

# Norwich 10k 2024

10k

08/9/2024

Pos.	Name	Bib	Club	Chip Time
<b>Top 10 Male</b>				
1	Jonathan Escalante Philips	1701	Cambridge & Coleridge AC	00:30:41
2	Luke Alden	6	City Of Norwich AC	00:31:07
3	Tommy Power	21	Hallamshire Harriers Sheffield	00:31:28
4	Michael Kallenberg	2	Swansea Harriers Athletics Club	00:31:44
5	William Mahoney	8	City Of Norwich AC	00:31:50
6	Tyler Bilyard	69	Great Yarmouth & District AC	00:32:19
7	James Senior	33	City Of Norwich AC	00:32:28
8	Mark Chaney Baxter	35		00:32:33
9	Martyn Bath	39	City Of Norwich AC	00:32:37
10	Adrian Mussett	9	Colchester Harriers AC	00:32:40
<b>Top 10 Female</b>				
1	Holly Archer	31	Cambridge & Coleridge AC	00:34:37
2	Lizzie Wellsted	1702	Colchester Harriers AC	00:35:36
3	Eleanor Grubb	7	City Of Norwich AC	00:36:01
4	Leanne Finch	5	Bure Valley Harriers	00:36:51
5	Jo Andrews	10	Bungay Black Dog RC	00:37:13
6	Mabel Beckett	1	City Of Norwich AC	00:37:38
7	Harriet Carr	110	Wymondham AC	00:38:43
8	Rachel Rising	183	Halstead RRC	00:39:03
9	Grace Buchanan	79	North Norfolk Beach Runners	00:39:04
10	Ella Sharrock	113	City Of Norwich AC	00:39:28
<b>FO</b>				
1	Holly Archer	31	Cambridge & Coleridge AC	00:34:37
2	Lizzie Wellsted	1702	Colchester Harriers AC	00:35:36
3	Eleanor Grubb	7	City Of Norwich AC	00:36:01
<b>F40</b>				
1	Juliette Watkinson	165	Wymondham AC	00:40:30
2	Claire Woodcroft	738	Wymondham AC	00:43:47
3	Kate Gooding	274	Wymondham AC	00:44:51
<b>F45</b>				
1	Cat Cummings	73	City Of Norwich AC	00:39:35
2	Maryanne Peters	517	Harling Athletic Club	00:43:14
3	Alexandra Ely	391	Wymondham AC	00:43:16
<b>F50</b>				
1	Jo Andrews	10	Bungay Black Dog RC	00:37:13
2	Sam Ashford-thomas	1408		00:44:59
3	Tara Adams	1196		00:46:17
<b>F55</b>				
1	Ruth Chadwick	1360	Ryston Runners	00:47:41
2	Catherine Grange	5442		00:48:38
3	Joanne Jackson	1589	Beccles Triathlon Club	00:48:58
<b>F60</b>				
1	Sandra Roberts	1738	Coltishall Jaguars RC	00:45:49

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2	Paula Carr	1300	Great Yarmouth Road Runners	00:46:07
3	Claire Brown	764	Wymondham AC	00:46:48
<b>F65</b>				
1	Alison Stewart	1321	Norwich Road Runners	00:50:35
2	Anne Ellen	2286	Norfolk Gazelles AC	00:53:54
3	Elaine Hudson	3042	Norfolk Gazelles AC	00:54:27
<b>F70</b>				
1	Susan Glazer	5616	Bungay Black Dog RC	01:01:53
2	Bridie Lewis	7682		01:05:24
3	Jacqueline Wood	4029	Dereham Runners & AC	01:05:27
<b>F75+</b>				
1	Brenda Fee	5882	Barnet & District AC	01:07:13
2	Terry Marshall	8063		01:14:13
3	Brenda Wilkinson	8519		01:18:56
<b>MO</b>				
1	Jonathan Escalante Philips	1701	Cambridge & Coleridge AC	00:30:41
2	Luke Alden	6	City Of Norwich AC	00:31:07
3	Tommy Power	21	Hallamshire Harriers Sheffield	00:31:28
<b>M40</b>				
1	John Hudson	40	Norwich Road Runners	00:34:03
2	Michael Eccles	34	Bure Valley Harriers	00:34:28
3	Matt Rump	4497		00:35:17
<b>M45</b>				
1	Kevin Holland	54		00:34:48
2	Neil Adams	18	North Norfolk Beach Runners	00:35:10
3	Simon Cook	106	Lowestoft Road Runners	00:35:47
<b>M50</b>				
1	Adrian Mussett	9	Colchester Harriers AC	00:32:40
2	Brian Corleys	53	Bushfield Joggers	00:35:03
3	Chris Bullock	96	Wymondham AC	00:38:10
<b>M55</b>				
1	Michael Steward	77		00:38:55
2	Mark Clues	142	Tri-Anglia Triathlon Club	00:39:43
3	Rob Stevens	1132		00:40:19
<b>M60</b>				
1	Jonathan Cordle	293	Norwich Road Runners	00:39:22
2	Torben Jessen	148		00:39:24
3	Stephen Valentine	1708	Norwich Road Runners	00:40:16
<b>M65</b>				
1	Tim Seville	942		00:43:12
2	Dale Hurren	507		00:47:16
3	Stephen Warncken	2662		00:49:10
<b>M70</b>				
1	David Mower	1674	Waveney Valley AC	00:47:26

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Pos.	Name	Bib	Club	Chip Time
2	Desmond Michael	2267	Barnet & District AC	00:50:29
3	John Shippey	1816		00:50:39
<b>M75+</b>				
1	Kevin Youngs	808	Norfolk Gazelles AC	00:46:30
2	Paul Hann	2050		00:52:41
3	Sam Weller	2395	North Norfolk Beach Runners	00:52:54