	Kerrison	Male		MO				
7008	James	Owen	Male		M40				
878	Liam	Rowlands	Male		M40				
6192	Steve	Woods	Male		M45				
899	Liam	Bobbin	Male		MO				
2771	Francesca	Self	Female		FO				
163	Kelvin	Haywood	Male		MO				
302	Claudia	Grattan	Female		FO				
1467	Eva	Ellis	Female		FO		Great Yarmouth & District AC		
6691	Jessie	Rout	Female		FO				
6100	Denise	Bjorck	Female		F60				
8647	Lauren	Marriott	Female		FO				
4982	Beth	Licence	Female		FO				
6555	Kieran	Hack	Male		MO				
3245	Elisabeth	Agathos	Female		FO				
3595	Leanne	Williams	Female		F40				
2559	Angus	Williamson	Male		MO				
4161	Andrea	Bell	Female		F50				
4271	Scott	Harmer	Male		M45				
3049	James	Blyth	Male		MO				
4811	Christian	Hansen	Male		MO				
8066	Gabrielle	Glover	Female		FO				
6288	George	Robinson	Male		MO				
1394	Kristoffer	Howell	Male		M45				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3431	Carla	Beane	Female		FO				
7643	Mike	Smallwood	Male		M65				
6736	Kerrie	Gallagher	Female		F40				
3680	Louise	Elphick	Female		F55				
7002	Chloe	Curtis	Female		FO				
1758	Adam	Beckett	Male		M55		Lonely Goat RC		
4446	Stuart	Oxborough	Male		MO				
4613	Mathew	Brice	Male		M45				
5211	Dhinasha	Balachandre	Female		FO				
2814	Charlie	Giacomelli	Male		MO				
6060	Ripley	Hack	Female		FO				
8842	Donna	Hughes	Female		F40				
7806	Charlotte	Mcbride	Female		FO				
4601	Kate	Evans	Female		FO				
3805	Richard	Clark	Male		M45				
1903	Oliver	Wray-shaw	Male		MO				
8732	Natalie	Freeman	Female		F45				
5743	Simon	Juden	Male		M55				
7966	Joanne	Colman	Female		F45				
1718	Alex	Clements	Male		MO				
9400	Chloe	Roche	Female		FO				
1208	Fionnuala	Allen	Female		FO				
5510	Mark	Johnson	Male		M55				
8012	Kirsty	Clarke	Female		F45		Waveney Valley AC		
8088	Marie	Widdows	Female		F40				
4283	Rachel	Pearce	Female		F55				
8801	Elizabeth	Sumners	Female		F45				
5254	Malcolm	Black	Male		M75+				
7609	Jenny	Moore	Female		F45				
7931	Caroline	Webb	Female		F40				
8641	Alex	King	Male		M45				
7159	Lara	Douglass	Female		F50				
4728	May	Botwright	Female		FO				
8232	Ryan	Burton	Male		M40				
4499	Andy	Wright	Male		M60				
3417	Matthew	Shackleton-chavez	Male		MO				
9038	Katalin	Kertesz	Female		F40				
5819	Peter	Scarfe	Male		M45				
4556	Marli	Ekkerd	Female		F45				
6084	Samantha Emma	Brockie	Female		FO				
2445	Tom	Storey	Male		M60				
5727	Amanda	Barmby	Female		F45				
5390	Martin	Willis	Male		M60				
3380	Charlotte	Fenton	Female		FO				
650	Luke	Turner	Male		MO				
8504	John	Edwards	Male		MO				
4107	Max	Taylor	Male		MO				
8703	Beccy	Humphrey	Female		F45				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
3954	Emma	Hunt	Female		F45				
3017	Simon	Machin	Male		M50				
1248	Lewis	George	Male		MO				
6947	Robin	Smith	Male		M70				
4411	Chloe	Brooks	Female		F40				
3345	Jake	Nicholson	Male		MO		Kenilworth Runners		
1973	Daniel	Newman	Male		MO				
2575	Alice	Bishop	Female		FO		Great Yarmouth Road Runners		
1735	Connor	Vince	Male		MO		Brandon Fern Hoppers		
8019	Niall	Gilroy	Male		MO				
8495	Lauren	Eaton	Female		FO				
5094	Geoff	Smith	Male		M60				
573	Ross	Simpson	Male		MO			00:39:13	
4890	David	Ellard	Male		M50				
8671	Louise	Adamson	Female		F65				
4022	Helaina	Mann	Female		FO				
6407	Ethan	Collins	Male		MO				
3580	David	Bell	Male		M50				
2482	Ben	King	Male		M60		Almost Athletes		
3556	Nick	Poskitt	Male		MO				
7469	Charlotte	Russell	Female		F40				
