

Run Norwich 2023

16/7/2023

Pos.	Bib	Time	Name	Club
Top 10 Male				
1	1	00:31:30	Logan Smith	City Of Norwich AC
2	52	00:31:31	Norman Shreeve	Cambridge & Coleridge AC
3	35	00:31:45	Luke Alden	City Of Norwich AC
4	59	00:32:11	William Mahoney	City Of Norwich AC
5	7	00:32:18	Adrian Mussett	Colchester Harriers AC
6	5	00:32:29	Reuben Andrews	City Of Norwich AC
7	38	00:32:38	Michael Eccles	Bure Valley Harriers
8	23	00:33:35	Kim Bowling	Aldershot Farnham & District
9	28	00:33:45	Jacob Ocal	City Of Norwich AC
10	9	00:33:58	James Senior	City Of Norwich AC
Top 10 Female				
1	1696	00:35:36	Mabel Beckett	City Of Norwich AC
2	2	00:35:45	Anya Culling	Best Athletics
3	8	00:36:50	LEANNE Finch	
4	10	00:37:24	Eleanor Grubb	City Of Norwich AC
5	6	00:37:28	Jo Andrews	Bungay Black Dog RC
6	4	00:37:44	Iona Lake	City Of Norwich AC
7	111	00:37:56	Harriet Carr	Wymondham AC
8	176	00:38:32	Kate Murrell	Norwich Road Runners
9	72	00:39:06	Amy BECK	Bure Valley Harriers
10	288	00:39:15	Alison Armstrong	Wymondham AC
MS				
1	1	00:31:30	Logan Smith	City Of Norwich AC
2	52	00:31:30	Norman Shreeve	Cambridge & Coleridge AC
3	35	00:31:44	Luke Alden	City Of Norwich AC
M40				
1	38	00:32:37	Michael Eccles	Bure Valley Harriers
2	36	00:34:12	John Hudson	Norwich Road Runners
3	21	00:34:32	Daniel Middleton	
M45				
1	17	00:34:12	Neil Adams	North Norfolk Beach Runners
2	34	00:34:39	Kevin Holland	Wymondham AC
3	121	00:35:32	Mitchell Dann	City Of Norwich AC
M50				
1	7	00:32:17	Adrian Mussett	Colchester Harriers AC
2	45	00:36:14	Adam Baker	Orion Harriers
3	116	00:37:25	Matt Collier	Norfolk Gazelles AC
M55				
1	150	00:39:21	Michael Steward	
2	1605	00:41:03	Todd Lake	
3	377	00:43:00	Stewart Robins	Ryston Runners
M60				
1	251	00:39:31	Peter Clarke	Diss and District AC

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Pos.	Bib	Time	Name	Club
2	272	00:40:39	Steven Elvin	
3	310	00:40:48	Andrew Millis	
M65				
1	426	00:42:39	Phil Hurr	Bure Valley Harriers
2	252	00:43:39	Dale Hurren	
3	763	00:44:23	Martin Howard	Norwich Road Runners
M70+				
1	1175	00:44:51	KEVIN YOUNGS	Norfolk Gazelles AC
2	1567	00:49:05	John Shippey	
3	1580	00:50:30	Mike Corker	
FS				
1	1696	00:35:33	Mabel Beckett	City Of Norwich AC
2	2	00:35:44	Anya Culling	Best Athletics
3	8	00:36:46	LEANNE Finch	
F40 (40 - 44 Years)				
1	176	00:38:22	Kate Murrell	Norwich Road Runners
2	288	00:39:01	Alison Armstrong	Wymondham AC
3	72	00:39:01	Amy BECK	Bure Valley Harriers
F45 (45 - 49 Years)				
1	6	00:37:26	Jo Andrews	Bungay Black Dog RC
2	82	00:39:22	cat cummings	City Of Norwich AC
3	314	00:42:18	Alexandra Smith	Wymondham AC
F50				
1	616	00:44:38	Sam Ashford-Thomas	
2	1224	00:46:26	Kerry Kitchener	
3	5107	00:47:21	Nicola Goddard	
F55				
1	193	00:42:24	PHILIPPA TAYLOR	Helpston Harriers AC
2	956	00:44:30	Sandra Roberts	Coltishall Jaguars RC
3	1098	00:46:09	Catherine HENERY	City Of Norwich AC
F60				
1	781	00:48:14	CLAIRE BROWN	Wymondham AC
2	1595	00:48:20	Paula Carr	Great Yarmouth Road Runners
3	1158	00:49:05	Anna Coulborn	Great Yarmouth Road Runners
F65				
1	2190	00:50:17	Linda Cusack	Thetford AC
2	1542	00:50:32	Anne Ellen	Norfolk Gazelles AC
3	3109	00:54:03	Elaine Hudson	Norfolk Gazelles AC
F70+				
1	3825	00:55:22	Christine Williams	Wymondham AC
2	4115	00:57:36	Anne Graveling	
3	5019	00:58:26	Naomi Stanford	Serpentine RC