7629	Kelly-rose	Smith	Female		FO				
5703	Stuart	Blazey	Male		M45				
120	Laurie	Whitehair	Male		M40				
365	William	Clifton	Male		MO				
7903	Robin	Croft	Male		M70				
7887	Lydia	Rea	Female		FO				
6133	Natalie	Brown	Female		F40				
1623	Stephen	Walker	Male		M45				
458	Jessica	Archer	Female		F40				
8727	Nicholas	Hough	Male		MO				
521	Travis	Dodsworth	Male		MO				
2907	Alex	Clarry	Male		MO				
7603	Matthew	Carr	Male		MO				
5209	Lewis	Patterson	Male		MO				
5940	John	Ducker	Male		M40				
9410	Sheena	James	Female		F40				
6324	Robert	Comer	Male		MO				
7864	Charlotte	Rennie	Female		FO				
5372	Max	Craig	Male		MO				
8835	Navid	Moghaddas	Male		MO				
5148	Tammy	Parnell	Female		F50				
5450	Jake	Soanes	Male		MO				
8046	Donna	Farnese	Female		F45				
2253	Seb	Butcher	Male		M40				
1509	Simon	Willis	Male		MO				
9156	Linda	Adams	Female		F65				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
7671	Claire	Neil	Female		F50				
893	Ben	Williamson	Male		MO				
4329	Jack	Caswell-dodd	Female		FO				
3863	Matthew	Selfy	Male		MO				
1342	John	Osborne	Male		M45				
8888	Lee	Coolahan	Male		M45				
439	Robert	Alger	Male		MO				
2352	Richard	Lamey	Male		M45				
6123	Olly	Black	Male		MO				
6210	Corvette	Lodge	Female		F45				
1454	Bethany	Gammage	Female		F40				
4725	Megan	Benson	Female		FO				
8546	Lucy	Cator	Female		F60				
9308	Iris	Bailey	Female		FO				
5567	Tara	Turner	Female		FO				
7507	Sandra	Muench	Female		F40				
4240	Larissa	Jones	Female		FO				
5100	Nicola	Pearson	Female		FO				
8868	Brien	Hueppauff	Male		M55				
2074	Ryan	Mason	Male		M40				
8950	Elizabeth	King	Female		FO				
4920	Richard	Bowler	Male		M60				
6332	Andrew	Ward	Male		M60				
8852	Fleur	Kenneally	Female		FO				
1298	Ashley	Black	Male		M40				
5183	Emily	Skuse	Female		FO			01:06:30	
4085	David	Smy	Male		M40				
4743	Richard	Kerrison	Male		MO				
9141	Mark	Mcwilliam	Male		M55				
6789	Anthony	Williams	Male		M40				
7181	Charlie	Stewart	Female		FO				
9310	Elliot	Dason-barber	Male		M55		Wymondham AC		
9066	Holly	Roebuck	Female		FO				
7421	Alan	Colegate	Male		M45				
5594	Callan	Duffy	Male		MO				
7807	Dave	Howes	Male		M40		Coltishall Jaguars RC		
9411	Matthew	Chandler	Male		M55				
7246	Joanna	Newman	Female		F50				
5833	Daniel	Meek	Male		MO				
9352	Suzanne	Henseler	Female		F55				
3311	Alfredo	Trudgill-barra	Female		FO				
4050	Rhys	Douglas	Male		MO				
7873	Victoria	Haddon	Female		F55				
8889	Tristan	Woolworth	Male		MO				
3586	Emily	Clark	Female		F40				
6775	Matt	Mower	Male		MO				
8841	Sharon	Robertson	Female		F55				
7032	Julie	Thallon	Female		F60				

Run Norwich 2026

10k

06/9/2026



Bib	Name	Surname	Gender	Gender Pos	Category	Cat Pos	Club	Chip Time	Chip Pos
8551	Sue	Lyons	Female		F50		Great Yarmouth Road Runners		
4599	Hayley	Williams	Female		F40				
6412	Jayden	Stracey	Male		MO				
7125	Rowan	Lake	Female		F45				
1240	Mark	Ewin	Male		M50		City Of Norwich AC		
643	Lydia	Pouncey	Female		FO				
1763	Josh	Peach	Male		MO				
9004	David	Humphreys	Male		M45				
5069	Nick	Smith	Male		M55				
5161	Callum	Scott	Male		MO				
6167	Jade	Groom	Female		FO				
5386	Sharon	Warford	Female		F40				
1938	Andrew	French	Male		M50				
2619	Charlotte	Forshaw	Female		FO				
5126	Milo	Longstaff	Male		MO				
3060	Helen	Thacker	Female		F55				
987	Andrew	Kydd	Male		M55				
3165	Kieren	Donnelly	Male		M40				
7818	Julian	Blakey	Male		M65				
5328	David	Hawes	Male		M45				